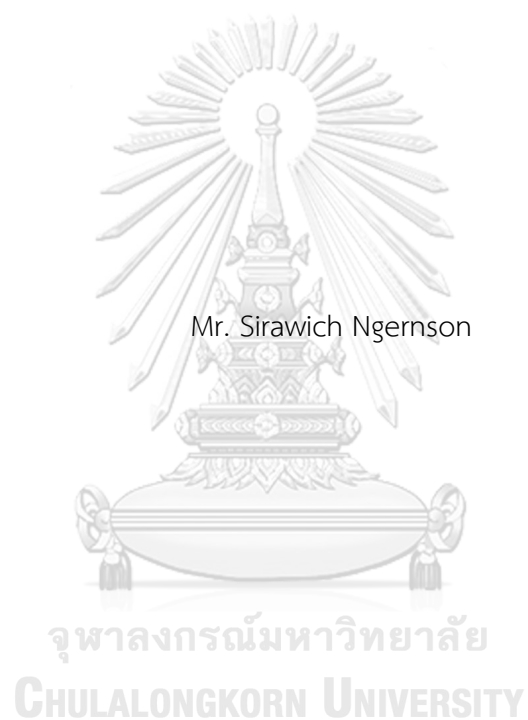


IN VITRO INHIBITORY EFFECTS OF TURMERIC EXTRACTS AGAINST BIOFILM FORMATION
AND VIRULENCE OF *FLAVOBACTERIUM OREOCHROMIS*



A Thesis Submitted in Partial Fulfillment of the Requirements
for the Degree of Master of Science in Veterinary Science and technology

FACULTY OF VETERINARY SCIENCE

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วิทยานิพนธ์นี้เป็นส่วนหนึ่งของการศึกษาตามหลักสูตรปริญญาวิทยาศาสตรมหาบัณฑิต
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FLAVOBACTERIUM OREOCHROMIS

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สิริวิชญ์ เงินสอน : ผลการยับยั้งในหลอดทดลองของสารสกัดขมิ้นต่อการสร้างไบโอฟิล์มและความรุนแรงของเชื้อฟลาโวแบคทีเรียม โอริโอโครมิส. (*IN VITRO* INHIBITORY EFFECTS OF TURMERIC EXTRACTS AGAINST BIOFILM FORMATION AND VIRULENCE OF *FLAVOBACTERIUM OREOCHROMIS*) อ.ที่ปรึกษาหลัก : ชาญณรงค์ รอดคำ, อ.ที่ปรึกษาร่วม : ชุมพร สุวรรณยาน

Flavobacterium oreochromis เป็นแบคทีเรียฉวยโอกาสที่เป็นสาเหตุของโรคคออลัมน์นาเรียสในปลา น้ำจืด การเกิดโรคคออลัมน์นาเรียมั้นแบคทีเรียชนิดนี้จะลงเกาะและสร้างไบโอฟิล์มบนผิวหนังของปลา แบคทีเรียในไบโอฟิล์ม จะผลิตและปล่อยเอนไซม์ที่ทำลายเนื้อเยื่อเกี่ยวพันและเนื้อเยื่อบริเวณอื่นๆ ซึ่งส่งผลให้เกิดแผลบนผิวปลาที่ติดเชื้อ การศึกษานี้มีวัตถุประสงค์เพื่อทดสอบประสิทธิภาพของสารสกัดขมิ้นที่สกัดโดยใช้ตัวทำละลายสามชนิดคือ เฮกเซน เอทานอล และเมทานอล ในการยับยั้งการสร้างไบโอฟิล์มและการแสดงออกของยีนที่เกี่ยวข้องในการสร้างไบโอฟิล์มของเชื้อ *F. oreochromis* โดยนำสารสกัดจากขมิ้นจากทั้งสามตัวทำละลายมาทดสอบประสิทธิภาพในการยับยั้งการเจริญเติบโตและการสร้างไบโอฟิล์มของเชื้อแบคทีเรีย *F. oreochromis* จากการทดสอบพบว่าสารสกัดขมิ้นโดยตัวทำละลายเฮกเซนมีประสิทธิภาพมากสุดในการยับยั้งการเจริญเติบโตและการสร้างไบโอฟิล์มของเชื้อ *F. oreochromis* ทั้ง 17 isolate จากนั้นก็ทำการทดสอบเพื่อหาค่า MIC และ MBIC ของสารสกัดขมิ้นที่ใช้เฮกเซนเป็นตัวทำละลาย ก่อนจะเลือกความเข้มข้นที่ยับยั้งการสร้างไบโอฟิล์มแต่ที่ไม่ส่งผลกระทบต่อเจริญเติบโตของเชื้อแบคทีเรีย (1 ไมโครกรัม/มิลลิลิตร) ไปทดสอบเพื่อดูการแสดงออกของยีนที่เกี่ยวข้องกับการสร้างไบโอฟิล์มของเชื้อ *F. oreochromis* สายพันธุ์ที่ 15 ซึ่งเป็นสายพันธุ์ที่สร้างไบโอฟิล์มได้หนาและมีความรุนแรงในการก่อโรคต่อปลานิล โดยการศึกษาการแสดงออกของยีนใช้วิธี quantitative real-time PCR ซึ่งพบว่าการแสดงออกของยีนที่เกี่ยวข้องกับ iron acquisition, type IX secretion, และ quorum sensing (luxR) systems ในไบโอฟิล์มของเชื้อ *F. oreochromis* ที่ได้รับสารสกัดมีการแสดงออกลดลงทั้งสามเวลา (24 ชั่วโมง, 48 ชั่วโมง, 78 ชั่วโมง) หลังการบ่ม โดยสรุปสารสกัดขมิ้นโดยตัวทำละลายเฮกเซนมีประสิทธิภาพในการยับยั้งการสร้างไบโอฟิล์มของเชื้อ *F. oreochromis* โดยการไปลดการแสดงออกของยีนที่เกี่ยวข้องกับการสร้างไบโอฟิล์มเช่น iron acquisition (alcB, rhbC, sido, tonB), type IX secretion system (gldL, sprA, porV), และ luxR

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Sirawich Ngermson : *IN VITRO* INHIBITORY EFFECTS OF TURMERIC EXTRACTS AGAINST BIOFILM FORMATION AND VIRULENCE OF *FLAVOBACTERIUM OREOCHROMIS*. Advisor: Assoc. Prof. CHANNARONG RODKHUM, D.V.M., Ph.D., D.T.B.V.P Co-advisor: Chumporn Soowannayan, Ph.D.

Flavobacterium oreochromis is an opportunistic bacteria and causative agent of columnaris disease that affects freshwater fish worldwide. To initiate infection, the bacteria are required to attach and form biofilm on the fish's skin. The bacteria cells in the biofilm then produce toxins that can degrade fish connective tissue, resulting in lesions and ulcers. This study aimed to evaluate the efficacy of turmeric (*Curcuma longa* L.) extract by three organic solvents (hexane, ethanol, and methanol) in biofilm inhibition and modulation of biofilm-associated genes of *F. oreochromis*. Turmeric extracts by three different organic solvents were tested for their ability to inhibit the growth and biofilm formations of *F. oreochromis*. The results showed that the hexane extract of turmeric was the most potent inhibitor of the growth and biofilm formation of *F. oreochromis*. To determine the effect of hexane extract of turmeric on biofilm-associated genes in *F. oreochromis* isolate no. 15, the qPCR method was used. To do this minimal inhibition concentration (MIC) and minimal biofilm inhibition concentration (MBIC) of this extract were determined for this bacterial isolate, and the concentration of extract that inhibited the bacterial biofilm but not the growth was used (1 µg/ml). The obtained results showed that turmeric extract strongly downregulated the expression of genes in the iron acquisition, type 9 secretion, and quorum sensing (*luxR*) systems in *F. oreochromis* isolate number 15 at all three-time points (24h, 48h, 72h) studied. In summary, turmeric extract inhibited biofilm formation of *F. Oreochromis* through the downregulations of genes in the iron acquisition (*alcB*, *rhbC*, *sid*, *tonB*), type 9 secretion (*gldL*, *sprA*, *porV*) and quorum sensing (*luxR*) systems.

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CHAPTER I

INTRODUCTION

1. Importance and Rationale

Tilapia culture is one of the most important finfish species to the economies of many Asian countries including Thailand. Because the fish is a good protein source and because of the ease of its production, tilapia culture has gained a lot of attention from many farmers and tilapia farming has an established industry in many countries (El-Sayed, 2019). Many farmers adopted or converted their farms into intensive farms by increasing stock density and other farm management practices to increase tilapia farm productivity (Chitmanat et al., 2016; El-Sayed, 2019). However, high stock density coupled with poor management usually brings in multiple problems, such as low water quality due to waste accumulation from uneaten feed and feces, increased fish stress in high-density ponds, and disease outbreaks due to the ease of transmission between the fish living in close proximity (Suomalainen et al., 2005b).

Among the most serious bacterial pathogens in intensive tilapia farming systems, *Flavobacterium columnare* (*oreochromis*), the causative agent of Columnaris disease, is the most prevalent, especially during the juvenile stage (Decostere and Haesebrouck, 1999; Decostere, 2002; Declercq et al., 2013). Columnaris disease causes mass mortality in infected fish, which could lead to tremendous economic losses. Transmission of the bacteria does not require direct contact between infected fish (fish-fish contact), it can spread via the water column, and dead fish is considered an essential source for the outbreak (Declercq et al., 2013).

Columnaris disease causes several external lesions such as gill, fin, or skin ulcers. In Thailand, Columnaris disease outbreaks have been reported during periods of sudden change of temperature or fish experiences stress which occur in both river-based cages and ponds (Chitmanat et al., 2016). Farmers normally apply antibiotics to control the outbreak (Chitmanat et al., 2016). However, inappropriate use of antibiotics results in several problems such as antibiotic residual in fish products and in the environment which could lead to or enhance the development of antibiotic

resistant bacteria (Alderman and Hastings, 1998). Antibiotic resistant bacteria are a serious concern in both human as well as environmental health. To the aquaculture industry, antibiotic-resistant bacteria mean more expenses, time, and labor needed to prevent or treat.

Apart from the development of antibiotic-resistant bacteria associated with antibiotic use, biofilm, a preferred mode of living for most bacteria can also promote bacterial virulence (Davies, 2003; Hossain et al., 2017). The majority of bacterial pathogens form biofilms to initiate infection, *F. oreochromis*, included (Cai et al., 2013; Cai and Arias, 2017; Lange et al., 2020a). Biofilm is a complex community of microbes living together under a multi-layer of extracellular polymeric substances (EPS). EPS are essential for the bacterial biofilm and bacterial cells living within it by supporting the biofilm structure, adhesion, nutrient source, retention of water, and exchange of genetic materials (Flemming and Wingender, 2010). EPS are barriers that provide bacterial protection from specific and nonspecific host immune factors, hazardous environments, and antibiotics (Flemming and Wingender, 2010; Ghannoum et al., 2020). Moreover, bacterial cells in the biofilm release toxins that can degrade host tissues, such as Chondroitin AC lyase, Proteases, and collagenase (Dalsgaard, 1993; Bernardet and Bowman, 2006b).

Because of the emergence of antibiotic-resistant bacteria, conventional approaches such as antibiotic usage, physical cleaning, and chemical treatments are no longer working (Zhu, 2020). A new strategy is necessary to prevent bacterial diseases and eradicate bacterial biofilms. Plant products have gained a lot of attention in the past ten years because they possess a large variety of secondary metabolites with different bioactivities that can be applied in the aquaculture industries, such as antibacterial activity (Reverter et al., 2014; Zhu, 2020). Turmeric (*Curcuma longa* L.) extracts have been reported to possess antibacterial activities against gram-positive and gram-negative bacteria (Sharma et al., 2005; Gul and Bakht, 2015). For example, alkaloids and flavonoids from *Curcuma* species have been shown to inhibit the growth and biofilm formed by *Bacillus subtilis*, *staphylococcus epidermidis*, and *staphylococcus aureus* (Jain and Parihar, 2018a). For many antibiotics or extracts with antibiotic properties, many bacteria can develop resistant

to them easily if they are not properly used (Alderman and Hastings, 1998; Mazel and Davies, 1999). So, compounds or molecules that interfere with the formation of biofilm and virulence factors without killing the bacteria or affecting their growth are desirable (Soowannayan et al., 2019b). The mechanism behind biofilm formation is the quorum-sensing system, which is bacterial intercellular communication that involves the detection of small signaling molecules called autoinducers (Lazdunski et al., 2004). Quorum sensing regulation genes control many bacterial group behaviors and activities such as bioluminescence, motility, virulent factors expression, drug-resistant, and biofilm formation. Natural products or plant extracts with their abundant secondary metabolites with diverse bioactivities present a great potential to be used as quorum quenching or quorum sensing inhibitor candidates. For instance, flavonoids and curcumin produced by *Curcuma* species have been shown to inhibit biofilm formation and virulence of *Acinetobacter baumannii*, the bacteria that causes wound infection, bloodstream infection, and urinary tract infection in human (Raorane et al., 2019). Additionally, ethanol extract of *Piper betle* L. has been shown to effectively suppress quorum sensing regulation genes resulting in less bioluminescence production and biofilm formation of *Vibrio harveyi* that cause luminescent disease in shrimp (*Penaeus vannamei*) (Guzman et al., 2022a). The ethanolic extract of *P. betle* L. has also been shown to protect the shrimp from the bacterial infection when supplemented to the shrimp feed, from the same study.

Since quorum sensing (QS) has been shown to influence or regulate *F. oreochromis* infection process, which involves the bacteria gliding motility and biofilm formation, a crucial part of initiating columnaris disease and toxin and protease productions that lead to ulcer/pathological lesions (Declercq et al., 2013; Li et al., 2017; Thunes et al., 2022), therefore, this QS can potentially be used as a target for the disease prevention and treatment. Therefore, this study aims to determine the efficacy of turmeric extracts as *F. oreochromis* quorum sensing inhibitors and their abilities to inhibit virulent gene expressions and biofilm formation.

