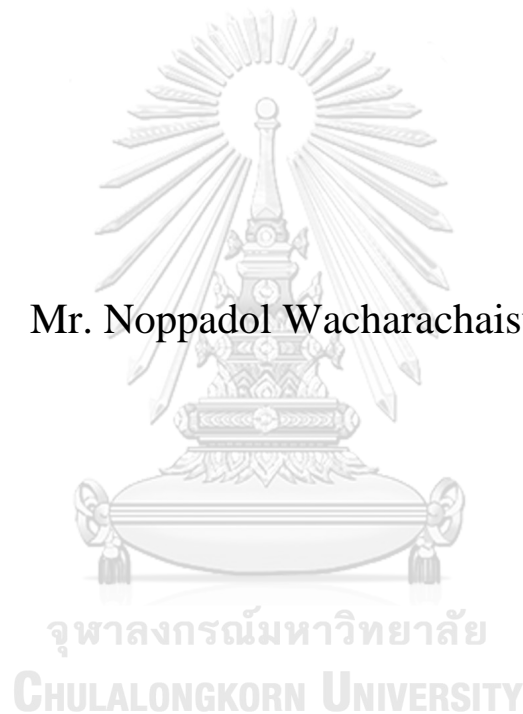


POPULATION PHARMACOKINETICS OF
INTRAVENOUS COLISTIN IN PEDIATRICS (POPPICOP
study)

Mr. Noppadol Wacharachaisurapol



A Dissertation Submitted in Partial Fulfillment of the Requirements
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การศึกษาเภสัชจลนศาสตร์ประชากรของยาโคลิสตินชนิดฉีดเข้าหลอดเลือดดำในผู้ป่วยเด็ก



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ที่มาและความสำคัญ: ปริมาณการใช้ยาโคลิสตินในผู้ป่วยเด็กเพิ่มขึ้นตามปัญหาเชื้อแบคทีเรียที่เรื้อรังและดื้อยาที่มีความรุนแรงมากขึ้น อย่างไรก็ตาม ขนาดยาโคลิสตินที่เหมาะสมในเด็กยังไม่เป็นที่ทราบแน่ชัดเนื่องจากขาดข้อมูลที่สำคัญด้านเภสัชจลนศาสตร์ การศึกษานี้มีวัตถุประสงค์เพื่อศึกษาลักษณะทางเภสัชจลนศาสตร์ประชากรของยาโคลิสตินชนิดฉีดเข้าหลอดเลือดดำในผู้ป่วยเด็ก หาดูปัจจัยที่มีผลต่อค่าพารามิเตอร์ทางเภสัชจลนศาสตร์ และแนะนำขนาดยาและวิธีการบริหารยาที่เหมาะสม

วิธีวิจัย: การศึกษานี้เป็นการศึกษาเภสัชจลนศาสตร์ประชากรแบบไปข้างหน้าและมีหลายศูนย์วิจัย ตัวอย่างเลือดจะถูกเก็บจากผู้ป่วยหลังจากได้รับยาโคลิสตินขนาดมาตรฐานที่แนะนำในปัจจุบันคือ 5 มก./กก./วัน และวัดระดับยาโคลิสตินในพลาสมา ข้อมูลระดับยาในเลือดจะได้มาจากการศึกษานี้ร่วมกับการศึกษาก่อนหน้า เพื่อใช้ในการวิเคราะห์ทางเภสัชจลนศาสตร์ประชากร สร้างแบบจำลองทางเภสัชจลนศาสตร์ประชากรที่ใช้ประมาณค่าและหาปัจจัยที่มีผลต่อค่าพารามิเตอร์ทางเภสัชจลนศาสตร์ด้วยโปรแกรม Phoenix™ 64 version 8.3 แบบจำลองเภสัชจลนศาสตร์ประชากรที่ได้จะถูกประเมินความถูกต้องด้วยกระบวนการต่าง ๆ ได้แก่ goodness-of-fit plots, bootstrap analysis, และ prediction corrected-visual predictive check จากนั้นจะทำการจำลองสถานการณ์เพื่อหาขนาดยาโคลิสตินที่เหมาะสม

ผลการวิจัย: ระหว่างเดือนมีนาคม พ.ศ. 2561 ถึง กุมภาพันธ์ พ.ศ. 2564 มีผู้ป่วยเข้าร่วมโครงการวิจัย 59 ราย (ตัวอย่างเลือด 187 ตัวอย่าง) ร่วมกับข้อมูลของผู้ป่วย 20 ราย (ตัวอย่างเลือด 147 ตัวอย่าง) จากการศึกษาก่อนหน้านี้ รวมเป็นตัวอย่างเลือดระดับยาโคลิสตินในพลาสมาทั้งหมด 334 ตัวอย่างจากผู้ป่วยเด็ก 79 รายที่มีค่ามัธยฐานของอายุ 2.6 ปี (0.8-6.8) อธิบายได้ด้วยแบบจำลองที่มีลักษณะทางเภสัชจลนศาสตร์แบบหนึ่งห้องและมีการกำจัดยาแปรผันตรงกับความเข้มข้นของยาโดยมีระดับครึ่งชีวิตเป็นปัจจัยที่ส่งผลกระทบต่ออัตราการกำจัดยา อัตราการกำจัดยาโคลิสตินเท่ากับ 0.069 ลิตร/ชม.*กก. การกระจายยาเท่ากับ 0.658 ลิตร/กก. จากแบบจำลองพบว่าขนาดยาที่แนะนำ ได้แก่ 5 มก./กก./วัน ทำให้ระดับยาเฉลี่ยที่ภาวะคงที่ถึงเป้าหมายที่ต้องการ (2 มก./ลิตร) ร้อยละ 18.2 ถึง 30.1 และ 40.2 ถึง 63.0 ของผู้ป่วยจำลองที่มีระดับครึ่งชีวิต 0.1 ถึง 0.3 และ 0.31 ถึง 0.75 ตามลำดับ เมื่อระดับยาเฉลี่ยที่ภาวะคงที่ที่ต้องการเท่ากับ 1 มก./ลิตร ร้อยละ 61.1 ถึง 75.0 และ 82.6 ถึง 93.6 ของผู้ป่วยจำลองที่มีระดับครึ่งชีวิต 0.1 ถึง 0.3 และ 0.31 ถึง 0.75 ตามลำดับ จะมีระดับยาถึงเป้าหมายที่ต้องการ

สรุปผล: ค่าครึ่งชีวิตเป็นปัจจัยสำคัญที่ส่งผลกระทบต่ออัตราการกำจัดยาโคลิสตินในผู้ป่วยเด็ก ผู้ป่วยที่มีค่าครึ่งชีวิตต่ำกว่า ต้องการขนาดยาโคลิสตินที่สูงกว่าและมักสูงกว่าขนาดยาที่แนะนำไว้ในปัจจุบัน ทั้งนี้เนื่องจากมีการกำจัดยาออกจากร่างกายมากกว่า

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Background: Colistin use in pediatrics is surging in line with the increase of multidrug-resistant Gram-negative bacteria (MDR-GNB). However, the appropriate dose is uncertain owing to the lack of pharmacokinetics data. In this study, we aimed to characterize the pharmacokinetic parameters of colistin in pediatric patients, identify the factors influencing the pharmacokinetic parameters, and propose optimal dosage regimens.

Methods: A prospective, multicenter, population pharmacokinetic (PPK) study was conducted. Serial blood samples were obtained from patients after receiving the standard colistin recommended dose of 5 mg of colistin base activity (CBA)/kg/day. Plasma colistin concentrations were measured. Data were pooled from this study and the previous study to create a data set for PPK analysis. A PPK model was performed with the PhoenixTM 64 version 8.3. The final model was evaluated by goodness-of-fit plots, bootstrap analysis, and prediction corrected-visual predictive check. Simulation using the final PPK model was done to propose optimal colistin dosage regimens.

Results: From March 2018 to February 2021, 59 patients (187 plasma samples) were enrolled. Data were pooled with 20 patients (147 plasma samples) from the previous study. A total of 334 plasma colistin concentrations from 79 pediatric patients with a median age (IQR) of 2.6 years (0.8-6.8) were adequately described by a one-compartment model with first-order elimination along with serum creatinine (SCr) as a significant covariate on colistin clearance (CL). Colistin CL was 0.069 L/h*kg, the volume of distribution (V) was 0.658 L/kg. Model-based simulation demonstrated that with the recommended dose of 5 mg of CBA/kg/day, the probability target attainment (PTA) was 18.2-30.1% and 40.2-63.0% in the patients with a SCr level of 0.1-0.3 mg/dL and 0.31-0.75 mg/dL, respectively when the target plasma colistin average steady-state concentration ($C_{ss,avg}$) was 2 mg/L. For a lower target $C_{ss,avg}$ of 1 mg/L, PTA was 61.1-75.0% and 82.6-93.6% in the patients with a SCr level of 0.1-0.3 mg/dL and 0.31-0.75 mg/dL, respectively.

Conclusions: SCr is a significant covariate on colistin clearance in pediatric patients. Patients with a lower SCr level require a higher dose of colistin, especially higher than the current recommendation, owing to the increase of colistin elimination.

Field of Study: Clinical Sciences
Academic Year: 2020

Student's Signature
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LIST OF ABBREVIATIONS

Abbreviation	Meaning
-2LL	Twice negative log-likelihood
ADR	Adverse drug reaction
AIC	Akaike information criterion
AKI	Acute kidney injury
Alb	Serum albumin
AUC	Area under the curve
BIC	Bayesian information criterion
BUN	Blood urea nitrogen
CBA	Colistin base activity
CI	Confidence interval
CL	Apparent clearance of the drug
CLABSI	Central line-associated bloodstream infection
CLSI	Clinical & Laboratory Standards Institute
C _{max}	Maximum concentration in plasma
CMS	Colistin methanesulfonate
CRBSI	Catheter-related bloodstream infection
CrCl	Creatinine clearance
CRE	Carbapenem-resistant Enterobacteriaceae
C _{ss,avg}	Plasma colistin average steady-state concentration
CWRES	Conditional weighted residuals
DV	Observed concentration
ECMO	Extracorporeal membrane oxygenation
eGFR	Estimated glomerular filtration rate
EMA	European Medicines Agency
fAUC	The unbound colistin concentration in plasma
HPLC	High performance liquid chromatography
IIV	Interindividual variability
IPRED	Individual-predicted concentration

Abbreviation	Meaning
IQR	Interquartile range
IWRES	Individual weighted residuals
KCMH	King Chulalongkorn Memorial Hospital
KDIGO	The Kidney Disease: Improving Global Outcomes
LC-MS/MS	Liquid chromatography-tandem mass spectrometry
LPS	Lipopolysaccharide
MDR-GNB	Multidrug-resistant Gram-negative bacteria
MIC	Minimum inhibitory concentration
NCA	Non-compartmental analysis
NLME	Nonlinear mixed effects
OFV	Objective function value
pcVPC	Prediction-corrected visual predictive check
PD	Pharmacodynamic
PK	Pharmacokinetic
PPK	Population pharmacokinetic
PRED	Population-predicted concentration
PTA	Probability of target attainment
QSNICH	Queen Sirikit National Institute of Child Health
RRT	Renal replacement therapy
RV	Residual variability
SCr	Serum creatinine
TAD	Time after dose
TDM	Therapeutic drug monitoring
US FDA	United States Food and Drug Administration
V	Volume of distribution
VPC	Visual predictive check

CHAPTER I INTRODUCTION

1.1. Background and rationale

Multidrug-resistant Gram-negative bacteria (MDR-GNB) is a global health threat and the burden of infectious diseases from MDR-GNB is increasing rapidly [1, 2]. According to the high burden of MDR bacteria and the lack of new antibiotics for combating these organisms, the World Health Organization stated a global priority pathogens list of antibiotic-resistant bacteria On February 2017 [3]. The critical priority including carbapenem-resistant *Acinetobacter baumannii*, carbapenem-resistant *Pseudomonas aeruginosa*, 3rd generation cephalosporin-resistant, or carbapenem-resistant Enterobacteriaceae (CRE). Data from National Antimicrobial Resistance Surveillance Center, Thailand (NARST) 2000-2020 [4] clearly shows an increase of the carbapenem-resistant rate of GNB; *Acinetobacter* spp. from 5.8% to 72.5%; *P. aeruginosa* from 10.7% to 21.5%; *Klebsiella pneumoniae* from 1% to 10.5%. Data from the antibiogram of King Chulalongkorn Memorial Hospital (KCMH) 2019 shows similar carbapenem-resistant rates of *A. baumannii* (85%) and *P. aeruginosa* (25%), but 2 times higher rate of CRE (20%).

Pediatric patients who are infected with MDR-GNB require complex antibiotic regimens, longer hospitalization, and more likely to have higher morbidity and mortality [1]. Kapoor K et al. (2013) [5] found that the most common MDR-GNB in a pediatric intensive care unit (PICU) were also *A. baumannii* (64%), Enterobacteriaceae (20%), and *P. aeruginosa* (16%). The mortality rate was as high as 28%. One of the last resorts for the treatment of these carbapenem-resistant Gram-negative bacteria is colistin.

Colistin or polymyxin E, discovered in 1949 in Japan, is a polypeptide antibiotic with concentration-dependent killing activity. At the high plasma concentration, colistin will act as a bactericidal drug whereas, at the low plasma concentration, colistin will act as a bacteriostatic drug. The mechanism of action comes from the positive charges of polypeptide chains that interact with the negative charges of lipopolysaccharide at the bacterial cell membrane. This interaction causes cell membrane instability and bacterial cell lysis. The use of this antibiotic had been

inflating for almost 20 years (the 1960s to early 1970s). Afterward, colistin use declined rapidly according to the possible serious adverse reactions (nephrotoxicity and neurotoxicity). Recently, colistin has been bringing back for the treatment of MDR-GNB infections that is resistant to many classes of antibiotics including carbapenems but susceptible to colistin [6]. At present, the available formulations of colistin are colistimethate sodium, so-called colistin methanesulfonate (CMS), and colistin sulfate. CMS is a prodrug of colistin used as a parenteral route and will be hydrolyzed to active metabolites (formed colistin A and B) while colistin sulfate is for enteral or topical use [2]. The dosing of CMS is usually described as “milligram of colistin base activity (CBA)” or “International Units (IU)”. One mg of CBA (30,000 IU) is equal to 2.4 mg of CMS [7].

Colistin is an ancient antibiotic discovered in the period that the pharmacokinetic (PK) study is limited. In the past ten years, pharmacokinetic studies of colistin in adults were published. The knowledge gained resulted in the dose recommendations in adults in various populations. However, the dosing of colistin in pediatric patients is problematic owing to the lack of pharmacokinetics knowledge in this specific population. Pharmacokinetic study of colistin in this particular population is urgently needed to guide pediatricians for the appropriate dose of this life-saving drug.

1.2. Objectives

1.2.1. Primary objective

- To describe the population PK parameters of formed colistin (colistin A, B) in pediatric patients and to identify the covariate(s) influencing the PK parameters.

1.2.2. Secondary objectives

- To suggest the appropriate regimen of intravenous colistin regarding the significant covariate(s).

To describe the rate of acute kidney injury which is the most common adverse drug reaction of colistin.

CHAPTER II LITERATURE REVIEW

2.1. Colistin

2.1.1. Physicochemical properties [8]

Colistin is a polypeptide antibiotic with a structure of a cyclic heptapeptide and a tripeptide side chain attached with a fatty acid at the N-terminus by acetylation. Two major components are colistin A (polymyxin E1) and B (polymyxin E2). The difference between colistin A and B is the fatty acid; 6-methyloctanoic acid for colistin A and 6-methylheptanoic acid for colistin B. The parenteral formulation of colistin is CMS. CMS is a prodrug of colistin synthesized by the reaction of colistin with formaldehyde followed by sodium bisulfite. From this reaction, the sulfomethyl groups were added to the primary amines of colistin (Figure 1).

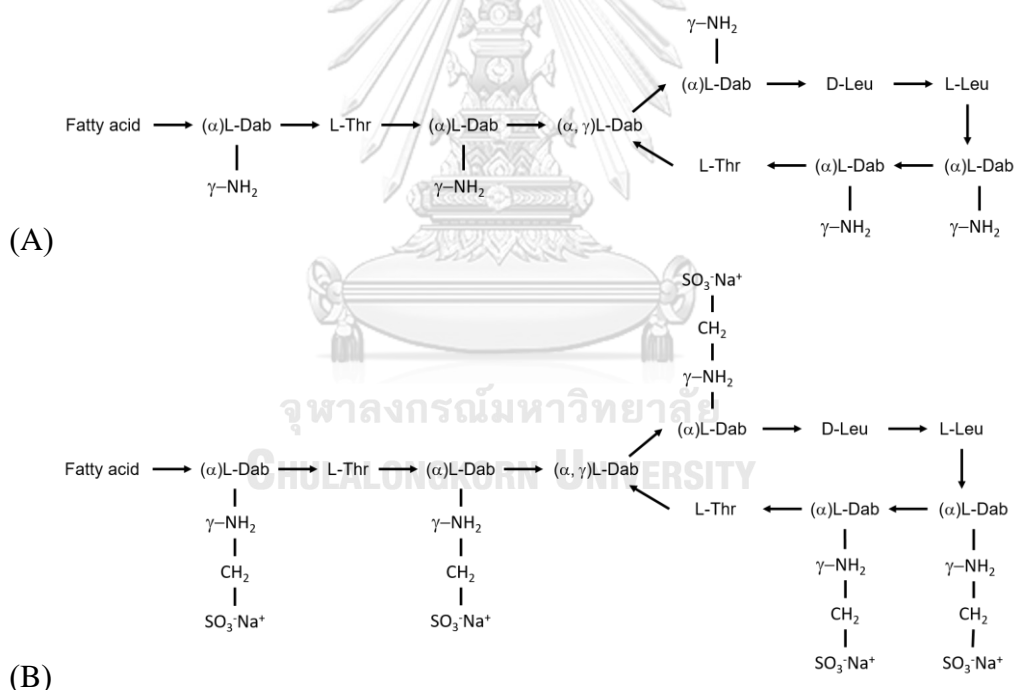


Figure 1. The Structure of colistin A and B and colistin methanesulfonate.

(A) colistin A and B, (B) colistin methanesulfonate. The fatty acid of colistin A is 6-methyloctanoic acid; colistin B is 6-methylheptanoic acid. Thr, threonine; Leu, leucine; Dab, α,γ -diaminobutyric acid. α and γ indicate the respective amino group involved in the peptide linkage. Modified from Li J et al. [9]

2.1.2. Mechanism of action

Colistin is an antibiotic with bactericidal activity. Regarding the structure of colistin in physiological pH in plasma, colistin has a polycationic status and acts as a detergent on the bacterial cell membrane. The interactions between colistin and anionic lipopolysaccharide (LPS) molecules in the outer membrane of Gram-negative bacteria causes derangement of the cell membrane. Colistin also displaces magnesium (Mg^{2+}) and calcium (Ca^{2+}) in the LPS molecules causing the instability of these structures. The result of this process causes an increase in the permeability of the cell envelope, leakage of cell contents, and, subsequently, cell death [9, 10].

2.1.3. Pharmacokinetics

2.1.3.1. ADME summary

Almost all of the available data were from adult PK studies. The summary of ADME is as follows:

- Absorption: CMS is not absorbed via the gastrointestinal tract but well absorbed via intramuscular injection [10].
- Distribution: Colistin protein binding in adults and children is similar at 50% and 53%, respectively [11, 12]. Colistin is poorly distributed to the lung parenchyma, pleural fluid, and central nervous system. An adult study measured colistin in bronchoalveolar lavage (BAL) fluid after administering CMS 220 mg of CBA/day. Colistin was undetectable [13]. A pediatric study reported that colistin penetration into the cerebrospinal fluid was minimal (<0.2 mg/L) [14].
- Metabolism: After administering CMS into the body, CMS will be hydrolyzed by esterases in plasma [15] to form a complex mixture of colistin, mainly is colistin A and B, and as well as sulfomethylated derivatives. In an in vitro study, 31.2% of CMS in human plasma was hydrolyzed to colistin in 4 h at 37 °C [10]. This proportion of CMS metabolism is similar to a recent study showing that 30% of CMS was hydrolyzed to colistin [16].

- Excretion: CMS is primarily (60%) excreted unchanged via glomerular filtration. There is no report about biliary excretion. Formed colistin is mainly eliminated from the body by non-renal mechanisms that are not yet fully characterized. In patients with renal impairment, CMS dose should be decreased regarding the decreased renal clearance of CMS and a greater fraction of plasma CMS would be converted to colistin [9]. The proposed elimination pathways of CMS and colistin are shown in Figure 2.

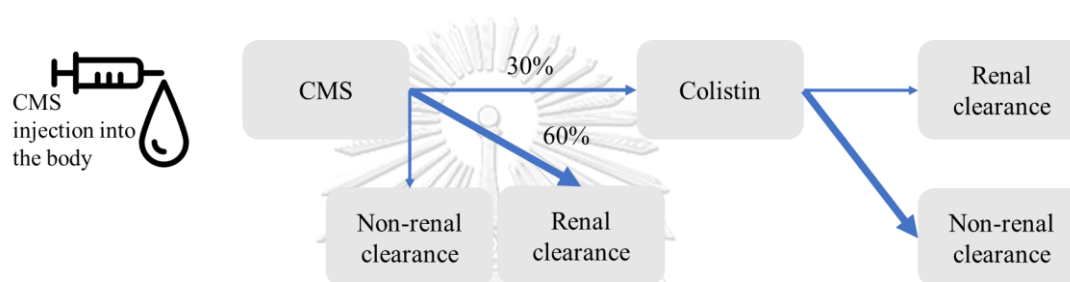


Figure 2. Overview of elimination pathways of CMS and colistin after CMS intravenous administration.

CMS, colistin methanesulfonate. The thickness of arrows stated the magnitude of the clearance pathways. Modified from Li J et al. [9].

2.1.3.2. Adult pharmacokinetic studies

Currently, there are PK studies in various adult populations. According to the heterogeneity of studies, comparison between studies is challenging. PK parameters of formed colistin from traditional (full) pharmacokinetics by a non-compartmental analysis (NCA) are shown in Table 1. According to the limitations of traditional PK study such as intensive blood samplings, strict blood sampling schedule, population pharmacokinetic (PPK) studies were conducted among various kinds of participants. A summary of clinical characteristics and estimated PK parameters from PPK studies are shown in Table 2. Suggestions for colistin dosing from adult studies are as follows:

- A loading dose is essential especially in critically ill patients [17-20].
- Loading dose could be calculated from target plasma colistin average steady-state concentration ($C_{ss,avg}$) \times 2.0 \times body weight (kg) when

colistin $C_{ss,avg}$ is the average concentration at the steady-state. The desired level is at least 2 mg/L [21].

- The first maintenance dose should be administered 12 h after the loading dose [17].
- A higher maintenance dose would be required for patients with creatinine clearance of $>80 \text{ mL/min/1.73 m}^2$ [17].



Table 1. PK parameters of formed colistin from traditional PK studies with non-compartmental model analysis.

Study	N	Subject	Age (year)	Colistin dose ^a	C _{max} (mg/L)	T _{max} (h)	t1/2 (h)	V (L/kg)	CL (L/h/kg)
Adult studies									
Mizuyachi et al., 2011 [22]	15	Healthy adults	28.0 ± 3.6 ^c	2.5 mg/kg q 12 h	4.4 ± 1.6	2 (1–4)	4.98 ± 0.99	1.0 ± 0.2	0.15
Karnik et al., 2013 [23]	15	Critically ill	15–40	130–200 mg/day	4.6 (2.5–23.2) ^c	0.5	2.7 (1.1–4.6) ^c	0.3 (0.2–0.5) ^d	0.07
				1.7 mg/kg/day (decreased CrCl)	5.4 (1.8–21.8) ^c	0.5	3.3 (1.2–5.4) ^c	0.3 (0.2–0.5) ^d	0.07
Moni et al., 2020 [24]	19	Critically ill	55 ± 13.5	270 mg loading, 270 mg/day maintenance	2.4 ± 1.4 ^c	2.5 ± 2.5 ^c	NA	9.9 ± 4.8 ^c	NA
Neonatal study									
Nakwan et al., 2016 [15]	7	Critically ill neonates	13 days (5–15)	5	3.0 ± 0.7 ^c	1.3 ± 0.9 ^c	9.0 ± 6.5 ^c	7.7 ± 9.3 ^c	0.6 ± 0.3 ^c
Pediatric study									
Wacharachaisurapol et al., 2020 [25]	20	Critically ill children	8.5 (3.5–11.3) ^d	4 mg/kg	6.1 ± 2.4 ^c	2.5 ± 0.6 ^c	2.9 ± 0.6 ^c	0.7 ± 0.4 ^c	0.2 ± 0.1 ^c
				1.7 or 2.5 mg/kg	4.1 ± 1.3 ^c	2.7 ± 0.5 ^c	2.6 ± 0.4 ^c	0.6 ± 0.3 ^c	0.2 ± 0.1 ^c

CL, drug clearance; CrCl, creatinine clearance; C_{max}, maximum concentration, T_{max}, time to C_{max}; t1/2, half-life; NA, not available; V, volume of distribution.

