

REFERENCES

- Adamson, R.H., et al. Heterocyclic amines in cooked foods: possible human carcinogens. **Cancer Res** 53(1993): 2422-2424.
- Ames, B.N., and McCann, J. Validation of the *Salmonella* test: A reply to Rinkur and Legator. **Cancer Res** 41 (1981): 4192-4196.
- Ames, B.N., Durston, W.E., Yamasaki, E., and Lee, F.D. Carcinogens are mutagens: a simple test system combining liver homogenates for activation and bacteria for detection. **Proc Natl Acad Sci USA** 70 (1973b): 2281-2285.
- Ames, B.N., Lee, F.D., and Durston, W.E. An improved bacterial test system for the detection and classification of mutagens and carcinogens. **Proc Natl Acad Sci USA** 70 (1973 a): 782-786.
- Ames, B.N., McCann, J., and Yamasaki, E. Method for detecting carcinogens and mutagens with the *Salmonella*/mammalian-microsome mutagenicity test. **Mutat Res** 31 (1975) : 347-364.
- Annison, G., Bertocchi, C., and Khan, R. Low-calorie bulking ingredients: nutrition and metabolism. In R. Khan (ed.), **Low-calorie foods and food ingredients**, pp.53-76. Great Britain: Blackie, 1993.
- Bartch, H. et al. Validation and comparative studies on 180 chemicals with *S. typhimurium* strains and V79 chinese hamster cells in the presence of various metabolizing systems, **Mutat Res** 76 (1980): 1-50.
- Bauer, H.G., Asp, N-G., Oste, R., Dahlquist, A., and Fredlund, P.E. Effect of dietary fiber on the induction of colorectal tumors and fecal β -glucuronidase activity in the rat. **Cancer Res** 39 (1979): 3752-3756.

- Brusich, D. Genetic toxicology. In Hayes, A.W.(ed.), **Principles and method of toxicology**, pp.241-248. New York: Raven Press, 1982.
- Casterline, J.L. and Ku, Y. Binding of zinc to apple fiber, wheat bran, and fiber components. **J Food Sci** 58 (1993): 365-368.
- Challis, B.C. Nutrition and nitrosamine formation. **Proc Nutr Soc** 44 (1985): 95- 100.
- Correa, P., Fontham, E., Pickle, L.W., Chen, V., Lin, Y., and Haenszel, W. Dietary determinants of cancer in South Louisiana inhabitants. **J Natl Cancer Inst** 75 (1985): 645-654.
- Cottrel, I.W., Kang, K.S., and Kovacs, P. Xanthan gum. In R.L. Davidson (ed.), **Handbook of water-soluble gums and resins**, pp. 24.1-24.30 USA: Mcgraw- Hill, 1980.
- De Serres, F.J., and Shelby, M.D. Recommendations on data production and analysis using the *Salmonella*/microsome mutagenicity assay. **Mutat Res** 64(1979): 159-165
- Dreher, M.L. Conventional and unconventional dietary fiber components. In **Handbook of dietary fiber**, pp. 17-51. USA: Marcel Dekkel, 1987a.
- Dreher, M.L. Physicochemical and functional properties of dietary fiber as related to bowel function and food use. In **Handbook of dietary fiber**, pp. 137-175. USA: Marcel Dekkel, 1987b.
- Eastwood, M.A. Vegetable fiber: its physical properties. **Proc Nutr Soc** 32 (1973): 137-143.
- Edwards, M.J., Parry, J.M., Batmanghelich, S., and Smith, K. Toxicity and DNA damage induced by 1-nitropyrene and its derivatives in chinese hamster lung fibroblasts. **Mutat Res** 163 (1986): 81-89.
- Fairweather, F.A. Food additives and cancer. **Proc Nutr Soc** 40 (1981): 21-30.
- Fassett, D.W. Nitrates and nitrites. In **Toxicants occurring naturally in food**, pp. 7- 25. Washington DC: National Academy of Science, 1973.

- Ferguson, L.R., Robertson, L.R., McKenzie, R.J., Watson, M.E., and Harris, P.J. Adsorption of a hydrophobic mutagen to dietary fiber from Taro (*Colocasia esculenta*), an important food plant of the South Pacific. **Nutr Cancer** 17 (1992): 85-95.
- Fiala, E.S., Reddy, B.S., and Weisburgur, J.H. Naturally occurring anticarcinogenic substances in foodstuffs. **Ann Rev Nutr** 5 (1985): 295-321.
- Freudenheim, J.L. et al. Risk associated with source of fiber and fiber components in cancer of the colon and rectum. **Cancer Res** 50 (1990): 3295-3300
- Gatehouse, D.G., and Tweats, D.J. Mutagen formation after the addition of nitrite to normal human gastric juice. **Carcinogenesis** 3 (1982) : 597-598.
- Ha, Y.W., Thomas, R.L., Dyck, L.A., and Kunkel, M.E. Calcium binding of two microalgal polysaccharides and selected industrial hydrocolloids. **J Food Sci** 54(1989): 1336.
- Harris, P.J. Robertson, A.M., Watson, M.E., Triggs, C.M., and Ferguson, L.R. The effects of soluble-fiber polysaccharides on the adsorption of a hydrophobic carcinogen to an insoluble dietary fiber. **Nutr Cancer** 19(1993): 43-54.
- Harris, P.J., Robertson, A.M., Hollands, H.J., and Ferguson, L.R., Adsorption of a hydrophobic mutagen to dietary fiber from the skin and flesh of potato tubers. **Mutat Res** 260 (1991): 203-213.
- Heflich, R.H., Fullerton, N.F., and Beland, F.A. An examination of the weak mutagenic response of 1-nitropyrene in chinese hamster ovary cells. **Mutat Res** 161 (1986): 99-108.
- Henderson, W.R., and Raskin, N.H. "Hot-dog" headache: individual susceptibility to nitrite. **Lancet** 2 (1972): 1162-1163
- Hill, M.J., Hawksworth, G., and Tattersall, G. Bacteria, nitrosamines and cancer of the stomach. **Br J Cancer** 28 (1973): 562-567.

- Isono, K., and Yourno, J. Chemical carcinogens as frameshift mutagens: *Salmonella* DNA sequence sensitive to mutagenesis by polycyclic carcinogens. **Proc Natl Acad Sci USA** 71 (1974): 1612-1617.
- Kato, T., Tadokoro, N., Tsutsui, M., and Kikugawa, K. Transformation of arylamines into direct-acting mutagens by reaction with nitrite. **Mutat Res** 249 (1991): 243-254.
- Kikugawa, K., and Kato, T. Prevention of nitrosamine formation. In Hayatsu H. (ed.), **Mutagens in food: detection and prevention**, pp. 205-217. USA: CRC Press, 1991.
- Kikugawa, K., and Nagao, M. Nitrosable precursors of mutagens in foods. In Hayatsu H. (ed.), **Mutagens in food: detection and prevention**, pp. 67-85. USA: CRC Press, 1991.
- Kinlen, L.J., Herman, C., and Smith, P.G. A proportionate study of cancer mortality among members of a vegetarian society. **Br J Cancer** 48 (1983): 355-361.
- Laohavechvanich, P. **Nitrite scavenging activity of fibers derived from fruits and vegetables: and their antimutagen formation of aminopyrene and nitrite in simulated gastric condition using Ames test**. Master's thesis. Mahidol University, 1994.
- Lijinsky, W. Nitrosamines and nitrosamides in the etiology of gastrointestinal cancer. **Cancer** 40 (1977): 2446-2449.
- Manoonphol, K. **Direct mutagenic potencial of polycyclic aromatic hydrocarbons (PAHs) treated with nitrite in simulated gastric condition: comparison between authentic PAHs and PAH-containing fraction derived from smoked and charcoal-broiled foods using Ames assay**. Master's Thesis, Mahidol University, 1994.
- Maron, D.M., and Ames, B.N. Revised methods for the *Salmonella* mutagenicity test. **Mutat Res** 113 (1983): 173-215.