2. Objectives of the study

1. To determine the efficacy of turmeric extracts against biofilm formation of *F. oreochromis*.
2. To determine expression levels of virulence-related genes in *F. oreochromis* after exposure to turmeric extracts.

3. Hypothesis

Turmeric extracts can reduce biofilm formation of *F. oreochromis*.



CHAPTER II

LITERATURE REVIEW

1. General introduction to *Flavobacterium columnare*

Flavobacterium columnare has recently been reclassified based on their amino acid profiles and a multigene sequencing method into four species, including *F. columnare* sp., *F. covae* sp. nov., *F. davisii* sp. nov., and *F. reochromis* sp. nov. (LaFrentz et al., 2022). The bacteria have been known by many different names after it was first discovered by Davis in 1922 during an outbreak of the disease later called columnaris disease (Davis, 1922). The bacteria was first named *Bacillus columnaris* based on its column-like rod shape (Davis, 1922). Later in 1944, the bacterium was found to produce a fruiting body and microcyst (resting cells) on infected tissue of sockeye salmon (*Onchorhynchus nerka*) upon wet mount examination and was re-named *Chondrococcus columnaris* (Ordal and Rucker, 1944). However, the microcyst was found absent in a study of infected by Garnjobst (Garnjobst, 1945); thus, the bacteria was re-named *Cytophaga columnaris*. In the year 1989, Bernardet and Grimont performed an experiment to determine the relatedness of the bacteria based on their 16 sRNA gene sequences and their phenotypic characters; the results showed that the bacterium with rhizoid colony that can adhere to Anecker agar medium were found to be similar to *Flavobacterium* spp, however, the G+C content of *C. columnaris* was excluded from *Flavobacterium* spp. Thus, the name of the bacterium was changed to *Flexibacter columnaris* (Bernardet and Grimont, 1989). In the late 19TH century, the name of the bacterium was altered again to *Flavobacterium columnare* based on their DNA-rRNA hybridizations and fatty acid profiles (Bernardet et al., 1996). The authors described the main characteristic of *F. columnare* as a gram-negative rod shape bacteria with a yellow colony commonly found in a freshwater environment that can decompose polysaccharides with a G+C content range of 32 to 37% (Bernardet et al., 1996). *F. columnare* was Later categorized into five genomovars (I, II, II-B, I/II, and III) based on the restriction fragment length polymorphism (RFLP) assay of their genomic DNA (LaFrentz et al., 2014). Nevertheless, a bacterium and host association study provided information

which differentiated genomovars into four genetic groups (LaFrentz et al., 2018). Genetic group 1 is normally found in cold water, which mainly affects Salmonidae, Cyprinidae, and other cold-water fish species. Genetic groups 2 and 3 mainly affect Ictaluridae and other warm-water fish species. Genetic group 4 mainly affects tilapia (LaFrentz et al., 2018). However, the latest study revealed that all four genetic groups showed similarities in their physiological and biochemical characteristics (LaFrentz et al., 2022). The authors reclassified the bacterium by characterizing the fatty acids profile using Matrix-Assisted Laser Desorption/Ionization Time-of-Flight (MALDI-TOF) and calculated the average of nucleotide identity / digital DNA-DNA hybridization (ANI/GGC). Finally, the authors were able to differentiate between genetic groups and reclassified genetic groups 1, 2, 3, and 4 into distinct species named *F. columnare* sp., *F. covae* sp. nov., *F. davisii* sp. nov., and *F. reochromis* sp. nov. respectively (LaFrentz et al., 2022).

As with other genetic groups of the former *F. columnare*, *F. oreochromis* (*F. columnare* genetic group 4) is a Gram-negative rod shape bacteria and is the causative agent of columnaris disease in cichlidae group (mainly tilapia) (LaFrentz et al., 2018; LaFrentz et al., 2022). The bacterium produces yellow pigments on rhizoid or non-rhizoid colonies. In addition, the bacterium shows gliding motility on agar medium and produces polysaccharide degradation enzyme. *F. oreochromis* typically affects tilapia and is found in warm water (28 °C to 30 °C). Columnaris disease causes mass mortality in infected fish, which could lead to tremendous economic losses. To initiate the infection, the bacteria are required to colonize and form a biofilm on the susceptible host. To form a biofilm, there are three steps involved, including attraction between the bacterial cells and the host mucus, adhesion of the bacterial cells and host surface to form a microcolony, and aggregation and growth of the bacterial cells to create a larger colony and form biofilm (Declercq et al., 2013).

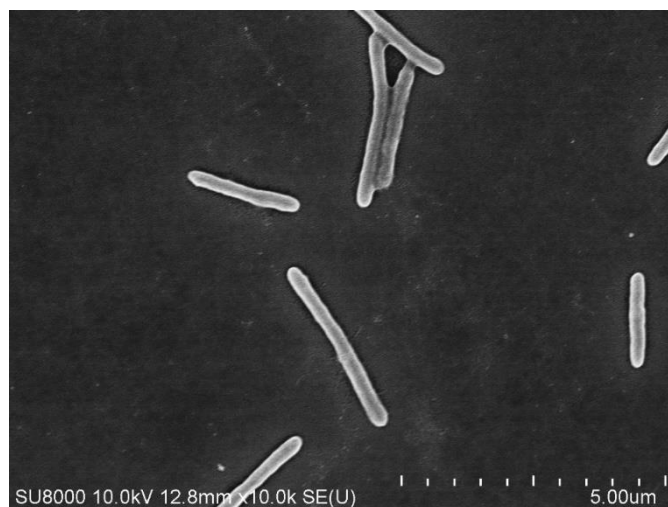


Figure 1 Planktonic cells or free-living cells of *F. oreochromis* isolate 15 under a scanning electron microscope (SEM).

2. Columnaris disease and biofilm formation

Columnaris disease or cotton wool or peduncle disease is a well-known and major disease outbreak that affects worldwide freshwater fish such as carp, channel catfish, goldfish, salmonids, red tilapia, and tilapia. Juvenile fish are generally more susceptible to the disease than other life stages and from many reports gill is a primary target organ for the bacteria infection (Declercq et al., 2013). Accumulated *F. oreochromis* on the gill filaments and gill lamellae which is the site where O₂/CO₂ exchange occurs, resulted in significant interference to the respiratory system of the fish. Lesions on the gill structure led to inflammatory cell infiltration and fusion of the gill filament and lamellae. Finally, complete fusion of the gill results in respiratory failure and follows with a high mortality rate (Pacha and Ordal, 1967; Foscarini, 1989; Dalsgaard, 1993; Declercq et al., 2013). In addition, several symptoms, such as lesions on the back of the fish that result in skin discoloration, sometimes called saddle-back patterns, peduncle erosion, and mouth rot, are shown during chronic cases that take longer to develop than gill lesions (Declercq et al., 2013). Saddle-back symptom occurs during the accumulation of *F. oreochromis* on fish skin around the base of a dorsal fin. The affected area shows pale skin color and small

lesions are noticed. The lesion can be advanced and extended out from the base of the dorsal fin to surround the dorsal fin (Pacha and Ordal, 1967; MORRISON et al., 1981; Bernardet and Bowman, 2006a). In addition, fin rot often occurs together with the saddle-back symptom (Decostere and Haesebrouck, 1999). Peduncle lesion is typically found in rainbow trout the sign starts with a lesion at the adipose fin and progresses deeper into the muscle or skin layer leading to a severe ulcer. The peduncle lesion is normally covered with yellowish mucus (Decostere, 2002; Bernardet and Bowman, 2006a). In addition, mouthrot causes death to the fish because of starvation. This symptom can lead to secondary infection by bacteria or fungi (Decostere and Haesebrouck, 1999).



Figure 2 Gill lesion of Nile tilapia 6 hours after being challenged with *F. oreochromis* isolate 15.

Bacteria prefer to inhabit in a sessile form more than the planktonic stage therefore it adheres to the biotic and abiotic surface beginning to colonize and form biofilm. This colonization referred to a community of bacteria that build their own supportive environment during the development of biofilm formation. Biofilm formation is composed of five phases. The initial phases begin from planktonic cells beginning to attach to the surface substrate, followed by aggregation and forming a microcolony in phase II. The monolayer was formed during phase III and produced an extracellular polymeric substance (EPS). Phase IV is a mature biofilm covered by EPS with a multidimensional layer. Phase V is the dispersion of planktonic cells a crucial part of biofilm development, these planktonic cells are seeds of new biofilm colonization. Mature biofilms produced EPS which consists of many types of biopolymers such as polysaccharides, nucleic acid, lipids, and proteins. These

components are helping to support biofilm architecture or biofilm stability and provide advantages to bacteria such as retention of water, nutrient source, and protective barrier. The bacteria within a biofilm are protected by EPS allowing it to tolerate a hazardous environment such as specific and nonspecific host immune systems, disinfectants, and antibiotics (Davies, 2003; Flemming and Wingender, 2010). EPS play an important role against antibiotic agent by absorbing the agent results in an incapacity to penetrate to biofilm. However, the ability to tolerate antibiotic agents depend on antimicrobial agent and microorganism within the biofilm (Stewart, 2002). More importantly, EPS helps bacteria initiate communication between bacteria to bacteria called quorum sensing (Flemming and Wingender, 2010). In addition, biofilm formed by *F. oreochromis* releases several toxins such as chondroitin AC lyase and proteases which can degrade a connective tissue in animals (gelatin, tyrosine, and casein) (Dalsgaard, 1993; Bernardet and Bowman, 2006b). *F. oreochromis* not only releases these polysaccharide degradations to enter host tissue but it's also released bactericidal to compete with other bacteria as well (Anacker and Ordal, 1955).

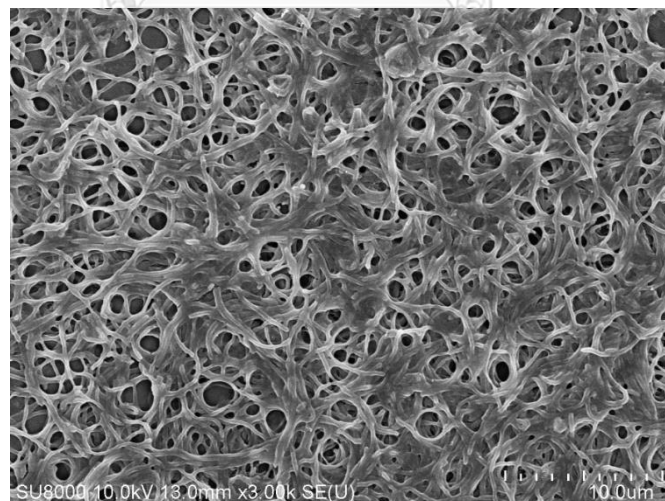


Figure 3 Biofilm formation of *F. oreochromis* isolate 15 under scanning electron microscope (SEM).

3. Virulence factors involved in *Flavobacterium oreochromis*

The ability to cause columnaris disease is dependent on the expression level of virulence factors. There are three major virulence factors involved in biofilm formation and columnaris disease infection. Iron acquisition is important for bacteria growth and metabolic pathway. During infection, bacteria face limitations of iron. In the environment or host, iron is present in two forms of ferrous (Fe^{2+}) or ferric (Fe^{3+}) which are compound-binding proteins. To acquire iron from the environment, bacteria produce siderophores to bind to the iron and transport it into the bacteria cell via active transport pathways (Sheldon et al., 2016). The genes responsible for siderophores synthesis are composed of *alcB*, *rhbC*, and *Sido*. The genes responsible for iron transportation are *tonB* (Cai et al., 2019; Lange et al., 2020b). Moreover, in the biofilm found that these genes were upregulated when compared to the planktonic cells (Cai et al., 2019).

Type XI secretion systems (T9SS) are important for bacteria survival and play two major roles such as secreting protein and gliding motility for initiating disease infection (Lasica et al., 2017). The gliding motility ability help *F. oreochromis* move toward to fish or suitable host and the responsible gene are *gldL*, *gldK*, and *gldM*. The secreting proteins from the type IX system are diverse in function such as adhesin protein or toxin and the gene responsible for adhesin protein is *sprA*, the gene responsible for toxin release is *porV* (Li et al., 2017; Penttinen et al., 2018). These components together help *F. oreochromis* to initiate infection by gliding to the host surface and secreting adhesin protein to form biofilm. Finally, during the development of biofilm formation *F. oreochromis* release toxins that destroy host tissue, thus, columnaris disease occur (Declercq et al., 2013).

The quorum-sensing system (QS) is known as a mechanism behind biofilm formation, it's an important system to alter the planktonic stage to the biofilm stage. Quorum sensing is a cell-to-cell communication of bacteria, which assists them to reach a certain population density via the production of small molecules called autoinducers (Ais). In gram-negative bacteria, *N*-acyl homoserine lactone (AHL) is present as the signal molecule (Lazdunski et al., 2004). *F. oreochromis* QS system required two important proteins for regulation. I-protein and R-protein, the signal

molecule is synthesized by enzyme I-protein which detect by R-protein. After I-protein detects by R-protein, the signal molecule will be sent to outside of the cell, after it reaches a certain density, they bind to LuxR the response regulator. LuxR bind to signaling molecule that stimulates the transcriptional of quorum sensing regulates genes (Lazdunski et al., 2004; Defoirdt et al., 2013; Declercq et al., 2021). Furthermore, QS is involved in various virulence factors besides biofilm formation such as drug resistance, motility, virulence factors expression, and bioluminescence (Hossain et al., 2017).