^amg of CBA, ^bmean (range), ^cmean ± SD, ^dmedian (range).

Table 2. Summary of estimated PK parameters and significant covariates of formed colistin from population pharmacokinetic studies.

Study	N	Subject	V (L)	CL (L/h)	Covariate tested	Significant covariates
Adult studies						
Plachouras et al., 2009 [18]	18	Critically ill	189	9.1	BW, IBW, age, CrCl, Hb, Hct	None
Garonzik et al., 2011 [21]	105	Critically ill including 12 with intermittent HD and 4 with CRRT	45.1	2.7	Actual BW, IBW, BSA, BMI, gender, age, CrCl, and APACHE II score on clearance Actual BW, IBW, BSA, BMI on volume of distribution	CrCl (↑) on CL (↑)
Mohamed et al., 2012 [19]	10	Critically ill	218	8.2	BW, IBW, gender, age, serum creatinine, CrCl, serum albumin, Hb, Hct, septicemic state, APACHE II score	None
Grégoire et al., 2014 [26]	73	Critically ill	10.2	2.3	BW, gender, age, simplified acute physiology score (SAPS II), BT, CrCl, diuresis, urinary pH, blood pH, Hb and other blood chemistries	BT (↑) on V (↓), BUN (↑) on CL (↓)
Karaikos et al., 2015 [27]	19	Critically ill	80.4	4.99	Same as Ref. [21] Analysis by a pool of data from [18, 19, 27], N = 47	CrCl (↑) on CL (↑)
Nation et al., 2017 [17]	215 ^a	Critically ill including 29 receiving RRT	57.2	2.6	Same as Ref. [21]	CrCl (↑) on CL (↑)
Kristoffersson et al., 2020 [20]	349	Critically ill	69.5	4.1	CrCl, BW, IBW, SOFA score, infection site	CrCl (↑) on CL (↑)
Pediatric studies						
Ooi et al., 2019 [12]	5	Critically ill	7.1	1.6	BW, CrCl	BW (↑) on V (↑), CrCl (↑) on CL (↑)

APACHE II, The Acute Physiology and Chronic Health Evaluation II; BMI, body mass index; BSA, body surface area; BT, body temperature; BUN, blood urea nitrogen; BW, body weight; CL, drug clearance; CrCl, creatinine clearance; CRRT, continuous renal replacement therapy; Hb, hemoglobin; Hct, hematocrit; HD, hemodialysis; IBW, ideal body weight; RRT, renal replacement therapy; SOFA, Sequential Organ Failure Assessment; V, volume of distribution. ^a105 patients from Garonzik et al, 2011 [21] with an additional 110 patients.

2.1.3.3. Pediatric pharmacokinetics

Nakwan et al. (2016) [15] conducted a study on 7 critically ill neonates with a median age of 13 days (range from 5 to 15 days). Colistin was given as a single dose of 5 mg of CBA/kg birth weight. Blood samples were collected before and at 15 min, 2, 4, 6, and 24 h after the end of colistin administration. Unfortunately, plasma colistin levels of all subjects at 6 h were less than 2 mg/L. The authors concluded that the current dose of colistin is suboptimal, higher dose, and different regimens should be studied. However, regarding a very specific and small number of subjects, the generalizability of this study is limited. Recently, Wacharachaisurapol et al. [25] conducted a study using NCA analysis on 20 pediatric patients and demonstrated that administering a loading dose of colistin improved drug exposure. A summary of PK parameters among these two studies is shown in Table 1.

2.1.4. Possible covariates on colistin pharmacokinetics

2.1.4.1. CrCl or eGFR

Colistin is primarily eliminated via non-renal pathways as described above in ADME summary. However, CMS, a prodrug of colistin, is predominantly cleared by the renal route but a fraction of the administered dose is hydrolyzed by plasma esterases to colistin. In patients with impaired kidney function, the CMS clearance would be decreased and a greater fraction of the administered dose of CMS would be converted to colistin [9]. Many adult PPK studies and one pediatric PPK study also observed the effect of CrCl on colistin CL (Table 2). The colistin dose recommendation regarding CrCl in adults is as shown in Table 3. Interestingly, adult patients with CrCl ≥ 90 mL/min would require a CMS dose of >5 mg of CBA/kg/day (calculating from the body weight of 60 kg). It is reasonable to explore the effect of CrCl or eGFR on colistin PK in pediatric patients. It also should be noted that the eGFR of pediatric patients is mostly calculated by using the modified (“bedside”) Schwartz equation: $0.413 \times (\text{height}/\text{SCr})$. Even though it is the most widely used one, there are some limitations for estimating GFR by using it because it is derived from chronic kidney disease (CKD) patients with a median age of 10.8 years (IQR, 7.7–14.3). Validation of using this equation outside the study population is lacking [28].

Table 3. Daily doses of colistin methanesulfonate (CMS) in adults for a desired target colistin $C_{ss,avg}$ of 2 mg/L for narrow windows of creatinine clearance. (modified from reference [17])

Creatinine clearance (mL/min)	CMS daily dose (mg of colistin base activity)	CMS daily dose/kg ^a (mg of colistin base activity)
0	130	2.2
5 to <10	145	2.4
10 to <20	160	2.7
20 to <30	175	2.9
30 to <40	195	3.3
40 to <50	220	3.7
50 to <60	245	4.1
60 to <70	275	4.6
70 to <80	300	5.0
80 to <90	340	5.7
≥90	360	6.0

^a calculated from the body weight of 60 kg

2.1.4.2. Kidney biomarkers มหาวิทยาลัย

Serum creatinine is the biomarker used for estimating CrCL or eGFR in both adults and children [28, 29]. Blood urea nitrogen (BUN) is the other biomarker associating with kidney function even though BUN might be more sensitive to some conditions, e.g., hydration status of patients, low or high protein intake, gastrointestinal bleeding, receiving cortisol [30]. Mohamed et al., 2012 [19] explored SCr as a plausible covariate in an adult PPK study and found no effect of SCr on colistin PK parameters. However, only one out of 10 patients in this study had an abnormal SCr. Grégoire et al. 2014 [26] explored both BUN and SCr effect on colistin PK parameters. It was found that the increase of BUN inversely associated with the decrease of colistin CL in this study.

2.1.4.3. Serum albumin

Plasma protein binding affects drug distribution in the body. Serum albumin is the major protein in plasma [31]. Colistin is bound to albumin up to 50% [11, 12]. Hypoalbuminemia which can be seen in patients with severe infections potentially affects the unbound plasma colistin concentration.

2.1.4.4. Body weight

Body weight is considered as a significant covariate for the PK parameters [31]. Ooi et al. [12] found that body weight was related to the volume of distribution of both CMS and formed colistin in a pediatric PPK study. There was extensive inter-individual variability in body weight regarding a wide age range of the patients. The effect of body weight could not be observed from adult studies (Table 2).

2.1.4.5. Age

Age may involve many demographics influencing the PK parameters rather than body weight [31]. Age-related changes to drug distribution are related to changes in body composition, the quantity of plasma proteins capable of drug binding, the quantity of hydrolysis enzymes such as esterases. In infants, a high percentage of body fluid is observed. Even though colistin is less water-soluble, CMS which is a prodrug of colistin is more water-soluble and might be affected by high body fluid composition [32, 33]. Esterase enzymes are the major hydrolysis enzymes of CMS. In neonates, the quantity of these enzymes is reduced [15]. This might cause a slow and low level of colistin compared with older children. Different SCr levels regarding the age groups are also observed as shown in Table 4 [34].

Table 4. Reference values of serum creatinine in children.

(modified from reference [34])

Age (year)	Serum creatinine values (mg/dL)
0-4	0.03-0.50
4-7	0.03-0.59
7-10	0.22-0.59
10-14	0.31-0.88
>14	0.50-1.06

Note: serum creatinine measured by the enzymatic method.

2.1.4.6. Gender

Gender affects the volume of distribution especially when the patients enter the adolescent period regarding the change of body composition [35]. Females are more likely to have a higher fat composition. Even though the relationship of this plausible covariate could not be demonstrated in adult studies, it is reasonable to investigate the effect of gender on PK parameters in pediatric patients.

2.1.5. Pharmacodynamics

2.1.5.1. PK-PD index of colistin

From *in vitro* studies, colistin is potent, concentration-dependent killing against MDR-GNB such as *P. aeruginosa*, and *A. baumannii* with a modest post-antibiotic effect at high concentrations [9]. For many concentration-dependent antibiotics, a maximum concentration in plasma (C_{max})/minimum inhibitory concentration (MIC) ratio of $\geq 8-10$ is adequate for the treatment of GNB. However, there is no recommended C_{max} /MIC ratio for colistin. Recently, a study in mouse thigh and lung infection models demonstrated that the ratio of the area under the curve of the unbound colistin concentration in plasma ($fAUC$) across 24 h to MIC ($fAUC/MIC$) is the PK/PD index that correlates with the bacterial killing property [11]. $C_{ss,avg}$ of 2 mg/L has been proposed as an initial target concentration to meet the desired $fAUC/MIC$ when treating bloodstream infection caused by MDR-GNB with the MIC of ≤ 2 mg/L [36]. However, the target $C_{ss,avg}$ of 2 mg/L might not be adequate for the treatment of pneumonia caused by MDR-GNB with the MIC of >1 mg/L regarding the poor distribution of colistin into the lung [11, 13].

2.1.5.2. Colistin MIC

Colistin MIC is measured by several methods, e.g., E-test, broth microdilution. The E-test method is no longer recommended regarding this method can produce very major errors (false susceptibility results) of up to 12% for Enterobacteriaceae and 33% for *P. aeruginosa* and *A. baumannii* [37, 38]. The reference method recommended by CLSI is broth microdilution [39], even though most of the microbiology laboratory could not routinely perform it regarding the method

difficulty. When evaluating the PK-PD index of colistin with a MIC value, it should be warranted about the method of MIC determination.

2.1.6. Clinical uses [40]

2.1.6.1. Approved indication

Colistin in form of CMS is approved for both adults and children for the treatment of acute or chronic infections caused by the following susceptible GNB: *P. aeruginosa*, *Enterobacter aerogenes*, *E. coli*, and *K. pneumoniae*. However, practically, colistin is also used for the treatment of *A. baumannii* infection regarding this pathogen is resistant to almost all of the available antibiotics including carbapenems except colistin.

2.1.6.2. Dose recommendation

The US FDA and European Medicines Agency (EMA) dose recommendation of intravenous or intramuscular injection for both adults and pediatric patients is CMS 2.5–5 mg of CBA/kg/day in 2–4 divided doses for patients with normal renal function. Colistin dose should be decreased regarding impaired kidney function. Recently, Nation et al. [17] suggested a colistin dosing scheme for adult patients with various kidney functions. Administering a loading dose of 300 mg of CBA is recommended followed by a maintenance dose regarding different creatinine clearances. No available recommendations for using colistin loading dose in pediatrics. In obese patients, dosage should be based on ideal body weight [40, 41].

2.1.7. Adverse drug reactions

2.1.7.1. Nephrotoxicity

Nephrotoxicity is the most common adverse drug reaction (ADR) of colistin. There is a variety of occurred nephrotoxicity, e.g., cylindruria, hematuria, proteinuria, elevated BUN or SCr [42]. However, reported nephrotoxicity in the literature is mostly based on the SCr-guided criteria including the elevation of SCr and the decline of creatinine clearance or eGFR which are calculated based on using SCr [5, 25, 43-48]. Acute kidney injury (AKI) is the nephrotoxicity defined by the Kidney Disease: Improving Global Outcomes (KDIGO) [49] which is a widely used definition.

In adults, the AKI rate was reported as 51% in patients using colistin while the matched control AKI rate was 22% [50]. AKI usually occurs when colistin is concomitantly given with other nephrotoxic drugs, e.g., vancomycin, aminoglycosides [51]. The steady-state trough colistin concentration of >2.42 mg/L showed association with nephrotoxicity in an adult study [52].

In children, colistin use causes less nephrotoxicity compared with adults. The nephrotoxicity rates reported among pediatric studies evaluating colistin efficacy and safety were ranged from 0 to 22.8% [5, 43-48, 53]. Among pediatric studies, the different nephrotoxicity rates may cause by many factors, e.g., patient characteristics, number of patients in the studies, nephrotoxicity definition, colistin dosing. Comparison of characteristics and reported nephrotoxicity among studies of pediatric patients receiving intravenous colistin is shown in Table 5.

2.1.7.2. Neurotoxicity

Neurotoxicity is the second most important ADR including dizziness, weakness, facial and peripheral paresthesia, vertigo, confusion, ataxia, and neuromuscular blockade. This ADR is less observed with CMS formulation [2]. No neurotoxicity was reported among pediatric studies [5, 25, 42, 44, 51, 54]. However, all study patients were critically ill or received sedative drugs while using mechanical ventilators, which potentially masked the neurotoxicity [45].

Table 5. Comparison of characteristics and reported nephrotoxicity rate among studies of critically ill pediatric patients receiving intravenous colistin.

Study	N	Age ^a (year)	Colistin dose ^a (mg of CBA/kg/day)	Duration of colistin ^a (day)	Nephrotoxicity (%) (no. of case)	Nephrotoxicity definition
Nephrotoxicity defined by using the increase of SCr >1.5–2 times of the baseline						
Falagas et al., 2009 [43]	7	11 (1.2–13)	Fixed dose, 2.1	10 (min– max, 2–23)	0	SCr >1.5 times or >1.3 mg/dL
Karbus et al., 2014 [46]	29 (38 courses)	1.4 (0.3– 18)	2.5 (1.7–2.7) or 5.0 (2.3– 5.6)	12 (2–37)	2.6 (1/38)	SCr >2 times or SCr > normal value
Ozsurekci et al., 2016 [55]	64 (73 courses)	2.5 (0.7– 10.5)	N/A	17.0 (12.0– 30.0)	4.1 (3/73)	SCr >2 times
Sahbudak Bal et al., 2018 [47]	94 (104 courses)	Median, 4.7	5.0 ^b	12.5 ± 6.4	10.5 (11/104)	SCr >1.5 times
Nephrotoxicity defined by using the decrease of CrCl or the increase of SCr						
Karli et al., 2013 [45]	31 (41 courses)	3 (min– max, 0.3–17.0)	4.9 ± 0.5 ^b	19.8 ± 10.3	7.3 (3/41)	Decreased CrCl >50% or SCr >1.1 mg/dL
Kapoor et al., 2013 [5]	50	3.0 (0.1–12)	1.7–2.5	Mean, 14.3 (range, 7–21)	10.0 (5/50)	Decreased CrCl >30% or SCr >2 times
Paksu et al., 2012 [44]	79 (87 courses)	2.5 (0.3– 18.0)	2.25 ± 0.25	17.2 ± 8.4	2.3 (2/87)	Decreased CrCl >50% or SCr >1.1 mg/dL
Tamma et al., 2013 [48]	92	16 (11– 17.5)	5 ^b (non-cystic fibrosis) or 7.5 (cystic fibrosis)	N/A	22.8 (21/92)	CrCl ≤60mL/min, or decrease in the category of clearance

ARC, augmented renal clearance (eGFR >150 mL/min/1.73 m²); CBA, colistin base activity; CrCl, creatinine clearance; N/A, not available; SCr, serum creatinine.

^a Data are shown in mean ± standard deviation or median (range) or described otherwise.

^b No available data whether it was mg of CBA or colistin methanesulfonate.

^c Nephrotoxicity rate within the first week after intravenous colistin initiation.

2.1.8. Colistin determination

2.1.8.1. Colistin and CMS stability

CMS in plasma is hydrolyzed by esterases into formed colistin. At 37 °C, CMS in plasma is hydrolyzed to formed colistin less than 10% after 2 h. However, CMS is hydrolyzed up to 30%, 50%, and 65% at 6, 12, and 24 h, respectively [56]. Blood samples should be processed and stored as soon as possible or within 2 h to avoid further conversion of CMS into formed colistin after collection. Besides the time issue, the sample processing method also affects colistin concentration in sample. Strong acid and excessive heat during the sample preparation process cause further conversion of CMS into formed colistin and lead to colistin overestimation [56, 57]. Reed et al. [58] reported an extraordinarily high plasma colistin C_{\max} of 21.4-23 mg/L in cystic fibrosis patients compared with 2.4–5.4 mg/L reported for other studies (Table 1). From Reed et al. study, plasma samples were treated with perchloric acid and hydrochloric acid and heated at 54 °C for 1 hour. Pretreatment at 54°C with acids may accelerate the hydrolysis of CMS to formed colistin and would potentially be the result of high C_{\max} .

2.1.8.2. Methods of colistin determination

Colistin determination can be separated into 2 steps including the separation process and the detection process. The separation process can be performed by liquid chromatography (LC) technic. Separation of the individual components of a mixture occurs when the mixture travels into a non-polar stationary phase (column) by a polar mobile phase. In the past, this process occurred by using gravity for sample traveling in the machine. Currently, a high-pressure pump is applied to the system to accelerate processing time. So, this technic is called high performance (also known as high pressure) liquid chromatography (HPLC). For the detection process, it could be done by several technics, e.g., ultraviolet (UV) absorbance detector, fluorescent detector, depending on the chemical property of the substance. Many substances including colistin need to be derivatized for better detection [59, 60]. The disadvantage is that sample needs more processes before determination. A more recent technic is liquid chromatography with tandem mass spectrometry (LC-MS/MS). LC-MS/MS is a hybrid system in which a mass spectrometer replaces the more usual UV absorbance detector

in an HPLC system. Mass spectrometry ionizes atoms or molecules to facilitate their separation and detection in accordance with their molecular masses and charges (mass to charge ratio). MS method of detection results in a lower limit of detection regarding more sensitivity.

HPLC methods for colistin determination were reported during 2001-2011 [21, 58, 60]. Some showed limitations as mentioned above such as in Reed et al. study. All of the HPLC methods reported also have a limitation on sample derivatization before colistin determination. Recently, LC-MS/MS is a preferred method for colistin determination in both adult and pediatric colistin pharmacokinetic studies [12, 17, 19, 20, 25, 27].

2.2. Population pharmacokinetics by using nonlinear mixed-effects models approach

2.2.1. Background

The PK study is the study considering the drug movement through the body. This involves the absorption, distribution, metabolism, and elimination of drugs and their metabolites. It is crucial to understand what the human body interacts with any drugs especially for the dosing recommendation including dosage, route of administration, and intervals. The traditional PK study is relatively simple and straightforward, however, there are some limitations and disadvantages. The PPK approach is the current standard tool for estimating the PK parameters and appropriate dosing at one step by using computerized modeling. The advantages and disadvantages of both methods are shown in Table 6 [61, 62].

In detail, PPK is the study to obtain relevant pharmacokinetic information in patients who are representative of the target population. Certain patient demographics (e.g., body weight, age, sex, pharmacogenomics), pathophysiology, and the presence of other therapies can regularly alter dose-concentration relationships. Sources of variability, such as intersubject, intrasubject, and inter-occasion are obtained and quantified by this study during drug evaluation. PPK also seeks to quantitatively estimate the magnitude of the unexplained part of the variability in the patient population [61].

Table 6. Comparison of traditional and population pharmacokinetics.

	Traditional approach	Population PK approach
Number of subjects	Typically, 8–16	Usually more than 40
Type of subjects	Usually performed in healthy subjects	Target population
Number of samples	Intensive (typically more than 10)	Sparse
Sampling schedule	Fixed	Varied
Evaluation for PK parameters	Simple calculation	Time-consuming and requiring skilled pharmacokineticists/pharmacometricians
Covariate identification	Difficult	Yes, quantified

The nonlinear mixed-effects (NLME) model approach currently is the standard method for population pharmacokinetics. This approach incorporates both fixed effects and random effects in the model and allows them to be expressed as a nonlinear function [63]. The number of samples per subject used for this approach is typically small, ranging from one to six. As does the pooled analysis technic, the NLME approach analyzes the data of all individuals at once but takes the interindividual random effects structure into account. This ensures that confounding correlations and imbalance that may occur in observational data are appropriately accounted for [64].

2.2.2. Model development [65]

Model development is initiated by identifying a base model composed of a structural model and variance models. The structural model is the model that best describes the data without covariates, such as one- or two-compartment model. A plot of concentration-time profile for population data set would help reveal patterns and structure in the data and would lead to selecting the most appropriate and simplest one. The variance models consist of two main sources of variability including interindividual variability (IIV) and residual variability (RV). IIV is the variance of a parameter across

different individuals in the population; RV is the unexplained variability in the observed data after controlling for other sources of variability. IIV should be assumed as a lognormal distribution regarding its biological variation by nature is lognormal. The base model which consists of the simplest structural, IIV, and RV models will be chosen by considering the objective function value (OFV), which is comparable to twice negative log-likelihood (-2LL), Akaike information criterion (AIC), Bayesian information criterion (BIC), and graphical examinations.

Afterward, covariate model building is performed. Covariates selected should have a physiological rationale for their inclusion in the base model or be described previously in the literature. Then the stepwise forward addition and backward elimination are implemented to obtain the final model. Based on the χ^2 test, the covariate is considered as a significant one in the forward addition step when it reduces -2LL significantly (e.g., a reduction of $-2LL > 6.64$ correspondings with $P < 0.01$, degree of freedom = 1). Then, a backward elimination step is performed. The covariate will be retained in the final model when it causes an increase of -2LL significantly (e.g., a reduction of $-2LL > 10.83$ correspondings with $P < 0.001$, degree of freedom = 1) when it is sequentially removed from the full model during backward elimination.

2.2.3. Model evaluation

2.2.3.1. Goodness-of-fit plots [66]

Goodness-of-fit plots are graphically assessed for the accuracy of a model. Goodness-of-fit assessments require diagnostic plots, such as the observed concentrations (DV) versus individual-predicted concentrations (IPRED) or population-predicted concentrations (PRED); the conditional weighted residuals (CWRES) versus population-predicted concentrations (PRED) or time after dose (TAD). If the model could well describe the data, the line of identity (intercept 0 and slope 1) should run through the center of DV versus IPRED and PRED plots. The plots of CWRES should be scattered evenly above and below the zero reference line (intercept 0 and slope 0) and within +2, -2.

2.2.3.2. Bootstrap [66]

The bootstrap method is performed to assess the reliability of the final model. Practically, 1,000 data sets will be generated by random sampling with replacement from the original data. The final model parameters will be all estimated, and their median and 95% CI will be also calculated. Bootstrap is considered successful if the 95% CI for each parameter encompassed the initial estimate parameter and met the prespecified convergence rate (95% CI does not include zero).

2.2.3.3. Visual predictive check [67]

A visual predictive check is used to assess predictive performance. The estimated parameters of the model are fixed and used for simulating a certain number of a virtual data set, e.g., 1,000 replicates. Then, observed data are compared to the simulated data. If the model has adequate predictive performance, the observed data will lie within the 90% CI of the corresponding quantiles of simulated data. However, when the difference of predictions within a bin is mainly due to different values of other independent variables, e.g., dose, covariates, the diagnosis may be problematic or misleading. Prediction-corrected VPC (pcVPC) differs from traditional VPC in that the dependent variable has been subject to prediction correction before the statistics are calculated. The variability coming from variations in independent variables within a single bin is removed by normalizing the observed and simulated dependent variable based on the typical population prediction. pcVPC is a more informative diagnostic tool for assessing mixed-effects models that facilitates the development of more predictive models and hence result in better possibilities for model-based decision making.

2.3. Monte Carlo simulation for pharmacodynamic assessment

Monte Carlo simulation or simulation is a method that incorporates the interindividual variability in PK among potential patients to model the probability of different outcomes. First, the PPK model consists of all those elements that link the known inputs into the system (e.g., dose, dosing regimen, PK model, PK/PD model, covariate-PK/PD relationships, disease progression) to the outputs of the system (e.g., exposure, PD response, outcome, or survival) is created. Then, the simulation will be done. The outputs of the system are driven by the inputs into the system and may reflect

something as simple as exposure (area under the curve, PK parameters, or C_{\max}) or something more complicated, such as survival. The number of replications that is sufficient to observe rare events is in the thousands regarding rare events rarely occur and large numbers are needed to see them. Large replicate numbers are also needed to obtain confidence intervals or estimates of variance components [68, 69].