- Marquardt, H., Rufino, F., and Weisburger, J.H. Mutagenic activity of nitrite- treated foods: human stomach cancer may be related to dietary factors, **Science** 196 (1977): 1000-1001.
- Matsushashi, T. Agar. In P. Harris (ed.), **Food gels**, pp. 1-4. Great Britain: Elsevier Science, 1990.
- Matsushima, T., Sugimura, M., Nagao, T., Yahagi, T., Shirai, A., and Sawamura, M. Factors modulating mutagenicity in microbial test. in Norphoth, K.H., Garner, R.C.(eds.), **Short-term test systems for detecting carcinogens**, pp. 273-285. Springer: Bering, 1980.
- McCann, J., and Ames, B.N. Detection of carcinogens as mutagens in the *Salmonella*/microsome test: assay of 300 chemicals: Discussion. **Proc Natl Acad Sci USA** 73 (1976): 950-954.
- McCann, J., Choi, E., Yamasaki, E., and Ames, B.N. Detection of carcinogens as mutagens in the *Salmonella*/microsome test: assay of 300 chemicals. **Proc Natl Acad Sci USA** 72 (1975): 5135-5139.
- Meer, W. Gum arabic. In R.L. Davidson (ed.), **Handbook of water-soluble gums and resins**, pp.8.1-8.24. U.S.A.: McGraw-Hill, 1980.
- Mirvish, S.S. Formation of N-nitroso compounds: chemistry, kinetics and in vivo occurrence. **Toxicol Appl Pharmacol** 31 (1975): 325-351.
- Mirvish, S.S. The etiology of gastric cancer: intragastric nitrosamide formation and other theories. **J Natl Cancer Inst** 71(1983): 629-642.
- Moller. M.E., Dalh. R., and Bockman, O.C. A possible role of the dietary fiber product, wheat bran, as a nitrite scavenger. **Food Chem** 26 (1988): 841-845.
- Moorman, W.F.B., Moon, N.J., and Worthington, R.E. Physical properties of dietary fiber and binding of mutagens. **J Food Sci** 48 (1983): 1010-1011.

- Nair, B.M., Asp, N-G., Nyman, M., and Persson, H. Binding of mineral elements by some dietary fiber components- in vitro(I). **Food Chem** 23 (1987): 295.
- Nnanna, I.A., and O'Neill, K.L. In vitro binding of vitamin E to selected dietary fiber sources. **J Food Sci** 57 (1992): 721-725.
- Ohgake, H., et al. Carcinogenicity in rats of the mutagenic compounds 1-nitropyrene and 3-nitrofluoranthene, **Cancer Lett** 15 (1982): 1-7.
- Okinaka, R.T., Nickols, J.W., Whaley, T.W., and Strniste, G.F. 1-nitropyrene: a mutagenic product induced by the action of near ultraviolet light on 1- aminopyrene. **Mutat Res** 173 (1986): 93-98.
- Pariza, M.W. Mutagens in heated foods. **Food Tech** (1982): 53-56.
- Platt, S.R., and Clydesdale, F.M. Mineral binding characteristics of lignin, guar gum, cellulose, pectin and neutral detergent fiber under simulated duodenal pH conditions. **J Food Sci** 52 (1987): 1414.
- Potter, J.D., and McMicheal, A.J. Diet and cancer of the colon and rectum: a case-control study. **J Natl Cancer Inst** 76 (1986). 557-569.
- Prival, M.J., King, V.D., and Sheldon, A.T. The mutagenicity of dialkyl nitrosamines in the *Salmonella* plate assay. **Environ Mutagen** 1 (1979): 95-104.
- Purchase, I.F.H. et al. Evaluation of six short term tests for detecting organic chemical carcinogens and recommendations for their use. **Nature** 264 (1976): 624-627.
- Rinkus, S.J., and Legator, M.S. Chemical characterization of 465 known or suspected carcinogens and their correlation with mutagenic activity in the *Salmonella typhimurium* system. **Cancer Res** 39 (1979): 3289-3318.
- Rinkus, S.J., and Legator, M.S. *Salmonella* revisited: A reply to Ames and McCann. **Cancer Res** 41 (1981): 4196-4203.

- Risch, H.A., et al. Dietary factors and the incidence of cancer of the stomach. **Am J Epidemiol** 122 (1985): 947-957.
- Roberton, A.M., Ferguson, L.R., Hollands, H.J., and Harris, P.J. Adsorption of a hydrophobic mutagen to five contrasting dietary fiber preparations. **Mutat Res** 262 (1991): 195-202.
- Roberton, A.M., Harris, P.J., Hollands, H.J., and Ferguson, L.R. A model system for studying the adsorption of a hydrophobic mutagen to dietary fiber. **Mutat Res** 244 (1990): 173-178.
- Rolin, C., and Viries, J.D. Pectin. In P. Harris (ed.), **Food gels**, pp.401-409. Great Britain: Elsevier Science, 1990.
- Rosenkranz, H.S., and Speck, W.T. Activation of nitrofurantoin a mutagen by rat liver nitroreductase. **Biochem Pharmacol** 25 (1976): 1555-1556.
- Rosenkranz, H.S., and Speck, W.T. Mutagenicity of metronidazole: activation by mammalian liver microsomes. **Biochem Biophys Res Commun** 66(1975): 520-525.
- Rosenkranz, H.S., McCoy, E.C., Sanders, D.R., Butler, M., Kiriiazides, D.K., and Mermelstein, R. Nitropyrenes: isolation, identification and reduction of mutagenic impurities in carbon black and toners. **Science** 209 (1980): 1039-1043.
- Sasagawa, C., Muramatsu, M., and Matsushima, T. Formation of direct mutagens from aminoimidazoazaarenes by nitrite treatment. **Mutat Res** 203 (1988): 386.
- Schneeman, B.O. Dietary fiber: physical and chemical properties, methods of analysis, and physiological effects. **Food Tech** (1986): 104-110.
- Schneeman, B.O., and Tietyen, J. Dietary fiber. In M.E. Shils, J.A. Olson, and M. Shike (eds.), **Modern nutrition in health and disease**, pp. 89-100. USA: Lea & Febiger, 1994.
- Seaman, J.K. Guar gum. In R.L. Davidson (ed.), **Handbook of water-soluble gums and resins**, pp.6.1-6.19. USA: McGraw-Hill, 1980.