4. Prevention and treatment of columnaris disease

There are numerous approaches to prevent columnaris disease infection which depend on farmer strategies. Management practices have been using nowadays since the bacteria respond well to fish when it experiences stress conditions, thus, controlling the ecosystem of the pond is important (Austin et al., 2007). Therefore, reducing suitable hosts for the bacteria in the rearing system is a promising practice for the prevention of columnaris disease (Suomalainen et al., 2005b). Moreover, controlling water quality by removing the accumulated feed or waste in the system also prevents *F. oreochromis* to adhere to the host and avoid fish from being exposed to ammonia toxins (Decostere et al., 1999). In addition, water treatment using ozone which is sufficient to reduce *F. columnare* in the water column (Conrad et al., 1975). Temperature is proven to be one of the factors that trigger columnaris disease infection. Many reports show that columnaris infection usually occurs during low temperatures or sudden changes in environmental conditions. Thus, controlling the temperature would prevent fish from columnaris disease infection and the survival ability of fish increased was noticed during high temperatures (Suomalainen et al., 2005b).

Chemical agents can also apply to prevent the outbreak, several chemical agents are developed for fish treatment such as potassium permanganate (KMnO₄) or copper sulfate (CuSO₄). The study from Davis suggested that treating fish using CuSO₄ or apply to the pond would prevent columnaris disease infection (Davis, 1922). A study from Rogers suggested that dipping the fish into KMnO₄ also prevents

columnaris disease infection (Rogers, 1971; Riley, 2000). In addition, adding artificial salt into the pond also prevents columnaris disease by reducing bacterium growth, adhesion, and motility (Suomalainen et al., 2005a).

Vaccination trials have been developed to administer many infections including columnaris disease (Austin et al., 2007; Declercq et al., 2013). Live attenuated vaccines such as heat-killed, and formalin-killed have been proven to be useful against columnaris disease infection. Formalin-killed vaccine was used by intraperitoneal injection increased the relative survival rate of grass carp up to 70.9% relative percent survival (RPS) compared to the uninfected group after the challenge with columnaris infection (Ransom, 1975). Heat-killed vaccines also provide an effective result, the vaccine can protect salmon (*Oncorhynchus kisutch*) from columnaris disease infection throughout 17 weeks by feed regimen (Fujihara and Nakatani, 1971). Considering that columnaris disease infection causes several lesions along the fish body, therefore, a bath immersion vaccine was introduced. Mucoadhesive nanovaccine coated with chitosan and pathogen-like (*F. columnare*) was able to protect tilapia after challenge with columnaris disease infection with a relative percent survival (RPS) greater than 60% when compared to whole cell bacterial vaccine (Kitiyodom et al., 2019). More importantly, the modified of mucoadhesive nanovaccine gives a satisfying result, the vaccine can protect red tilapia after challenge with columnaris infection up to 78% relative percent survival (RPS) and stimulate the mucosal immune response of fish as well (Kitiyodom et al., 2021).

Probiotics bacteria are commonly used in aquaculture to prevent many diseases and infections. Probiotics are the use of microorganisms that provide beneficial effects for the host such as growth promoter, stress tolerance, nutrient digestibility, reproduction improvement, water quality, and anti-pathogenic. The administration of probiotic can be immersion or feed supplementation which depend on farmer strategies (Verschuere et al., 2000; Lara-Flores, 2011; Dawood et al., 2019). For example, supplementation feed with probiotic bacteria *Lactobacillus acidophilus* and *Saccharomyces cerevisiae* and yeasts protects shrimp (*Penaeus vannamei*) from acute hepatopancreas necrosis disease (AHPND) (Pooljun et al., 2020). In

addition, bacterial isolate from fish (*Salvelinus fontinalis*) skin was found to be effective against *F. columnare* and *F. psychrophilum*. These bacteria were reported to protect *Salvelinus fontinalis* from columnaris disease infection via feed supplementation or immersion into the water (Boutin et al., 2012). However, vaccines and probiotics are required for further studies because vaccination trials are not always successful, and probiotic selection criteria are difficult along with feeding strategies on an industrial scale (Declercq et al., 2013).

Antimicrobial agents are successfully controlled many diseases outbreak including columnaris disease, especially in Thailand. In Thailand, many antimicrobial agents are applied by immersing the agent in water and mixed with feed if the disease goes advanced (Rico et al., 2014). For instance, the study from Darwish showed that mixing florfenicol with fish feed prevents fish from *Aeromonas hydrophila* and *F. columnare* infection (Darwish et al., 2012). The commonly used antimicrobial agents in Thailand are Enrofloxacin, Oxytetracycline, Amoxicillin, Sulfadiazine, Trimethoprim, Penicillin, and Tetracycline (Rico et al., 2014). However, inappropriate or massive use of antibiotics leads to several problems such as residual in fish products and antibiotic resistance. More importantly, the aquatic environment receives the spread of antibiotic resistance from multiple sources such as antimicrobial use in farm animals, antimicrobial use in agriculture, and antimicrobial use in humans (Karunasagar, 2020). The spread of antibiotic-resistant bacteria in several regions causes ineffectiveness and limited preventive measure, thus, a new strategy is necessary.

5. Biofilm inhibitors and plant extracts

The emergence of antibiotic-resistant bacteria (AMR) has been causing global concern throughout decades. Therefore, new strategies that impede the virulence factors are needed. Biofilm formation control strategies that didn't affect bacteria growth provide an option against the AMR situation. Alternative strategies such as enzyme-based detergent, phages, microbial interaction, and plant extracts are proposed in many industries that affect by biofilm problems (Simões et al., 2010). Dairy industry is affected by bacteria biofilms such as *Lactobacillus bulgaricus*, *Lactobacillus lactis*, and *Streptococcus thermophilus*. The control strategy used is enzyme together with a surfactant, this approach proved to be sufficient to degrade biofilm structure (Oulahal-Lagsir et al., 2003). However, enzyme-based detergents are expensive and limited to big factories due to being patent-protected. Bacteriophage infections were used to destroy the biofilm structure; however, this method was rarely successful because phages required specific conditions of environmental factors (Simões et al., 2010). Unfortunately, these two approaches are not suited for the aquaculture industry. Microbial interaction and plant extracts have been showing significant results in inhibited biofilm from many fields including aquaculture. Microbial interaction is the use of metabolite of interspecies to compete or interfere with bacteria biofilm mechanism. For example, a metabolite produced by *Lactococcus lactis* presents an anti-adherence ability which was interfering with the biofilm formation process (Rodrigues et al., 2004). In addition, *Bacillus subtilis* produce a surfactant that affects biofilm formation and biofilm disperses of *Salmonella enterica*, *E. coli*, and *Proteus mirabilis* without influent on bacterial growth (Mireles et al., 2001). Plant extract has been gaining attention from scientists because of their large variety of primary and secondary metabolites that contributes abundant benefit to the therapeutic approach (Zhu, 2020).

Plant extracts present a great potential benefit in aquaculture due to the secondary metabolites such as alkaloids, steroids, saponins, terpenoids, phenolics, tannins, flavonoids, glycosides, or essential oils (Reverter et al., 2014). Secondary metabolite shows many mechanisms against biofilm formation such as inhibition of biofilm formation, biofilm eradication, disruption of biofilm structure, and inhibition

of biofilm recovery. However, this mechanism depends on the plant's phytochemicals (Ali and Neelakantan, 2022). Apart from the anti-pathogenic properties of plant extracts, there are reported that plant extracts contribute to an immunostimulant, appetite stimulator, and growth promoter. For example, the supplementary diet of *Glycyrrhiza uralensis* prevents *Flavobacterium columnare* infection together with elevated growth, and immune responses in yellow catfish (*Pelteobagrus fulvidraco*) (Wang et al., 2020). Moreover, Methanol extracts of *Oscimum sanctum* show the ability to inhibit the growth of *Staphylococcus aureus* as well (Khaliq et al., 2018b).

Turmeric (*Curcuma longa* L.) is a local spice that is normally found in Asia and Southeast Asia including Thailand. Turmeric gains attention from scientists because of its nutritional and medicinal properties. In Thailand, turmeric is also used to treat illness both inside and outside the body. For example, turmeric powder mixed with lime water, it can be used as an external treatment for skin wounds, and rashes or eaten to relieve diarrhea. Apart from its medicinal use, scientists have been studying turmeric for antibacterial activity by extracting its phytochemical composition (Labban, 2014). Turmeric extract is effective in inhibiting the growth and biofilm formation of both gram-negative and gram-positive bacteria. For example, the presence of alkaloids and flavonoids produced by *Curcuma* species, there were successfully inhibited growth and biofilm formation by *Bacillus subtilis* and *Staphylococcus aureus* (Jain and Parihar, 2018b). In addition, essential oil from turmeric showed great potential against adherence ability and biofilm formation of *Staphylococcus epidermis* (Jardak et al., 2021). However, the ideal preventive measure that impedes virulence factors without influencing growth is desirable (Hossain et al., 2017; Soowannayan et al., 2019a). Several studies were successful in using alternative measures to inhibit biofilm formation or virulence factors without affecting bacterial growth. For example, extracts from ginger and fermented soybean were accomplished to inhibit biofilm formation without affecting the growth of bacteria and protect shrimp (*Penaeus vannamei*) from *Vibrio parahaemolyticus* and *Vibrio harveyi* infection (Yatip et al., 2018; Soowannayan et al., 2019a). *Piper betle* extract was able to inhibit quorum sensing expression genes resulting in less

bioluminescence production and biofilm formation together with protecting shrimp (*Penaeus vannamei*) from *V. harveyi* infection (Guzman et al., 2022a). More importantly, curcumin is a major constituent of bioactive compounds from turmeric (Sharma et al., 2005). The study from Raorane and the team were shown that curcumin at 50 $\mu\text{g/ml}$ able inhibits biofilm formation and surface movement of *Acinetobacter baumannii* without affecting bacterial growth (Raorane et al., 2019).

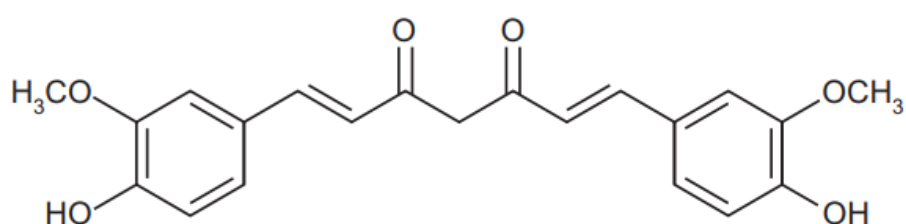
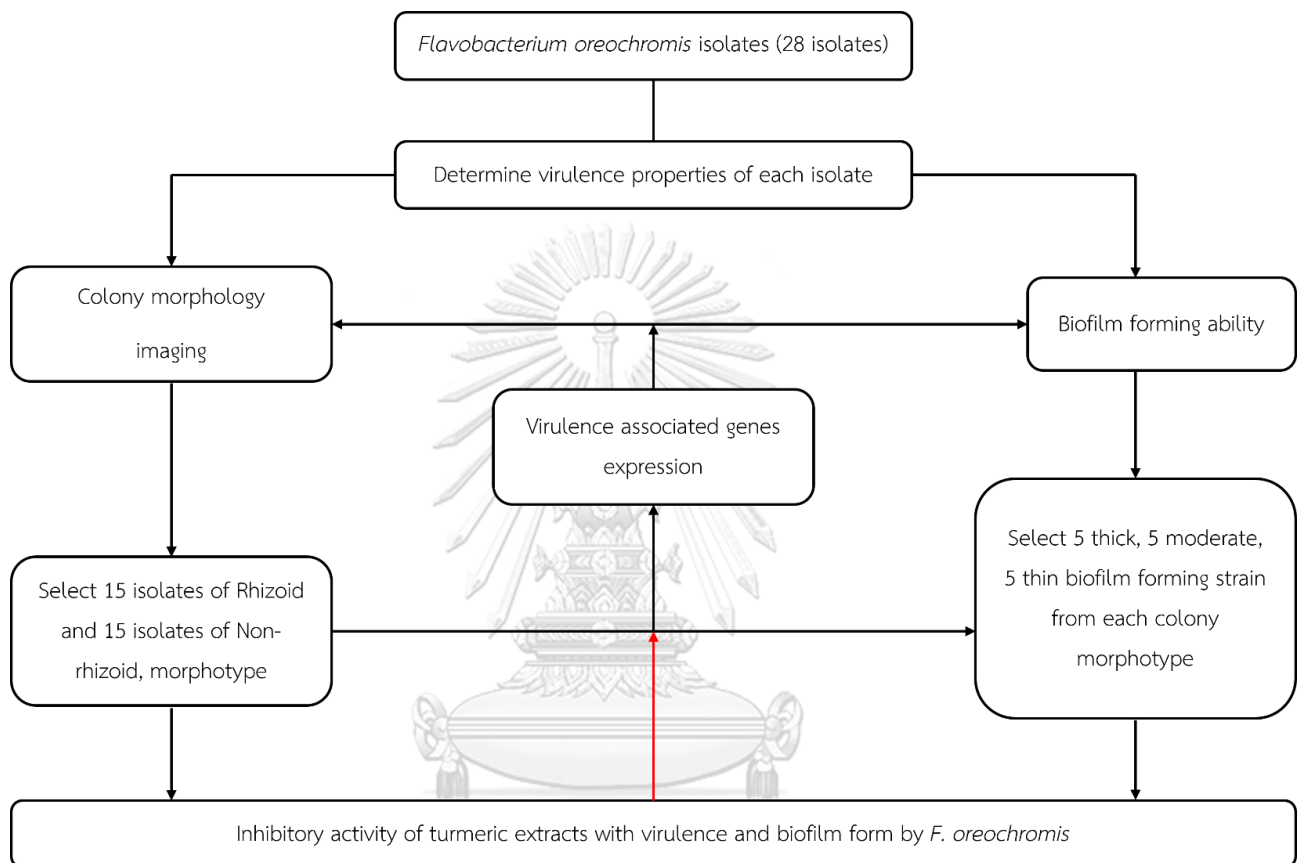


Figure 4 Curcumin; major compound of *Curcuma longa* L. (Sharma et al., 2005).



CHAPTER III MATERIAL AND METHODS

3.1 Conceptual framework



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Figure 5 Conceptual framework of the study.