CHAPTER III METHODOLOGY

Prior to this study, a prospective, traditional full pharmacokinetic study of intravenous colistin in 20 pediatric patients with an age range of 2.2–14.9 years was conducted regarding the lack of PK data in the pediatric population (study 1, the clinical trial registry number: TCTR20171119001, <http://www.clinicaltrials.in.th>). The main objectives of the study were to understand the PK characteristics of intravenous colistin and to explore the PK benefit of administering an intravenous colistin loading dose. In this study, a prospective, multicenter, population pharmacokinetic study was conducted to gain more understanding about PK characteristics in the pediatric population (study 2). The age ranges of study participants were also broadened into infants from 1 month of age for better generalizability of the data in the population. With larger study participants, the effect of plausible covariates on colistin PK parameters could be tested and quantified. The dose recommendation could also be generated. Apart from the PK study, a retrospective study in larger pediatric patients was conducted for more understanding of the association of colistin, especially when giving a loading dose, and the rate of AKI in this population (study 3). The scope and characteristics of each study are summarized in Table 7. The methodology of the population pharmacokinetic study (study 2) is described in this chapter. The methodology of study 3 is described in Appendix A.

Table 7. Scope and characteristics of three studies on intravenous colistin in pediatric patients.

	Study 1	Study 2	Study 3
Study design	Prospective, traditional, full PK study	Prospective, multicenter, population PK study	Retrospective study
Inclusion criteria for age	2–18 years	1 month–12 years	1 month–18 years
Enrollment period	Aug 2014– Apr 2018	KCMH Mar 2018–March 2021 QSNICH Oct 2018–Dec 2020	KCMH 2014–2019
Number of patients	20 (KCMH) (7-8 blood samples/subject; sampling time: 1, 2, 4, 8, 12 (only for patients who were prescribed colistin every 12 h), 24, 48, and 72 h after the first dose)	59: KCMH 19; QSNICH 40 For population PK analysis, 79 were enrolled (59 from study 2 and 20 from study 1)	181 (including 20 from study 1 and 15 of KCMH from study 2)
Age, median (interquartile range)	8.5 years (3.5–11.3)	2.6 years (0.8–6.8)	2.0 years (0.7–6.9)
Age range (min–max)	2.2–14.9 years	1 month–14.9 years (pooled participants of study 1 and 2)	1 month–17.1 years

KCMH, King Chulalongkorn Memorial Hospital; PK, pharmacokinetic; QSNICH, Queen Sirikit National Institute of Child Health.

3.1. Study design

This study is a prospective, multicenter, population pharmacokinetic study of intravenous colistin in pediatric patients. The clinical trial registry number is TCTR20180526001 (<http://www.clinicaltrials.in.th>).

3.2. Patients and methods

3.2.1. Population and samples

3.2.1.1. Target population: pediatric patients

3.2.1.2. Study population: pediatric patients who were hospitalized at King Chulalongkorn Memorial Hospital (KCMH), Faculty of Medicine, Chulalongkorn University or Queen Sirikit National Institute of Child Health (QSNICH), Department of Medical Services, Ministry of Public Health.

3.2.1.3. Sample size calculation

The general recommendations for the sample size of not less than 40 [62] and the number of blood samples of 1–6 per subject in various times [70] for the population pharmacokinetic study were applied. The number of participants in this study was 60 with 2–6 blood samples per participant.

3.2.1.4. Study participants: 60 patients

- Thirty-five patients with the age of 1 month to 2 years
- Twenty-five patients with the age of > 2 years to 12 years

3.2.1.5. Inclusion criteria

- Patients aged from 1 month to 12 years at the day of the first dose of colistin given
- Adequate vascular access to enable blood collection
- Written informed consent by a caregiver

3.2.1.6. Exclusion criteria

- Body weight < 3 kg

- Receiving intravenous colistin > 5 doses at the day of enrollment
- Receiving renal replacement therapy (RRT) or extracorporeal membrane oxygenation (ECMO)
- Received any routes of colistin within 14 days prior to the day of enrollment
- Concomitantly receiving another route of colistin rather than an intravenous injection

3.2.2. Data collection

The following data were recorded in the case report form:

- Demographic data: age, sex, actual body weight, height or length, underlying disease
- Laboratory data: SCr, eGFR ($0.413 \times \text{height/SCr}$ [28]), Alb, complete blood count
- Microbiological data
- Indication for colistin use
- Colistin dosage regimen: mg of CBA per kg/dose, actual administration time, infusion time, dosing interval

3.2.3. Recommended dose of colistin

- The formulation of colistin injection was CMS including Mellistin™ injection (equivalent to 150 mg of CBA/vial), Siam Pharmaceutical Co. Ltd., Bangkok, Thailand (KCMH) (Appendix B), and Colistin-150™ injection (equivalent to 150 mg of CBA/vial), Universal Medical Industry Co. Ltd., Bangkok, Thailand (QSNICH) (Appendix C).
- Loading dose: 4 mg of CBA/kg/dose
- Maintenance dose: 5 mg of CBA/kg/day divided into every 8–12 h intervals
- Each dose of colistin should be dissolved in 5–10 mL of normal saline solution and infused intravenously via infusion pump over 30 min.

- The first maintenance dose should be started 12 h after administering a loading dose.
- Colistin could be prescribed otherwise regarding the attending physician's judgment.

3.2.4. Blood sampling

- 3 mL of whole blood in EDTA tube per sample
- 60 patients were stratified by age into 2 groups (Figure 3): group A was 1 month to 2 years of age (35 subjects); group B was > 2 years to 12 years of age (25 subjects).
 - Group A
 - At least 20 patients: 2–3 blood samples were collected after the 1st dose of colistin.
 - The rest: 2–3 blood samples were collected after the 6th dose of colistin.
 - Group B
 - At least 10 patients: 3 blood samples were collected after the 1st dose and the 6th dose of colistin.
 - The rest: 3 blood samples were collected after the 1st dose or the 6th dose of colistin.
- Blood sampling times were varied regarding drug intervals (Table 8).
- The actual time of colistin administration and blood sampling were recorded.

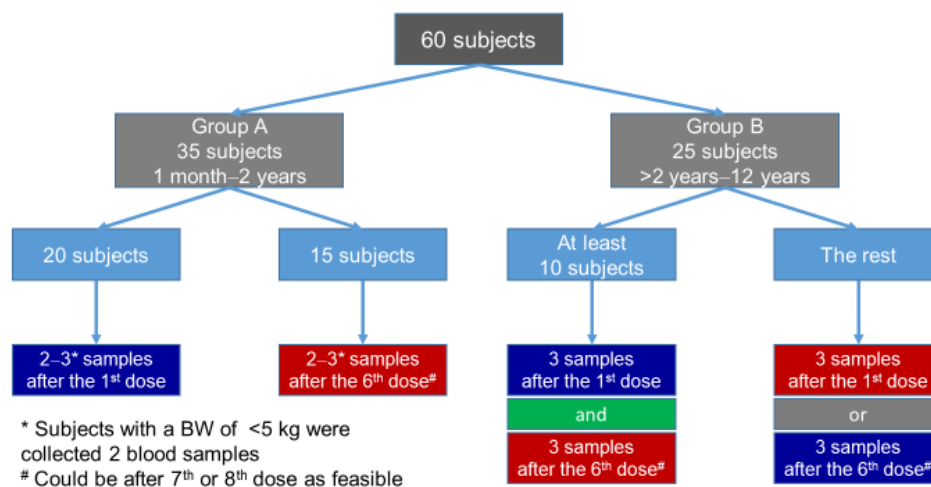


Figure 3. Blood sampling stratification.

Table 8. Blood sampling schedule varied by colistin administration intervals.

Interval (h)	Time (h) after starting colistin infusion ^a				
	0.5–1	2–4	6–8	6–12	12–24
8	X	X	X		
12	X	X		X	
24		X	X		X

^aAny two out of three sampling times could be selected for the patients who need to be collected only 2 blood samples.

3.2.5. Determination of colistin concentration in plasma

- Blood samples were transported from clinical sites to the Chula Clinical Research Laboratory (CRL) under 4 °C and were processed within 2 h after collection.
- Blood samples were centrifuged at 4000 RPM under 4 °C. Plasma samples were stored at -70 °C until analysis.
- Plasma formed colistin (colistin A + colistin B) was determined at the Clinical Pharmacokinetics and Pharmacogenomics Research Unit, Department of Pharmacology, Faculty of Medicine, Chulalongkorn

University, Bangkok, Thailand by using liquid chromatography-tandem mass spectrometry (LC-MS/MS) method (Shimadzu LCMS-8040 triple quadrupole mass spectrometer by Shimadzu Corporation, Kyoto, Japan) as previous reports with modifications [71, 72]. A volume of 200 μ L of plasma was mixed with 10 μ L of internal standard solution (40 mg/L of netilmicin sulfate) and 200 μ L of distilled water. The mixture was loaded onto solid-phase extraction (SPE) column (Oasis® HLB SPE cartridges) preconditioned with 1 mL of methanol followed by 2 mL of distilled water. The SPE column was flushed with 1 mL of 5% methanol. The analytes were then eluted with 1.4 mL of 0.1% formic acid in methanol (vol/vol). The eluate was evaporated at 30 °C and the residue was reconstituted with 400 μ L of the mobile phase, and 10 μ L of the reconstituted sample was injected into the LC-MS/MS system. The separation process was run through the XBridge HILIC 3.5 μ m 3 \times 150 mm column at a flow rate of 200 μ L/min. The mobile phases were 0.1% formic acid in acetonitrile (vol/vol) and 0.1% formic acid in distilled water (vol/vol). Electrospray ionization in the positive-ion mode and multiple reaction-monitoring were used. The mass-to-charge ratios (m/z) were 585.5/101.1 for colistin A, 578.5/101.1 for colistin B, and 476.25/191.25 for netilmicin sulfate (the internal standard). The validated assay ranges of formed colistin were 0.1-6.4 mg/L (see Appendix C for LC-MS/MS method validation). The plasma samples which exceeded colistin from the validated ranges were further diluted and repeated determination.

3.2.6. Population pharmacokinetic analysis and simulation

3.2.6.1. Software

PPK analysis and simulation were performed using PhoenixTM version 8.3. A nonlinear mixed-effects model was developed using the first-order conditional estimation-extended least-squares (FOCE ELS) method. Plasma colistin concentration data from the current study and study 1 [25] were simultaneously analyzed.

3.2.6.2. Model development

- Structural model: One- and two-compartment models were explored by observing the log-concentration versus time profiles of 20 sample-rich participants, and goodness-of-fit plots.
- Variance models: For the colistin population pharmacokinetics model, the IIV was described by the exponential error model [12, 73]. To find out the residual variability of the parameters, the additive, proportional (so-called multiplicative in Phoenix software), and additive with proportional residual error models were tested.
- Covariate model: The potential covariates were considered including age, sex, SCr, eGFR (so-called CrCl), and serum albumin. Covariates were screened with a stepwise approach. During the forward addition step, covariates were added to the model. The significant covariates in this step were defined by a reduction of $-2LL > 6.64$ ($P < 0.01$). All covariates that met these criteria were included in the full model. Then, a backward elimination step was done in which each covariate was sequentially removed from the full model. The covariates were retained in the final model when there was an increase of $-2LL > 10.83$ ($P < 0.001$) during backward elimination step.
- Covariance model: Diagonal and non-diagonal models were tested. Model selection was based on statistical significance between models using $-2LL$, AIC, and BIC.

3.2.6.3. Final model evaluation

- Goodness-of-fit plots were performed to qualify the final model, which included PRED and IPRED versus DV, and CWRES versus PRED and TAD.
- Bootstrap was performed for evaluating the stability and robustness of the final model. Repeated random sampling with replacement from the original data set generated 1000 replicates. Median values of

estimated parameters with 95% CI from the bootstrap method were compared with those estimated from the original dataset.

- The prediction-corrected visual predictive check was used for internal model validation. One thousand times simulation replicates of the original data set were performed with the final model. The 5th, 50th, and 95th percentiles with the 90% CI of them were calculated. Then, the observed concentrations were plotted against TAD and the observed concentrations were compared with the distribution of simulated data.

3.2.7. Pharmacodynamic assessment using simulation

Regarding the parameter estimates from the final PPK model, a set of CL (10,000 replicates in each clinical scenario) was simulated. The IIV and RSV were included in this simulation. The dosing schemes were set at 5, 7.5, 10, and 12.5 mg of CBA/kg/day divided into 12-h intervals. Each colistin dose was set as a 30-min intravenous infusion. The $C_{ss,avg}$ was calculated using simulated CL as follows,

$$C_{ss,avg} \text{ (mg/L)} = AUC_{24h} \text{ (mg/L*h)}/24 \text{ (h)}, \text{ when } AUC_{24h} = \text{dose per day (mg/kg)}/CL \text{ (L/kg*h)}$$

The probability of target attainment (%PTA) was predicted across the target $C_{ss,avg}$ of 0.25, 0.5, 1.0, 2.0, and 4.0 mg/L.

3.2.8. Statistical analysis

3.2.8.1. Baseline characteristics and microbiological data were reported as median with interquartile range (IQR) for continuous variables, and count with percentage for categorical variables.

3.2.8.2. Study 2: Population pharmacokinetic analysis and simulation were performed. The detail for analysis is described in section 3.2.6. Population pharmacokinetic analysis and simulation.

3.2.8.3. Study 3: Factors associated with AKI were assessed using univariable and multivariable logistic regression and are presented using odds ratios and 95% CI with P-values of Z-test. Factors with the association of $P < 0.1$ in

univariable analysis were selected for further multivariable analysis. The interested different initial doses of colistin treatment were included in the multivariable model for adjusting the association with AKI. Stata/SE version 13.0 was used for all data analyses.

3.3. Study outcomes

3.3.1. The primary outcome: the estimated parameters (V, CL) of the formed colistin and the covariate(s) influencing the PK parameters

3.3.2. The Secondary outcomes

- The dose recommendation of intravenous colistin regarding significant covariates
- The associated factors of AKI rates in pediatric patients administered with intravenous colistin.

3.4. Ethical considerations

The study protocol was submitted to the Institutional Review Board of both clinical research sites (KCMH and QSNICH) and approved before patient enrollment (Appendix D). Ethical considerations were as follows:

- Respect of person: The investigators described the study procedure and provided clear and adequate information before receiving consent. Written informed consent was obtained from the parents of all participants. Written informed assent was obtained from the participants aged ≥ 7 years, if appropriate. The participants could independently decide whether to join the study or not without any effects on their medical management. Participants were able to withdraw from the study at any time. The investigators will keep the patient's information confidential.
- Beneficence: Participants would not receive any direct benefit from this study but the valuable data from this study will guide the clinicians to be able to choose the appropriate dose of colistin for the other patients in the future.
- Justice: Patients who met the inclusion criteria without any exclusion criteria were equally eligible to participate in this study.

CHAPTER IV RESULTS

4.1. Demographic and clinical data

4.1.1. Patient demographics

From March 2018 to February 2021, 59 patients were enrolled (19 from KCMH, 40 from QSNICH). The proposed sample size described in the methodology was 60, however, the COVID-19 situation in Thailand and also in Bangkok is getting worse resulting in the obstacle of patient enrollment. The enrollment process was stopped at 59 patients. This would not affect the PPK analysis process. Of 59 patients, 34 were in group A (age 1 month to 2 years), 25 were in group B (age > 2 years to 12 years). Together with 20 patients from KCMH from the previous study, a total of 79 patients were eligible for this study. Of these patients, 39 (49.4%) were male, and the median age was 2.6 years (IQR, 0.8–6.8 years); 61 (77.2%) had at least one comorbidity which malignancy was the most common; 73 (92.4%) were admitted to intensive care units (ICU). The most common colistin indication was ventilator-associated pneumonia. Patient demographics are summarized in Table 9. Median baseline serum creatinine classified by age groups are summarized in Table 10 and demonstrated that younger infants and children had lower baseline SCr compared with older children.

4.1.2. Colistin administration

A colistin loading dose of 4–5 mg of CBA/kg/dose was administered in 38 (48.1%) patients: 29 (74.4%) of KCMH patients; 9 (22.5%) of QSNICH patients. The 12-h dosing interval was the majority ($n = 69$ (87.3%): 29 (74.4%) of KCMH patients; 40 (100%) of QSNICH patients. Median colistin maintenance dose was 5.0 mg of CBA/kg/day (IQR, 4.9–5.0).

4.1.3. Microbiological data

Bacterial cultures were obtained from 79 patients including tracheal suction culture ($n = 54$, 68.4%), hemoculture ($n = 20$, 25.3%), urine culture ($n = 4$, 5.1%), and wound swab culture ($n = 1$, 1.3%). Of the 79 patients, 47 (59.5%) were positive for MDR-GNB of interest including: *A. baumannii* ($n = 34$; carbapenem-resistant isolates = 29, 85.3%), Enterobacteriaceae (*E. coli*, *K. pneumoniae*, and *Enterobacter* spp.) ($n =$

10, carbapenem-resistant isolates = 4, 40%), and *P. aeruginosa* ($n = 3$; carbapenem-resistant isolates = 2).

Table 9. Patient demographics.

Characteristics, N = 79	Results ^a
Age, year	2.6 (0.8–6.8)
Age group	
1–12 months	21 (26.6)
>1–2 years	13 (16.4)
>2–4 years	18 (22.8)
>4–7 years	8 (10.1)
>7–10 years	9 (11.4)
>10–15 years	10 (12.7)
Weight, kg	12.0 (7.4–20.0)
Height or length, cm	90.0 (68.0–113.0)
Baseline eGFR, mL/min/1.73 m ²	147.8 (102.5–186.9)
Baseline serum creatinine, mg/dL	0.25 (0.19–0.32)
0.10–0.20	27 (34.2)
0.21–0.30	32 (40.5)
0.31–0.40	9 (11.4)
0.41–0.50	5 (6.3)
0.51–0.75	6 (7.6)
Serum albumin, g/dL	3.3 (3.1–3.6)
Comorbidity	61 (77.2)
Malignancy	23 (29.1)
Neurologic disease	14 (17.7)
Chronic cardiac disease	10 (12.7)
Chronic pulmonary disease	9 (11.4)
Receiving immunosuppressive agent	7 (8.9)
Others	4 (5.1)

Intensive care unit admission	73 (92.4)
Receiving colistin loading dose ^b	38 (48.1)
Colistin maintenance dose, mg of CBA/kg/day	5.0 (4.9–5.0)
Colistin indication ^c	
Ventilator-associated pneumonia	53 (67.1)
Sepsis/CLABSI/CRBSI	24 (30.4)
Urinary tract infection	4 (5.1)
Skin and soft tissue/surgical site infection	3 (3.8)
Intraabdominal infection	1 (1.3)

CBA, colistin base activity; CLABSI, central line-associated bloodstream infection; CRBSI, catheter-related bloodstream infection; eGFR, estimated glomerular filtration rate.

^a data are shown as count (%) or median (interquartile range).

^b colistin methanesulfonate 4–5 mg of CBA/kg/dose.

^c Some patients were diagnosed with >1 clinical syndromes.

Table 10. Median baseline serum creatinine classified by age groups.

Age groups	n (%)	Median SCr (IQR)
1–12 months	21 (26.6)	0.24 (0.20–0.29)
>1–2 years	13 (16.4)	0.20 (0.17–0.29)
>2–4 years	18 (22.8)	0.21 (0.18–0.27)
>4–7 years	8 (10.1)	0.20 (0.17–0.33)
>7–10 years	9 (11.4)	0.34 (0.27–0.57)
>10–15 years	10 (12.7)	0.42 (0.30–0.51)

IQR, interquartile range; SCr, serum creatinine.

4.1.4. The association of giving an intravenous colistin loading dose and rates of AKI

From study 3, A total of 181 children were enrolled. Ninety-five patients (52.5%) were male. The median age was 2.0 years (IQR, 0.7–6.9). All patients were prescribed colistin with concomitant antibiotics. Three most common concomitant antibiotics were meropenem (70.2%), sulbactam-containing antibiotics (ampicillin/sulbactam, cefoperazone/sulbactam, or sulbactam) (44.2%), and aminoglycosides (amikacin or gentamicin) (12.7%).

Data on SCr were available in all patients ($n = 181$) at the 1st week after colistin initiation, and 170 (93.9%), 87 (48.1%), and 39 (21.5%) at the 2nd, 3rd, and 4th week, respectively. Overall AKI rates within the 1st week and the 4th week after colistin initiation among patients without impaired kidney function at baseline (eGFR ≥ 80 mL/min/1.73 m²) ($n = 157$) were 20.4% (32/157) and 29.3% (46/157), respectively. Augmented renal clearance (eGFR ≥ 150 mL/min/1.73 m²) may cause falsely low SCr at the baseline, of which the definition of 1.5 times SCr may bias towards a high rate of AKI. Therefore, a subset of data that included only 94 patients with a baseline eGFR of 80–150 mL/min/1.73 m² was re-analyzed. Overall AKI rates within the 1st week and the 4th week after colistin initiation were 12.8% (12/94) and 21.3% (20/94), respectively. Stage 1 AKI still was the most common ($n = 13$, 65.0%). Administering a loading dose was not associated with AKI. The factor that was associated with AKI was concomitant nephrotoxic agents (Table 11). The overall 30-day mortality rate was 11%.

Table 11. Association of characteristics of pediatric patients without impaired kidney function at baseline administered with intravenous colistin and acute kidney injury.

	Total	With AKI <i>n</i> (%)	Crude OR (95% CI)	P- Value	Adjusted OR (95% CI)	P- Value
Total	157	46 (29.3)				
The first dose of colistin treatment						
Loading dose	62	16 (25.8)	1		1	
Standard dose	95	30 (31.6)	1.33 (0.65–2.71)	0.44	1.30 (0.61–2.77)	0.49
Colistin treatment duration in days						
1–7	79	23 (29.1)	1			
8–14	50	13 (26.0)	0.84 (0.38–1.86)	0.67		
15–30	28	10 (35.7)	1.33 (0.53–3.31)	0.54		
Age						
>2–18 years	82	19 (23.2)	1		1	
1 month–2 years	75	27 (36.0)	1.86 (0.93–3.74)	0.08	1.83 (0.88–3.81)	0.10
Gender						
Female	77	21 (27.3)	1			
Male	80	25 (31.2)	1.21 (0.61–2.41)	0.58		
Co-morbidity						
No	16	3 (18.7)	1			
Yes	141	43 (30.5)	1.90 (0.52–7.02)	0.34		
Colistin indication						
Others ^a	19	3 (15.8)	1		1	
Sepsis/ CRBSI/ CLABSI	82	22 (26.8)	1.96 (0.52, 7.37)	0.32	1.87 (0.45–7.73)	0.39
VAP	56	21 (37.5)	3.2 (0.83, 12.30)	0.09	3.62 (0.85–15.41)	0.08
No. of concomitant nephrotoxic drugs being prescribed within 3 days after colistin initiation						
0	15	1 (6.7)	1		1	
1–2	116	33 (28.4)	5.57 (0.70–44.04)	0.10	5.25 (0.63–43.88)	0.13
≥3	26	12 (46.2)	12.00 (1.37– 105.13)	0.02	13.99 (1.49– 131.63)	0.02

AKI, acute kidney injury; CI, confidence interval; CLABSI, central line-associated bloodstream infection; CRBSI, catheter-related bloodstream infection; OR, odds ratio; VAP, ventilator-associated pneumonia.

^aOthers included urinary tract infection, surgical site infection, and intraabdominal infection.

4.2. Population pharmacokinetic analysis

Data were obtained from Study 1 (20 patients, 147 plasma samples) and Study 2 (59 patients, 187 plasma samples) to form a data set of 334 plasma colistin concentrations and used for population PK modeling. Plasma colistin concentration versus time profile is shown in Figure 4.

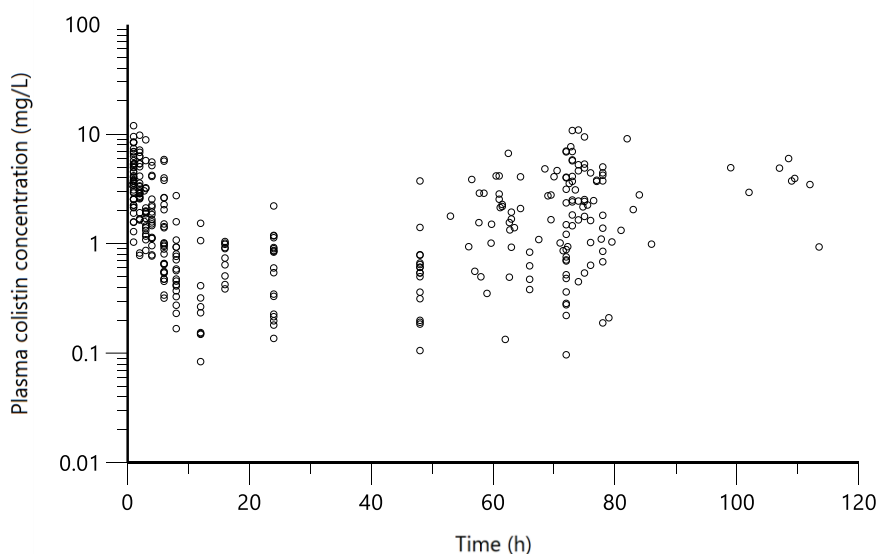


Figure 4. Plasma colistin concentrations versus time profile of pediatric patients after receiving intravenous colistin.