- Sime, W.J. Alginates. In P. Harris (ed.), **Food gels**, pp. 53-55. Great Britain: Elsevier Science, 1990.
- Sofos, J.N., Busta, F.F., and Allen, C.E. Botulism control by nitrite and sorbate in cured meats: a review. **J Food Protect** 42 (September, 1979): 739-770.
- Souhami, R., and Tobias, J. Cancer and its management. In Souhami R., and Tobias J. (eds.), **Oesophagus and stomach**, pp. 279-281. London: Blackwell Science, 1995.
- Southgate, D.A.T. The measurement of unavailable carbohydrates: structural polysaccharides and dietary fiber. In **Determination of food carbohydrates**, pp. 73-91. England: Elsevier Science, 1991.
- Stanley, N.F. Carrageenans. In P. Harris (ed.), **Food Gels**, pp. 79-81. Great Britain: Elsevier Science, 1990.
- Sugimura, T., et al. Overlapping of carcinogens and mutagens. In P.N. Magee, et al. (eds.), **Fundamentals in cancer prevention**, pp. 191-215. Tokyo: University of Tokyo Press, 1976.
- Swann, P.F. Carcinogenic risk from nitrite, nitrate and N-nitrosamines in food. **Proc Roy Soc Med** 70 (1977): 113-115.
- Takeda, Y., and Kanaya, H. A screening procedure for the formation of nitroso derivatives and mutagens by drug-nitrite interaction. **Chem Pharm Bull (Tokyo)** 39 (1982): 3399-3404.
- Takeuchi, M., Hara, M., Inoue, T., and Kada, T. Adsorption of mutagens by refined corn bran. **Mutat Res** 204 (1988): 263-267.
- Torre, M., Rodriguez, A.R., and Saura-Calixto, F. Effects of dietary fiber and phytic acid on mineral availability. **Critical Reviews in food science and nutrition** 1 (1991): 1-22.

- Tsuda, M., et al. Use of nitrite and hypochlorite treatments in determination of the contributions of IQ type and non-IQ type heterocyclic amino to the mutagenicities in crude pyrolyzed materials. **Mutat Res** 147 (1985): 335.
- Wakabayashi, K., et al. Presence of 1-methyl-1,2,3,4-tetrahydro- β -carboline-3- carboxylic acid, a precursor of a mutagenic nitroso compound, in soy sauce. **Proc Natl Acad Sci USA** 80 (1983): 2912-2916
- Wakabayashi, K., Nagao, M., Ochiai, M., Tahira, T., Yamaizumi, Z., and Sugimura, T. A mutagen precursor in chinese cabbage, indole-3-acetonitrile, which becomes mutagenic on nitrite treatment. **Mutat Res** 143 (1985): 17- 24.
- Watanabe, K., Reddy, B.S., Weisburger, J.H., and Kritchavsky, D. Effect of dietary alfalfa, pectin, and wheat bran on azoxymethane-or methylnitrosourea-induced colon carcinogenesis in F344 rats. **J Natl Cancer Inst** 63 (1979): 141-145.
- Williams G.M., and Weisburger J.H. Chemical carcinogenesis. In Amdur M.O., Doull J. and Klaassen C.D. (eds.) **Toxicology: The basic sciences of poison**, 4th ed. p 170. New York, Pergamon Press, 1991.
- Yahagi, T., et al. Mutagenicity of carcinogenic azo dyes and their derivatives. **Cancer Lett** 1 (1975): 91-96.
- Yahagi, T., Nagao, Seino, Y., Matsushima, T., Sugimura, T., and Okada, M. Mutagenicities of N-nitrosamines on *Salmonella typhimurium*. **Mutat Res** 48 (1977): 121-130.
- Yamanaka, H., Nagao, M., Sugimura, T., Furuya, T., Shirai, A., and Matsushima, T. Mutagenicity of pyrrolizidine alkaloids in the *Salmonella*/mammalian- microsome test. **Mutat Res** 68 (1979): 211-216.



APPENDIX 1

STRUCTURAL OF POLYSACCHARIDES

Agar

Agar is a strongly gelling seaweed hydrocolloid composed of polysaccharides. The basic repeating unit of agar consists of alternating 1,3-linked β -D-galactopyranose and 1,4-linked 3,6-anhydro- α -L-galactopyranose units. The disaccharide, agarbiose (figure 1), is the common structural unit in all of the agar polysaccharides. Agar consists of two groups of polysaccharides: agarose, a neutral polysaccharide, and agarpectin, an oversimplified term for the charged polysaccharide. The agarpectin contains sulphuric acid, D-glucuronic and pyruvic acids (Matsushashi, 1990).

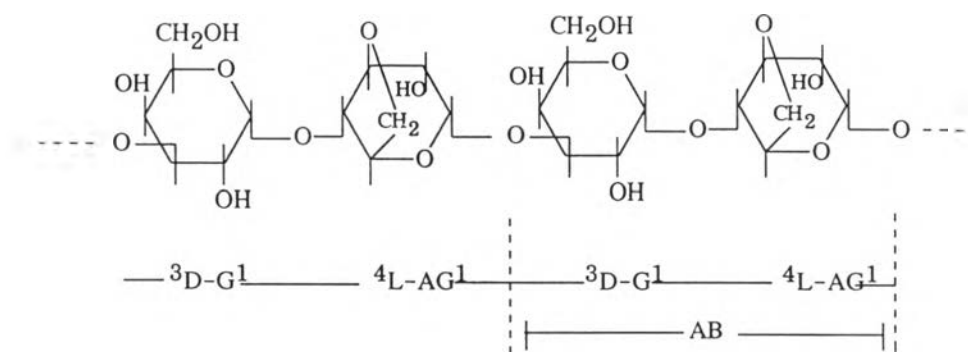


Figure 1 Basic repeating unit of agar. D-G = beta-D-galactopyranose; L-AG = 3, 6-anhydro- α -galactopyranose; AB = agarbiose

Cellulose

Cellulose is the most common component found in the cell walls of higher plants and therefore it is the most abundant organic substance in the world. Cellulose comprises 20 to 50% of the dry matter of many fibrous foods such as vegetables and cereal.

Cellulose is a linear polysaccharide of high molecular weight, consisting of β -1,4 glucose (glucopyranose) units, having a degree of polymerization ranging from 300 to 15,000 (Figure 2). The degree of polymerization varies depending on the source of the cellulose and the method of isolation. The β -glycosidic bond between the 1,4 linkage of the glucose units can only be broken down by strong mineral acid or a cellulase enzyme. Thus cellulose is not hydrolyzed in the human digestive system (Dreher, 1987b).