3.2 Bacteria strains

3.2.1 Bacteria strains, growth condition and colony morphology imaging

Seventy-eight isolates of *Flavobacterium columnare* were obtained from the Center of Excellence in Fish Infectious Disease (CEFID) Chulalongkorn University. The bacteria were grown on Tryptone Yeast Extract Salts (TYES) agar and incubated overnight at 28 °C. Colony morphology was visualized using a stereomicroscope. To prepare the bacteria starter cultures, single colony of each bacterial isolate was grown overnight in TYES broth and incubated at 28 °C with 200 rpm agitation. Optical density at 600 nm (O.D.₆₀₀) of the overnight culture of each bacterial isolate was measured and the culture was diluted to 0.5 and then diluted 10 times further with new TYES medium. The diluted culture was used as starter cultures for biofilm-forming ability, growth, and biofilm inhibition assays.

3.3 Biofilm formation assays

To determine biofilm-forming ability of each of the 28 *F. oreochromis* isolates, the experiment was conducted using 96-well polystyrene plates, as described by (Yatip et al., 2018). Briefly, the 96-well plates were first coated with 1% tilapia gelatin solution and allowed to dry overnight in a sterile laminar flow chamber. The coated plates were sterilized by 30 minutes exposure to UV. Starter culture (200 µl) prepared as above was seeded into each well of the coated plates and incubated for 72 h at 28 °C in an incubator without agitation. After 72 h of incubation, unattached cells in the biofilm were removed and washed using distilled water and the attached cells in the biofilm were allowed to dry at room temperature. The dried biofilm was stained with 0.3% crystal violet for 15 minutes and excess stain was washed three times with tap water and stained biofilm on the plates was allowed to dry at room temperature. To quantify the formed biofilm thickness, the biofilm was dissolved by adding 200 µl of 33% acetic acid to each well of the 96-well plates, allowed to dissolve for 15 minutes at room temperature before their optical densities (O.D.₆₀₀) at 600 nm were measured using a microplate reader. This experiment was performed in eight replicates for each bacterial isolate.

3.4 Ribonucleic acid (RNA) extraction from biofilm

Total RNA was extracted from each bacteria isolate described as followed. The RNA extraction from biofilm was performed using 12-well polystyrene plates coating with 1% tilapia gelatin solution. Starter culture (2000 μ l) was prepared as above and seeded to 12-well plates and incubated for 72 h at 28 °C without agitation. To extract the RNA from bacterial biofilm, bacteria culture supernatant was first removed from the biofilm culture than the biofilm on the plate was washed with distilled water. To extract RNA sample, form the washed biofilms, 500 μ l of Trizol reagent (Invitrogen, USA) was added to each well of the bacteria biofilm and the biofilm will be scraped using a plastic pestle and the biofilm was allowed to solubilize with Trizol on ice for 5 minutes than transferred suspended solid to new microcentrifuge tube. After that, 100 μ l of chloroform was seeded to each well and mixed using vortex mixer follow with incubated on ice for 15 minutes. Next, centrifuged at 12, 000 rpm at 4 °C for 15 minutes. Then transferred supernatant into new microcentrifuge and added 250 μ l of isopropanol than mixed with vortex mixer following with 10 minutes incubation on ice. Next, centrifuged at 12, 000 rpm at 4 °C for 10 minutes and removed supernatant. After that, RNA pellet was washed 2 times with 500 μ l of 75% ethanol and centrifuged at 7,500 rpm at 4 °C for 5 minutes. Finally, RNA pellet was dried at room temperature and dissolved with diethylpyrocarbonate (DEPC) water 10-50 μ l. RNA sample was measured the quality using nano drop one (Thermo scientific) and stored at -80 °C.

Table 1 Oligonucleotide primer use in this study.

Primers	Forward	Reverse	References
<i>sprA</i>	AGCCGTGCAGAAGATAAAGC	ACGCTTCTAATGCGGGTACAA	(Penttinen et al., 2018)
<i>gldL</i>	GCTTCTGTACCTAAACCAGCA	TTGGTGCGGCAGTAGTAATC	(Declercq et al., 2019)
<i>tonB</i>	TGCAATGCAAGCCTATCTTATTC	TGCTGAACCCTTCCGTTATATT	(Lange et al., 2020a)
<i>rhbC</i>	GAATTGGGAGACGAAACCATTG	CCAAGGATGTGTTGGCATAAAG	(Lange et al., 2020a)
<i>alcB</i>	TCGTGTAGTTGTAGAACCTGATG	GAGCATTGTAGTATTGTTGTCTT GT	(Lange et al., 2020a)
<i>PorV</i>	GTGCCAACTCCTAAAACAGCC	AAACCTCCTGGAGCATCACC	(Penttinen et al., 2018)
<i>LuxR</i>	ACCTTTCGCACACACAGAAA	GCAATGTCGTTCTTTAGGCTGT	(Cai et al., 2019)
<i>Sido</i>	TCAGAGCGCAGCAGAAGTTT	TGATCTCGTTTGGCTTCTGGT	(Cai et al., 2019)
<i>16s</i>	ACGATCAAACGGCCATTG	AGTAACCTGCCTTCGCAATC	(Declercq et al., 2019)

3.5 Synthesis Complementary DNA (cDNA)

To synthesize cDNA, RNA from biofilm was synthesized using RNA-dependent DNA polymerase enzyme by Promega. The cDNA synthesis reaction was performed as described by the company, briefly, 5X buffer was added to PCR tube 4 µl along with RNA extract from biofilm 100 ng and adjusted volume using PCR grad water up to 20 µl. Then the solution was mixed by vortex mixer followed by 30 minutes of incubation using a water bath at 37 °C, the PCR tubes were transferred to the PCR machine (Thermo Fisher Scientific). The PCR reaction was performed at 5 minutes of annealing at 25 °C, 60 minutes of extension at 42 °C, 15 minutes of heat-inactivated the ImProm-II™ reverse transcriptase, after that, cDNA was stored at -20 °C for further experiment.

3.6 Polymerase Chain Reaction (PCR) assay

To examine the presence of biofilm-associated genes of *F. oreochromis* isolate number 15, the experiment was examined by using conventional PCR. The PCR assay was carried out in a total volume of 25 μ l containing 5 μ l of master mix 5X, 0.5 μ l of each forward and reverse primer, and 1 μ l of template RNA. The PCR amplification was performed in 1 cycle of denaturation at 94 °C for 7 minutes; melting, annealing, and the extension was performed in 35 cycles at 94 °C for the 30s, 55 °C 30S, and 72 °C for 1 minute respectively. The final extension was performed at 72 °C for 10 minutes. PCR products were detected by 1.2% agarose gel electrophoresis (Chockmangmeepisan et al., 2020).

Table 2 The component of the PCR reaction

Component	Final volume (μ l)	Final concentration
5X buffer	5	1X
25 mM MgCl ₂	2	1.0-4.0 mM
dNTP	2	0.2 mM
Forward primer	0.5	0.1-1.0 mM
Reverse primer	0.5	0.1-1.0 mM
DNA Polymerase	0.25	1.25 u
Template DNA	1	0.5 mg/ml
Adjust with water to final volume	25	

3.7 Identification of *Flavobacterium oreochromis* isolate number 15

To identify the *Flavobacterium columnare* into four distinct species, the experiment was done using 16s rRNA sequencing. The PCR product were cloned into pGem-T Easy Vector and ligation process was done in PCR machine. Then the vector was transferred to *Escherichia coli* DH5 α , then the competent cells were incubated on ice 20 minutes after that incubated the competent cell at 42 °C for 90 sec. Then the competent cells were incubated on ice for 2 minutes before incubated at room temperature for 2 minutes. The competent cells were culture in LB (Luria-Bertani) broth at 37 °C for 1 hr with agitation. Before picking up the white colony of competent cells, the LB+AMP (Luria-Bertani with ampicillin) agar were prepared by spread Xgal and IPTG, then competent cells were spread on the prepared agar and incubate 37 °C for overnight. The competent cells with white colony were picked and incubated into LB+AMP broth with agitation at 37 °C for overnight. The plasmids were extracted form competent cell before sent to Macrogen for sequencing.

3.8 Quantitative real time PCR of biofilm-associated genes

To determine the difference between virulence-associated genes expression of each of *F. oreochromis* isolates, the experiment was conducted as follow. Complementary DNA (cDNA) was synthesized using Promega, briefly, cDNA 1 μ l was mixed with Master mix 10 μ l, Forward and Reverse primer 0.4 μ l, and adjusted volume using PCR-grade water up to 20 μ l in 96-well plate PCR (BIO-RAD). After that, PCR plate was performed and analyzed by qPCR machine (BIO-RAD) and qPCR conditions were conducted as followed in table 3 using KAPA SYBR. The results were interpreted by the delta-delta Ct ($2^{-\Delta\Delta CT}$) method using the following formula.

$$\Delta\Delta CT = \Delta CT(\text{a target sample}) - \Delta CT(\text{a reference sample})$$

3.9 Turmeric extracts activities

3.9.1 Turmeric extracts preparation

To prepare turmeric (*Curcuma longa L*) crude extracts the experiment were performed as described (Khaliq et al., 2018a) with slight adjusted. Fresh turmeric 2 kg were brought from TalaadThai (Phathumthani province). Turmeric was washed and cut into small pieces and dried in a hot air oven at 60 °C until dry. Dry turmeric was ground to a fine powder by blender and stored in a refrigerator at 4 °C before use. Extraction method in this study was performed using the Soxhlet apparatus with three organic solvents (Hexane, Ethanol, Methanol) sequentially increased polarity from low to high. For the turmeric extracts preparation, 60 g of turmeric powder was added to a distillation flask followed by organic solvents. The temperature was adjusted depending on the boiling point of each organic solvent using a heat source and the extraction was continued overnight or solvents show colorless. The warm solvents of crude extract were collected and concentrated by using a rotary vacuum evaporator. The crude extract solvents were added to the rotary bottle and adjusted temperature using a heating water bath pot. Before the drying process, crude extracts were kept at -20 °C for overnight. The drying process was operated by a freeze dryer machine. Finally, dry crude extracts were weighed and stored in a refrigerator at 4 °C before adjusted concentration. The dry crude extracts were mixed with dimethyl sulfoxide (DMSO) and adjusted the concentration using distilled water. The final concentration was set up at 1 g/ml and kept at 4 °C until use. The percent yield of the turmeric extract was obtained using the following equation.

$$\text{Percent yield of extract} = (w_1 \times 100) / w_2$$

w_1 is the weight of the extract after drying process

w_2 is the weight of the dried plant powder

3.9.2 Growth inhibition effect of turmeric extracts

To determine the effect of turmeric extracts on *F. oreochromis* growth the experiment was used 96-well polystyrene plates without coating as described by (Yatip et al., 2018). The experiment was done using a 2-fold dilution which followed a CLSI regulation with a concentration range from 512 – 0.25 µg/ml. Starter culture (200 µl) was prepared as above and seeded on 96-well plates followed by 200 µl of turmeric extracts using a multi-channel pipette. The microplates were incubated at 28 °C overnight with 200 rpm agitation. The control groups were placed by using TYES medium, distilled water, and DMSO with the same amount of starter culture and turmeric extracts. To quantify the effect of turmeric extracts on bacteria growth, overnight culture plate was measured the optical density (O.D₆₀₀) at 600 nm by a microplate reader. This experiment was conducted in eight replicates. The growth inhibiting activity was calculated as percent relative inhibition by the following formula (Soowannayan et al., 2019b).

$$\text{Mean\% Relative Inhibition} = \left[1 - \left(\frac{\text{Mean OD}_{600} \text{ of test}}{\text{Mean OD}_{600} \text{ of Neg Cont}} \right) \right] * 100$$

3.9.3 Biofilm inhibition effect of turmeric extracts

To determine the effect of turmeric extracts on biofilm formation the experiment was carried out as described (Yatip et al., 2018) with a slight adjustment. Briefly, 96-well polystyrene plates were be coated with 1% tilapia gelatin solution and allowed to dry overnight with 15 minutes UV before use. The experiment was done using a 2-fold dilution which followed a CLSI regulation with a concentration range from 512 – 0.25 µg/ml. Stater culture (200 µl) was prepared as above and seeded on 96-well plates followed by 200 µl of turmeric extracts using a multi-channel pipette. The control groups were placed by using TYES medium, distilled water, and DMSO with the same amount of starter culture and turmeric extracts. The microplates were incubated at 28 °C for 72 h without agitation. After 72 h of incubation, unattached cells in the biofilm were removed and washed using distilled water and allowed attached to dry at room temperature. Biofilm was stained with

0.3% crystal violet for 15 minutes and excess stain were washed three times with tap water and allowed stained biofilm on the plate to dry at room temperature. To quantify the formed biofilm thickness, 200 μ l of 33% acetic acid was added to 96-well plates, allowing acetic acid to dissolve the stained biofilm for 15 minutes at room temperature before measuring the optical density (O.D.) at 600 nm by a microplate reader. This experiment was performed in eight replicates. The biofilm inhibiting activity was calculated as percent relative inhibition by the following formula (Soowannayan et al., 2019b).

$$\text{Mean\% Relative Inhibition} = \left[1 - \left(\frac{\text{Mean OD}_{600} \text{ of test}}{\text{Mean OD}_{600} \text{ of Neg Cont}} \right) \right] * 100$$

3.9.4 Effect of turmeric extracts against virulence of *F. oreochromis*

To determine the effect of turmeric extracts on the virulence of *F. oreochromis*, the experiment was performed as described by (Guzman et al., 2022b) with adjustment using 12-well polystyrene plates coated with 1% tilapia gelatin solution. Briefly, stater culture (1800 μ l) was prepared as above and seeded into each coated 12-well plate followed by 200 μ l of turmeric extracts each concentration along with 72 h of incubated at 28 $^{\circ}$ C in an incubator without agitation. After incubation, unattached cells in the biofilm were removed using an auto pipette and washed with distilled water. To extract RNA from biofilm after expose to turmeric extracts the experiment was conducted as described above in RNA extract from the biofilm. To quantify the difference between virulence-associated genes expression of *F. columnare* after exposed to turmeric extracts, cDNA was synthesized using Promega and cDNA was used as DNA template for qPCR analysis using KAPA SYBR. The experiment was done in triplicate.