4.2.1. Base model

Plasma colistin concentration-time profiles and goodness-of-fit plots for the structural model from 20 sample-rich patients are shown in Figures 5 and 6, respectively. The PK characteristics of colistin were well described by the one-compartment model with first-order elimination. The population base model was parameterized in terms of the volume of distribution (V) and clearance (CL). The IIV was described by an exponential error model:

$$P_i = \theta(P) \times \exp(\eta_i)$$

where P_i is the PK parameter estimation of the i^{th} subject, $\theta(P)$ is the typical value, and η_i is a random variable for individual i^{th} , which is a normally distributed random variable with mean zero and variance ω^2 .

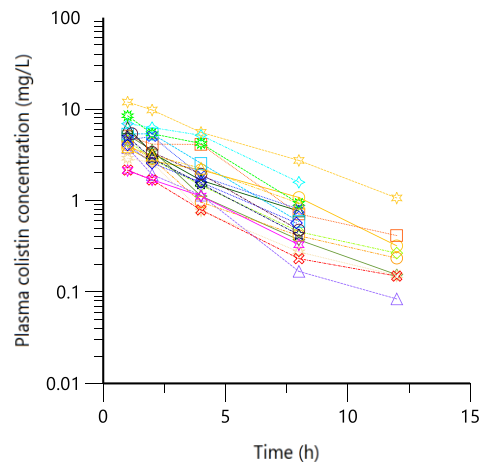


Figure 5. Plasma colistin concentrations versus time profile of 20 patients after administering the first dose of colistin. (data from Study 1 [25]).

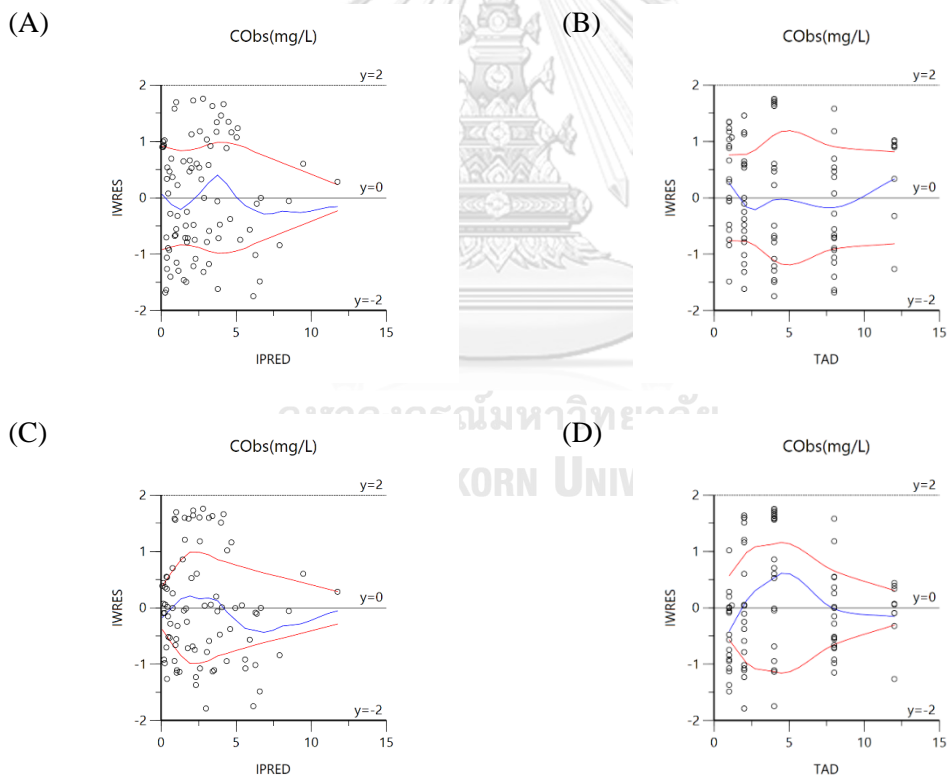


Figure 6. Goodness-of-fit plots for the structural model.

1-compartment (A, B) 2-compartment (C, D). Cobs, observed concentration; IPRED, individual-predicted concentrations; IWRES, individual weighted residuals; TAD, time after dose. The blue line is trend line, and the red line is trend line of absolute IWRES.

The residual variability (RV) models including additional, proportional, and additional with proportional were compared. The comparisons of -2LL, AIC, BIC, and population pharmacokinetic parameter estimates in this process are shown in Table 12. Even though the additional with proportional RV model resulted in the lowest -2LL (796.454), it was not significantly different from the result of the proportional RV model (796.726). Moreover, the proportional RV model resulted in lower values of AIC and BIC. The proportional RV model was selected. Therefore, the one-compartment model with exponential IIV and proportional RV model was the appropriate base model for the next step. Goodness-of-fit plots for the base model are shown in Figure 7 A, B and Figure 8 A, B. The base model provided well-predicted concentrations that corresponded to observed concentrations. However, the model seemed underpredicted with high observed concentrations.

Table 12. The comparisons of -2LL, AIC, BIC, and population pharmacokinetic parameter estimates in the residual error model selection process.

Residual error models	-2LL	AIC	BIC	PK parameter estimates					
				V (L/kg)	CV%	95% CI	CL (L/kg*h)	CV%	95% CI
Add	1011.464	1021.464	1040.52	0.616	7.83	0.521-0.711	0.125	8.34	0.104-0.145
Prop	796.726	806.726	825.782	0.699	7.68	0.594-0.805	0.137	7.99	0.116-0.159
Add with Prop	796.454	808.454	831.321	0.698	7.67	0.593-0.803	0.137	8.01	0.116-0.159

-2LL, twice negative log-likelihood; Add, additive; AIC, Akaike information criterion; BIC, Bayesian information criterion; CL, clearance; CV, confidence interval; Prop, proportional; V, volume of distribution.

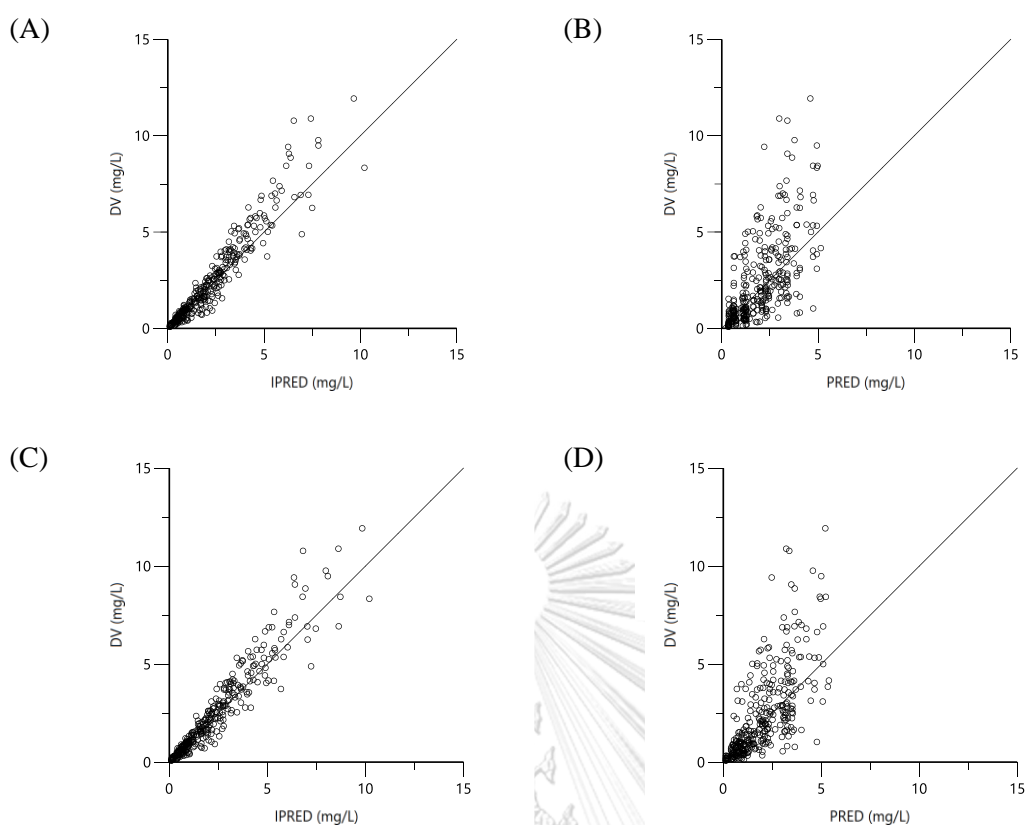


Figure 7. Goodness-of-fit plots (DV versus IPRED or PRED) for the base model and the final model.

Base model (A and B); final model (C and D); Observed concentrations (DV) versus individual-predicted concentrations (IPRED) (A and C); DV versus population-predicted concentrations (PRED) (B and D).

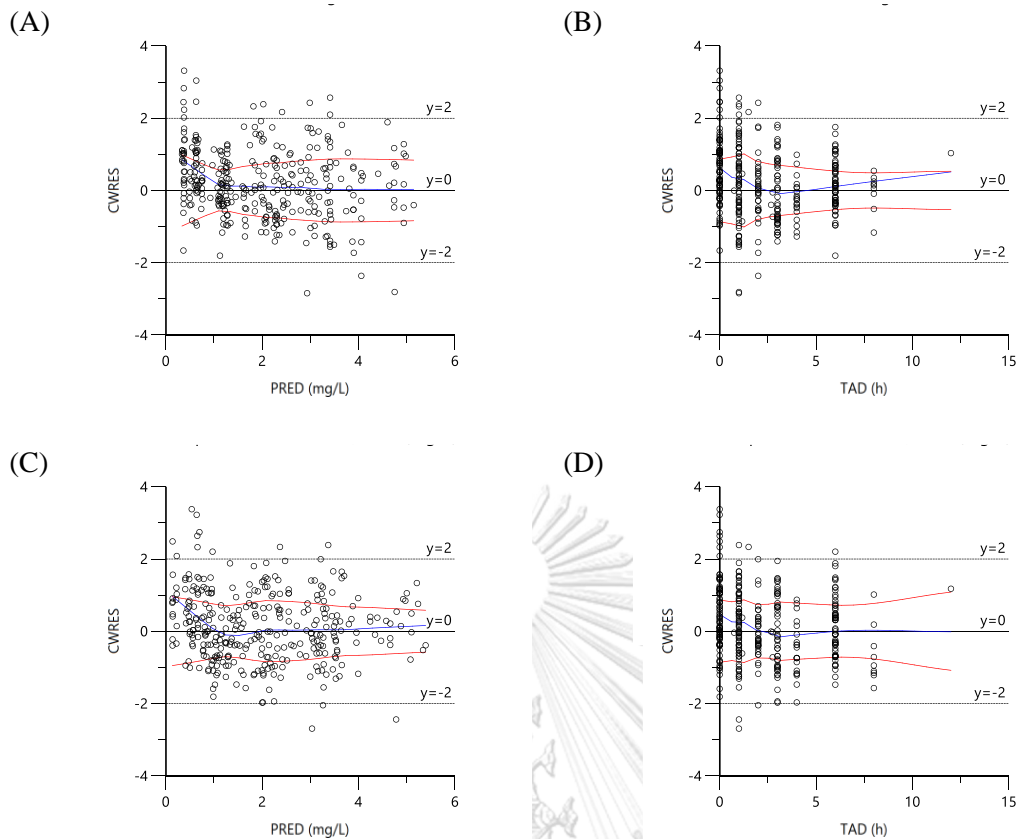


Figure 8. Goodness-of-fit plots (CWRES versus PRED or TAD) for the base model and the final model.

Base model (A and B); final model (C and D); Conditional weighted residuals (CWRES) versus population-predicted concentrations (PRED) (A and C); CWRES versus time after dose (TAD) (B and D). The blue line is the trend line, and the red line is the trend line of absolute CWRES.

4.2.2. Covariate model and final model

The relationship between individual covariate values and random effect (η , Eta) of the volume of distribution and drug clearance was explored during the covariate search process. Box plots for categorical covariate and plots for continuous covariate versus Eta are shown in Figure 9. Of all covariates tested (age, sex, body weight, SCr, eGFR, Alb), V had a fair correlation with age, eGFR, and SCr; CL had a fair correlation with age and eGFR and a strong correlation with SCr. Alb and body weight were less likely to correlate with both V and CL. During the forward addition step, SCr and eGFR on CL reduced -2LL for >6.64. However, SCr on CL (CL-SCr) resulted in the most reduction of -2LL (32.147 versus 17.805). No further addition was found to reduce -2LL for >6.64. In the backward elimination step, SCr was removed from the model. It was found that -2LL was increased by 32.147 (>10.84). SCr effect on CL was retained in the final model. A summary of changes of -2LL during the forward addition and backward elimination steps is shown in Table 13.

The relationship between V and CL was evaluated by covariance models. It was found that the non-diagonal model further reduced -2LL from 764.579 to 717.148. A summary of changes of -2LL, AIC, and BIC is shown in Table 14. The final population PK model is as follows:

$$\text{CL (L/kg}^*\text{h)} = \theta_{\text{CL}} \times \text{SCr}^{\theta_1} \times \exp(\eta_{\text{CL}})$$

$$\text{V (L/kg)} = \theta_{\text{V}} \times \exp(\eta_{\text{V}})$$

where θ_{V} and θ_{CL} are the typical values of V and CL, respectively. θ_1 is the correction factor of SCr. The details of θ_{V} , θ_{CL} , and θ_1 are summarized in Table 15.

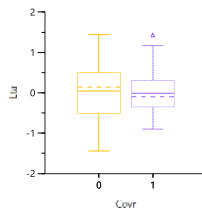
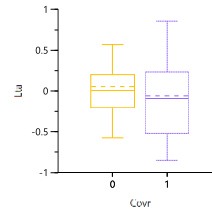
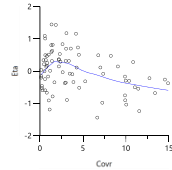
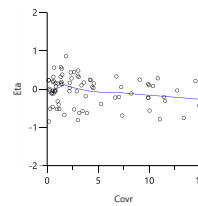
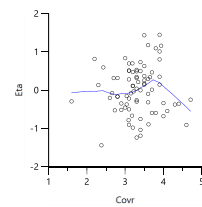
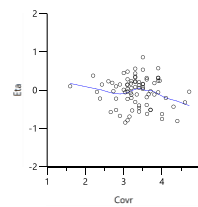
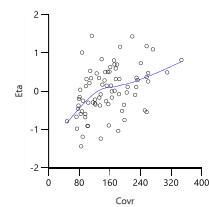
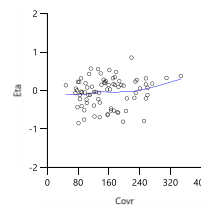
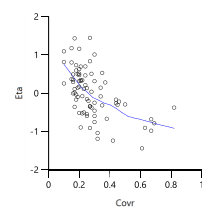
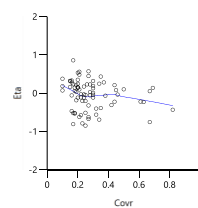
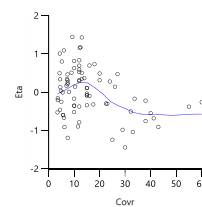
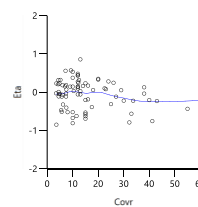
η_{CL} , Sex (0-female, 1 male) η_V , Sex (0-female, 1 male) η_{CL} , Age (year) η_V , Age (year) η_{CL} , Alb (g/dL) η_V , Alb (g/dL) η_{CL} , eGFR (mL/min/1.73 m²) η_V , eGFR (mL/min/1.73 m²) η_{CL} , SCr (mg/dL) η_V , SCr (mg/dL) η_{CL} , Body weight (kg) η_V , Body weight (kg)

Figure 9. Scatterplots of the relationship between individual covariate values and random effect of drug clearance and volume of distribution during the covariate search process.

η or Eta, random effect; CL, drug clearance, V, volume of distribution.

Table 13. Forward addition and backward elimination steps of covariate model development.

Steps	Covariate added/subtracted	-2LL	Δ -2LL
cstep00	Base model	796.726	
First, find effect to add that reduces -2LL the most (>6.64)			
cstep01	V-Age	794.802	1.924
cstep02	CL-Age	794.322	2.404
cstep03	V-SCr	793.830	2.896
cstep04	CL-SCr	764.579	32.147
cstep05	V-eGFR	796.724	0.002
cstep06	CL-eGFR	778.921	17.805
<i>Result: cstep04 CL-SCr was chosen.</i>			
Second, find effect to add on CL-SCr that reduces -2LL the most (>6.64)			
cstep07	CL-SCr V-Age	762.735	1.862
cstep08	CL-SCr CL-Age	764.120	0.477
cstep09	CL-SCr V-SCr	761.552	3.045
cstep10	CL-SCr V-eGFR	764.317	0.28
cstep11	CL-SCr CL-eGFR	764.289	0.308
<i>Result: No further effect chosen to add.</i>			
Third, find effect to subtract that increases -2LL the least (<10.83)			
	CL-SCr	796.726	32.147

Result: No effect chosen to subtract. Final scenario to use was cstep04 CL-SCr.

-2LL, twice negative log-likelihood; CL, clearance; eGFR, estimated glomerular filtration rate; SCr, serum creatinine; V, volume of distribution.

Remark: At step cstep06, eGFR on CL significantly reduced -2LL for > 6.64 (17.805) but less than SCr on CL (32.147), Thus, SCr was selected.

Table 14. Evaluation of covariance model.

Covariance models	-2LL	AIC	BIC
Diagonal	764.579	776.579	799.446
Non-diagonal	717.148	731.148	757.826

-2LL, twice negative log-likelihood; AIC, Akaike information criterion; BIC, Bayesian information criterion.

Table 15. Population pharmacokinetic parameter estimates of the final model and bootstrap.

Parameters	Base model parameters		Final model parameters		Bootstrap (N = 1000)		
	Estimate	%RSE	Estimate	%RSE	Median	2.5 th percentile	97.5 th percentile
θ_{CL} , L/kg*h	0.137	7.99	0.069	18.40	0.069	0.048	0.097
θ_v , L/kg	0.699	7.68	0.658	6.84	0.657	0.579	0.752
θ_1	NA	NA	-0.530	-20.75	-0.533	-0.753	-0.318
Interindividual variability							
ω^2_{CL}	0.449	19.60	0.337	20.42	0.330		
(shrinkage)	(6.33%)		(4.81%)				
ω^2_v	0.233	29.16	0.301	21.92	0.295		
(shrinkage)	(22.9%)		(10.44%)				
Residual variability							
σ_{prop}	0.319	7.71	0.306	6.72	0.304	0.265	0.341

CL, clearance; RSE, relative standard error; V, volume of distribution, θ_v , typical value of V; θ_{CL} , typical value of CL; θ_1 , the correction factor of serum creatinine; ω^2_v , variance of interindividual variability for V; ω^2_{CL} , variance of interindividual variability for CL; σ_{prop} , residual error for the final model.

4.2.3. Model evaluation

4.2.3.1. Goodness-of-fit plots

The goodness-of-fit plots of the final model are shown in Figures 7 C, D and 8 C, D. Compared with the base model, the final model showed no obvious bias or significant trends within the plots of IPRED (Figure 7 C) and PRED (Figure 7 D) versus DV, and the data fitting was considerably improved. In the plots of CWRES versus PRED (figure 8 C) and TAD (figure 8 D), the majority of concentration data were distributed around 0 and within an acceptable range of -2 to +2, which indicated no significant systematic deviations in the model fitting.

4.2.3.2. Bootstrap

A 1000-run times bootstrap analysis was performed with no failure and demonstrated the robustness of the final PPK model. The parameter estimates from the original data set were similar to median values and within the 95% CI range of bootstrap results. A summary of the bootstrap details is shown in Table 15.

4.2.3.3. Prediction-corrected visual predictive check

A pcVPC of plasma colistin concentration versus TAD is shown in Figure 10. Most of the observed 5th, 50th, and 95th quantiles distributed within the 90% CI of the predicted corresponding quantiles, indicating the precision of the final model. Overall, the evaluation of the colistin PPK model demonstrated that the final model provided a sufficient description of the data.

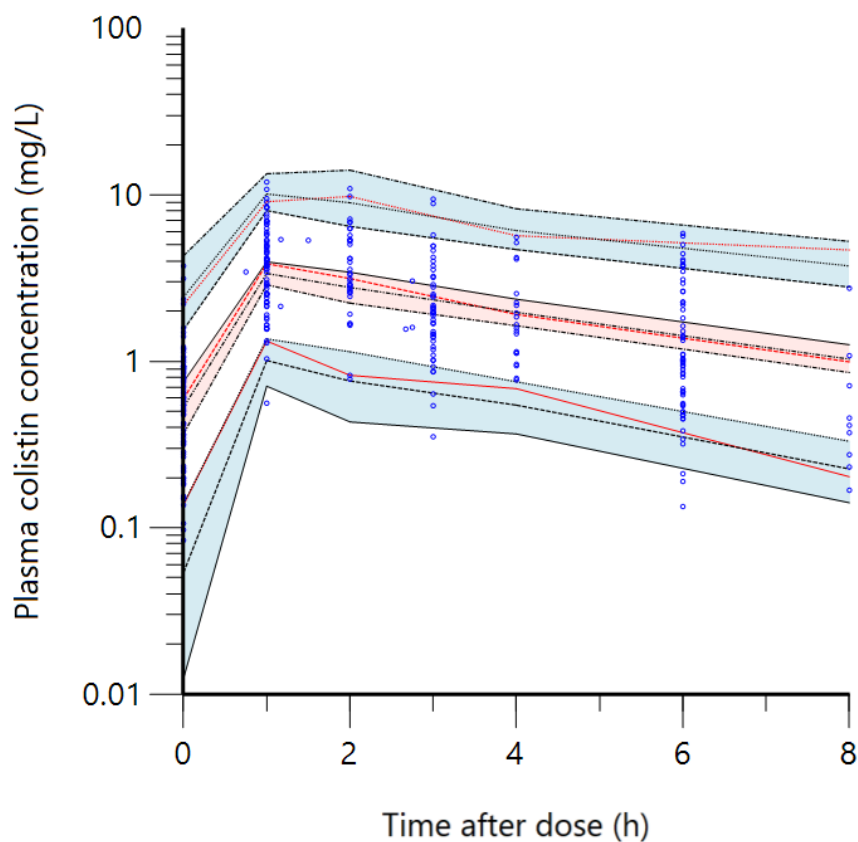


Figure 10. Prediction corrected-visual predictive check of the final model.

The observed colistin concentrations are shown as blue circles. Red solid line, dash line, and dot line represent the 5th, 50th, and 95th percentiles of the observed concentrations; the 3 shaded areas represent the 90% confidence interval for corresponding percentiles.

4.3. Pharmacodynamic assessment using simulation

All subsequent simulations were based on the validated final model. PPK parameter estimates, and variabilities were included in the simulation to create 10,000 replicates of virtual patients for each dosage regimen and SCr levels. The probability of target attainment (PTA) was predicted across the target $C_{ss,avg}$ of 0.25, 0.5, 1.0, 2.0, and 4.0 mg/L at the dosing schemes of 5, 7.5, 10, and 12.5 mg of CBA/kg/day divided into 12-h intervals with a 30-min intravenous infusion and 5 different SCr levels. The data and code for simulations are demonstrated in Appendix G and H. The results of % PTA are summarized in Table 16. It was demonstrated that the dose of 5 mg of

CBA/kg/day recommended by the US FDA and EMA would lead to an unacceptable PTA of less than 80% across all SCr ranges in this study when the target $C_{ss,avg}$ was 2 mg/L. Patients with lower SCr require a higher dose compared with those with higher SCr. However, with a lower target $C_{ss,avg}$ of ≤ 1 mg/L, colistin dose of 7.5 and 5 mg of CBA/kg/day were adequate for the patients with SCr levels of 0.1–0.3 and >0.3 mg/dL, respectively.



Table 16. Probability of target attainment of simulated patients with different serum creatinine levels who achieved target $C_{ss,avg}$ at different colistin dosing regimens (N = 10,000 replicates per clinical scenario).