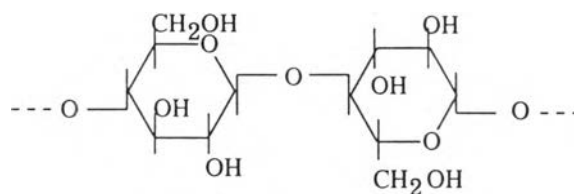


Figure 2 Structure of cellulose

Cellulose is the residue insoluble in strong alkali (17.5%(w/v) NaOH), which is usually called α -cellulose. Glucose polymers of a lower molecular weight

than cellulose are found in the alkali extract, and are presumably formed by degradation of the native cellulose (Southgate, 1991).

Modified Cellulose

Sodium carboxymethylcellulose (CMC) CMC is a water-soluble ether cellulose (figure 3). CMC is produced by treating cellulose sequentially with sodium hydroxide and sodium monochloroacetate. Upon completion of these reactions, food-grade CMC is prepared by washing the material with an alcohol-water mixture to remove excess salt. This process can be regulated for the degree of substitution, the degree of polymerization, and uniformity of substitution to obtain desirable water solubility and other physical properties. Theoretically, a maximum degree of substitution of 3 is possible, since each glucose unit contains three available hydroxyl groups with which the monochloroacetate can react. The most widely used CMC have a degree of substitution of 0.7 (an average of 7 carboxymethyl groups per 10 glucose units); however, the degree of substitution typically ranges from 0.4 to 12. A degree of substitution 0.45 or greater is usually required for water solubility. The degree of polymerization usually ranges from 400 to 3,200 units, which corresponds to a range of molecular weight (MW) from 90,000 to 700,000 at a degree of substitution of 0.75 (the MW is affected by both the degree of substitution and the degree of polymerization).

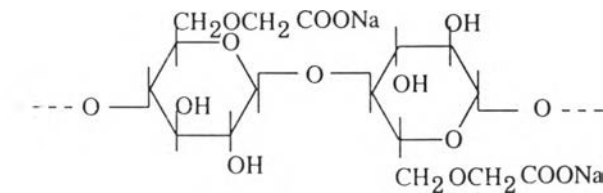


Figure 3 Structure of carboxymethylcellulose

The viscosity of CMC solution is directly related to MW. The degree of polymerization of the CMC greatly affects solution viscosity; the higher the degree of polymerization, the greater the viscosity. CMC has viscosity stability over a wide pH range of between 5 and 11, with the optimal stability at pH 7 (Dreher, 1987b).

Methylcellulose Methylcellulose is the methyl ether of cellulose in the form of a white, fibrous powder or granules (figure 4). It is made by reacting cellulose with caustic soda to produce alkali cellulose, which is then mixed with methyl chloride. The maximum degree of substitution is three, and this degree of substitution is very important in determining methylcellulose properties; low degree of substitution products are soluble only in alkali, medium degree of substitution products only in water, and high degree of substitution products only in organic solvents. Medium degree of substitution methylcellulose is more soluble in cold water than hot water. Heated methylcellulose solutions increase in viscosity and can gel at 50-55 °C. It is nonionic, making it unaffected by ordinary concentrations of electrolytes (Dreher, 1987b).

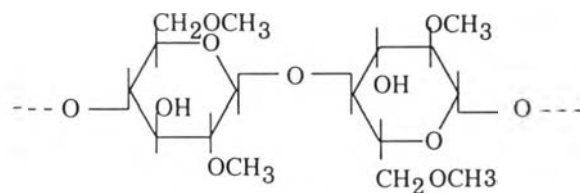


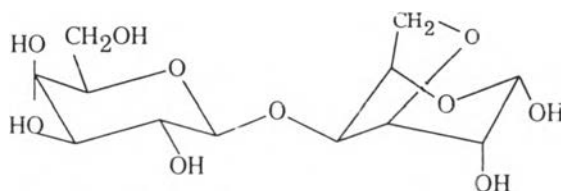
Figure 4 Structure of methylcellulose

Carrageenan

The term "carrageenan" is used to name a class of galactan polysaccharides that occur as intercellular matrix material in numerous species of red seaweeds (marine algae of the class Rhodophyta).

Carrageenan are linear polysaccharides made up of alternating β -1,3- and α -1,4-linked galactose residues. Thus, the repeating units are disaccharides. Carrageenans differ from agars in that the 1,4-linked residue in agars is the L-enantiomer, whereas in carrageenan it is the D-enantiomer; the 1,3-linked residues are D-galactose in both agars and carrageenan (figure 5). Variants on this basic structure result from substitutions on the hydroxyl groups of the sugar residues and from the absence of the 3,6-ether linkage. Substituents may be either anionic (sulphate, pyruvate) or non-ionic (methoxyl). In contrast to agars, carrageenan characteristically are highly sulphated. The 1,3-linked-D-galactose residues occur as the 2-and 4-sulphate, or are occasionally unsulphated, while the 1,4-linked residues occur as the 2-sulphate, the 6-sulphate, the 2,6-disulphate, the 3,6-anhydride and

the 3,6-anhydride 2-sulphate. Sulphate at C-3 apparently never occurs (Stanley, 1990).



Carrabiose (4- β -D-pyranosyl-3,6-anhydro- α -D-galactopyranose)

Figure 5 Basic repeating unit of carrageenan

Guar Gum

Guar gum is a high MW galactomannan derived from the seed of *Cyamopsis tetragonolobus*, a leguminous plant grown in Pakistan and India. Guar consists of a straight chain β -(1,4)mannan with single unit galactose branches about every other mannose unit (approximately 2:1, manose : galactose ratio). Its MW is about 220,000 as shown in Figure 6 (Dreher, 1987b).

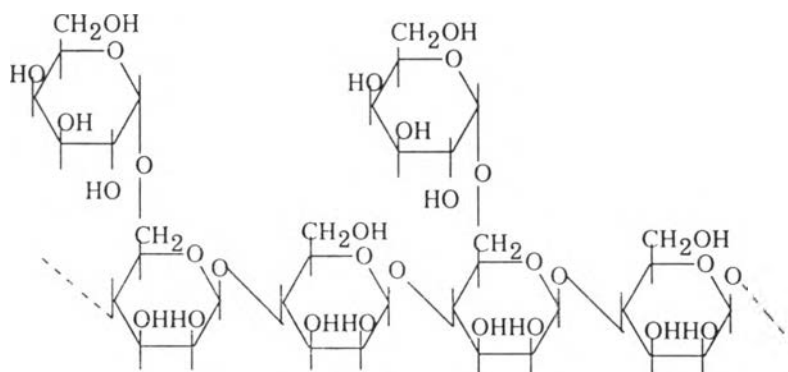


Figure 6 Structure of guar gum (Seaman, 1980)

Gum Arabic

Gum arabic sometimes known as acacia gum or acacia mucilage. It has a comparatively low viscosity, but its function is based primarily on its properties as a protective colloid and emulsifier. The adhesive property of gum arabic is not related to its viscosity. This gum is the amber, amorphous, dried exudate of the acacia tree. Most commercial gum arabic is derived from *Acacia senegal* (Meer, 1980).