3.10 Statistical analysis

The data was combined and represented in means \pm standard deviation (SD). The correlation of virulence between colony morphology and biofilm-forming ability was calculated using point biserial correlation. The efficiency of crude turmeric extracts was calculated using Pearson correlation. Statistical analyses were done using R program (Student version). The differences of growth and biofilm were using one-way ANOVA with Turkey's multiple comparison test. The differences of mean gene expression were compared among groups and the difference between biofilm-forming ability were performed by using student t-test. A p-value set at 0.05 for statistically significant differences.



CHAPTER IV

RESULTS

4.1 Colony morphology, Biofilm forming ability

4.1.1 Colony morphology

In this study, twenty-eight isolates of *F. columnare* (*F. oreochromis*) isolated from affected/diseased tilapia and seabass from outbreak farms in Kanchanaburi province, west of Bangkok, were obtained from the Center of Excellence in Fish Infectious Disease (CEFID) Chulalongkorn University. All isolates formed yellow colonies but with two different colony morphologies (morphotypes), rhizoid and non-rhizoid, as shown in Figure 6. Among the 28 isolates, 21 isolates were found to form rhizoid colonies, while 7 isolates were found to form non-rhizoid colonies. The rhizoid colonies (Figure 6A) usually have a raised center with several processes surrounding it, which is in contrast to the non-rhizoid colonies, which display a smooth edge in a circular shape without appendages/or processes, as shown in Figure 6B.



Figure 6 Rhizoid (A) and non-rhizoid (B) colonies of *F. oreochromis*

4.1.2 Biofilm-forming ability

To determine the biofilm-forming ability of each isolate, 200 μl of a starter culture of each bacterial isolate was seeded into eight wells of a 96-well plate coated with tilapia gelatin. The plates were then incubated without shaking for 72 hours to allow the bacterial biofilms to form and grow. After incubation, the planktonic cells were removed, and the formed biofilms were stained with crystal violet. The stained biofilms were dissolved in acetic acid before the optical density of the stained, and dissolved biofilms were measured. Biofilm-forming ability of each *F. oreochromis* isolate was found to be varied (Fig. 7). Many isolates were found to form thick biofilms (O.D reading at 600 nm ranges from 4.00 to 3.00), and some were found to form biofilms with moderate thicknesses (O.D reading at 600 nm ranges from 2.90 to 2.00), and some were found to form thin biofilms (O.D reading at 600 nm ranges from 1.00 to 0.00).

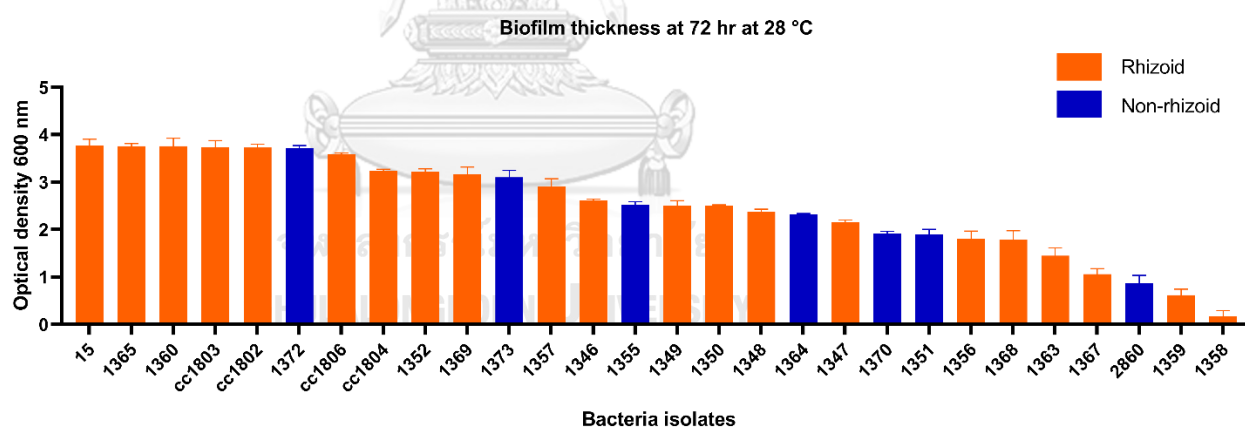


Figure 7 Absorbance at 600 nm of crystal violet-stained biofilms indicative of biofilm thicknesses of 28 isolates of *F. oreochromis* that form rhizoid (orange bars) and non-rhizoid (blue bars) colonies. Bars represent mean OD600 readings of crystal violet-stained biofilms from 8 replicate wells \pm standard deviation.

4.1.3 Correlation between colony morphology and biofilm-forming ability

To determine the correlation between colony morphology and biofilm-forming ability, Point Biserial correlation coefficient was used to calculate the correlation between colony morphology and biofilm thickness. Among the 28 isolates, 21 were found to form rhizoid colonies and 7 isolates were found to form non-rhizoid colonies. The colony morphology and biofilm thicknesses of *F. oreochromis* were shown in figure 8. The correlation score between these two variables was -0.1140, which indicates a weak negative correlation between these two variables.

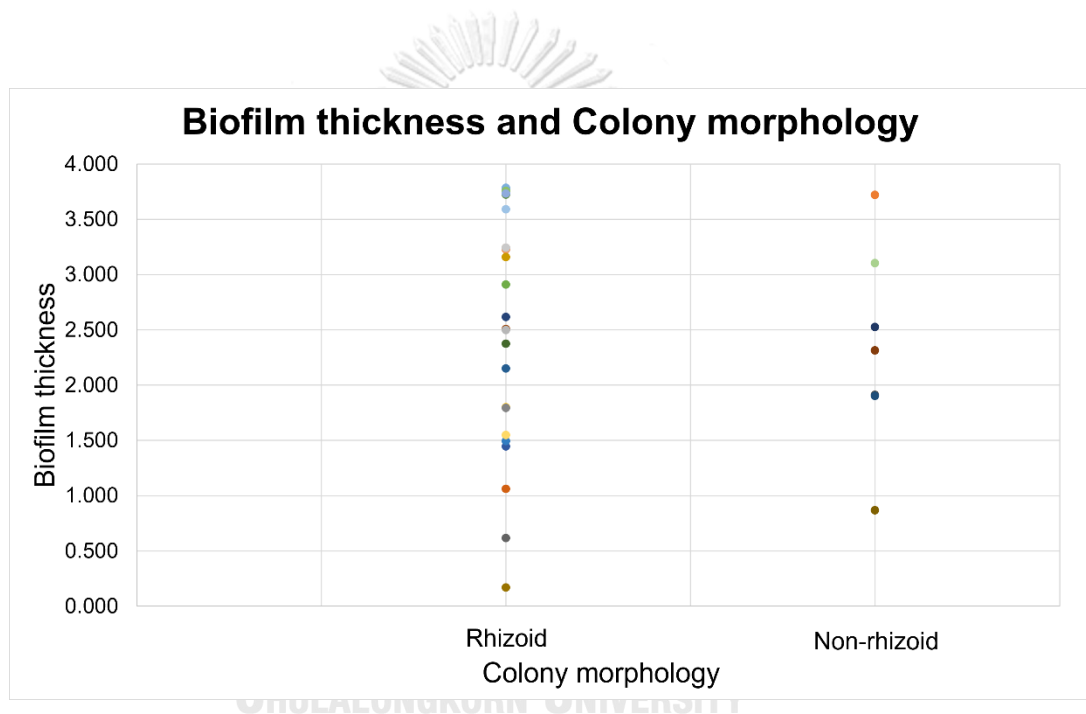


Figure 8 The graph shows colony morphotypes (Rhizoid and non-rhizoid) and absorbances at 600nm of crystal violet-stained biofilms indicative of biofilm-forming ability of 28 isolates of *F. oreochromis*.

4.2 Identity *Flavobacterium columnare* isolate number 15

To identify *Flavobacterium columnare* isolate number 15, the isolate chosen for gene expression study. The bacteria was first grown in TYES medium before its DNA sample was extracted as used as a template for PCR amplification using primer targeting 16sRNA gene. The amplified product was cloned into pGEMT-easy and sent for sequencing (Macrogen, Korea). From 16sRNA sequence analysis, the sequence of *F. columnare* isolate number 15 was found to share 100% identity to the sequences from several isolates of *F. oreochromis*. The phylogenetic tree was constructed using 16s rRNA on the GenBank database with MEGA X software (Figure 9).

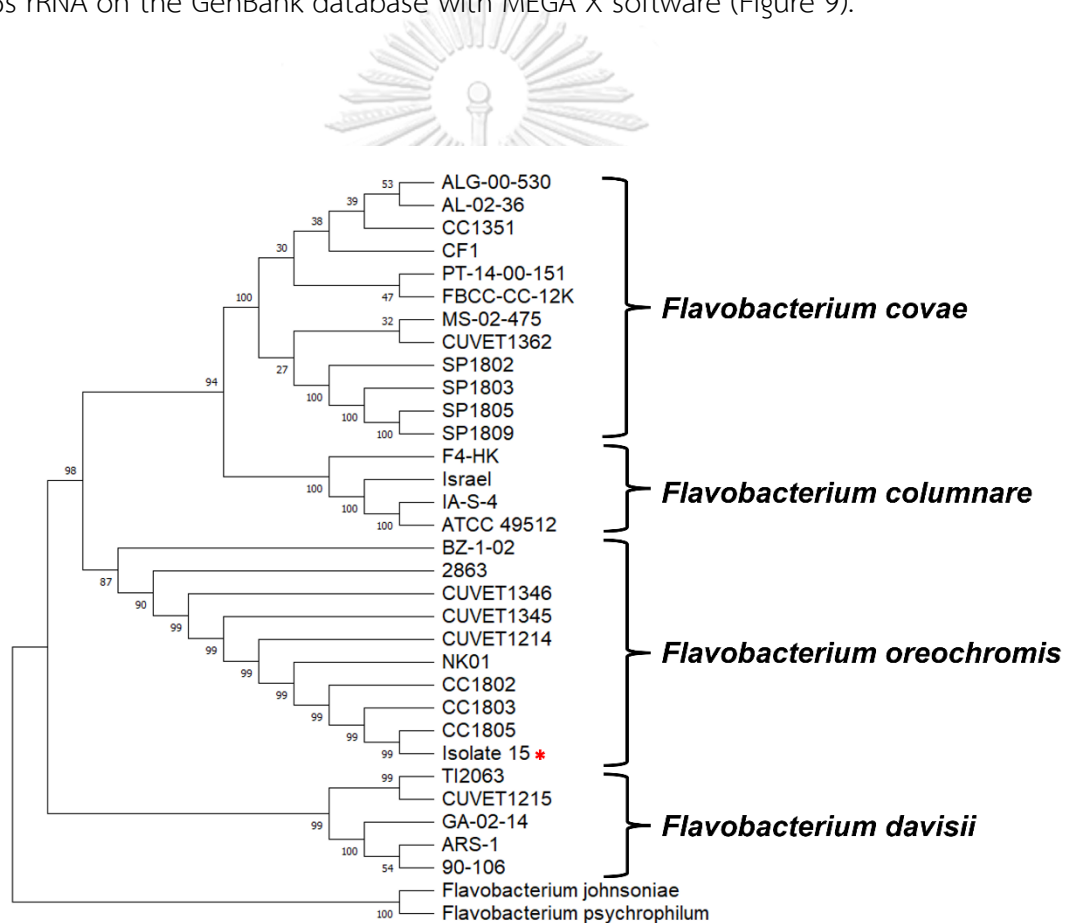


Figure 9 *Flavobacterium columnare* isolate number 15 was classified as *Flavobacterium oreochromis*.

4.3 Yields of turmeric extract by three different organic solvents

To extract phytochemical components from turmeric rhizome three organic solvents (hexane, ethanol, and methanol) with increasing polarities were tested using a Soxhlet apparatus set at 69 °C, 78 °C, and 65 °C respectively. The obtained extracts from each solvent were then concentrated using a rotary evaporator and then freeze-dried. The dried products were weighed and dissolved in DMSO to 1 g/ml. The hexane extraction of 60 g of turmeric powder produces 16.3 g of brown powder after freeze-dried. The ethanol extraction of 60 g of turmeric powder produces 7.3 g of brown powder after freeze-dried. The methanol extraction of 60 g of turmeric powder produces 8 g of brown powder. The percent yields of turmeric extracts using three organic solvents are shown in table 3.

Table 3 Percent yields of turmeric extracts using three organic solvents

No	Solvent	Polarity index	Boiling point	Percent yields
1	Hexane	0.1	69	27.1
2	Ethanol	5.2	78	12.1
3	Methanol	5.1	65	13.3

4.4 Effect of turmeric extracts against *F. oreochromis* growth and biofilm formation

To determine the minimal inhibitory concentration (MIC) of turmeric extracts, 12 concentrations (0.25, 0.5, 1, 2, 4, 8, 16, 32, 64, 128, 256, and 512 µg/ml) of each of the three turmeric extracts were tested on 17 isolates of *F. oreochromis*. To do this, starter cultures (180 µl) of each bacterial isolates were grown in TYES broth medium and seeded into 8 wells of a 96-well plate. Then, the extracts (20 µl) were added to each of the 8 wells of the 96-well plate, and the plate was incubated at 28 °C overnight. After incubation, the absorbance at 600 nm, indicative of bacterial growth (growth inhibition by turmeric extracts) was measured using a microplate reader. The results are shown in table 4, which represents Minimum Inhibitory Concentration

(MIC). To determine Minimum Biofilm Inhibitory Concentration (MBIC) of turmeric extracts , 12 concentrations (0.25, 0.5, 1, 2, 4, 8, 16, 32, 64, 128, 256, and 512 $\mu\text{g/ml}$) of each of the three turmeric extracts were tested on 17 isolates of *F. Oreochromis*. To do this, starter cultures (180 μl) of each bacterial isolates were grown in TYES broth medium and seeded into 8 wells of a 96-well plate coated with tilapia gelatin. Then, the extracts (20 μl) were added to each of the 8 wells of the 96-well plate ,and the plate was incubated at 28 c° for 72 h. After incubation, the planktonic cells were removed, and the biofilms were stained with crystal violet. The stained biofilms were dissolved in acetic acid before the optical density of the stained, and dissolved biofilms were measured. The results are shown in table 4, which represents Minimum Biofilm Inhibitory Concentration (MBIC).