Serum creatinine (mg/dL)	Colistin dose (mg CBA/kg/day) ^{a,b}	Probability of target attainment (%)				
		Target $C_{ss,avg}$ (mg/L)				
		0.25	0.5	1.0	2.0	4.0
0.1-0.20	5	99.6	93.1	61.1	18.2	1.7
	7.5	100	98.4	83.0	42.4	8.2
	10	100	99.7	93.3	61.3	18.8
	12.5	100	99.9	97.2	75.2	30.6
0.21-0.30	5	99.9	97.1	75.0	30.1	4.0
	7.5	100	99.5	90.8	57.0	16.2
	10	100	99.9	97.0	74.9	30.7
	12.5	100	100	98.9	86.1	45.0
0.31-0.40	5	99.9	98.5	82.6	40.2	7.1
	7.5	100	99.8	94.5	66.6	23.6
	10	100	100	98.2	82.7	40.2
	12.5	100	100	99.4	91.4	56.3
0.41-0.50	5	100	99.1	88.2	49.2	10.7
	7.5	100	99.9	96.7	74.3	31.1
	10	100	100	99.0	88.3	49.1
	12.5	100	100	99.7	94.4	64.6
0.51-0.75	5	100	99.6	93.6	63.0	19.4
	7.5	100	100	98.6	84.1	44.0
	10	100	100	99.7	93.7	62.9
	12.5	100	100	99.9	97.5	76.6

CBA, colistin base activity; $C_{ss,avg}$, average plasma colistin concentration at the steady-state.

^a 30-min intravenous infusion per dose.

^b divided into 12-h intervals.

Remark: The median age of the study participants was 2.6 years (IQR, 0.8–6.8). Implementing data from this table to patients with the age outside the range described should be warranted.

CHAPTER V DISCUSSION

This study aimed to describe the population pharmacokinetic parameters of formed colistin in pediatric patients and to investigate the probability of target attainment of various intravenous colistin doses to suggest the most appropriate regimen regarding the significant covariate. To the best of our knowledge, this is the largest study on this issue. Seventy-nine patients were enrolled in the analysis. Almost all of them were critically ill and admitted to ICUs. Two-thirds of them were treated with colistin for ventilator-associated pneumonia and one-thirds were treated for bloodstream infection. The currently recommended dose of colistin is insufficient when the initial target $C_{ss,avg}$ is 2 mg/L. Serum creatinine is the significant covariate of colistin apparent clearance. Thus, colistin in form of CMS should be prescribed according to SCr levels.

The one-compartment model with first-order elimination best described the PK behavior of intravenous colistin in pediatric patients, which is consistent with previous PPK studies in adults [17-21, 26, 27] and pediatrics [12, 73]. From the base model in this study, the typical value (mean) of CL was 0.137 L/kg*h. This was similar to previous pediatric studies of Wacharachaisurapol et al. [25] (0.15 L/kg*h, NCA analysis), Ooi et al. [12] (0.123 L/kg*h, PPK analysis), and Antachopoulos et al. [73] (0.131 L/kg*h, PPK analysis). The typical value of V was 0.699 L/kg. This was similar to previous pediatric studies of Wacharachaisurapol et al (0.65 L/kg) and Ooi et al. (0.628 L/kg) but quite different from 1.38 L/kg reported from Antachopoulos et al. without a clear possible explanation.

Many PPK studies in adults reported that CrCL affected the apparent CL of formed colistin [17, 20, 21, 27, 43] even though it was mainly eliminated by non-renal pathways. This was also observed in a PPK study in pediatric patients [12]. The reason is that CMS, which is mainly eliminated by the renal pathway, is accumulated in patients with decreased CrCl. The excessive amount of CMS is more converted to formed colistin [9]. On the other hand, when kidney function is increased, formed colistin in plasma tends to have a lower level. For example, patients in Antachopoulos et al. [73] had a median eGFR of 130 mL/min/1.73 m² which was not different from our study of 140 mL/min/1.73 m². The probabilities to achieve the target $C_{ss,avg}$ of 2

mg/L by using a recommended dose of 5 mg of CBA/kg/day would be only 41.2% and 30.1–40.2%, respectively. Blood urea nitrogen, a kidney function biomarker, was also identified as a covariate of colistin apparent CL in one adult study [26]. It is not surprising that SCr was inversely associated with colistin CL in this study. Even though both of SCr and eGFR (or CrCl) affected colistin clearance (Table 13), SCr was selected as the significant covariate and remained in the final model regarding the statistical (-2LL) criteria. Greater statistical significance of SCr compared with eGFR influencing colistin apparent CL in this study potentially regarding the eGFR calculating method. Even though the most widely used eGFR calculation in pediatrics is the modified (“bedside”) Schwartz equation: $0.413 \times (\text{height}/\text{SCr})$ [28], there are several limitations to using this bedside equation. First, this equation was evaluated in children with a median age of 10.8 years (IQR, 7.7–14.3). This age range was different from our participants with a median age of 2.6 years (IQR, 0.8–6.8). Differences in age range might affect baseline SCr levels that are with respect to body mass. Older children, especially >7 years, have a higher normal SCr level with less variability compared with younger children and infants (Table 4). Second, the equation evaluated was from the data of children with mild to moderate chronic kidney disease with a median SCr level of 1.3 mg/dL (IQR, 1.0–1.8) resulted in a low median GFR of 41.3 mL/min/1.73 m² (IQR, 32.0–51.7) compared with a median SCr of 0.25 mg/dL (IQR, 0.19–0.32) and median eGFR of 147.8 mL/min/1.73 m² (IQR, 102.5–186.9) reported from the current study. Schwartz and colleagues also suggested that their formula needed to be validated in children with higher GFR to confirm the generalizability. A further issue to be concerned about is that the inaccurate height or length measurement made calculated eGFR less reliable. Measuring height or length in critically ill pediatric patients in bed or infants and young children <2 years of age in lying position could cause inaccurate results [74, 75]. Compared with eGFR, SCr is more straightforward and less interfered with by another factor because it is measured directly in a blood sample. SCr level is correlated with age, body mass, and kidney function. Different SCr levels in patients of the same age range reflect different kidney functions.

Low SCr level may occur regarding pathophysiologic changes such as augmented renal clearance (ARC). ARC was found in up to 10–67% of critically ill pediatric

patients [76-78]. The ARC could cause enhanced excretion of serum creatinine and drugs owing to glomerular hyperfiltration. Patients with a very low SCr potentially have low plasma colistin concentrations regarding this reason.

The volume of distribution of formed colistin was related to body weight reported from pediatric PPK studies [12, 73]. It was found that younger children with a higher volume of distribution had lower plasma colistin levels [25]. However, the association of age and volume of distribution could not be demonstrated in this study. The possible explanations are that the majority of patients in the current study were young children and the range of body weight may not be different enough to demonstrate the effect on the volume of distribution. We also used colistin dose which was normalized by body weight in the modeling process. The plausibility of body weight on PK parameters was diminished and made the final model simpler.

The ratio of the AUC of the unbound colistin concentration in plasma across 24 h to MIC is the PK/PD index that correlates with the bacterial killing property [11]. $C_{ss,avg}$ of 2 mg/L has been proposed as an initial target concentration for bloodstream and some other infections when the colistin MIC is ≤ 2 mg/L [17]. This target also seems appropriate for pediatric patients [12]. The US FDA and EMA recommended colistin dose in children of 2.5–5 mg of CBA/kg/day [40, 41]. From the simulation, 18.2–63.0% of simulated patients with a colistin dose of 5 mg of CBA/kg/day achieved the target $C_{ss,avg}$ of 2 mg/L. Ooi et al. [12] conducted a PPK study in 5 pediatric patients with a median age of 1.75 years (range 1.25 months to 6.25 years) receiving colistin 6.6 mg of CBA/kg/day. The median $C_{ss,avg}$ was only 0.88 mg/L, with wide interindividual variability. More recently, Antachopoulos et al. [73] published a PPK study of 17 critically ill pediatric patients with a median age of 3.3 years (range 3 months to 13.75 years). The colistin doses were 6.6 mg of CBA/kg/day in 6 patients, 9.9 mg of CBA/kg/day in 10, and 11.6 mg of CBA/kg/day in one. The $C_{ss,avg}$ was 1.11–8.47 mg/L (median 2.92 mg/L). Only ten (58.8%) patients achieved $C_{ss,avg}$ of ≥ 2 mg/L. The data from the current study, together with the data from Ooi et al. and Antachopoulos et al., are evidence that the current colistin dose recommendation of 2.5–5 mg of CBA/kg/day for pediatric patients is subtherapeutic. However, colistin is almost always prescribed in a combination of antibiotics regarding the recommendations [17, 79]. All patients

reported in Study 3 were prescribed colistin with at least one concomitant antibiotic; meropenem was the majority of 70%. The 30-day mortality rate was only 11.0% [80] and within the range of 7.1–29.3% reported from other pediatric studies [5, 12, 43–46, 53, 55]. *In vitro* studies demonstrated synergistic effects of carbapenems and colistin against carbapenem-resistant *A. baumannii* (meropenem + colistin) and carbapenem-resistant *K. pneumoniae* (doripenem + colistin) [81, 82]. Combination of doripenem and colistin at the highest dosage regimens also suppressed colistin-resistant and colistin-heteroresistant strains of *K. pneumoniae*. However, treating MDR-GNB with a higher colistin MIC of >2 mg/L, the other antibiotics such as amikacin (if sensitive), or a new antibiotic like cefiderocol might be a preferable option.

Since $C_{ss,avg}$ of <2 mg/L might be appropriate when the MIC of the target pathogen is <2 mg/L in bloodstream infection or <1 mg/L in lung infection. Local epidemiology and colistin MIC distribution of common MDR-GNB are crucial data to guide the appropriate target of the individual institution. The actual MIC by a proper method (e.g., broth microdilution) should be obtained. Dose adjustment could be considered following the recommendations from this study (Table 12). For example, during 2019–2020, 45 clinical isolates of *A. baumannii* from KCMH pediatric patients were obtained for colistin MIC (unpublished internal data). The MIC distribution was: <0.5 mg/L, 26.6%; 0.5 mg/L, 33.3%; 1 mg/L, 22.2%; 2 mg/L, 13.3%; >2 mg/L, 4.4%. The initial target $C_{ss,avg}$ of 1 mg/L would be appropriate. At this target $C_{ss,avg}$, the initial dose of 7.5 mg of CBA/kg/day might be adequate for patients with a SCr of 0.1–0.3 mg/dL while 5 mg of CBA/kg/day might be adequate for patients with higher SCr values. A concern for using a higher dose of colistin is potential nephrotoxicity. However, nephrotoxicity was less observed in pediatric patients compared with adults. Some pediatric studies used a higher dose of colistin. Iosifidis et al. [54] conducted a retrospective study of 13 pediatric patients using 19 colistin courses. High dose colistin (6.6–7.5 mg of CBA/kg/day) was used in 5 courses without nephrotoxicity (nephrotoxicity definition: elevation of SCr values beyond the estimated normal range for the patient's age group). None experienced AKI in Ooi et al. [12]. One out of 17 patients in Antachopoulos et al. [73] who was administered with colistin 9.9 mg of CBA/kg/day had an elevated SCr level. However, the author concluded that kidney

impairment in this patient might occur regarding the patient's comorbidity of rapidly progressing Burkitt lymphoma. This patient was also administered with concomitant nephrotoxic agents (gentamicin and teicoplanin).

The application of dose suggestion (Table 16) from this study should be warranted in patients outside the age range of study participants. The reason is that the dose suggestion from the current study is with respect to SCr levels. Number of participants classified by age groups together with a median (IQR) of baseline SCr showing in Table 10 revealed that two-thirds of participants were 1 month to 7 years of age and shared a similar normal range of SCr. Thus, altered SCr level indicated different kidney functions that directly affected colistin apparent CL. Patients with a higher SCr may require a lower dose of colistin. On the other hand, older children, especially >7–15 years of age, have higher normal SCr levels. This could also be observed in our study participants (Table 10). For example, a 12-year-old patient with a SCr of 0.6 mg/dL should have a normal kidney function while a 2-year-old patient with the same SCr level may have an impaired kidney function. In this case, the older patient may require a higher dose of colistin compared with the younger patient with the same SCr level.

Dose suggestion also could not be applied for neonates owing to this study did not include those populations even though the colistin dose of 5 mg of CBA/kg/day was also subtherapeutic for neonates reported from Nakwan et al. [15]. Subtherapeutic plasma colistin levels in neonates may cause by a high volume of distribution in accordance with the high total body water of this population. The supporting evidence was the longer elimination half-life of colistin regarding CMS and/or formed colistin distributed from the circulation and needed a period of time to re-enter the circulation. The other reason is that the immaturity of hydrolysis enzymes, mainly blood esterases, of the neonates compared with older children and adults. This may cause delayed conversion of CMS into formed colistin.

Further studies for the specific populations are required. Patients with less severe infections such as UTI without sepsis might need different colistin regimens compared with our recommendation owing to almost all of the patients in this study is critically ill. Critically ill patients have altered pharmacokinetics regarding their

pathophysiologic changes [83]. When applicable, the therapeutic drug monitoring of plasma colistin should be performed to guide the appropriate dose and to avoid nephrotoxicity related to the excessive dose of colistin. While using a higher dose, adverse drug reactions especially nephrotoxicity should be monitored. Nephrotoxicity caused by colistin mostly occurs within the first week after colistin initiation.

Administering a loading dose of colistin is now a standard of care recommended in adults [17, 84]. Without this approach, it might take many hours or even days for colistin to achieve the steady-state level, especially in critically ill patients [18, 20]. No recommendation of using colistin loading dose is suggested in pediatric patients [40, 41]. In children, it was found that colistin treatment without a loading dose may have an association with mortality [85]. A small PPK study demonstrated that plasma colistin concentration reached the steady-state within 12–24 h after initiation without a loading dose [12]. From our previous PK study (study 1, [25]) of an intravenous colistin loading dose, the median average concentration after giving a loading dose of 4 mg of CBA/kg achieved the target level of ≥ 2 mg/L which improved the drug exposure [25]. Moreover, giving a colistin loading dose did not increase the AKI risk (Table 10). This strategy is reasonable to apply to pediatric patients.

The method of formed colistin determination was successfully developed regarding the Bioanalytical Method Validation Guidance for Industry under the recommendation of the U.S. Department of Health and Human Services, Food and Drug Administration, Center for Drug Evaluation and Research (CDER), Center for Veterinary Medicine (CVM) [86]. Even though it was an in-house development method, it has met all requirements of validation. Colistin determination has a great potential to be implemented in clinical services soon. This would be beneficial for therapeutic drug monitoring especially in the patients who need to receive a higher dose of colistin.

Our study has several strengths. First, we started with a full PK study in pediatric patients and gained initial knowledge of colistin PK characteristics and the PK benefit of giving a colistin loading dose. The knowledge we gained was used as the basis for the current study. A larger study population with a broader age range into infancy was conducted. More sophisticated PK method like population pharmacokinetic analysis

was applied to gain more understanding in pediatric patients. A significant covariate was identified and dose simulation regarding this was successfully performed. A higher dose of colistin is necessary especially in patients with low SCr levels. The knowledge of colistin-associated nephrotoxicity was explored in a larger pediatric population. It was found that administering a colistin loading dose did not increase the AKI risk.

This study also has some limitations. In Study 2, even though the multicenter collaboration was beneficial in higher rates of patient enrolment, heterogeneity among centers might affect the internal validity. Furthermore, colistin used among the clinical centers was not from the same manufacturer. Sensitivity analysis was done and confirmed that they were similar. In Study 3, the study participants came from all 20 patients from Study 1, 15 KCMH patients from Study 2, and 146 KCMH patients outside Study 1 and 2 to form a larger data set. No data from QSNICH on nephrotoxicity was included. However, the results of Study 3 could probably be generalized regarding both clinical centers were the same level of tertiary care settings. The findings from this study could not be generalized to the age groups outside the study population: neonates might have different pharmacokinetic patterns; adolescents have higher normal SCr values compared with the majority of patients in this study. The application of dose recommendation in this study also should be warranted in non-critically ill patients regarding almost all patients in this study were critically ill and might have different pharmacokinetics. Patients with severe kidney impairment or who underwent renal replacement therapy did not include in this study, the appropriate dose for those patients could not be recommended. Proposed higher recommended doses and their association with efficacy and safety were not explored. There are some challenges in clinical practice also. Colistin MIC that is necessary for determining the target $C_{ss,avg}$ could be performed only in some advanced reference microbiology laboratories. Plasma colistin level determination requires a sophisticated machine and experienced personnel. However, if a good system and logistics were set, samples shifting to the reference centers would be possible.

The remaining research gaps that are needed to be explored include (i) the efficacy and safety of higher recommended doses from the simulations in children (ii) the appropriate dose of colistin for the special populations such as neonates, pediatric

patients with impaired kidney function, or those who underwent organ support machines (RRT, ECMO), (iii) the role of colistin therapeutic drug monitoring.

In conclusion, we successfully developed a population pharmacokinetic model of intravenous colistin in pediatric patients. Serum creatinine level is a significant covariate on colistin clearance. Simulations based on the final model revealed that the currently recommended dose of 5 mg of CBA/kg/day is subtherapeutic when the target $C_{ss,avg}$ is ≥ 2 mg/L. For the target $C_{ss,avg}$ of ≤ 1 mg/L, this dose might be adequate only for the patients with SCr level of >0.3 mg/dL, and a higher dose of 7.5 mg of CBA/kg/day might be required for the patients with lower SCr levels.



**Appendix A: The methodology of study 3 (No Increased Acute Kidney Injury
Rate Through Giving an Intravenous Colistin Loading Dose in Pediatric
Patients)**

Study design

This retrospective study was conducted at King Chulalongkorn Memorial Hospital, Bangkok, Thailand. Pediatric patients who were prescribed intravenous colistin were identified by searching the pharmacy unit database. Generic names of colistin (colistin, colistimethate sodium, colistin methanesulfonate, CMS) were used for searching the patients aged ≤ 18 years during the period of January 2014 and December 2019. Eligibility criteria included (i) age 1 month to 18 years, (ii) receiving intravenous colistin ≥ 48 h and (iii) having baseline serum creatinine (SCr) result and interval follow-up during day 3–7 after prescribing colistin. Premature infants < 37 weeks and those receiving renal replacement therapy (RRT) or extracorporeal membrane oxygenation (ECMO) prior to colistin initiation were excluded. This study was approved by the Institutional Review Board of the Faculty of Medicine, Chulalongkorn University (IRB no. 177/63).

Definitions

Colistin loading dose was defined as a CMS intravenous injection of at least 4–5 mg of colistin base activity (CBA)/kg/dose. Baseline SCr was defined as a SCr within 48 h before colistin initiation. Follow-up SCr was defined as a SCr at day 3–7 after colistin initiation and weekly SCr for 3 further consecutive weeks (if available). If there were more than one SCr value in the period, the highest SCr value was chosen. All SCr was measured by the enzymatic method at the clinical pathology laboratory, King Chulalongkorn Memorial Hospital. The eGFR was calculated by using the modified Schwartz equation: $eGFR = k \times Ht/SCr$, $k = 0.413$ for all patients. In patients with $eGFR \geq 80$ mL/min/1.73 m², AKI was defined according to the Kidney Disease: Improving Global Outcomes (KDIGO) SCr criteria. Stage 1 AKI was defined as an increase of follow-up SCr > 1.5 – 1.9 times of baseline. Stage 2 AKI was defined as an increase of follow-up SCr > 2.0 – 2.9 times of baseline. Stage 3 AKI was defined as an increase of

follow-up SCr >3 times of baseline or necessary to receive RRT. Urine output criteria were not applied in this study regarding the less reliability of the documentation retrospectively and drug-induced AKI is unlikely to cause oliguria (Miano et al., 2018). In infants and young children with the age of 1 month to 2 years which are at risk population for AKI, pRIFLE criteria which are more sensitive (Sutherland et al., 2015) were also used for AKI diagnosis and compared with KDIGO SCr criteria. In patients with eGFR <80 mL/min/1.73 m² who were considered having impaired kidney function before colistin initiation were considered to have deteriorated kidney function when the follow-up SCr increased >1.5 times of baseline. Augmented renal clearance (ARC) was defined as a baseline eGFR >150 mL/min/1.73 m² (Van Der Heggen et al., 2019). In patients who developed AKI, the recovery from AKI was considered when the follow-up SCr was <1.5 times of baseline.

Antibiotic resistance pattern was reported as multidrug resistance (MDR) defined as resistance to ≥ 3 classes of antibiotics; extensive drug resistance (XDR) defined as resistance to all but one or two classes of antibiotics; pandrug resistance (PDR) defined as resistance to all antibiotics tested; carbapenem resistance (CR) defined as resistance to at least one carbapenem and was reported separately from MDR, XDR, and PDR patterns. Colistin MIC was performed by Etest (bioMérieux, Marcy l'Étoile, France) at Microbiology unit, King Chulalongkorn Memorial hospital.

Empirical treatment was defined as a colistin prescribing indication according to the clinical syndromes and before knowing microbiological data. Targeted treatment was defined as a colistin prescribing indication according to the known microbiological result of MDR-GNB. Thirty-day mortality was defined as death from any cause occurring within 30 days after colistin initiation. Patients who were discharged before 30 days were considered as alive.

Data collection and management


A case record form was created for study purposes. All medical records of the identified cases were reviewed by the investigators. Patients' data including demographics, colistin indication, colistin dosing, serial SCr (baseline and follow-up), microbiological data, and treatment outcomes (renal replacement therapy and 30-day

mortality) were extracted manually from electronic medical records to the case record forms.

Data analysis

Categorical variables were analyzed with Pearson's Chi-square test or Fisher's exact test, as appropriate, and are presented as counts and percentages. Continuous variables were analyzed with t-test and are presented as mean with 95% confidence interval (CI) and/or median with interquartile ranges (IQR). Factors associated with AKI were assessed using univariable and multivariable logistic regression and are presented using odds ratios and 95% CI with *P*-values of Z-test. Factors with an association of $P < 0.1$ in univariable analysis were selected for further multivariable analysis. The interested different initial doses of colistin treatment were included in the multivariable model for adjusting the association with AKI. Stata/SE version 13.0 was used for all data analyses.

Appendix B: Colistin package inserts

MELLISTIN 150 MG INJECTION

Name and strength of active ingredient :-
Each vial contains Colistimethate sodium equivalent to Colistin 150 mg
Each gram of Colistin contains sodium 0.099 mg (0.0043 mmol)

Product description :-
White to almost white sterile powder for reconstitution for injection

Properties :-

Pharmacodynamics :
Colistimethate sodium is the sulfamethyl derivative of Colistin. Colistin or Polymyxin E is a Polymyxin antibiotic obtained from *Bacillus polymyxa* var. *Colistinus* that is active against many gram-negative bacilli and inactive against gram-positive bacteria, fungi, and viruses. The mechanism of action is bactericidal. Colistimethate (Colistin-methanesulfonate) is hydrolyzed to Colistin which acting like a cationic detergent and binds to the bacterial cytoplasmic membrane of susceptible bacteria. This alters permeability and causes leakage of bacterial cell wall. This leads to bacterial death. In vitro, Colistin is active against these bacteria as follows

Aerobic gram-negative bacteria
Acinetobacter sp., *Acinetobacter baumannii*, *Citrobacter* sp., *Escherichia coli*, *Enterobacter aerogenes*, *Haemophilus influenzae*, *Klebsiella pneumoniae*, *Pseudomonas aeruginosa*, *Salmonella* sp., *Shigella* sp. And some strains of *Bordetella* sp., *Vibrio* sp.
Some bacteria have been reported resistance to Colistin. Those are *Proteus* sp., *Providencia* sp., *Serratia* sp., *Neisseria gonorrhoeae*, *N. meningitidis*, and *Bacteroides fragilis*.

Pharmacokinetics :
Colistimethate sodium is not absorbed from the GI tract and must be given parenterally. The drug is widely distributed into body tissues such as the liver, kidneys, lung, heart, and muscle. In patients with normal or inflamed meninges, only minimal concentrations of antimicrobial activity are attained in cerebrospinal fluid (CSF). More than 50% of Colistin bound to serum proteins. It also crosses the placenta and is distributed into milk. Colistimethate sodium is hydrolyzed to Colistin and possibly other metabolites with fewer substituted amino groups. The plasma half-life of Colistimethate sodium is 1.5-9 hours in adults with normal renal function and is prolonged in patients with impaired renal function. Both Colistimethate sodium and metabolites of the drug are excreted mainly by the kidneys.
Colistimethate sodium may be removed by hemodialysis and, to a lesser extent, by peritoneal dialysis.

Indication :-
Colistimethate sodium is used parenterally for the treatment of acute or chronic infections caused by certain susceptible gram-negative bacilli such as *Acinetobacter baumannii* (including *Acinetobacter baumannii* which resistant to all antibiotics), *Pseudomonas aeruginosa* (including *Pseudomonas aeruginosa* which resistant to all antibiotics), *Escherichia coli* (including ESBL-producing *Escherichia coli*), *Klebsiella pneumoniae* (including ESBL-producing *Klebsiella pneumoniae*), *Enterobacter aerogenes*, *Citrobacter* sp., *Haemophilus influenzae*, *Salmonella* sp., *Shigella* sp., *Proteus* sp., *Providencia* sp., *Serratia* sp. and some strains of *Bordetella* sp., *Vibrio* sp. Colistimethate sodium is administered by oral inhalation via nebulization for the treatment of *Pseudomonas aeruginosa* in respiratory tract infections among patients with cystic fibrosis.