Structurally this gum is a heteropolymolecular (e.g. highly variable structure in monomer composition and/or mode of linkage and branching) polysaccharide (Figure 7). Its main chain is composed of D-galactopyranose units joined by β -D-(1,4) and β -D-(1,6) linkages. Its side chains consist of D-galactopyranose attached by β -D-(1,4) linkages and attached to these are L-arabinofuranose or L-rhamnopyranose residues as end units. Additionally, D-glucuronic acid units may be attached by β -D-(1,6) linkages to D-galactose units. The average molecular weight of this gum is approximately 600,000 (Dreher, 1987b).

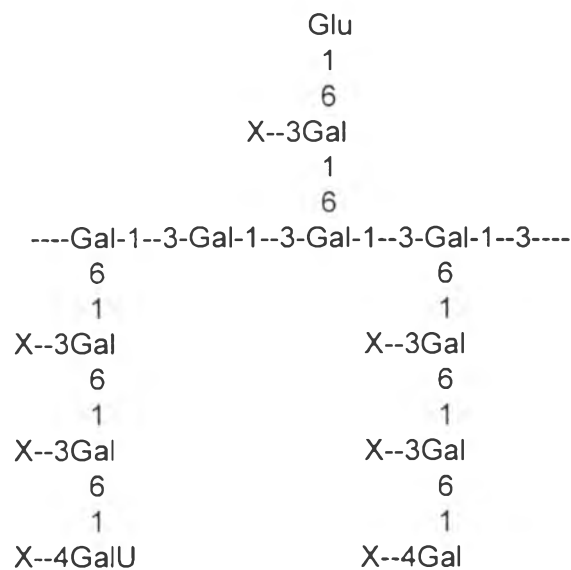


Figure 7 Structure of a gum arabic: X is either arabinose, rhamnose, or galactose;

Glu = glucose, Gal = galactose, and GalU = galacturonic acid.

Locust Bean Gum

Locust bean gum is isolated from the endosperm of the seed from the carob tree, *Ceatonia siliqua*, a large leguminous evergreen indigenous to the Mediterranean area. Structurally this gum is a neutral galactomannan polymer consisting of a base chain of D-mannose units with a side chain of D-galactose on every fourth or fifth mannose unit attached through 1,6-glucosidic linkages (Figure 8). Its MW is approximately 310,000 (Dreher, 1987b).

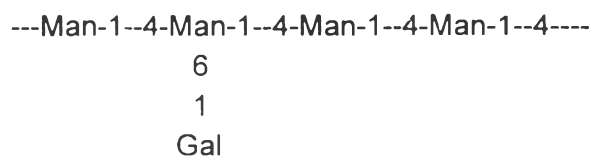


Figure 8 Structure of locust bean gum

Pectin

Pectins are a class of polysaccharides found in the primary cell walls and intercellular layers in plants. Pectin consists mainly of the partial methyl esters of polygalacturonic acids and their sodium, potassium, calcium and ammonium salts. The commercial product is normally diluted with sugars for standardization purpose, and mixed with suitable food-grade buffer salts required for pH control and desirable setting characteristics (Annison, Bertocchi, and Khan, 1993).

The polymerized, partly methanol-esterified 1→4 linked α-D-galacturonic acid, accounts for the major part of the material of all commercial pectins (Figure 9). In some of pectins part of the methyl ester groups may be replaced by amide groups (Figure 10). Because ammonia is used for the de-esterification, some of the methyl ester groups are substituted by amide groups. The resulting product is referred to as "amidated pectin". The fraction of the subunits that are esterified may vary from approximately 80% maximum downwards. The sequence in which esterified and free acid groups are arranged along the molecule is not fixed. The substituent that is most abundantly present is the methanol ester of the galacturonate residues. The

distribution of the ester groups depends on the source. The only significant sources of commercial pectins are citrus peel and apple pomace (Rolin and Vries, 1990).

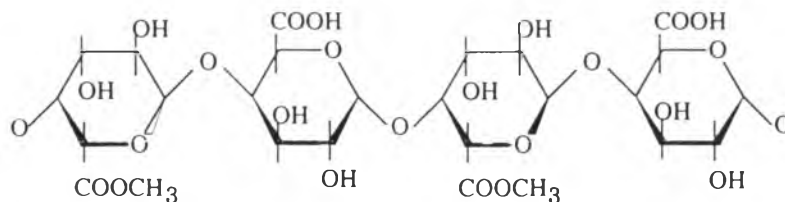


Figure 9 Pectin, main component

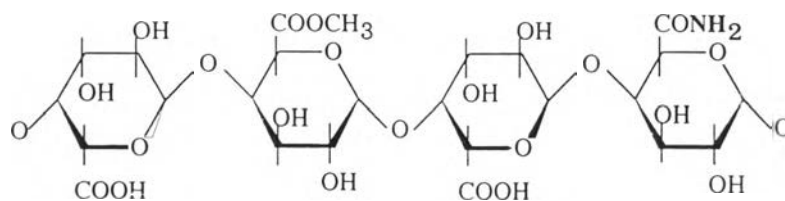


Figure 10 Amidated pectin

Alginates

The term "alginate" (or algin) refers to a group of naturally occurring polysaccharides that are extracted from the brown seaweeds (Phaeophyceae). Alginates should be distinguished from the other seaweed extracts agar and carrageenan, which are obtained from red seaweed. Both the chemical composition and properties of alginates differ significantly from those of agar and carrageenan. The most widely used species are *Laminaria hyperborea*, *Macrocystis pyrifera* and *Ascophyllum nodosum*. In its natural environment, alginate exists in the cell wall as

the mixed calcium/ sodium/ potassium salt of alginic acid. It is available commercially principally as the sodium salt (Sime, 1990).

It may be described chemically as a linear copolymer made up of β -1,4 linked D-mannuronic and L-guluronic acid units (Figure 11). The ratio of mannuronic/guluronic acid residues varies from one species of kelp to another (the ratio is 1.6 for *M. pyrifera*). Commercial sodium alginates have MW ranging from 40,000 to 180,000 (approximate degree of polymerization 180 to 930) (Dreher, 1987b).

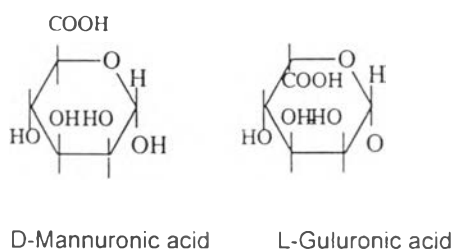


Figure 11 Structure of alginic acid; ManU = mannuronic acid and GulU = guluronic acid.

Xanthan Gum

Xanthan gum developed by the United States Department of Agriculture and originally designated as B-1459. This gum is produced by the fermentation of

dextrose by the bacterium *Xanthomonas campestris*. This gum is a complex polysaccharide with a MW in excess of one million (Dreher, 1987b).

Xanthan gum contains three different monosaccharides: mannose, glucose, and glucuronic acid (as a mixed potassium, sodium, and calcium salt). Each repeating block of the polymer chain has five sugar units (two glucose, two mannose, one glucuronic acid). The polymer's main chain is made up of β -D-glucose units linked through the 1- and 4-positions; thus, the chemical structure of the main chain is identical to that of cellulose.