Table 4 MIC and MBC responses on bacterial growth and biofilm formation. The concentration of the extracts was rage 0.25-512 ($\mu\text{g/ml}$).

Bacteria isolates	Colony morphology	Biofilm thickness	MIC ($\mu\text{g/ml}$)			MBIC ($\mu\text{g/ml}$)		
			Hexane	Ethanol	Methanol	Hexane	Ethanol	Methanol
1353		3.787	128	128	256	512	512	512
22		3.779	128	256	512	128	128	256
15		3.763	128	128	256	128	128	256
1365		3.762	64	64	64	128	64	64
1360		3.759	256	256	512	256	256	256
1357	Rhizoid	2.912	128	128	512	128	128	256
1346		2.616	64	64	64	16	32	64
41		2.603	32	128	128	16	64	128
1349		2.510	16	16	32	8	16	32
1359		0.618	128	128	128	16	32	128
1358		0.169	128	128	512	64	64	256

1372		3.721	128	128	256	128	128	256
1373		2.526	64	32	32	64	64	64
1355		2.316	32	32	32	8	2	16
1364	Non-Rhizoid	1.104	64	32	512	16	32	128
1370		1.013	32	32	128	16	2	128
2860		0.869	32	32	128	8	8	128

4.4.1 Effect of hexane extract of turmeric on growth and biofilm of *F. oreochromis* isolate 15

Hexane extract of turmeric was the most potent inhibitor of growth and biofilm formation of *F. oreochromis*. The results of growth inhibition are shown in Figure 10A, which shows that the extract inhibited the growth of *F. oreochromis* in a dose-dependent manner. At 128 µg/ml of the extract successfully inhibited the bacteria growth by 98%, while at 2 µg/ml the extract significantly inhibited the growth of the bacteria by 13%. The results of biofilm inhibition are shown in Figure 10B, which, the extract strongly inhibited the biofilm formation of *F. oreochromis*, also in a dose dependent manner. At concentrations between 16 µg/ml and 512 µg/ml, the extract successfully inhibited biofilm formation of *F. oreochromis* by 90%. While at the lowest concentration of 0.25 µg/ml, it inhibited biofilm formation by 20%, which is still significant difference to that of the negative control. It is interesting to note that the extract at concentrations between 0.25 µg/ml and 1 µg/ml were found to inhibit biofilm formation without affecting the bacterial growth.

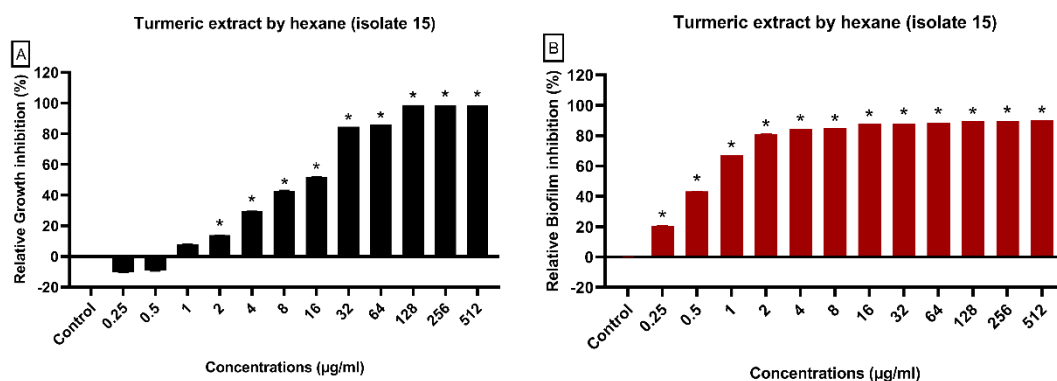


Figure 10 Relative percent inhibition of growth (A) and Biofilm (B) by hexane extract of turmeric on *F. oreochromis* isolate 15. As shown in figure 10A, the extract significantly ($p < 0.05$) inhibited the growth on *F. oreochromis* by 13.95% to 98.66%. As shown in figure 10B, the extract was significantly inhibited biofilm formation on *F. oreochromis* by 20.59% to 90.24%. Bars represent mean relative growth and biofilm \pm standard deviation of eight replicates and the asterisks (*) represent the significant difference at $p < 0.05$ when compared to control group (one-way ANOVA; $p < 0.05$).

4.4.2 Ethanolic extract of turmeric on growth and biofilm of *F. oreochromis* isolate 15

Ethanolic extract of turmeric was shown inhibitor of growth and biofilm formation of *F. oreochromis*. The results of growth inhibition are shown in Figure 11A, which shows that the extract inhibited the growth of *F. oreochromis* in a dose-dependent manner. At 128 µg/ml of the extract successfully inhibited the bacteria growth by 98%, while at 4 µg/ml the extract significantly inhibited the growth of the bacteria by 33%. The results of biofilm inhibition are shown in Figure 11B, which, the extract inhibited the biofilm formation of *F. oreochromis*, also in a dose dependent manner. At concentrations between 64 µg/ml and 512 µg/ml, the extract successfully inhibited biofilm formation of *F. oreochromis* by 90%. While at the lowest concentration of 0.5 µg/ml, it inhibited biofilm formation by 59%, which is still significant difference to that of the negative control.

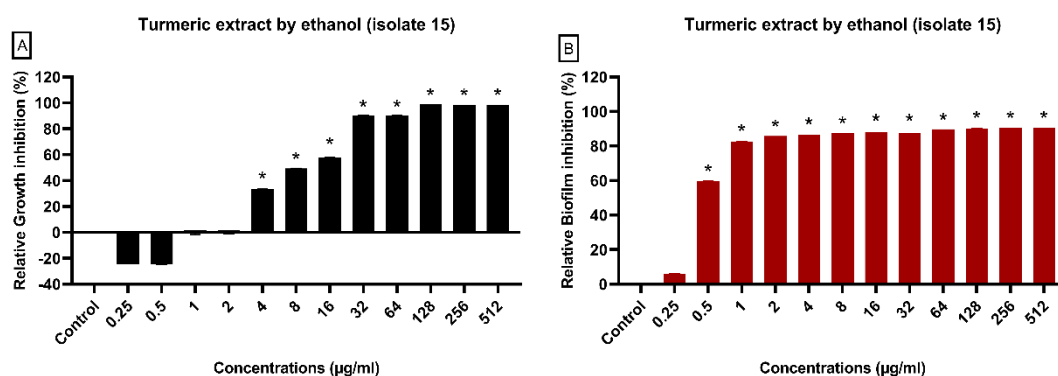


Figure 11 Relative percent inhibition of growth (A) and Biofilm (B) by ethanolic extract of turmeric on *F. oreochromis* isolate 15. As shown in figure 11A, the extract significantly ($p < 0.05$) inhibited the growth on *F. oreochromis* by 33.20% to 98.66%. As shown in figure 11B, the extract was significantly inhibited biofilm formation on *F. oreochromis* by 59.61% to 90.48%. Bars represent mean relative growth and biofilm \pm standard deviation of eight replicates and the asterisks (*) represent the significant difference at $p < 0.05$ when compared to control group (one-way ANOVA; $p < 0.05$).

4.4.3 Methanolic extract of turmeric on growth and biofilm of *F. oreochromis* isolate 15

Methanolic extract of turmeric was shown inhibitor of growth and biofilm formation of *F. oreochromis*. The results of growth inhibition are shown in Figure 12A, which shows that the extract inhibited the growth of *F. oreochromis* in a dose-dependent manner. At 256 µg/ml of the extract successfully inhibited the bacteria growth by 98%, while at 2 µg/ml the extract significantly inhibited the growth of the bacteria by 30%. The results of biofilm inhibition are shown in Figure 12B, which, the extract inhibited the biofilm formation of *F. oreochromis*, also in a dose dependent manner. At concentrations between 32 µg/ml and 512 µg/ml, the extract successfully inhibited biofilm formation of *F. oreochromis* by 80%. While at the lowest concentration of 1 µg/ml, it inhibited biofilm formation by 42%, which is still significant difference to that of the negative control.

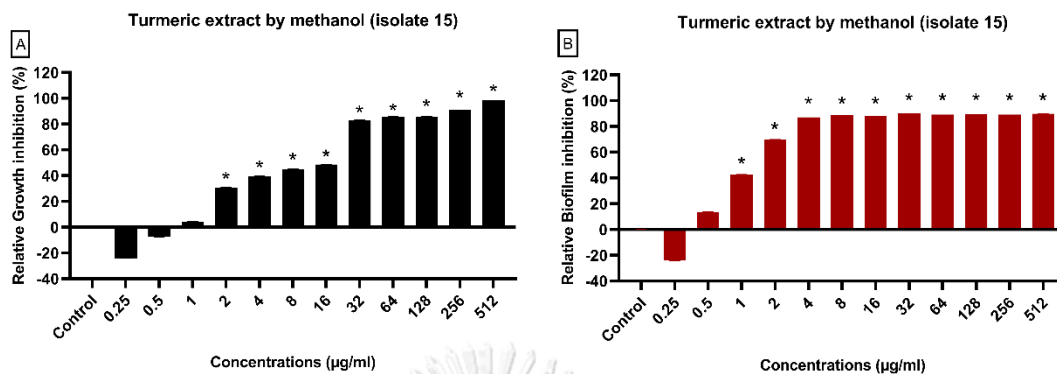


Figure 12 Relative percent inhibition of growth (A) and Biofilm (B) by methanolic extract of turmeric on *F. oreochromis* isolate 15. As shown in figure 12A, the extract significantly ($p < 0.05$) inhibited the growth on *F. oreochromis* by 30.76% to 98.66%. As shown in figure 12B, the extract was significantly inhibited biofilm formation on *F. oreochromis* by 42.57% to 89.73%. Bars represent mean relative growth and biofilm \pm standard deviation of eight replicates and the asterisks (*) represent the significant difference at $p < 0.05$ when compared to control group (one-way ANOVA; $p < 0.05$).

4.5 The biofilm-associated genes in *F. oreochromis* isolate number 15

To determine the effect of turmeric extract on the expressions of biofilm and virulence-associated genes in *F. oreochromis* isolate number 15, quantitative RT-PCR was used (see Table 1 for the genes and primer sequences). To obtain RNA sample from the biofilm, 2000 μ l of starter culture was seeded into each well of a 12-well plate coated with tilapia gelatin. The plates were incubated at 28 °C for 72 h before the RNA sample was extracted. The obtained RNA was reverse transcribed to cDNA before used as templates for PCR amplifications. The results of PCRs are shown in figure 13. The figure revealed that 9 genes of biofilm-associated were detected in isolate 15, which consist of *gldL*, *sprA*, *porV*, *alcB*, *rhbC*, *Sido*, *tonB*, and *luxR*.

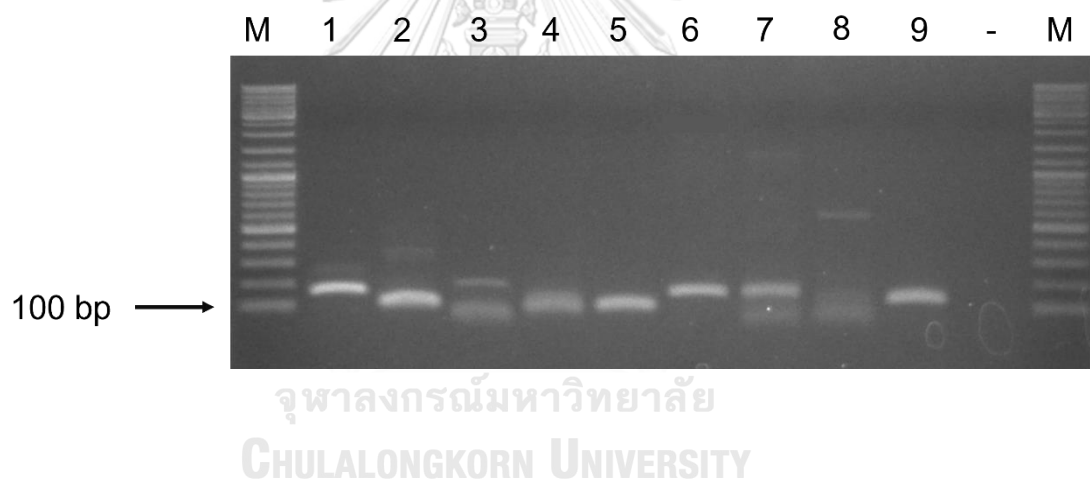


Figure 13 Detection of biofilm-associated genes of *Flavobacterium oreochromis* isolate number 15. In the figure, well 1 is *alcB*, well 2 is *rhbC*, well 3 is *sido*, well 4 is *tonB*, well 5 is *gldL*, well 6 *sprA*, well 7 *porV*, well 8 is *luxR*, well 9 is 16s rRNA, and – is negative control.

4.6 Effect of turmeric extracts on *F. oreochromis* virulence and biofilm-associated genes.

In order to study the interference of hexane extract of turmeric on the bacterial virulence and biofilm-associated genes, *F. oreochromis* isolate 15 biofilm was grown in the presence and absence of the turmeric extract (1 µg/ml, at which it does not affect the growth but inhibit the biofilm) and the RNA samples were collected at three different time points (24, 48, and 72 h). The obtained RNA samples were then used as templates for qRT-PCR using primers targeting biofilm and virulence-associated genes. These genes were selected based on their involvement in the bacterial pathogenesis, toxin secretion, and quorum sensing system. The biofilm-associated genes studied were composed of genes in iron acquisition system (*alcB*, *rhbC*, *tonB*, and *Sido*), T9SS (*sprA*, *gldL*, and *PorV*), and quorum sensing genes (*luxR*). To normalize data, primers targeting 16S rRNA, a house-keeping gene was used. The experiments were done in triplicates.