Mode of administration :-

MELLISTIN 150 MG INJECTION is administered by IM injection, IV injection, continuous IV infusion or oral inhalation.

With concern of microbial contamination, the drug should be used promptly after the preparation and the remaining mixed solution should be discarded.
Color changing or any precipitation should be observed before use.

Preparation for intramuscular (IM) and intravenous (IV) injection
MELLISTIN 150 MG INJECTION is reconstituted by adding 2 ml of sterile water for injection to a vial, the resultant solution contains 75 mg of Colistin per ml. The vial should be swirled gently to avoid frothing.
The drug should be injected directly into a vein over 3-5 minute period every 12 hours.

Preparation for intravenous (IV) infusion
For continuous IV infusion, one-half of the total daily dose should be injected directly into vein over 3-5 minute period every 12 hours. The remaining one-half of the total daily dose should be added to a compatible IV solutions as the following: 0.9% sodium chloride injection, 5% dextrose, 5% dextrose and 0.225% sodium chloride injection, 5% dextrose and 0.45% sodium chloride injection, 5% dextrose and 0.9% sodium chloride injection, lactated Ringer's solution or 10% invert sugar. Swirl gently to avoid frothing.

Intravenous (IV) infusion administration
The drug should be administered 1-2 hours after the initial dose by slow IV infusion over the next 22-23 hours. The infusion rate should be 5-6 mg/hour in patients with normal renal function. For patients with impaired renal function, the infusion rate should be reduced depending on the degree of renal impairment.

Preparation for oral inhalation
For oral inhalation via nebulization, an isotonic solution of Colistimethate sodium has been prepared by diluting the appropriate dose in 2-4 ml of preservative-free 0.9% sodium chloride injection or sterile water and should be used promptly after being prepared.

Stability
Following reconstitution with sterile water for injection, Colistimethate sodium solutions containing 75 mg of Colistin per ml should be stored at 2-8°C or 25°C and used within 10 days. For the reconstitution with 0.9% NSS or D5W, Colistimethate sodium solutions containing 1.5 mg of Colistin per ml should be stored at 2-8°C or 25°C and used within 72 hours. **However, Solutions of Colistimethate sodium should be used promptly after being mixed.**

Recommendation dose :-
Dosage and administration depend on severity of infection, patient status, renal function, and causative organism or follow physician's instruction.
The usual IM or IV dosage of Colistimethate sodium for adults and children with normal renal function is 2.5-5 mg/kg of Colistin daily given in 2-4 divided doses.
The maximum IM or IV dosage of Colistimethate sodium is 5 mg/kg of Colistin daily.
For early treatment of *Pseudomonas aeruginosa* respiratory infections in adults and pediatric cystic fibrosis patients, Colistimethate sodium has been given by oral inhalation via nebulization in a dosage of 33.33-66.66 mg of Colistin 2 or 3 times daily.

Dosage in renal impairment
In patients with renal impairment, the dose and frequency of Colistimethate sodium should be decreased in proportion to the degree of renal impairment.

Suggested modification of Colistimethate dosage schedules for adults with impaired renal function				
Renal function	Normal	Mild	Moderate	Severe
Serum creatinine (mg/dL)	0.7-1.2	1.3-1.5	1.6-2.5	2.6-4
Urea clearance (% of normal)	80-100	40-70	25-40	10-25
Dose (mg)	100-150	75-115	66-150	100-150
Frequency (times per daily)	2-4	2	1 or 2	q 36 hr
Total daily dose (mg)	300	150-230	133-150	100
Approx. daily dose (mg/kg/day)	5	2.5-3.8	2.5	1.5

Contraindication :-
Colistimethate sodium is contraindicated in individuals who are hypersensitive to the drug or Polymyxins.

Warning and Precaution :-

Warning :
1. Colistimethate sodium is contraindicated in individuals who are hypersensitive to the drug.
2. Colistimethate sodium may cause transient neurological disturbances and nephrotoxicity.

Precaution :
1. Maximum dosage: Do not exceed 5 mg/kg/day in patients with normal renal function
2. Colistimethate sodium may cause nephrotoxicity, manifested as decreased urine output, increased serum concentrations of BUN and creatinine, proteinuria, hematuria, and casts in the urine. If these symptoms occur, dosing should be adjusted or the drug should be discontinued immediately.
3. Colistimethate sodium may cause transient nervous system effect, including circumoral or peripheral paresthesia or numbness, tingling or formication of the extremities or tongue, dizziness, vertigo, giddiness, ataxia, blurred vision, and slurred speech. These adverse nervous system effects generally appear within the first 4 days of therapy and disappear when the drug is discontinued. The patient should be monitored closely; some of these adverse nervous system effects may be alleviated by reducing dosage of the drug.
4. Treatment with Colistimethate sodium alters the normal flora in the gut leading to overgrowth of *Clostridium difficile*. *C. difficile* produces toxins which contribute to the development of CDAD that must be considered in all patients who present with diarrhea following Colistimethate sodium use. Mild cases of colitis may respond to discontinuance of the drug alone, but management of moderate to severe case should include treatment with fluid, electrolyte, protein supplementation, and appropriate anti-infective therapy.
5. Since nephrotoxic effects may be additive, concurrent or sequential use of Colistimethate sodium with other drugs which have similar toxic potentials and with neuromuscular blocking agents should be avoided.
6. Patients who received Colistimethate sodium by oral inhalation via nebulization may cause bronchoconstriction. It has been suggested that premedication with bronchodilators may reduce the potentials for development of bronchoconstriction.

Interactions with other medications:-
1. Since nephrotoxic effects may be additive, concurrent or sequential use of Colistimethate sodium and other drugs with similar toxic potentials (e.g., aminoglycosides, amphotericin B, capreomycin, cephalothin, methoxyflurane, polymyxin B sulfate, vancomycin) should be avoided, if possible.
2. Neuromuscular blocking agents (e.g., tubocurarine, succinylcholine, ether, decamethonium, gallamine) and other drugs (e.g., sodium citrate) potentiate neuromuscular blockade. These drugs should be used with extreme caution in patients receiving Colistimethate sodium.

Pregnancy and lactation :-
There are no adequate and well-controlled study in pregnant women. Use during pregnancy only when the potential benefits justify the possible risks to the fetus.
It is not known whether Colistimethate sodium is distributed into milk. The drug should be temporarily discontinued during nursing administration.

Undesirable effects :-
Adverse reactions which may occur during the use of the drug are
Renal effects: nephrotoxicity, manifested as decreased urine output, increased serum concentrations of BUN and creatinine, proteinuria, hematuria, and casts in the urine
Nervous system effects: circumoral or peripheral paresthesia or numbness, tingling or formication of the extremities or tongue, dizziness, vertigo, giddiness, ataxia, blurred vision, and slurred speech
Respiratory effects: Respiratory arrest, Apnea, Bronchoconstriction, Respiratory distress
Other adverse effects: generalized pruritus or urticaria, rash, drug fever, dysphonia, and pain at the site of injection. Moreover, leucopenia and granulocytopenia may be found (rare).

Overdosage and treatment :-
Overdosage of Colistimethate sodium can cause neuromuscular blockade characterized by paresthesia, lethargy, confusion, dizziness, ataxia, nystagmus, disorder of speech, apnea, respiratory muscle paralysis, respiratory arrest, and death. Overdosage of the drug may also cause acute renal failure, manifested as decreased urine output and increase in serum concentrations of BUN and creatinine.
Treatment for overdosage: The drug should be discontinued and initiate supportive treatment.
Colistimethate sodium may be removed by hemodialysis and, to a lesser extent, by peritoneal dialysis.

Storage condition :-
Keep out of reach of children.
Dry powder should be kept below 30°C before reconstitution.
Do not freeze the solution.

Dosage forms and packaging available :-
Sterile powder for injection is contained in clear colorless glass vial (glass type III) with grey chlorobutyl rubber and aluminum cap. Each vial contains sterile powder equivalent to Colistin 150 mg. It may contain 1, 5, 10, 20, 30, 50, and 100 vials per box.
Update : (13/11/2017)

Manufacturer :-
Siam Bheasach Co., Ltd.
123 Soi Chokechai Ruammitr, Vibhavadi-Rangsit Rd., Chomphon, Chatuchak, Bangkok 10900, Thailand
and 9 Soi Chokechai Ruammitr 3, Vibhavadi-Rangsit Rd., Dindang, Dindang, Bangkok 10400, Thailand
Distributor :-
Siam Pharmaceutical Co., Ltd.
171/1-2 Soi Chokechai Ruammitr, Vibhavadi-Rangsit Rd., Chomphon, Chatuchak, Bangkok 10900, Thailand
Tel. 02-6259999
MELL-150-03-L-THAI-ENG-A0004



เอกสารกำกับยา

เมลลิสติน 150 มก. ชนิดฉีด

เมลลิสติน 150 มก. ชนิดฉีด

MELLISTIN 150 MG INJECTION

ชื่อและปริมาณของตัวยาสำคัญ :-
ใน 1 ขวด ประกอบด้วยตัวยาสำคัญ คือ Colistimethate sodium สมมูลกับ Colistin 150 มิลลิกรัม
ในแคปซูลประกอบด้วยตัวยาสำคัญ 0.099 มิลลิกรัม (0.0043 มิลลิโมล)

ลักษณะของผลิตภัณฑ์ :-

ผงยาขาวหรือสีขาวหรือขาวอมเทา สำหรับละลายเพื่อใช้ฉีด

คุณสมบัติ :-

เภสัชวิทยาเภสัช :-

Colistimethate sodium เป็นอนุพันธ์ sulfamethylyl ของ Colistin ซึ่ง Colistin หรือ polymyxin E จัดเป็นยาปฏิชีวนะกลุ่ม polymyxins ที่ได้จากเชื้อแบคทีเรีย Bacillus polymyxa var. colistinus ซึ่งมีประสิทธิภาพในการฆ่าเชื้อ gram-negative bacilli หลายชนิดและไม่มีผลต่อแบคทีเรียแกรมบวก เชื้อราและไวรัส กลไกการออกฤทธิ์ของยาเป็นการออกฤทธิ์ทำลายเยื่อ (bactericidal) มีคิส์ Colistimethate (Colistin-methanesulfonate) จะถูก hydrolyzed เป็น Colistin ซึ่งมีคุณสมบัติเป็น cationic detergent โดยจะเข้าไปรบกวน bacterial cytoplasmic membrane โดยการจับกับผนังเซลล์ของแบคทีเรีย ส่งผลต่อการมีมาของผนังเซลล์ของแบคทีเรีย ทำให้ผนังเซลล์รั่วและแบคทีเรียตายในที่สุด ในระดับของ Colistin ออกฤทธิ์ต่อเชื้อแบคทีเรีย ดังนี้

แบคทีเรียชนิดที่ไวต่อฤทธิ์ :-

Acinetobacter sp., Acinetobacter baumannii, Citrobacter sp., Escherichia coli, Enterobacter aerogenes, Haemophilus influenzae, Klebsiella pneumoniae, Pseudomonas aeruginosa, Salmonella sp., Shigella sp. และ บางสายพันธุ์ของ Bordetella sp., Vibrio sp.

เชื้อที่ดื้อ Colistin ได้แก่ Proteus sp., Providencia sp., Serratia sp., Neisseria gonorrhoeae, N. meningitidis, Bacteroides fragilis

เภสัชจลนศาสตร์ :-

Colistimethate sodium ไม่ถูกดูดซึมจากทางเดินอาหาร ต้องให้โดยการฉีดเข้าเส้นเลือด ยาสามารถแพร่กระจายเข้าสู่เนื้อเยื่อต่างๆ ของร่างกายได้ดี เช่น สมอง หัวใจ และกล้ามเนื้อ แต่แพร่กระจายเข้าสู่ปอดในปริมาณที่น้อยและลดลง (CSP) ได้เพียงเล็กน้อย ซึ่งการฉีดเข้าเส้นเลือดในเนื้อเยื่อของปอดและในโพรงเยื่อหุ้มสมองของปอด ยาจับกับโปรตีนในพลาสมาประมาณ 65% Colistin สามารถแพร่ผ่านจากแม่สู่ทารกในครรภ์ได้ Colistimethate sodium จะถูก hydrolyzed เป็น Colistin และมีขบวนการขับถ่ายออกจากร่างกายโดยกลไกการขับถ่ายที่ไตเป็นหลัก ส่วนที่เหลือของ Colistimethate sodium ในซีรัมจะถูกขับออกจากร่างกายโดยกลไกการขับถ่ายที่ไตเป็นหลัก ส่วนที่เหลือของ Colistimethate sodium ในซีรัมจะถูกขับออกจากร่างกายโดยกลไกการขับถ่ายที่ไตเป็นหลัก ส่วนที่เหลือของ Colistimethate sodium ในซีรัมจะถูกขับออกจากร่างกายโดยกลไกการขับถ่ายที่ไตเป็นหลัก

ข้อบ่งใช้ :-

ใช้รักษาการติดเชื้อในส่วนของ 1) ของร่างกายที่เกิดจากเชื้อซึ่งไวต่อยา ที่ชนิดเดียวกับและหรือโดยเฉพาะการติดเชื้อ gram-negative bacilli เช่น Acinetobacter baumannii (รวมทั้ง Acinetobacter baumannii ที่ดื้อยาต้านจุลชีพทุกชนิด), Pseudomonas aeruginosa (รวมทั้ง Pseudomonas aeruginosa ที่ดื้อยาต้านจุลชีพทุกชนิด), Escherichia coli (รวมทั้ง ESBL-producing Escherichia coli), Klebsiella pneumoniae (รวมทั้ง ESBL-producing Klebsiella pneumoniae), Enterobacter aerogenes, Citrobacter sp., Haemophilus influenzae, Salmonella sp., Shigella sp., Proteus sp., Providencia sp., Serratia sp. และบางสายพันธุ์ของ Bordetella sp., Vibrio sp. รวมทั้งรักษาการติดเชื้อ Pseudomonas aeruginosa ในทางเดินปอดของทารกในผู้ป่วย cystic fibrosis โดยการใช้สูดผ่านหน้ากากพ่นยา (nebulization)

วิธีการใช้ยา :-

เมลลิสติน 150 มก. ชนิดฉีด สามารถใช้ได้โดยวิธีฉีดเข้ากล้ามเนื้อ (IM) หรือฉีดเข้าหลอดเลือดดำ (IV) หรือหยดเข้าหลอดเลือดดำ (IV infusion) หรือสูดผ่านหน้ากากพ่นยา (Oral inhalation)

ในการเตรียมยา สำหรับฉีดเข้าหลอดเลือดดำ (IM) และฉีดเข้าหลอดเลือดดำ (IV) และยา เมลลิสติน 150 มก. ชนิดฉีด ควรนำแก้วน้ำสำหรับฉีดจำนวน 2 มิลลิลิตร ซึ่งจะได้ความเข้มข้นของยาประมาณ 75 มิลลิกรัม/มิลลิลิตร เขย่าให้ละลายอย่างสมบูรณ์ก่อนใช้ ระยะเวลาที่ใช้สำหรับฉีดเข้าหลอดเลือดดำคือ 3-5 นาที ทุก 12 ชั่วโมง

การเตรียมยาสำหรับสูดผ่านหน้ากากพ่นยา (IV infusion)
กรณีมีการติดเชื้อหลอดเลือดดำ (IV) อย่างช้า ๆ ใช้เวลาฉีดนานกว่า 3-5 นาที ทุก 12 ชั่วโมงในขนาดยาหรือชนิดของขนาดยาทั้งหมดตามที่แนะนำ สำหรับขนาดยาที่ดื้อต่อเชื้อหรือกรณีที่มีการติดเชื้ออย่างช้าๆ ให้ใช้วิธีฉีดเข้าหลอดเลือดดำที่ความเร็ว 0.9% sodium chloride injection, 5% dextrose, 5% dextrose และ 0.225% sodium chloride injection, 5% dextrose และ 0.45% sodium chloride injection, 5% dextrose และ 0.9% sodium chloride injection, lactated Ringer's solution หรือ 10% invert sugar เขย่าให้เข้ากันโดยสมบูรณ์ก่อนใช้ ระยะเวลาที่ใช้สำหรับฉีดเข้าหลอดเลือดดำคือ 3-5 นาที ทุก 12 ชั่วโมง

การใช้ยาสำหรับสูดผ่านหน้ากากพ่นยา (Oral inhalation)
การใช้หลังจากใช้ยาชนิดอื่นที่ฉีดเข้าหลอดเลือดดำ (IV) อย่างช้า ๆ ไม่ควรใช้ยาชนิดอื่นที่ฉีดเข้าหลอดเลือดดำ (IV) หรือสูดผ่านหน้ากากพ่นยา (Oral inhalation) 22-23 ชั่วโมง ระยะเวลาในการเตรียมยาสำหรับสูดผ่านหน้ากากพ่นยา 5-6 มก. ชั่วโมง

การเตรียมยาสำหรับสูดผ่านหน้ากากพ่นยา (Oral inhalation)
สำหรับยาสูดผ่านหน้ากากพ่นยา (nebulization) สามารถเตรียมสารละลาย isotonic ทำได้โดยใช้ยาในสารละลาย 0.9% sodium chloride injection หรือ sterile water ที่เหมาะสมและไม่มีการเติม 2-4 มิลลิลิตร และควรใช้ยาละลายทันทีหลังจากเจือจาง

ความคงตัว
เมื่อละลายยา Colistin ในน้ำกลั่นสำหรับฉีดความเข้มข้นประมาณ 75 มิลลิกรัม/มิลลิลิตร จะมีความคงตัวนาน 10 วัน เมื่อเก็บในตู้เย็น (2-8°C) หรือที่อุณหภูมิห้อง (25°C) หรือในสารละลาย 0.9% NSS หรือ DSW ที่ความเข้มข้นประมาณ 1.5 มิลลิกรัม/มิลลิลิตร จะมีความคงตัวนาน 72 ชั่วโมง เมื่อเก็บในตู้เย็น (2-8°C) หรือที่อุณหภูมิห้อง (25°C) แต่อย่างไรก็ตามควรใช้ภายใน 6 ชั่วโมงที่เตรียมเสร็จใหม่ ๆ เท่านั้น

ขนาดยาที่ใช้ :-
ขนาดยาที่ใช้ในการรักษาความรุนแรงของการติดเชื้อ ฉากผู้ใหญ่ การทำงานของไต และชนิดของเชื้อก่อโรคหรือใช้ตามแพทย์สั่ง
ขนาดยาที่ใช้ในผู้ป่วยไตปกติ คือ 2.5-5 มก./น้ำหนักตัว 1 กก./วัน (คิดปริมาณของยา Colistin) แบ่งให้วันละ 2-4 ครั้งขนาดเท่า ๆ กัน โดยวิธีฉีดเข้ากล้ามเนื้อ หรือฉีดเข้าหลอดเลือดดำ หรือหยดเข้าหลอดเลือดดำ (IV infusion)

ขนาดยาที่ใช้ในผู้ป่วยไตผิดปกติ คือ 5 มก./น้ำหนักตัว 1 กก./วัน (คิดปริมาณของยา Colistin)
ขนาดยาที่ใช้ในการสูดผ่านหน้ากากพ่นยา (nebulization) เพื่อรักษาการติดเชื้อ Pseudomonas aeruginosa ในทางเดินปอดของทารกในผู้ป่วย cystic fibrosis ในผู้ใหญ่และเด็ก คือ 33.33-66.66 มก. วันละ 2-3 ครั้งต่อวัน

ขนาดยาในผู้ป่วยที่มีการทำงานของไตบกพร่อง
สามารถปรับลดขนาดการใช้ยาและหรือความถี่ในการให้ยาตามระดับความรุนแรงของไตที่บกพร่อง (พิจารณาจากค่า serum creatinine) ดังแสดงรายละเอียดในตาราง

ตารางแสดงขนาดยาในผู้ป่วยที่มีการทำงานของไตบกพร่อง
ระดับการทำงานของไต, ปกติ, บกพร่องเล็กน้อย, บกพร่องปานกลาง, บกพร่องรุนแรง

ข้อห้ามใช้ :-
ห้ามใช้ในผู้ป่วยที่มีประวัติแพ้ยา หรือยาในกลุ่ม polymyxins

คำเตือน :-
1. ห้ามใช้ร่วมกับยาปฏิชีวนะอื่น

2. ยาอื่นที่อาจก่อให้เกิดอันตรายต่อไต และระบบประสาทได้

ข้อควรระวัง :-
1. ขนาดยาสูงสุด : ไม่ควรเกิน 5 มก./น้ำหนักตัว 1 กก./วัน ในผู้ป่วยไตปกติ

2. ในการใช้ Colistimethate sodium ควรระวังการเกิดพิษต่อไต อาการที่อาจพบ ได้แก่ มีสารปัสสาวะ ค่า BUN และ creatinine เพิ่มขึ้น พบโปรตีนในปัสสาวะ มีสารเป็นเม็ด มีสารตะกอนสีขาว หากพบอาการเหล่านี้ควรหยุดยาและควรมีการปรับขนาดยาให้เหมาะสม

3. ในการใช้ Colistimethate sodium ควรระวังการเกิดพิษต่อไต (ซีฟิวรา) ของระบบประสาทได้ อาการที่อาจพบ ได้แก่ ชาหรือความรู้สึกตามปลายมือปลายเท้า อาการเหน็บ อาการสั่นมือสั่นเท้า การสูญเสียการได้ยิน เวียนศีรษะ ใจสั่น หงุดหงิด และอื่น ๆ

4. เนื่องจากการใช้ยาต้านเชื้อแบคทีเรียร่วมกับ Colistimethate sodium มีผลต่อแบคทีเรียปกติที่อยู่ในลำไส้และทำให้เกิดการเจริญเติบโตของเชื้อ clostridia ซึ่งพบที่ toxin ที่สร้างจาก Clostridium difficile เป็นสาเหตุของการเกิดลำไส้อักเสบชนิด pseudomembranous colitis ได้ ในผู้ป่วยที่ใช้ยาจึงควรมีการตรวจหาภาวะลำไส้อักเสบอย่างสม่ำเสมอ

5. ไม่ควรใช้ยาต้านเชื้อแบคทีเรียร่วมกับยาต้านการแข็งตัวของเลือด เนื่องจากยาต้านการแข็งตัวของเลือดอาจเพิ่มความเสี่ยงต่อการเกิดเลือดออก

6. การใช้ Colistimethate sodium โดยการใช้สูดผ่านหน้ากากพ่นยา (nebulization) อาจเสี่ยงต่อการเกิดหลอดลมอักเสบ พบอยู่ในรูปของยาสูดพ่นยา (premedication) ด้วยยาต้านการอักเสบของทางเดินหายใจ

การใช้ยาในสตรีตั้งครรภ์และสตรีที่ให้นมบุตร :-
ยังไม่มียาต้านเชื้อแบคทีเรียที่พิสูจน์แล้วว่าปลอดภัยในการใช้กับสตรีตั้งครรภ์ จึงไม่แนะนำให้ใช้กับสตรีตั้งครรภ์และสตรีที่ให้นมบุตร

การใช้ยาในผู้ป่วยโรคไต :-
การใช้ยาต้านเชื้อแบคทีเรียที่ดื้อต่อไต เช่น ยาในกลุ่ม aminoglycosides, ยา amphotericin B, capromycin, cephalothin, methoxyflurane, polymyxin B sulfate, vancomycin ทำให้มีความเสี่ยงต่อไตได้ จึงไม่แนะนำให้ใช้ร่วมกับ

การใช้ยาต้านเชื้อแบคทีเรียที่ดื้อต่อไต เช่น tubocurarine, succinylcholine, ether, decamethonium, gallamine รวมทั้ง sodium citrate อาจทำให้เกิดอาการ neuromuscular blockade ได้ จึงควรใช้ด้วยความระมัดระวัง

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Colistin-150 FOR IV/IM

Composition :

Each vial contains :- Sterile Colistimethate Sodium equivalent to Colistin 150 mg

Product description :

White or yellowish white sterile powder to be dissolved in sterile solution for injection.

Pharmacodynamic :

Colistimethate Sodium is hydrolyzed in aqueous solution and body fluids to Colistin which has bactericidal action to susceptible organisms. It acts primarily by binding to membrane phospholipids and disrupting the bacterial cytoplasmic membrane. It is particularly effective against *Pseudomonas aeruginosa*. Colistimethate Sodium has a bactericidal action on most gram-negative bacilli and of the other gram-negative organisms, *Acinetobacter* spp., *Escherichia coli*, *Enterobacter* spp., *Klebsiella* spp., *Haemophilus influenzae*, *Bordetella pertussis*, *Salmonella* spp. and *Shigella* spp. are sensitive.