Two mannose units and the glucuronic acid unit make up the side chain. The terminal β -D-mannose unit is glycosidically linked to the 4-position of β -D-glucuronic acid, which in turn is glycosidically linked to the 2-position of α -D-mannose. This side chain is linked to the 3-position of every other glucose residue on average in the polymer main chain. Roughly half of the terminal D-mannose residues carry a pyruvic acid residue linked ketalically to the 4- and 6-positions. The nonterminal D-mannose unit on the side chain has an acetyl group at the 6-position as shown in Figure 12 (Cottrel, Kang, and Kovacs, 1980).

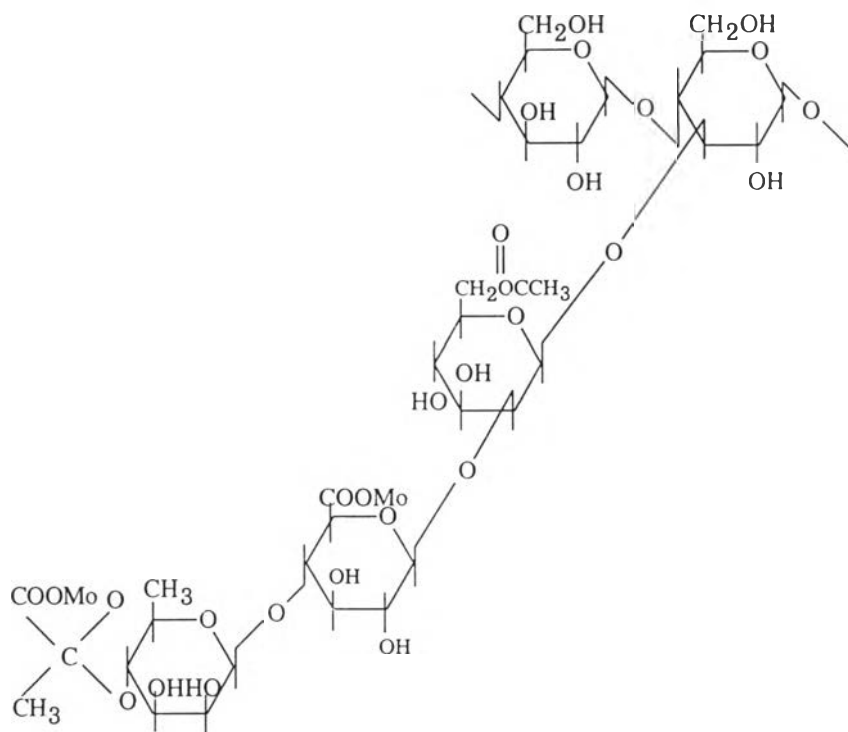


Figure 12 Structure of xanthan gum; Mo = Na, K, 1/2Ca

APPENDIX 2

1. preparation of stock solutions and media (Maron and Ames, 1983)

1.1 Vogel-Bonner medium E stock salt solution (VB salt)

Use : Minimal agar

| Ingredient | 1000 ml | 200 ml |
|---|---------|--------|
| Warm distilled water (45°C) | 670 ml | 134 ml |
| Magnesium sulfate ($\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$) | 10 g | 2 g |
| Citric acid monohydrate | 100 g | 20 g |
| Potassium phosphate, dibasic (anhydrous) (K_2HPO_4) | 500 g | 100 g |
| Sodium ammonium phosphate ($\text{NaH}_2\text{N}_2\text{PO}_4 \cdot 4\text{H}_2\text{O}$) | 175 g | 35 g |

Add salts in the order indicated to warm water in beaker placed on a magnetic stirring hot plate. Allow each salt to dissolve completely before adding the next. Adjust the volume and filter the solutions into the glass bottles with screw caps and then autoclave at 121°C for 15 min.

1.2 Minimal glucose agar plate

Use : Mutagenicity assay

| Ingredient | 1000 ml | 350 ml |
|-----------------|---------|--------|
| Bacto agar | 15 g | 5.25 g |
| Distilled water | 930 ml | 330 ml |

| Ingredient | 1000 ml | 350 ml |
|-------------|---------|---------|
| VB salts | 20 ml | 7 ml |
| 40% glucose | 50 ml | 17.5 ml |

Add agar to distilled water in a glass bottle. Autoclave at 121°C for 15 min using slow exhaust. When the solution has cooled slightly, add sterile VB salt and sterile 40% glucose. After all the ingredients have been added, the solution should be swirled thoroughly. Pour 30 ml into each sterile petri plate. Minimal glucose agar plate were kept in incubator at 37°C before using.

note : The VB salts and 40% glucose should be autoclaved separately.

1.3 Oxoid nutrient broth No.2

Use : Growing culture

Dissolve 2.5 g of Oxoid nutrient broth No. 2 in 100 ml distilled water.

Transfer 12 ml of nutrient broth for each 50 ml erlenmeyer flask. Autoclave at 121°C for 15 min.

1.4 0.1 M L-histidine HCl stock

Use : Fortification of minimal agar plate

| Ingredient | 1000 ml | 100 ml |
|----------------------------|---------|--------|
| L-Histidine Hcl (MW 191.7) | 19.17 g | 1.92 g |
| Distilled water | 1000 ml | 100 ml |

Dissolve L-histidine HCl in distilled water. Dilute 1 ml of 0.1 M L-histidine HCl in 99 ml of distilled water for prepared 1 mM L-histidine HCl.

1.5 1mM biotin stock

Use : Fortification of minimal agar plate

| Ingredient | 100 ml |
|-------------------|---------------|
| Biotin (MW 244.3) | 24.43 mg |
| Distilled water | 100 ml |

Dissolve biotin in distilled water. Warm it until dissolve completely.

Autoclave at 121°C for 15 min.

1.6 0.5 mM L-histidine/biotin solution

Use : Mutagenicity assay (add 10 ml to 100 ml of Top agar)

| Ingredient | 200 ml |
|----------------------|---------------|
| 1 mM L-histidine HCl | 100 ml |
| 1 mM biotin | 100 ml |

Mix and autoclave at 121°C for 15 min.

1.7 Top agar

Use : Mutagenicity assay

| Ingredient | 1000 ml | 100 ml |
|-------------------|----------------|---------------|
| bacto agar | 6 g | 0.6 g |
| sodium chloride | 5 g | 0.5 g |
| distilled water | 1000 ml | 100 ml |

Dissolve ingredients in distilled water. Store in a glass bottle. Autoclave for 15 min at 121°C, and then add 0.5 mM L-histidine/ biotin solution (10 ml for 100 ml of Top agar).

1.8 1M potassium chloride

Use : Na_3PO_4 - KCl buffer

| Ingredient | 1000 ml | 100 ml |
|--------------------|---------|---------|
| Potassium chloride | 74.56 g | 7.456 g |
| Distilled water | 1000 ml | 100 ml |

Mix and autoclave at 121°C for 15 min.