4.6.1 Expression of iron acquisition genes after exposure to turmeric extract

Iron acquisition is a crucial part of the bacteria growth and metabolism. Bacteria face limitations of iron during initiating infection. Therefore, bacteria produce molecules called siderophores to acquire free iron (Fe³⁺) from the surrounding cell.

The *alcB*, *rhbC*, and *Sido* genes are responsible for the biosynthesis of the siderophore which produces to trap iron. In this study, the effect of turmeric extracts on siderophores synthetase was shown in Figure 14. The results of turmeric on *alcB* gene expression were shown in figure 14A, the picture revealed that the expression levels were downregulated (log 2-fold change) by -2.0, -1.6, and -1.8 at 24h, 48, and 72h respectively. Similar results were observed for *rhbC* and *Sido* genes expression as shown in figure 14B and 12C. Figure 11B revealed that the expression levels of *rhbC* were downregulated (log 2-fold change) by -2.0, -2.1, and -2.6 at 24h, 48, and 72h respectively. Figure 14C revealed that the expression levels of *Sido* were downregulated (log 2-fold change) by -1.9, -1.9, and -2.0 at 24h, 48, and 72h respectively. The result indicates that turmeric extract was shown efficiency significantly suppressed the expression of *alcB*, *rhbC*, and *Sido* genes of *F. oreochromis*.

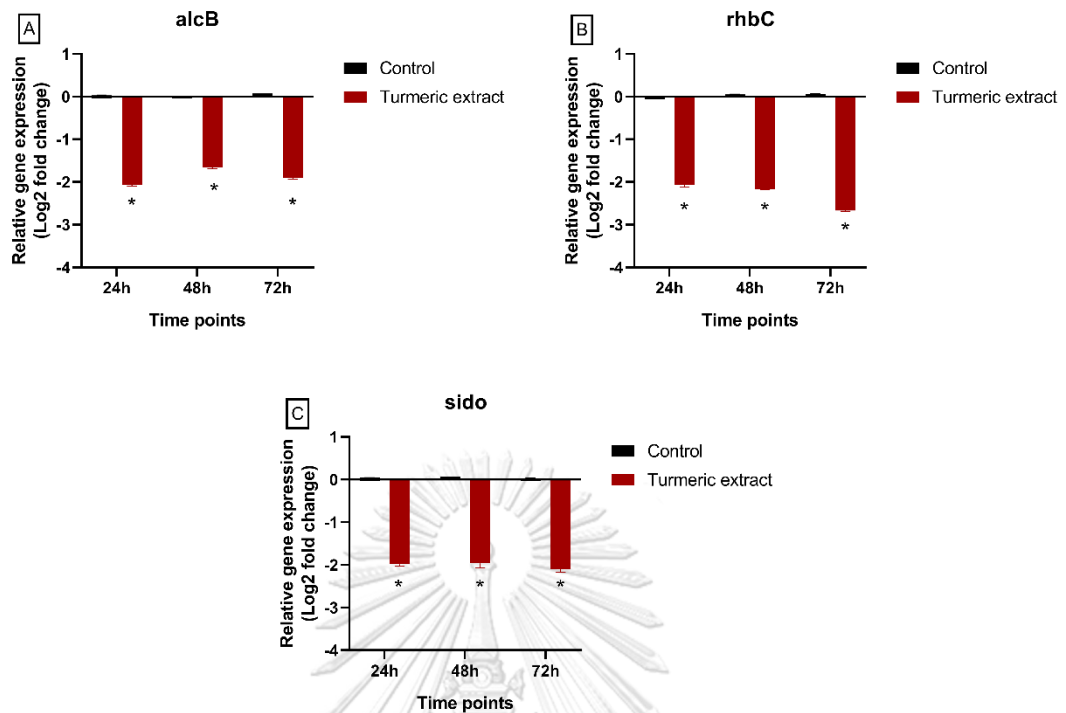


Figure 14 Relative iron acquisition gene expressions in the biofilm of *Flavobacterium oreochromis* (isolate 15) after exposure to turmeric extract at three time points (24h, 48h, and 72h). (A) Turmeric extract downregulated *alcB* gene expression at all three-time points. (B) Turmeric extract downregulated *rhbC* gene expression at all time points. (C) Turmeric extract downregulated *Sido* gene expression at three-time points. Bars represent the mean relative expression \pm standard deviation of three replicates, and the asterisks (*) denote the significant difference at $p < 0.05$ when compared to the control group (student t-test; $p < 0.05$).

The *tonB* gene is responsible for the iron transport. In this study, the effect of turmeric extracts on *tonB* gene was shown in figure 15. The figure revealed that turmeric extract downregulated *tonB* gene expression (log 2-fold change) by -2.1, -2.4, and -2.6 at 24h, 48h, and 72h respectively. The picture shows the highly efficient turmeric extract to disrupt siderophore transport at three-time points. The obtained result shows that the extract significantly downregulated *tonB* gene expression of *F. oreochromis* compared to the control group.

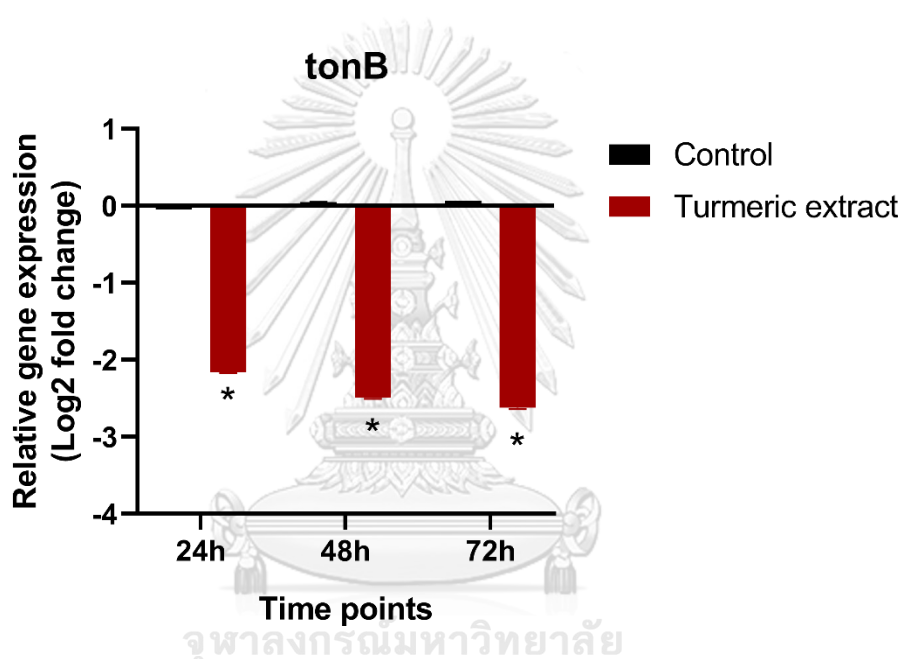


Figure 15 Relative iron acquisition gene expressions in the biofilm of *Flavobacterium oreochromis* (isolate 15) after exposure to turmeric extract at three time points (24h, 48h, and 72h). Turmeric extract downregulated *tonB* gene expression at three-time points. Bars represent mean relative expression \pm standard deviation of three replicates and the asterisk (*) represent the significant difference at $p < 0.05$ when compared to control group (student t-test; $p < 0.05$).

4.6.2 Expression of type IX secretion system (T9SS) genes after exposed to turmeric extract

Type IX secretion system is involved in biofilm formation and bacterial virulence. In this study, the effect of turmeric extracts was investigated on the type IX secretion system which includes bacteria gliding motility, bacteria adhesin, and toxin release. The result of T9SS gene expression after being exposed to turmeric extract was shown in Figure 16.

The *gldL* gene is responsible for the bacteria gliding motility. The effect of turmeric extract on bacteria gliding motility was shown in figure 16A. The picture revealed that turmeric extract downregulated *gldL* gene expression (log 2-fold change) by -2.1, -3.1, and -4.5 at 24h, 48, and 72h respectively. The obtained result indicates that turmeric extract shows the potential to inhibit biofilm at an early stage of formation by impeding the bacteria movement.

The *sprA* is responsible for bacteria adhesin. The effect of turmeric extract on bacteria adhesin was shown in figure 16B. The picture revealed that the extract significantly downregulated *sprA* gene expression (log 2-fold change) by -3.1, -2.9, and -3.9 at 24h, 48, and 72h respectively. The obtained result indicates that turmeric extract plays an important role to destroy biofilm structures by affecting their adherence ability.

The *porV* is responsible for bacteria toxin secretion. The effect of turmeric extracts on toxin secretion was shown in figure 16C. The figure revealed that turmeric extract significantly downregulated *porV* gene expression (log 2-fold change) by -2.8, -3.2, and -3.8 at 24h, 48, and 72h respectively. The obtained results indicates that turmeric extract highly accomplishes against the virulence of *F. oreochromis* by downregulating the expression genes of the type IX secretion system.

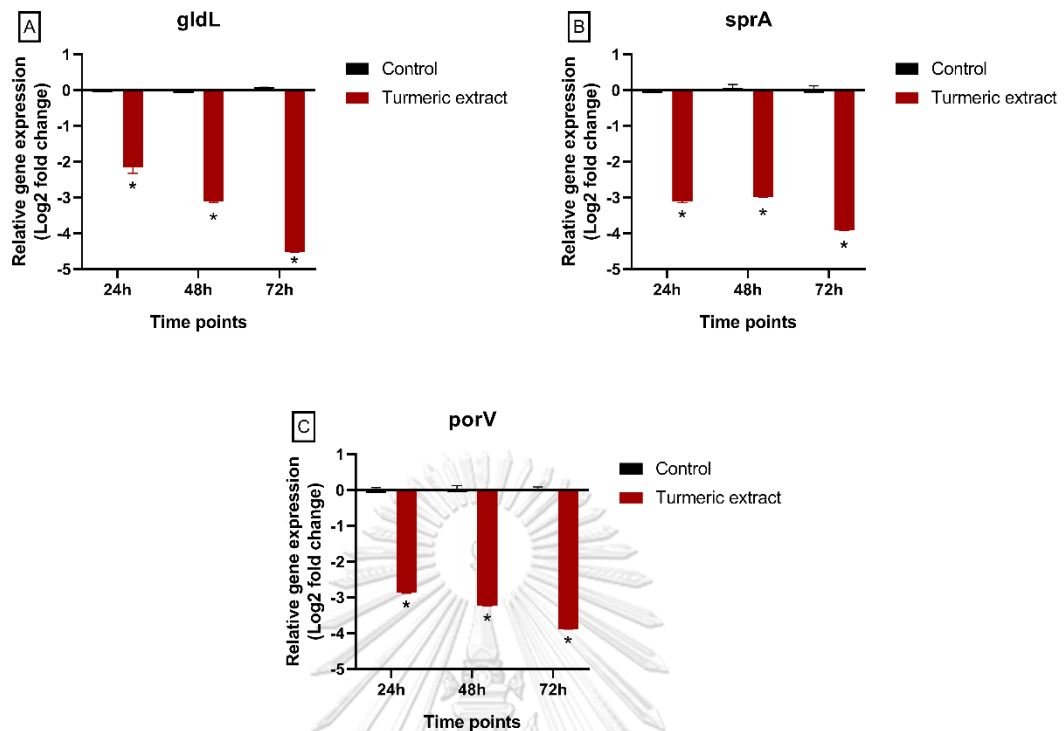


Figure 16 Relative T9SS gene expressions in the biofilm of *Flavobacterium oreochromis* (isolate 15) after exposure to turmeric extract at three time points (24h, 48h, and 72h). (A) Turmeric extract downregulated *gldL* gene expression at all time points. (B) Turmeric extract downregulated *sprA* gene expression at three-time points. (C) Turmeric extract downregulated *porV* gene expression at three-time point. Bars represent mean relative expression \pm standard deviation of three replicates and the asterisk (*) represent the significant difference at $p < 0.05$ when compared to control group (student t-test; $p < 0.05$).

4.6.3 Expression of *luxR* gene after exposed to turmeric extract

The *luxR* is the master regulator for the quorum sensing system. The QS system is major control for biofilm formation and bacteria virulence. In this study, *luxR* gene expression was tested after exposure to turmeric extract. The effect of the extracts on *luxR* expression was shown in figure 17. The figure revealed that turmeric extract downregulated *luxR* gene expression (log 2-fold change) by -2.4, -2.9, and -3.7 at 24h, 48h, and 72h respectively. The obtained result indicates that turmeric extracts exhibit a great potential for anti-biofilm formation and virulence of *F. oreochromis*.