Pharmacokinetics :

Peak plasma concentrations usually occur 2 to 3 hours after an intramuscular injection of colistimethate sodium. Plasma protein binding of colistimethate sodium is low. The serum half-life of colistimethate sodium is 2 to 3 hours but is prolonged in renal impairment (values of 10 to 20 hours have been reported in patients with a creatinine clearance of less than 20 mL/minute). Colistimethate is mainly excreted by glomerular filtration as unchanged drug and up to 80% of a parenteral dose may be recovered in the urine within 24 hours. Excretion is more rapid in children than in adults. Colistin crosses the placenta. It is distributed into breast milk.

Indication :

COLISTIN-150 has been used in the treatment of severe gram-negative infections, especially those due to *Pseudomonas aeruginosa* and in multidrug-resistant *Pseudomonas* or *Acinetobacter* CNS infections.

Recommended dose :

Each mg of colistin base has a potency of 30,000 I.U. and each mg of colistimethate sodium has a potency of 12,500 I.U.

Parenteral dosage

The usual IM or IV dose of colistimethate sodium for adults and children with normal renal function is 2.5-5 mg/kg of colistin daily given in 2-4 divided doses, depending on the severity of the infection.

The maximum IM or IV dosage of colistimethate sodium for patients with normal renal function is 5 mg/kg of colistin daily.

Oral inhalation dosage

Colistimethate sodium has been given by oral inhalation by nebulization in a dosage of 33.33 - 66.66 mg (1-2 million I.U.) of colistin 2 or 3 times daily.

Administration in renal impairment

The dose and frequency of IM or IV colistimethate sodium should be decreased in proportion to the degree of renal impairment.

- Serum creatinine 1.3 to 1.5 mg/100 mL : 2.5-3.8 mg/kg daily given IM or IV in 2 divided doses.
- Serum creatinine 1.6 to 2.5 mg/100 mL : 2.5 mg/kg daily given IM or IV in a single dose or in 2 divided doses.
- Serum creatinine 2.6 to 4.0 mg/100 mL : 1.5 mg/kg daily given IM or IV every 36 hours.

Mode of administration :

COLISTIN-150 is administered by IM injection, IV injection, or continuous IV infusion. The drug also has been administered by oral inhalation via nebulization.

Parenteral administration : COLISTIN-150 is reconstituted by adding 2 mL of sterile water for injection to a vial, swirled gently. The resultant solution contains 75 mg of colistin per mL.

- IV injection : For direct intermittent IV administration, one-half of the total daily dose should be injected directly into a vein over a 3- to 5-minute period every 12 hours.

- IV infusion : For continuous IV infusion, one-half of the total daily dose should be injected directly into a vein over a 3- to 5- minute period; the remaining one-half of the total daily dose should be added to a compatible IV solution (0.9% NaCl, 5% dextrose, 5% dextrose and 0.225% 0.45% or 0.9% NaCl lactate Ringer's, or 10% invert sugar) and administered 1-2 hours later (over the next 22-23 hours) by slow IV infusion. The infusion rate should be 5-6 mg/hour in patients with normal renal function. For patients with impaired renal function, the infusion rate should be reduced depending on the degree of renal impairment.

The specific IV solution and volume of the solution used should be based on the patients' fluid and electrolyte requirements.

- IM administration : For IM injection, the appropriate dose of reconstituted solution should be given IM.

Stability of reconstituted solution : Following reconstitution with sterile water for injection, COLISTIN-150 solutions contain 75 mg of colistin per mL and should be stored at 2-8 °C or 25 °C and used within 7 days. However, reconstituted solutions should be used freshly prepared.

Oral Inhalation : For oral inhalation via nebulization, an isotonic solution of COLISTIN-150 has been prepared by adding the appropriate dose in 2-4 mL of preservative-free 0.9% sodium chloride injection, sterile water, or a mixture of 0.9% sodium chloride injection and sterile water. The solution should be used promptly after prepared.

Contraindication :

1. Hypersensitivity to colistimethate sodium.
2. Patients who have myasthenia gravis.

Precaution :

- Neurotoxic reactions such as dizziness, confusion, and visual disturbances can occur during parenteral therapy and patients so affected should not drive or operate machinery.
- Plasma-concentration monitoring during systemic treatment is recommended in neonates, patient with renal impairment, and those with cystic fibrosis. Peak plasma-colistin concentrations of 10 to 15 mg/litre are recommended.

litre are recommended.

- Premixing of colistimethate in an aqueous solution and sit it for longer than 24 hours results in increased concentrations of colistin in solution and increases the potential for lung toxicity. Therefore, sh be given promptly after preparation.

- Colistin has been associated with acute attacks of porph and is considered unsafe in porphyric patients.

Interactions with other medicaments :

- Use with cephalosporins group, vancomycin, capreom minocycline, amphotericin B, bacitracin, cisplatin, methoxyflun polymyxin B may result in additive side effect of neurotoxic, otol and nephrotoxic.

- If use before, during or after surgical procedures in which neuromuscular blocking agent is administered, the possibility of prolonged duration of neuromuscular blockade (or reoccurance, par lary postoperatively) should be considered.

Pregnancy and lactation :

Pregnancy : Avoid. Possible risk of fetal toxicity especial second and third trimesters.
Lactation : Avoid. It is distributed into breast milk.

Undesirable effects :

- Dizziness, confusion and visual disturbances.
- Pain and local irritation are reported to be less troubles after intramuscular injection.
- Neurotoxicity reported especially with excessive doses (ding apnoea, perioral and peripheral paraesthesia, vertigo; ra vasomotor instability, slurred speech, confusion, psychosis, vi disturbances); nephrotoxicity; hypersensitivity reactions including i injection-site reactions.

Overdose and Treatment :

Overdosage may cause apnoea, muscle weakness, ver slurred speech, vasomotor instability, visual disturbances, confu psychosis and renal insufficiency.

Treatment of overdose

No antidote is available. Management of overdose is by mx of supportive treatment and measures designed to increase clear of colistimethate sodium such as inducing an osmotic diuresis mannitol, peritoneal dialysis or prolonged haemodialysis.

Storage condition :

Store below 30 °C

Dosage forms and packaging available :

Clear colorless glass vial with flip-off cap contains site colistimethate sodium equivalent to colistin 150 mg packed or urpa in paper box of 1, 2, 3, 4, 5, 10, 12, 24, 50 and 100 vials.

Manufactured by : MILLIMED CO., LTD. Samut Prakan, Thai

Distributed by : UNIVERSAL MEDICAL INDUSTRY CO.,LTD.

9/425-7 Ram-Indra Road, Anusawaree, Bangkok, Bangkok 10220 Thailand.

Tel: (662) 971-5468 Fax: (662) 971-5470

Date of revision of package insert : 25.11.16

โคลิสติน-150 FOR IV/IM

ส่วนประกอบ :

ใน 1 vial ประกอบด้วย Sterile Colistimethate Sodium เทียบเท่ากับ Colistin 150 mg

ลักษณะของผลิตภัณฑ์ :

ผงยาสีขาวขุ่นหรือสีขาวออกเหลือง สำหรับละลายในน้ำที่ฆ่าเชื้อแล้ว

วิธีใช้

เภสัชศาสตร์ : เป็นยา Colistimethate sodium เข้าร่างกายจะถูก Hydrolyzed ได้เป็น Colistin ซึ่งมีฤทธิ์ต้านการเจริญเติบโตที่มีเป้าหมายที่ phospholipid ที่ membrane ของแบคทีเรีย ซึ่งจะเข้าไปยึดต่อผนังเซลล์แบคทีเรียและทำให้ผนังเซลล์ของ *Pseudomonas aeruginosa*, แบคทีเรียแกรมลบ bacilli รวมทั้งแบคทีเรียแกรมลบอื่นๆ *Acinetobacter* spp., *Escherichia coli*, *Enterobacter* spp., *Klebsiella* spp., *Haemophilus influenzae*, *Bordetella pertussis*, *Salmonella* spp. และ *Shigella* spp.

เภสัชเภสัชศาสตร์ :

เมื่อให้ Colistimethate sodium โดยการฉีดเข้ากล้ามเนื้อ หรือความเข้มข้นของยาในพลาสมาจะอยู่ที่ประมาณ 2-3 ชั่วโมง ยาจับกับโปรตีนพลาสมาได้ 10-20% ส่วนครึ่งชีวิตประมาณ 2-3 ชั่วโมง แต่ความเข้มข้นในปัสสาวะโดยเฉลี่ย (ประมาณ 10-20 ชั่วโมง ในกรณีที่มีค่า creatinine clearance น้อยกว่า 20 mL/ นาที) ยาถูกขับออกโดยผ่านการกรองไตเป็นส่วนใหญ่ ทั้งในรูปที่เปลี่ยนแปลงและไม่เปลี่ยนแปลง โดยขับประมาณ 80% ของปริมาณที่ผ่านการกรองเลือดที่ไตถูกกำจัดออกจากร่างกายใน 24 ชั่วโมง การขับยาในน้ำนมแม่นั้นยังไม่ชัดเจน จากที่ Colistin มีขนาดการแพร่กระจายผ่านรกและน้ำนมได้

ข้อชี้แจง :

สำหรับรักษาโรคติดเชื้อแบคทีเรียแกรมลบที่รุนแรง โดยเฉพาะที่เกิดจากเชื้อ *Pseudomonas aeruginosa* นอกจากใช้ให้ในการรักษาการติดเชื้อของระบบประสาทส่วนกลางชนิด multidrug-resistant *Pseudomonas* หรือ *Acinetobacter*

ขนาดยาที่แนะนำ :

ด้วยยา Colistin 150 มิลลิกรัม มีความแรงเท่ากับ 30,000 หน่วยสากลและด้วย Colistin ในรูป Colistimethate sodium 1 มิลลิกรัมจะมีความแรงเท่ากับ 12,500 หน่วยสากล

ขนาดยาสำหรับผู้ใหญ่โดยการฉีด

ขนาดยาสำหรับการฉีดเข้ากล้ามเนื้อและการฉีดเข้าหลอดเลือดดำสำหรับผู้ใหญ่ และเด็กที่มีการทำงานของไตปกติ คือ 2.5-5 mg/kg/วัน โดยยาในรูป Colistin แบ่งให้วันละ 2-4 ครั้ง ขึ้นกับความรุนแรงของการติดเชื้อ

ขนาดยาสำหรับผู้ใหญ่โดยการฉีดเข้าเส้นเลือดดำ

ขนาดยา Colistimethate Sodium สำหรับให้ทางหลอดเลือดดำเข้าปากโดยผ่านเครื่อง Nebulizer คือ 33.33-66.66 มิลลิกรัม (1-2 ล้านหน่วยสากล) ของยาในรูป Colistin โดยยาวัน 2-3 ครั้งต่อวัน

การใช้ยาในผู้ป่วยที่มีการทำงานของไตบกพร่อง

ขนาดยาและความถี่ของการให้ทางหลอดเลือดดำขึ้นอยู่กับระดับหรือระดับเลือด

- ค่าครีเอตินีนในซีรัม 1.3-1.5 mg/dl. คือ 2.5-3.8 mg/kg/วัน
- ค่าครีเอตินีนในซีรัม 1.6-2.5 mg/dl. คือ 2.5 mg/kg/วัน
- ค่าครีเอตินีนในซีรัม 2.6-4.0 mg/dl. คือ 1.5 mg/kg/วัน

วิธีการใช้ยา :

โคลิสติน-150 สามารถบริหารยาผ่านการฉีดเข้ากล้ามเนื้อ, ฉีดยาหรือหยดเข้าหลอดเลือดดำ และสามารถให้โดยการสูดดมผ่านปากผ่านเครื่อง Nebulizer ได้

การใช้ยาโดยการฉีด

ขนาดยาโคลิสติน-150 โดยการฉีดเข้ากล้ามเนื้อหรือฉีดเข้าหลอดเลือดดำ 2 มิลลิกรัมต่อวัน หรือขนาดยาตามน้ำหนัก 2.5-5 mg/kg/วัน

- การฉีดเข้าหลอดเลือดดำ : สำหรับการฉีดเข้าหลอดเลือดดำแบบไม่ต่อเนื่อง ให้ยาครึ่งหนึ่งของขนาดยาต่อวันทั้งหมด โดยฉีดเข้าหลอดเลือดดำโดยตรง

นาน 3-5 นาที ทุก 12 ชั่วโมง

- การหยดเข้าหลอดเลือดดำ : สำหรับการหยดเข้าหลอดเลือดดำแบบต่อเนื่อง ให้ยาครึ่งหนึ่งของขนาดยาต่อวันทั้งหมด โดยฉีดเข้าหลอดเลือดดำโดยตรง

นาน 3-5 นาที ทุก 12 ชั่วโมง

- การหยดเข้าหลอดเลือดดำ (IV infusion) : สำหรับการหยดเข้าหลอดเลือดดำโดยตรง

นาน 2-3 ชั่วโมง ในผู้ป่วยที่มีการทำงานของไตปกติ อัตราการหยดเข้าหลอดเลือดดำควร

เป็น 5-6 mg/ชม. และในผู้ป่วยที่มีการทำงานของไตบกพร่อง อัตราการหยดเข้าหลอดเลือดดำควรลดลงตามระดับการทำงานของไต

ข้อแนะนำปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

น้ำและปริมาณของสารละลายที่ใช้ ความเข้มข้นของสารละลาย

- ความถี่ในการติดตามระดับความเข้มข้นของยาในพลาสมาควรทำการรักษา

ขนาดยาปกติในการรักษาเด็ก ผู้ป่วยที่มีภาวะไตบกพร่องและผู้ป่วยที่มีภาวะ cystic fib

rosis มีความเข้มข้นของ Colistin ในพลาสมาที่แนะนำควรอยู่ในช่วง 10-15 mg/L

- ควรใช้ด้วยความระมัดระวังเป็นพิเศษ เนื่องจากความเข้มข้นมากกว่า 24 ชั่วโมง จะ

ให้ระดับความเข้มข้นของ Colistin เพิ่มขึ้นเป็นปกติอย่างรวดเร็ว

- เมื่อแจ้ง Colistin อาจทำให้เกิดอาการ porphyria แบบเฉียบพลัน คือ

โรคผิวหนังความรุนแรงโดยมีการใช้ยาในผู้ป่วยที่มีโรค porphyria

อันเนื่องมาจากการใช้ยา :

- การใช้ร่วมกับยา cephalosporin, vancomycin, capreomycin, min

ocycline, amphotericin B, bacitracin, cisplatin, methoxyflurane และ po

myxin B อาจทำให้เกิดความผิดปกติของระบบประสาท

- การใช้ร่วมกับยา Neuromuscular blocking agent ระหว่างหรือ

ภายหลัง อาจมีผลทำให้ฤทธิ์ Neuromuscular blockade (หรือ reoccurance

เพราะอาจยับยั้งผล) นานขึ้นได้

ข้อควรระวังและข้อห้ามใช้ :

ข้อควรระวัง : ไม่ควรใช้ เนื่องจากมีความเสี่ยงที่จะเป็นอันตรายต่อทารกใน

ครรภ์และการตั้งครรภ์ในช่วงไตรมาสแรกและไตรมาสที่สอง

ข้อห้ามใช้ : อาการแพ้ยาที่มีนัยสำคัญ ดังต่อไปนี้

- ทำหน้าที่โดยการวินิจฉัย สัมผัส และการควบคุมการมองเห็น

- อาจทำให้เกิดการระคายเคืองหรือระคายเคืองบริเวณผิวหนัง

การแพ้ยาที่มีนัยสำคัญ

- มีภาวะความผิดปกติของระบบประสาท โดยเฉพาะเมื่อมีการใช้ยาเกิน

(อาการที่สังเกตได้คือ หมดสติ, หายใจลำบาก, เย็นบริเวณรอบปากและปลายมือปลายเท้า) หรือ

ส่วนปากหรือส่วนอื่นของลิ้นบวม, หายใจลำบาก, สับสน, อาการทางจิต, การมองเห็น

ผิดปกติ การแพ้ยาที่มีนัยสำคัญ การแพ้ยาที่มีนัยสำคัญ การแพ้ยาที่มีนัยสำคัญ

การใช้ยาในผู้ป่วยที่มีความผิดปกติของไต :

การใช้ยาในผู้ป่วยที่มีความผิดปกติของไต ควรปรับขนาดยาตามระดับการทำงานของไต

การปรับขนาดยาตามระดับการทำงานของไต ควรปรับขนาดยาตามระดับการทำงานของไต

การปรับขนาดยาตามระดับการทำงานของไต ควรปรับขนาดยาตามระดับการทำงานของไต

การปรับขนาดยาตามระดับการทำงานของไต ควรปรับขนาดยาตามระดับการทำงานของไต

การปรับขนาดยาตามระดับการทำงานของไต ควรปรับขนาดยาตามระดับการทำงานของไต

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การปรับขนาดยาตามระดับการทำงานของไต ควรปรับขนาดยาตามระดับการทำงานของไต

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การปรับขนาดยาตามระดับการทำงานของไต ควรปรับขนาดยาตามระดับการทำงานของไต

Appendix C: Validation of LC-MS/MS method for colistin determination

Principle of method validation

Linearity, standard calibration curve, and LLOQ

Linearity was tested using a set of calibration points, prepared in blank human plasma covering a range of interests. The calibration curve was established by plotting the peak area ratio (y) versus the nominal concentration (x) of the analyte. The calibration curves were derived by weighted (1/y) linear regression analysis. The correlation coefficient (r^2) of at least 0.99 was set as a criterion of acceptance. The lower limit of quantification (LLOQ) was assessed as the lowest concentration on the calibration curve that produced a signal/noise ratio of 5 and established based on 6 replications during 5 consecutive days. The acceptable accuracy and precision of LLOQ were within $\pm 20\%$.

Accuracy and precision

Intra- and inter-day accuracy and precision were analyzed using 5 replicates at three levels of QC samples (LQC, MQC, and HQC). Intra- and inter-day accuracy were expressed as percentages of theoretical concentration at each QC level (85-115%). Intra- and inter-day precision were evaluated as the coefficient of variation (%CV) within 15%.

Specificity

Specificity was carried out by screening 6 different batches of blank human plasma. Each batch was tested for interference from endogenous plasma components by comparing the chromatograms of blank plasma with that of the corresponding spiked plasma at LLOQ concentration. The acceptance criterion was defined as no other peak observed at the same retention time of analytes and internal standard (IS) (netilmicin).

Matrix effect and carryover effect

Matrix effect was assessed by the signal from endogenous molecules of blank plasma that interfered with the signal from analytes. Six individual blank plasma were prepared at two different concentrations (low and high). The matrix effect was assessed by comparing the peak areas of analytes with blank plasma spiked with analytes after

extraction to those of the analytes from neat solution at equivalent concentration and reported as matrix factor. For carryover effect, three blank samples were injected following the highest calibrator (upper limit of quantification, ULOQ).

Results of method validation

Linearity and LLOQ

Seven points plasma calibration curves for formed colistin were created by plotting the peak area ratio of (colistin A + colistin B) to IS against a nominal concentration of calibrators. Weighted (1/y) linear regression analysis exhibited good linearity and reproducibility with r^2 values > 0.99 in all experiments. The linearity regression of the peak area ratio versus concentrations was fitted over the concentration range of 0.1-6.4 mg/L. The LLOQ value was 0.1 mg/L. The example of calibration curve is shown in Figure AC1.

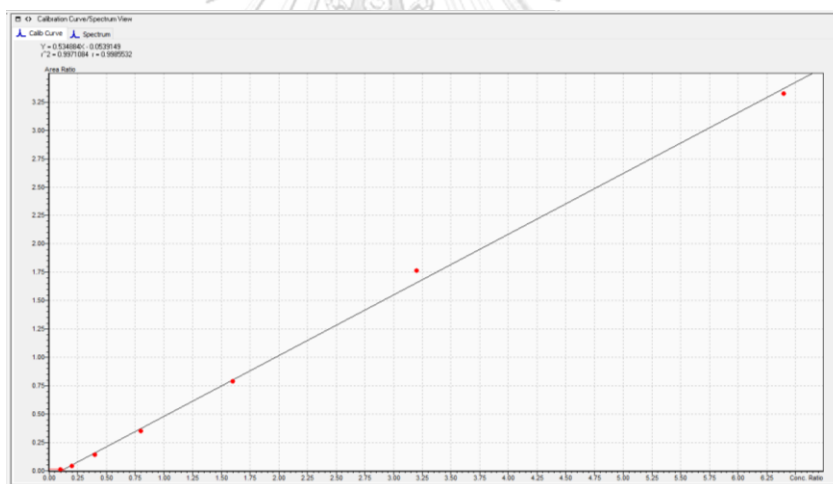


Figure AD1. Example of colistin calibration curve range.

Accuracy and precision

The accuracy and precision results were summarized in Table AC1. The results are all within the acceptable range of variation and deviation recommended by the FDA guidance ($<15\%$), demonstrating that this method is reproducible.

TABLE AC1. Intra- and inter-day accuracy and precision for colistin QC samples.

Colistin levels	Intra-day		Inter-day	
	Precision (%CV)	Accuracy (%nominal)	Precision (%CV)	Accuracy (%nominal)
Low QC (0.3 mg/L)	9.36	99.89	3.08	99.89
Medium QC (0.6 mg/L)	9.89	98.46	2.69	98.46
High QC (1.2 mg/L)	5.27	101.20	6.24	101.57
LLOQ (0.1 mg/L)	3.94	102.33	5.59	103.33

Specificity

No other interfering peak was observed at the same retention time of the analytes and IS in all six different batches of blank plasma. Six batches of plasma were pooled and used to prepare a blank, calibrators, and QC samples for the entire experiment.

Matrix effect

The matrix factor (mean \pm SD) at LQC and HQC levels were found to be 1.07 ± 0.05 and 1.06 ± 0.02 for formed colistin. This method demonstrated a minimal matrix effect on the ionization of formed colistin.

Carryover

The percentage of carryover was $< 0.2\%$ and the detected concentration in the blank sample was less than the LLOQ concentration of all analytes.

Appendix D: Ethical approvals



COA No. 256/2018

IRB No. 042/61

INSTITUTIONAL REVIEW BOARD

Faculty of Medicine, Chulalongkorn University

1873 Rama 4 Road, Patumwan, Bangkok 10330, Thailand, Tel 662-256-4493

Certificate of Approval



The Institutional Review Board of the Faculty of Medicine, Chulalongkorn University, Bangkok, Thailand, has approved the following study in compliance with the International guidelines for human research protection as Declaration of Helsinki, The Belmont Report, CIOMS Guideline and International Conference on Harmonization in Good Clinical Practice (ICH-GCP)

Study Title	: Population Pharmacokinetics of Intravenous Colistin in Pediatrics (POPPICOP study)
Study Code	: -
Principal Investigator	: Noppadol Wacharachaisurapol, M.D., BSc.
Affiliation of PI	: Ph.D. in Clinical Sciences (International Program), Graduate Affairs, Faculty of Medicine, Chulalongkorn University.
Review Method	: Full board
Continuing Report	: At least once annually or submit the final report if finished.
Document Reviewed	: <ul style="list-style-type: none"> 1. Doctoral Dissertation Proposal version 1.1 dated 27 February 2018 2. Protocol Synopsis version 1.1 dated 27 February 2018 3. Information sheet for the legal representative/guardian of the Participant in the Research Program version 1.1 dated 27 February 2018 4. Informed consent to participant the legal representative/guardian version 1.1 dated 27 February 2018

Approval granted is subject to the following conditions: (see back of this Certificate)



5. Information sheet for research participant ages 7-12 years version 1.1 dated 27 February 2018
6. Informed consent for participating volunteers ages 7-12 years version 1.1 dated 27 February 2018
7. CRF Enrollment Day 1 Version 1.1 date 27 February 2018
8. Blood Sampling CRF Version 1.1 date 27 February 2018
9. Microbiological data Version 1.1 date 27 February 2018
10. Curriculum Vitae and GCP Training
 - Noppadol Wacharachaisurapol, M.D., BSc.
 - Assoc.Prof. Thanyawee Puthanakit, M.D.
 - Asst.Prof. Thitima Wattanavijitkul, M.D.