1.9 0.5 M sodium phosphate pH 7.4

Use : Na_3PO_4 - KCl buffer for mutagenicity assay

Ingredient

0.5 M Sodium dihydrogen phosphate (NaH_2PO_4)
(30 g / 500 ml)

0.5 M Disodium hydrogen phosphate ($\text{Na}_2\text{HPO}_4 \cdot 2\text{H}_2\text{O}$)
(35.5 g / 500 ml)

Dissolve 35.5 g disodium hydrogen phosphate in 300 ml of distilled water. Add 0.5 M sodium dihydrogen phosphate until to pH 7.4, then adjust volume to 500 ml. Sterilize by autoclaving for 15 min at 121°C.

1.10 Na_3PO_4 - KCl buffer

Use : mutagenicity assay

| Ingredient | 330 ml |
|--|----------|
| 0.5 M Na ₃ PO ₄ pH 7.4 | 100 ml |
| 1 M KCl | 16.5 ml |
| Distilled H ₂ O | 213.5 ml |

Autoclave for 15 min at 121°C.

2. Recipes for some reagents and test chemicals

2.1 2 M sodium nitrite

Use : Nitrosation

| Ingredient | 1000 ml | 10 ml |
|--------------------|---------|--------|
| Sodium nitrite | 138 g | 1.38 g |
| Distilled water to | 1000 ml | 10 ml |

Autoclave for 15 min at 121°C.

2.2 2 M ammonium sulfamate

Use : reaction mixture

| Ingredient | 1000 ml | 50 ml |
|--------------------|----------|---------|
| Ammonium sulfamate | 228.24 g | 11.41 g |
| Distilled water to | 1000 ml | 50 ml |

Dissolve ammonium sulfamate in distilled water and adjust volume.
Autoclave for 15 min at 121°C.

2.3 0.2 N hydrochloric acid

Use : reaction mixture

| Ingredient | 1000 ml | 100 ml |
|-------------------------|----------------|---------------|
| Conc. Hydrochloric acid | 15.36 ml | 1.54 ml |
| Sterile distilled water | 984.64 ml | 98.46 ml |

Dissolve conc hydrochloric acid in sterile water. Store in sterile glass tubes or bottles with screw caps.

Note : Preparation of 0.2 N HCl must be used sterile technique because hydrochloric acid cannot be autoclaved.

2.4 0.3 mg/ml aminopyrene

Use : standard solution for mutagenicity assay

| Ingredient | 1 ml |
|-------------------|-------------|
| Aminopyrene | 3 mg |
| Acetonitrile | 1 ml |

Dissolve aminopyrene in acetonitrile. Store in sterile vial with screw caps in the freezer. This preparation must be used sterile technique.

| Ingredient | 1 ml |
|---------------------|-------------|
| 3 mg/ml aminopyrene | 0.1 ml |
| Acetonitrile | 0.9 ml |

Dissolve 3 mg/ml aminopyrene in acetonitrile. Store in sterile vial with screw cap in the freezer. This preparation must be used sterile technique.

2.5 8 mg/ml ampicillin solution

| Ingredient | 10 ml |
|-------------------------|--------------|
| Ampicillin (sodium) | 800 mg |
| 0.02 N sodium hydroxide | 10 ml |

2.6 0.1% crystal violet

| Ingredient | 10 ml |
|--------------------|--------------|
| Crystal violet | 10 mg |
| Distilled water to | 10 ml |

2.5 and 2.6 : Store at 4°C in glass bottle with screw cap.

2.7 Gastric condition mixture

| Ingredient | 100 ml |
|----------------------|---------|
| Sodium chloride | 0.2 g |
| Bovine serum albumin | 30 mg |
| Sodium thiocyanate | 2.43 mg |
| Distilled water to | 100 ml |

3. Procedure for Reisolation and Growing Culture

Tester strains, TA 98 and TA 100 are grown in Oxoid nutrient broth No.2 and incubated overnight in a 37°C shaking water bath. The growth period should not exceed 16 h (Ames *et al.*, 1973a). These cultures are reisolated by streaking on minimal glucose agar plates which the surface were spread with 0.1 ml of 8 mg/ml ampicillin. 0.3 ml of 0.1 M histidine HCl and 0.1 ml of 1 mM biotin. These plates are incubated at 37°C for 48 h. After incubation, the 5 single colonies per strain TA 98 and TA 100 are picked up and grown in Oxoid nutrient broth No. 2 overnight 37°C in shaking water bath. Each culture is confirmed genotypes of the strains and kept the cultures as the source of bacteria for mutagenicity testing. For each 1.0 ml of culture, add 0.09 ml of spectrophotometric grade DMSO. Combine the culture and DMSO in a sterile tube and distribute 400 µl of the culture aseptically into sterile cryotubes (Nunc). The tubes should be filled nearly full and then transfer to a -80°C freezer.

Confirming Genotype of Tester Strains The broth cultures of TA 98 and TA 100 are used to confirm genotypes in the following ways.

Histidine requirement The His⁺ character of the strains is confirmed by demonstrating the histidine requirement for growth on the minimal glucose agar plates enriched with histidine and biotin.

Procedure :plate a no histidine and biotin

plate b 0.1 ml of 1 mM biotin

plate c 0.3 ml of 0.1 M His-HCl

plate d 0.3 ml of 0.1 M His-HCl + 0.1 ml of 1 mM biotin

Four minimal glucose agar plates is required for each tester strains. Each of the plates is applied on the surface with 0.1 ml of 1 mM biotin, 0.3 ml of 0.1 M His-HCl, 0.3 ml of 0.2 M His-HCl plus 0.1 ml of 1 mM biotin and no application (plate b,c,d,a respectively). Made a single streak of each strains across these plates. Five strains could be tested on the same plate. Incubated at 37°C for 48 h. The growth of bacteria in histidine plus biotin plate is the result of histidine requirement.

R Factor The R-factor strains (TA 97, TA 98, TA 100 and TA 102) should be tested routinely for the presence of the ampicillin resistance factor because the plasmid is somewhat unstable and can be lost from the bacteria.

Procedure : For each tester strain, add 0.3 ml of fresh overnight culture to a tube containing 0.1 ml of 0.2 M histidine-HCl followed by adding 2.0 ml of molten top agar containing 0.5 mM histidine and 0.5 mM biotin. Mixed and poured on a minimal glucose agar plate. Rotated the plate to distribute the mixtures and allowed several minutes for agar to become firm. R factor and rfa mutation (see the next



section) are performed in the same plate by dividing the plate into 2 areas, one for R factor and the other for rfa mutation. For R factor, commercial ampicillin disc or filter paper disc containing 8 mg/ml ampicillin is applied on the surface of the agar by using sterile forceps. The disc is pressed lightly to embed in the overlay. The plates are incubated at 37°C for 24 h. The absence of the clear zones of inhibition around the discs indicate resistance to ampicillin.

rfa Mutation Strains having the deep rough (rfa) character should be tested for crystal violet sensitivity .

Procedure : Pipetted 0.1% solution of crystal violet to the sterile filter paper disc (1.4 inch) and transferred the disc to plates, seed with bacteria (the procedure is similar to R factor). Incubated at 37°C for 48 h. The clear zone appeared around the disc indicated the presence of the rfa mutation that permitted crystal violet to enter and kill bacteria.