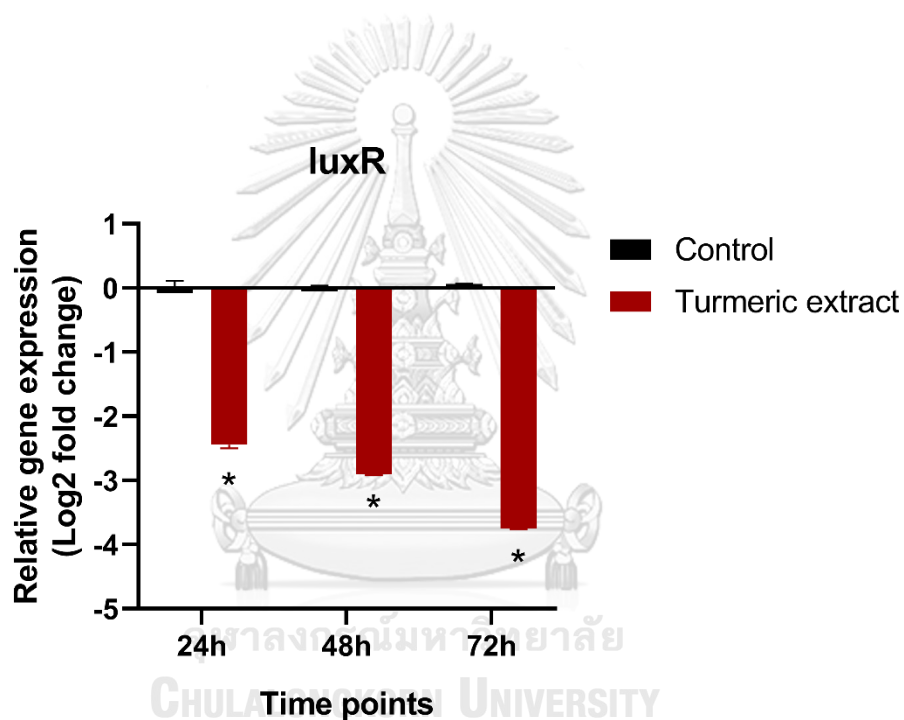


Figure 17 Relative *luxR* gene expressions in the biofilm of *Flavobacterium oreochromis* (isolate 15) after exposure to turmeric extract at three time points (24h, 48h, and 72h). Turmeric extract shown downregulated of *luxR* gene expression at three-time point. Bars represent mean relative expression \pm standard deviation of three replicates and asterisk (*) represent the significant difference at $p < 0.05$ when compared to control group (student t-test; $p < 0.05$).

CHAPTER V

DISCUSSION AND CONCLUSIONS

1. Discussion

From this study, *F. oreochromis* grown on TYES medium exhibit two types of colonies, rhizoid and non-rhizoid. Similar results were also obtained from the study in which the bacteria were grown in the same medium (Dong et al., 2016; Penttinen et al., 2018). However, four colony morphotypes were observed in another studies in which the bacteria were grown in other media (shieh agar) (Kunttu et al., 2009; Dong et al., 2016). These results suggest that culture media and conditions can influence colony formation.

Interestingly, among the 28 isolates that originated from columnaris disease-affected fish studied, more rhizoid colonies were observed than their non-rhizoid counterparts. Since all these isolates were derived from infected fish, both colony morphotypes can likely cause the disease. These suggested both colony morphotypes are pathogenic. The results here agree with our infection study, in which several isolates of the bacteria of both morphotypes were used to infect the fish and both morphotypes were found to cause the disease. However, the results obtained here disagree with a previous report which shows that only the rhizoid colony morphotypes is pathogenic (Dong et al., 2016; Penttinen et al., 2018). It is possible that the bacteria changed or adapted to culture media and culture conditions in that lab, and some isolates that form rhizoid colonies might have converted to non-rhizoid forming isolates (Arias et al., 2012).

It has been known or generally accepted that the biofilm-forming ability of bacteria has some association with their pathogenicity and virulence (Declercq et al., 2013). In this study, 28 isolates of *F. oreochromis* were tested for their ability to form biofilm in TYES medium on 1.0 % tilapia gelatin-coated polystyrene plate. From the results obtained, all bacteria isolates can form biofilm on the coated plate as expected. Although their biofilm-forming abilities vary. Most of these isolates formed thick biofilm (OD. Reading of crystal violet-stained biofilm of between 3.0-3.7), following moderate biofilm thickness (OD. Reading of crystal violet-stained biofilm of

between 2.0-2.9), and low biofilm thickness (OD. Reading of crystal violet-stained biofilm of between 0.0-1.9).

This study observed no correlation between colony morphology and biofilm-forming ability. But since, these two phenotypic characteristics have been known to correlate with the pathogenicity and virulence of these bacteria (Decostere, 2002; Kunttu et al., 2009; Dong et al., 2016; Penttinen et al., 2018). It is possible that the correlation between one of these characteristics with virulence may not be an accurate or genuine association, which is very likely to be the colony morphology.

Bacteria preferred to live in the biofilm form more than a planktonic lifestyle because it protected bacteria from hazardous environments such as UV, host immunity, and antibiotic agents (Stewart, 2002; Flemming and Wingender, 2010). Eradication of biofilm typically requires a high concentration of antibiotic agents because of the extracellular polymeric substances (EPS). These substances play an important role against antibiotic agents by absorbing the agent resulting in an incapacity to penetrate biofilm. The use of antibiotic agents at high concentration cause concern about food safety; and the development of antibiotic resistance bacteria. Therefore, new strategies that impede the virulence factors of bacteria without influent on bacteria growth are necessary. In this study, turmeric extracts from three solvents (hexane, ethanol, methanol) were tested and found to inhibit both the growth and biofilm formations of 17 isolates of *F. oreochromis* in dose-dependent manners. The crude hexane extract of turmeric was found to be the most potent inhibitor against *F. oreochromis* growth and biofilm formation. Therefore, it was chosen to be used in the gene expression study of *F. oreochromis* isolate 15 after turmeric extract treatment. The extract was found to downregulate the expressions of genes involved in iron acquisition (*alcB*, *sido*, *rhbC*, and *tonB*), type 9 secretion system (*sprA*, *gldL*, and *porV*), and quorum sensing (*luxR*) of the *F. oreochromis* isolate 15.

This QS system helps bacteria alter the planktonic lifestyle to the biofilm lifestyle via autoinducer (Ais) production (Jiang et al., 2018). It is known that the quorum sensing systems (QS) regulate various virulence genes expression, including type IX secretion system and iron acquisition (Van Kessel et al., 2013; Hossain et al.,

2017). This study analyzed the effect of crude hexane extract of turmeric on the virulence of *F. oreochromis* isolate 15. Three major bacteria virulence factors were chosen based on their involvement in biofilm formation and pathogenesis of the bacteria that results in columnaris disease. The concentration of crude hexane extract of turmeric used was below minimal inhibition concentration (MIC), so it did not affect the growth of bacteria. Iron acquisition is vital for bacteria growth and metabolisms. However, during infection, bacteria usually encounter with insufficient supply of iron (Sheldon et al., 2016; Lange et al., 2020a). Iron is present in two forms in the environment or host, i.e., ferrous (Fe^{2+}) or ferric (Fe^{3+}) compound-binding proteins. To acquire iron from the environment, bacteria produce siderophores to trap or bind with iron and transport it into the bacteria cell via active transport pathways (Sheldon et al., 2016). Since *F. oreochromis*, the iron acquisition system is associated with biofilm formation (Cai et al., 2019; Lange et al., 2020a). In this study, I investigated the effects of crude hexane extracts of turmeric on four iron acquisition gene expressions: *sido*, *rhbC*, *alcB*, which are the genes responsible for siderophore synthesis, and *tonB*, the gene responsible for iron-bound siderophore transport into the bacteria cell (Cai et al., 2019; Lange et al., 2020a). I found that all three siderophores as well as the *tonB* gene expressions of *F. oreochromis* isolate 15 were strongly downregulated by the crude hexane extract of turmeric. The downregulations of these genes would mean less siderophore proteins are being produced and available to trap iron ions. At the same time, the downregulation of *tonB* gene expression would also reduce siderophore-iron transportation into the cells resulting in reduced iron available for the bacteria to use for their growth and other activities such as biofilm formation (Giardina et al., 1997; Lynch et al., 2001). The results showed that the downregulation of iron acquisition genes might contribute to the failure of biofilm formation.

Type IX secretion (T9SS) system plays a vital role in gliding motility and biofilm formation (Lasica et al., 2017; Li et al., 2017; Thunes et al., 2022). Type IX secretion system of *F. oreochromis* has been reported to be responsible for the secretion of several enzymes, adhesins, and other proteins important in biofilm formation and virulence, such as chondroitin AC lyase, collagenase, and protease

(Declercq et al., 2013; Li et al., 2017; Thunes et al., 2022). Therefore, interfering with the type IX secretion system would result in less virulent bacteria (Li et al., 2017). In this study, I found that crude hexane extract of turmeric efficiently reduced the expression of all three genes (*sprA*, *gldL*, and *porV*) at all three time points after incubation in T9SS of *F. oreochromis* isolate 15 studied. In a study by Thunes and colleagues (Thunes et al., 2022) in *F. columnare* mutant with deletion of *gldN*, and *porV* genes, bacteria protein secretion and virulence were found to be affected, suggesting these genes have roles in bacterial virulence. Inhibitions of these genes would result in decreased ability to attach to the host surface, reduced bacterial ability to glide towards other bacterial cells to form microcolonies and produce biofilm, and decreased chondroitin AC lyase release to destroy the host tissues. Downregulation of *sprA* has been shown to lead to biofilm production failure in *Flavobacterium columnare* (Penttinen et al., 2018). Quorum sensing is a cell-cell communication system of bacteria via the production of molecules called autoinducers (Ais). The QS system in Gram-negative bacteria is well documented, especially for *Vibrio* spp (Lazdunski et al., 2004). Three different autoinducers are found to regulate the QS system in *Vibrio* spp, namely cholerae autoinducer 1 (CAI-1), harveyi autoinducer 1 (HAI-1), and autoinducer 2 (AI2) which are synthesized by *cqsA*, *luxM*, and *luxS*, respectively (Cao and Meighen, 1989; Chen et al., 2002; Higgins et al., 2007). Unfortunately, *F. oreochromis* quorum sensing circuits are not yet fully characterized, only two studies report that *luxR* (One of the master regulators of quorum sensing of Gram negative bacteria) is present in the regulatory system (Lange et al., 2018; Cai et al., 2019). In the present study, crude hexane extract of turmeric strongly downregulated *luxR* in *F. oreochromis* at all three-time points. In Gram-negative bacteria (*Vibrio harveyi*), *luxR* and *aphA* genes, the master quorum-sensing regulator genes at high and low cell densities, work together and control multiple quorum-sensing regulated genes (Van Kessel et al., 2013). Many studies have shown that *luxR* is associated with bacteria virulence. For example, the study from (Croxatto et al., 2002) revealed that the wild type *Vibrio anguillarum* produced more biofilm when compared to the *luxR* mutated strain. Therefore, downregulation of *luxR* gene expression results in less biofilm production.

Our results agree with previous studies that plant phytochemicals such as curcumin can reduce the virulence determinants of many pathogenic bacteria. For example, the study by Packiavathy and colleagues (Packiavathy et al., 2013) found that curcumin strongly inhibits bioluminescence, bacteria movement, biofilm production, and other virulence aspects of *Vibrio* spp. In addition, flavonoids produced by *Curcuma* spp. have been shown to inhibit the biofilm and surface motility of *Acinetobacter baumannii* (Raorane et al., 2019). These findings indicate that turmeric extracts can be used as an alternative strategy against biofilm formation and virulence of *Flavobacterium oreochromis*.

2. Conclusion and suggestion

The emergence of antibiotic-resistant bacteria causes global concern in many fields, including aquaculture. Turmeric extracts show great potential against both Gram-negative and Gram-positive bacteria. In this study, turmeric extracts were found to inhibit the biofilm formation of *F. oreochromis*. This biofilm inhibition is associated with the downregulation of genes in iron acquisition, the T9SS secretion, and the quorum sensing systems. The downregulation of these genes is also associated with less biofilm production, which is one of the virulent determinants of the bacteria.

3. Advantages of the study

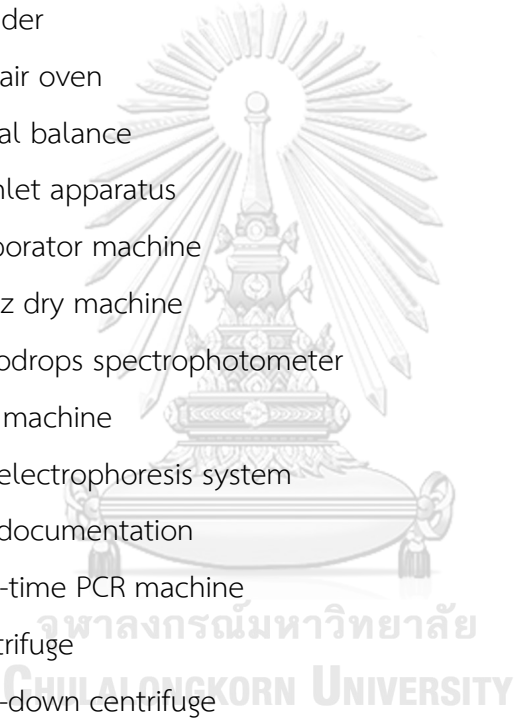
The study has shown the efficiency of turmeric extracts against biofilm formation and virulence of *F. oreochromis*. If proven effective in the fish experiment, the results from this study can be applied to prevent Nile tilapia against columnaris disease.

Appendix

Instruments

The instruments used in this study are listed below:

Incubator
Shaking incubator
Stereo microscope
Spectrophotometer
Microplate reader
Blender
Hot air oven
Digital balance
Soxhlet apparatus
Evaporator machine
Freez dry machine
Nanodrops spectrophotometer
PCR machine
Gel electrophoresis system
Gel documentation
Real-time PCR machine
Centrifuge
Spin-down centrifuge
Vortex mixer
Refrigerator
Water bath



Chemicals and reagent

Culture medium (Tryptone Yest Extract Salts : TYES 1000 ml)

Tryptone	4.0 g
Yeast extract	0.4 g
MgSO ₄ • 7H ₂ O	0.5 g
CaCl ₂ • 2H ₂ O	0.5 g
Agar	10 g
Distilled water	1000 ml

Chemicals and Reagents

Glycerol
 Hexane
 Ethanol
 Methanol
 Dimethyl sulfoxide (DMSO)
 Ethidium bromide
 Diethylpyrocarbonate (DEPC)
 Agarose
 Aceti acid
 Crystal violet
 Tilapia gelatin
 TRIzol reagent
 Deoxynucleoside triphosphates (dNTP)
 DNA ladder
 Tris-Borate EDTA



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