Spontaneous Reversion Spontaneous reversion of the tester strains to histidine independence is measured routinely in mutagenicity experiments and is expressed as the number of spontaneous revertants per plate. The revertant colonies are clearly visible in a uniform background lawn of auxotrophic bacteria. Each tester strain reverts spontaneously at a frequency that is characteristic of the strain. Nevertheless, there is variability in the number of spontaneous revertants from one experiment to another and from one plate to another, and it is advisable to include at least 2-3 spontaneous mutation control plates for each strain in a mutagenicity assay.

Procedure : 0.1 ml of DMSO (Solvent in the experiment) is added to capped culture tube. Add 0.5 ml of Na_3PO_4 -KCl buffer pH 7.4 in the absence of metabolic activation, 0.1 ml of fresh overnight culture of TA 98 or TA 100, followed by 2.0 ml of molten top agar. Mixed and then poured on minimal glucose agar plate. Rotated plates and left it to become harden. Incubated at 37°C for 48 hr and the His⁺ revertant colonies are counted.

The Response to Standard Mutagen

Standard mutagens or positive mutagens are used routinely in mutagenicity experiments to confirm the reversion property and specificity of each strain. The standard mutagen used in these experiments is aminopyrene in the absence of metabolic activation. Tester strain which highly response to positive mutagens must be collected.

Procedure : The procedure is as described in spontaneous reversion except aminopyrene (0.06, 0.12 and 0.24 $\mu\text{g}/\text{plate}$ for TA 100 and TA 98, respectively) are used instead of DMSO in the absence of S9 mix, respectively. The characteristic of the stock culture for TA 98 and TA 100 as the source of bacteria for mutagenicity is

- a. contained R factor (pKM 101) and rfa mutation
- b. His⁺ requirement
- c. low spontaneous reversion
- d. highly response to standard carcinogen

After the characteristic of the culture was tested, the mutagenicity test was started

4. The mutagenicity test using *Salmonella typhimurium*.

Plate incorporation test The test is the standard method that has been used for test the mutagenicity of chemicals. This test consists of combining the test compound and the bacterial tester strain in soft agar which is poured onto a minimal agar plate. Positive and negative controls are also included in each assay. After incubation at 37°C for 48 h revertant colonies are counted (Ames et al., 1973b). For initial screening chemicals are tested in concentrations over a three-log dose. A positive or questionable result should be confirmed by demonstrating a dose-response relationship using a narrower range of concentrations. For most mutagens, there is a concentration range that produces a linear dose-response curve and the number of revertants per plate reported for a mutagen should be taken from the region of the curve. However, a few mutagens such as 9-aminoacridine, MNNG, diethylsulfate and ethylmethanesulfonate produce non liner dose-response curve (McCann et al., 1975). The compounds that are negative can be retested using the preincubation method.

Preincubation method Some mutagens, such as dimethyl- and diethyl-nitrosamine are poorly detected in the standard plate incorporation assay and should be tested using a modification of the standard procedure. The most widely used test modification is the preincubation assay first described by Yahagi et al, (1975), in which carcinogenic azo dyes were found to be mutagenic. They incubated the mutagen and bacteria for 20-30 min at 37°C and then added the top agar. The assay has been also used to detect the mutagenicity of 10 carcinogenic nitrosamines and several carcinogenic alkaloids (Yamanaka et al., 1979). The mutagenic activity of aflatoxin B1, benzidine, benzo(a)pyrene and methylmethanesulfonate has been determined using both plate incorporation and preincubation procedures and in all

cases the preincubation assay is of equal or greater sensitivity than the plate incorporation assay (Matsushima et al., 1980). The increased activity is attributed to the fact that the test compound and bacteria are incubated at higher concentration in the preincubation assay than in the standard plate incorporation test (Prival, King, and Sheldon, 1979). The procedure described below is based on recommendation of Matsushima et al., (1980).

The preincubation modification can be used routinely or when inconclusive results are obtained in the standard plate incorporation assay. This assay requires an extra step and therefore involves more work than the standard test but many laboratories use it routinely because of the increased sensitivity of some compounds. Its use in screening assays has been recommended by De Serres and Shelby (1979).

Spot test The spot test is the simplest way to test compounds for mutagenicity and is useful for the initial rapid screening of large numbers of compounds. Ames, McCan, and Yamasaki.(1975) have tested 169 different hair dyes for mutagenicity using this method. This test has several advantages. A few crystals of a solid mutagen or μl of a liquid mutagen can be put directly on the agar surface, thus eliminating the time-consuming preparation of solutions of the chemicals to be tested. As the test compound diffuse out from the central spot, a range of concentrations is tested simultaneously.

This test is primarily a qualitative test and has distinct limitations. It can be used only for testing chemicals that are diffusible in the agar. It is much less sensitive than the standard plate incorporation test. Mutagenicity should be

confirmed by demonstrating a dose-response relationship using the standard plate incorporation test.

Positive control (diagnostic mutagens) In each experiment positive mutagenesis controls using diagnostic mutagens to confirm the reversion properties and specificity of each strain. The characteristic reversion patterns of the standard strains to some diagnostic mutagens are described by Maron and Ames (1983).

Evaluation criteria for Ames assay Because the procedures to be used to evaluate the mutagenicity of the test article are semiquantitative. Each tester strain is specific to each type of mutation such as frameshift mutation, base pair substitute or oxidative mutation etc. The criteria used to determine positive effects are, therefore, inherently subjective and based primarily on the information shown in Table 2.3. Most data sets should be evaluated using the following criteria

a. Strains TA 1535, TA 1537, and TA 1538. If the solvent control value is within the typical range for the laboratory, a test article that produces a positive dose response over three concentrations, with the highest increase equal to three times the solvent control value, is considered mutagenic.

b. Strains TA 98 and TA 100. If the solvent control value is within the normal range for the laboratory, a test article that produces a positive dose response over three concentration, with the highest increase equal to twice the solvent control value, is considered mutagenic. Occasionally a doubling is not necessary for TA 100 if a clear dose-related pattern is observed over several concentrations.

c. Pattern. Because TA 1535 and TA 100 are derived from the same parental strain (G46), and TA 1538 and TA 98 are derived from the same parental strain (D3052), to some extent there is a built-in redundancy in the microbial assay. In general, the two strains of a set respond to the same mutagen, and such a pattern is sought. Generally, if a strain responds to a mutagen in nonactivation tests, it should do so in activation tests.

d. Reproducibility. If a test article produces a response in a single test that cannot be reproduced in additional runs, the initial positive test data lose significance.

The preceding criteria are not absolute and other extenuation factors may enter into a final evaluation decision. However, these criteria can be applied to the majority of situations and are presented to aid those individuals not familiar with this procedure. As the data base is increased, the criteria for evaluation can be more firmly established. It must be emphasized that modifications of the procedure involving preincubation conditions is necessary for evaluation of specific chemicals or classes of chemicals.

VITA

Miss Pornphan Wuthikornwanit was born on March 6, 1967, in Bangkok. She got her degree in Bachelor of Science in Pharmacy in 1991 from the Faculty of Pharmaceutical Sciences, Chulalongkorn University, Thailand.