Signature  Signature 
 (Emeritus Professor Tada Sueblinvong MD) (Assistant Professor Prapapan Rajatapiti MD, PhD)
 Chairperson Member and Secretary
 The Institutional Review Board The Institutional Review Board

Date of Approval : March 15, 2018
 Approval Expire Date : March 14, 2019

Approval granted is subject to the following conditions: (see back of this Certificate)



คณะกรรมการจริยธรรมการวิจัยในมนุษย์
สถาบันสุขภาพเด็กแห่งชาติมหาราชินี

4 มกราคม 2562

โครงการวิจัยเรื่อง : การศึกษาเภสัชจลศาสตร์ประชากรของยาโคลิสตินชนิดฉีดเข้าหลอดเลือดดำในผู้ป่วยเด็ก (Population pharmacokinetics of intravenous colistin in pediatrics (POPPICOP study))

ผู้ดำเนินการวิจัย : นายแพทย์นพดล วัชรชัยสุรพล

ผู้ร่วมวิจัยในสถาบันฯ : รศ. ดร. แพทย์หญิงวารุณี พรรณพานิช วานเดอพิทท์

สถานที่ดำเนินการวิจัย : สถาบันสุขภาพเด็กแห่งชาติมหาราชินี

ระยะเวลาดำเนินการ : 1 ตุลาคม 2561 - 30 พฤศจิกายน 2562

เอกสารที่พิจารณา :

1. ประวัติคณะผู้วิจัย
2. แบบฟอร์ม Biological Material Transfer Agreement

เอกสารที่รับรอง :

1. แบบเสนอโครงการวิจัยเพื่อขอรับการพิจารณาจากคณะกรรมการจริยธรรมการวิจัยในมนุษย์สถาบันสุขภาพเด็กแห่งชาติมหาราชินี (REC-QSNICH.03) (Version 2 Date 27 พฤศจิกายน 2561 : ฉบับภาษาไทย)
2. คำอธิบายสำหรับผู้เข้าร่วมในโครงการวิจัย (Information Sheet for Research Participant) (REC-QSNICH.05) (Version 2 Date 27 พฤศจิกายน 2561)
3. คำอธิบายสำหรับผู้เข้าร่วมในโครงการวิจัยสำหรับอาสาสมัครเด็กอายุ 7-12 ปี (Information Sheet for Research Participant) (REC-QSNICH.06) (Version 2 Date 27 พฤศจิกายน 2561)
4. หนังสือแสดงความยินยอมเข้าร่วมโครงการวิจัยสำหรับผู้แทนโดยชอบธรรม/ผู้ปกครอง (Informed Consent Form) (REC-QSNICH.08) (Version 2 Date 27 พฤศจิกายน 2561)
5. หนังสือแสดงความยินยอมเข้าร่วมโครงการวิจัยสำหรับอาสาสมัครเด็กอายุ 7-12 ปี (Informed Assent Form) (REC-QSNICH.09) (Version 2 Date 27 พฤศจิกายน 2561)
6. CRF-Enrollment Day 1-POPPICOP STUDY (Version 2 Date 27 พฤศจิกายน 2561)
7. CRF-Blood Sampling Worksheet POPPICOP STUDY (Version 2 Date 27 พฤศจิกายน 2561)

คณะกรรมการจริยธรรมการวิจัยในมนุษย์ สถาบันสุขภาพเด็กแห่งชาติมหาราชินี ได้พิจารณารับรองโครงการวิจัยโดยยึดหลักเกณฑ์ตามคำประกาศเฮลซิงกิ (Declaration of Helsinki) และแนวทางการปฏิบัติการวิจัยทางคลินิกที่ดี (ICH GCP) ทั้งนี้ให้ดำเนินการวิจัยตามเอกสารฉบับภาษาไทยเท่านั้น โดยขอให้รายงานความก้าวหน้าทุก 12 เดือน

Signature

(แพทย์หญิงรัตโนทัย พลับภูการ)

ประธานคณะกรรมการจริยธรรมการวิจัยในมนุษย์
สถาบันสุขภาพเด็กแห่งชาติมหาราชินี

เลขที่ : REC.038/2562 (Full Board)

รหัสโครงการ : Document No.61 077

เลขที่เอกสารรับรอง : REC.038/2562

สำนักงานจริยธรรมการวิจัย สถาบันสุขภาพเด็กแห่งชาติมหาราชินี

อาคารสถาบันสุขภาพเด็กแห่งชาติมหาราชินี ชั้น 12

420/8 ถนนราชวิถี แขวงทุ่งพญาไท เขตราชเทวี กรุงเทพฯ 10400

โทร. 1415 ต่อ 5210, 5211

รับรองตั้งแต่วันที่ 3 ธันวาคม 2561 ถึงวันที่ 2 ธันวาคม 2562

ประชุมครั้งที่ 12/2561 วันที่ 5 พฤศจิกายน 2561

Institutional Review Board Number; IRB00007346

Federal Wide Assurance; FWA00002250

Appendix E: Worksheet using for simulations.

SCr level (mg/dL)	N	Time (h)	Dose (mg of CBA/kg)	CR _{av} (mg/d L)	CR _{sd}	CR _{variance}	MD (mg of CBA/kg)	InfTime (h)	ADDL (doses)	II (h)
0.10- 0.20	27	0	5	0.17	0.03	0.0009	2.5	0.5	4	12
		0	5	0.17	0.03	0.0009	3.75	0.5	4	12
		0	5	0.17	0.03	0.0009	5	0.5	4	12
		0	6.25	0.17	0.03	0.0009	6.25	0.5	4	12
0.21- 0.30	32	0	5	0.26	0.03	0.0009	2.5	0.5	4	12
		0	5	0.26	0.03	0.0009	3.75	0.5	4	12
		0	5	0.26	0.03	0.0009	5	0.5	4	12
		0	6.25	0.26	0.03	0.0009	6.25	0.5	4	12
0.31- 0.40	9	0	5	0.35	0.03	0.0009	2.5	0.5	4	12
		0	5	0.35	0.03	0.0009	3.75	0.5	4	12
		0	5	0.35	0.03	0.0009	5	0.5	4	12
		0	6.25	0.35	0.03	0.0009	6.25	0.5	4	12
0.41- 0.50	5	0	5	0.45	0.02	0.0004	2.5	0.5	4	12
		0	5	0.45	0.02	0.0004	3.75	0.5	4	12
		0	5	0.45	0.02	0.0004	5	0.5	4	12
		0	6.25	0.45	0.02	0.0004	6.25	0.5	4	12
0.51- 0.75	6	0	5	0.66	0.09	0.0081	2.5	0.5	4	12
		0	5	0.66	0.09	0.0081	3.75	0.5	4	12
		0	5	0.66	0.09	0.0081	5	0.5	4	12
		0	6.25	0.66	0.09	0.0081	6.25	0.5	4	12

ADDL, number of additional doses; av, average; CR, serum creatinine; II, dosing interval; InfTime, infusion time; MD, maintenance dose; sd, standard deviation.

Appendix F: Codes for model simulations.

```

1 test()
2     deriv(A1 = -Cl * A1)
3     dosepoint(A1)
4     C = A1 / V
5     error(CEps = 0.306)
6     observe(CObs = C * (1 + CEps))
7     stparm(V = tvV * exp(nV))
8     stparm(Cl = tvCl * CREATININE^dClDCREATININE * exp(nCl))
9     //fcovariate(SEX())
10    //fcovariate(AGE)
11    //fcovariate(WT)
12    //fcovariate(HT)
13
14    //fcovariate(CLCR)
15    //fcovariate(ALBUMIN)
16    //fcovariate(HCT)
17    fixef(tvV = c(, 0.658, ))
18    fixef(tvCl = c(, 0.069, ))
19    //fixef(dVdAGE(enable=c(0)) = c(, 0, ))
20    //fixef(dClAGE(enable=c(1)) = c(, 0, ))
21    //fixef(dVdCREATININE(enable=c(2)) = c(, 0, ))
22    fixef(dClDCREATININE(enable=c(3)) = c(, -0.53, ))
23    //fixef(dVdCLCR(enable=c(4)) = c(, 0, ))
24    //fixef(dClCLCR(enable=c(5)) = c(, 0, ))
25    //fixef(dVdWT(enable=c(6)) = c(, 0, ))
26    //fixef(dClWT(enable=c(7)) = c(, 0, ))
27    ranef(block(nV, nCl) = c(0.300, 0, 0.337))
28    covariate(CRav, CRsd)
29
30    stparm(CREATININE = CRav + CRsd * nCR)
31    ranef(diag(nCR) (freeze) = c(0.0009))
32
33
34
35

```

Note: Value of η_{CR} in line 31 was changed in accordance with the different serum creatinine levels.

Appendix G: Published manuscript entitled “ No Increased Acute Kidney Injury Rate Through Giving an Intravenous Colistin Loading Dose in Pediatric Patients”

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No increased acute kidney injury rate through giving an intravenous colistin loading dose in pediatric patients



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ABSTRACT

Objectives: A colistin loading dose is required to achieve adequate drug exposure for the treatment of multidrug-resistant Gram-negative bacteria. However, data on acute kidney injury (AKI) rates associated with this approach in children have been unavailable. The aim of this study was to examine AKI rates in children who were prescribed a colistin loading dose.

Methods: A retrospective study was conducted in patients aged 1 month to 18 years who had received intravenous colistin for ≥ 48 h. Loading dose (LD) was defined as colistin methanesulfonate at 4–5 mg of colistin base activity/kg/dose. AKI was defined according to KDIGO serum creatinine (SCr) criteria – SCr ≥ 1.5 times the baseline, measured 3–7 days after colistin initiation. Augmented renal clearance (ARC) was defined as an estimated glomerular filtration rate (eGFR) > 150 mL/min/1.73 m². The rates of AKI were compared between children receiving or not receiving an LD, and between different eGFR groups.

Results: In total, 181 children were enrolled. The mean age was 4.3 years (95% confidence interval [CI], 3.6–4.9 years). Ninety-five of the subjects (52.5%) were male. There were 157 children with a baseline eGFR of ≥ 80 mL/min/1.73 m². The overall AKI rate within the first week in this group was 20.4% (95% CI, 14.4–27.6%); LD, 16.1% vs no LD, 23.2% ($p = 0.29$). Subgroup analysis, excluding patients with ARC, showed a lower AKI rate of 12.8% (95% CI, 6.8–21.3%); LD, 9.7% vs no LD, 14.3% ($p = 0.53$).

Conclusions: AKI rate was not different among children who received an intravenous colistin loading dose. This approach should be implemented to ensure the necessary drug exposure required for good treatment outcomes.

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Introduction

Multidrug-resistant Gram-negative bacteria (MDR-GNB) are the major cause of hospital-associated infections. The appearance of carbapenem-resistant strains of MDR-GNB, including *Acinetobacter baumannii*, *Pseudomonas aeruginosa*, and Enterobacteriaceae, is increasing globally. In Thailand, *A. baumannii*, *P. aeruginosa*, and *Klebsiella pneumoniae* are resistant to carbapenems in up to 81%, 25%, and 17% of cases, respectively (National Antimicrobial

Resistance Surveillance Center Thailand, 2019). King Chulalongkorn Memorial Hospital, a leading teaching university hospital in Bangkok, has reported twice the rate of carbapenem-resistant *P. aeruginosa* (49%) and *K. pneumoniae* (36%) compared with the national data. The current treatment of carbapenem-resistant organisms requires a combination of antibiotics. Colistin (polymyxin E) is one of the last resorts for use in combinations. The available parenteral formulation of colistin is colistimethate sodium, also known as colistin methanesulfonate (CMS) (Falagas and Kasiakou, 2006). This is hydrolyzed by blood esterases to the active forms (colistin A, B) (Nakwan et al., 2016). Administering a colistin loading dose is essential to achieve a pharmacokinetic/pharmacodynamic target within 24 h (Nation et al., 2017; Wacharachaisurapol et al., 2020). Nephrotoxicity is a common adverse effect of colistin. In adults, the acute kidney injury (AKI)

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rate was reported as 51% in patients using colistin, while in the matched controls the AKI rate was 22% (Miano et al., 2018). In children, the nephrotoxicity rate has been reported over a range from 0 to 22.8%, based on various nephrotoxicity definitions (Falagas et al., 2009a; İşgüder et al., 2016; Kapoor et al., 2013; Karbuz et al., 2014; Karli et al., 2013; Paksu et al., 2012; Sahbudak Bal et al., 2018; Tamma et al., 2013). The nephrotoxicity usually occurred when colistin was given concomitantly with other, more nephrotoxic drugs, such as vancomycin or aminoglycosides (Rattanaumpawan et al., 2011). However, there is no study on AKI rate resulting from a loading dose of CMS in pediatric patients. The primary objective of this study was to describe the AKI rates among pediatric patients who were prescribed an intravenous colistin loading dose in comparison with the standard initial dose. The secondary objective was to identify other associated factors affecting these AKI rates.

Materials and methods

Study design

This retrospective study was conducted at King Chulalongkorn Memorial Hospital, Bangkok, Thailand. Pediatric patients who had been prescribed intravenous colistin were identified by searching the pharmacy unit database. Generic names of colistin (colistin, colistimethate sodium, colistin methanesulfonate, CMS) were used for searching the data on patients aged ≤ 18 years between January 2014 and December 2019. Eligibility criteria included: (i) aged 1 month to 18 years; (ii) received intravenous colistin for ≥ 48 h; and (iii) available results for baseline serum creatinine (SCr) and levels at follow-up measured 3–7 days after colistin initiation. Premature infants < 37 weeks and those receiving renal replacement therapy (RRT) or extracorporeal membrane oxygenation (ECMO) prior to colistin initiation were excluded. This study was approved by the Institutional Review Board of the Faculty of Medicine, Chulalongkorn University (IRB no. 177/63).

Definitions

Colistin loading dose was defined as an intravenous CMS injection of at least 4–5 mg of colistin base activity (CBA)/kg/dose. Baseline SCr was defined as SCr level measured less than 48 h before colistin initiation. Follow-up SCr was defined as a SCr at days 3–7 after colistin initiation, and weekly SCr for 3 further consecutive weeks (if available). If there was more than one SCr value in the period, the highest SCr value was chosen. All SCr levels were measured using an enzymatic method in the Clinical Pathology Laboratory, King Chulalongkorn Memorial Hospital. The eGFR was calculated using the modified Schwartz equation: $eGFR = k \times \text{Ht}/\text{SCr}$, $k = 0.413$ (Schwartz et al., 2009) for all patients. In patients with $eGFR \geq 80$ mL/min/1.73 m², AKI was defined according to the Kidney Disease: Improving Global Outcomes (KDIGO) SCr criteria (Khwaja, 2012): Stage 1 AKI was defined as an increase in follow-up SCr equivalent to > 1.5 – 1.9 times baseline. Stage 2 AKI was defined as follow-up SCr of > 2.0 – 2.9 times baseline. Stage 3 AKI was defined as follow-up SCr of > 3 times baseline or a requirement for RRT.

Urine output criteria were not applied in this study because the retrospective documentation was less reliable in this regard, and drug-induced AKI is unlikely to cause oliguria (Miano et al., 2018). In infants and young children aged 1 month to 2 years who are at risk for AKI, pRIFLE criteria are more sensitive (Sutherland et al., 2015); these were also used for AKI diagnosis and compared with the KDIGO SCr criteria. In patients with $eGFR < 80$ mL/min/1.73 m², who were considered as having impaired kidney function before colistin initiation, were considered to have deteriorated kidney

function when the follow-up SCr increased to > 1.5 times baseline. Augmented renal clearance (ARC) was defined as a baseline $eGFR > 150$ mL/min/1.73 m² (Van Der Heggen et al., 2019). In patients who developed AKI, recovery from AKI was defined as a follow-up SCr of < 1.5 times baseline.

Antibiotic resistance patterns were reported in terms of: multidrug resistance (MDR), defined as resistance to ≥ 3 classes of antibiotic; extensive drug resistance (XDR), defined as resistance to all but one or two classes of antibiotic; pandrug resistance (PDR), defined as resistance to all antibiotics tested; carbapenem resistance (CR), defined as resistance to at least one carbapenem and reported separately from MDR, XDR, and PDR patterns. Colistin MIC was performed by Etest (BioMérieux, Marcy l'Étoile, France) in the microbiology unit, King Chulalongkorn Memorial Hospital.

Empirical treatment was defined as a colistin-prescribing indication according to the clinical syndromes and before knowing microbiological data. Targeted treatment was defined as a colistin-prescribing indication according to the known microbiological result of MDR-GNB. Thirty-day mortality was defined as death from any cause occurring within 30 days after colistin initiation. Patients who were discharged before 30 days were considered as surviving.

Data collection and management

A case record form was created for study purposes. All medical records of the identified cases were reviewed by the investigators. Patient data, including demographics, colistin indication, colistin dosing, serial SCr (baseline and follow-up), microbiological data, and treatment outcomes (renal replacement therapy and 30-day mortality), were extracted manually from electronic medical records to the case record forms.

Data analysis

Categorical variables were analyzed with Pearson's chi-square test or Fisher's exact test, as appropriate, and presented as counts and percentages. Continuous variables were analyzed with *t*-tests and presented as mean with 95% confidence interval (CI) and/or median with interquartile range (IQR). Factors associated with AKI were assessed using univariable and multivariable logistic regression, and presented using odds ratios and 95% CI, with *Z*-test *p*-values. Factors with an association of $p < 0.1$ in univariable analysis were selected for further multivariable analysis. The different initial doses of colistin treatment of interest were included in the multivariable model for adjusting the association with AKI. Stata/SE version 13.0 was used for all data analyses.

Results

Patient demographics

Of the 216 children aged 1 month to 18 years, who received colistin between January 2014 and December 2019, 35 were excluded: eight were premature neonates; 21 had received RRT, and six had received ECMO prior to colistin initiation. In total, 181 children were eligible for this study. Of these patients, 95 (52.5%) were male, and the mean age was 4.3 years (95% CI, 3.6–4.9 years); 164 (90.6%) had at least one comorbidity and 155 (85.6%) were admitted to intensive care units (ICU). The most common comorbidity was malignancy (24.9%). For the first dose of colistin, 70 patients (38.7%) received a loading dose and 111 (61.3%) received a standard initial dose (no loading dose). The proportion of patients receiving a colistin loading dose increased from 10.5% during 2014–2017 to 86.6% during 2018–2019, in accordance with the institutional guidelines for colistin dosing for pediatric patients launched in the third quarter of 2017. Patient demographics

according to the first dose of intravenous colistin are shown in Table 1.

Microbiological data

Of the 181 included patients, 92 (50.8%) were prescribed colistin as a targeted treatment for a catheter-related bloodstream infection, lower respiratory tract infection, urinary tract infection, surgical site infection, or intra-abdominal infection. Ninety-six specimens obtained from 92 patients grew *A. baumannii* ($n = 68$; MDR = 8, 11.8%; XDR = 20, 29.4%; PDR = 36, 52.9%; CR = 61, 89.7%), *P. aeruginosa* ($n = 13$; MDR = 4, 30.8%; XDR = 3, 23.1%; PDR = 3, 23.1%; CR = 9, 69.2%), and Enterobacteriaceae (*E. coli* and *K. pneumoniae*) ($n = 15$; MDR = 2, 13.3%; XDR = 9, 60.0%; PDR = 3, 20.0%; CR = 9, 60.0%). Twenty-four isolates underwent colistin MIC assays using Etest (BioMérieux, Marcy l'Étoile, France). The MIC distribution was 0.75 mg/L (20.8%), 1 mg/L (8.3%), 1.5 mg/L (33.3%), and 2 mg/L (37.5%).

Colistin dose and duration

The mean colistin loading dose was CMS 4.3 mg of CBA/kg/dose (95% CI, 4.1–4.5 mg of CBA/kg/dose). The mean colistin maintenance dose was CMS 5.1 mg of CBA/kg/day (95% CI, 5.0–5.2 mg of

CBA/kg/day). The mean duration of colistin therapy among patients receiving colistin as targeted treatment ($n = 92$) was longer than for those receiving colistin as empirical treatment ($n = 89$) (12.6 days; 95% CI, 11.4–13.8 days vs 5.8 days; 95% CI, 5.0–6.6 days; $p < 0.0001$). The mean duration of colistin therapy was similar between patients receiving a loading dose ($n = 70$) or a standard initial dose ($n = 111$) (8.9 days; 95% CI, 7.4–10.4 days vs 9.4 days; 95% CI, 8.3–10.5 days, $p = 0.58$).

Concomitant antibiotics

Concomitant antibiotics were prescribed as one (63.0%), two (30.4%), or three (6.6%) drugs. The concomitant antibiotics included meropenem in 127 patients (70.2%), sulbactam-containing antibiotics (ampicillin/sulbactam, cefoperazone/sulbactam, or sulbactam) in 80 (44.2%), aminoglycosides (amikacin or gentamicin) in 23 (12.7%), fluoroquinolones (ciprofloxacin or levofloxacin) in 15 (8.3%), and other antibiotics in 15 (8.3%).

Acute kidney injury rates and recovery

Data on SCr were available for all patients ($n = 181$) at the 1st week after colistin initiation, and for 170 (93.9%), 87 (48.1%), and

Table 1
Patient demographics and medical characteristics classified according to first dose of intravenous colistin.

	TotalN = 181	Receiving a loading doseN = 70	Receiving a standard initial doseN = 111	p-Value ^a
Age (year)	4.3 (3.6–4.9)	5.1 (3.8–6.4)	3.7 (2.9–4.5)	0.049
1 month–2 years	97 (53.6)	35 (50.0)	62 (55.9)	0.44
>2–18 years	84 (46.4)	35 (50.0)	49 (44.1)	0.44
Male sex	95 (52.5)	30 (42.9)	65 (58.6)	0.04
Weight (kg)	16.0 (13.8–18.1)	18.4 (14.6–22.2)	14.4 (12.0–16.9)	0.07
Baseline eGFR (mL/min/1.73 m ²)	133.3 (124.6–142.0)	144.4 (130.2–158.7)	126.3 (115.4–137.2)	0.045
<80	24 (13.3)	8 (11.4)	16 (14.4)	0.56
80–150	94 (51.9)	31 (44.3)	63 (56.8)	0.10
>150	63 (34.8)	31 (44.3)	32 (28.8)	0.03
Comorbidity ^b	164 (90.6)	62 (88.6)	102 (91.9)	0.46
Malignancy	45 (24.9)	17 (24.3)	28 (25.2)	0.89
Chronic cardiac disease	39 (21.6)	12 (17.1)	27 (24.3)	0.25
Neurological disease	31 (17.1)	13 (18.6)	18 (16.2)	0.68
Chronic pulmonary disease	25 (13.8)	12 (17.1)	13 (11.7)	0.30
Receiving immunosuppressive agent	22 (12.2)	11 (15.7)	11 (9.9)	0.24
Chronic liver diseases	17 (9.4)	7 (10.0)	10 (9.0)	0.82
Others	17 (9.4)	4 (5.7)	13 (11.7)	0.18
Intensive care unit admission	155 (85.6)	59 (84.3)	96 (86.5)	0.68
Colistin indication				
Sepsis/CRBSI/CLABSI	95 (52.5)	40 (57.1)	55 (49.6)	0.33
VAP	66 (36.5)	24 (34.3)	42 (37.8)	0.63
Others ^c	20 (11.0)	6 (8.6)	14 (12.6)	0.40
Overall colistin duration (day)	9.2	8.9	9.4	0.61
	(8.4–10.1)	(7.4–10.5)	(8.4–10.1)	
Receiving concomitant nephrotoxic drugs within 3 days after colistin initiation	161 (89.0)	61 (87.1)	100 (90.1)	0.54
IV furosemide	110 (60.8)	37 (52.9)	73 (65.8)	0.08
IV vancomycin	89 (49.2)	42 (60.0)	47 (42.3)	0.02
IV aminoglycosides	31 (17.1)	13 (18.6)	18 (16.2)	0.68
IV amphotericin B	18 (9.9)	2 (2.9)	16 (14.4)	0.01
IV acyclovir or IV ganciclovir	17 (9.4)	8 (11.4)	9 (8.1)	0.45
Cyclosporin or tacrolimus	15 (8.3)	7 (10.0)	8 (7.2)	0.51
NSAIDs	1 (0.6)	0	1 (0.9)	1.00
No. of concomitant nephrotoxic drugs being prescribed within 3 days of colistin initiation				
None	20 (11.0)	9 (12.9)	11 (9.9)	0.53
1–2	133 (73.5)	50 (71.4)	83 (74.8)	0.62
≥3	28 (15.5)	11 (15.7)	17 (15.3)	0.94

CLABSI, central line-associated bloodstream infection; CRBSI, catheter-related bloodstream infection; eGFR, estimated glomerular filtration rate; HAP, hospital-associated pneumonia; IV, intravenous; LD, loading dose; NSAIDs, nonsteroidal anti-inflammatory drugs; VAP, ventilator-associated pneumonia.

Data are shown as mean (95% confidence intervals) or n (%).

^a p-Value of t -test for mean; Pearson's chi-square test or Fisher's exact test for proportions.

^b Comorbidity summation exceeds 100% owing to some patients having more than one comorbidity.

^c Others included urinary tract infection, surgical site infection, and intra-abdominal infection.

39 (21.5%) at the 2nd, 3rd, and 4th weeks, respectively. Overall AKI rates at the 1st week and the 4th week after colistin initiation among patients with eGFR ≥ 80 mL/min/1.73 m² ($n = 157$) were 20.4% (32/157) and 29.3% (46/157), respectively. Comparisons of AKI rates between patients receiving or not receiving a colistin loading dose are shown in Figure 1A and B.

Among 46 patients who developed AKI, stage 1 AKI was the most common ($n = 31$, 67.4%). AKI mostly developed within the first week ($n = 32$, 69.6%). Seven children died with associated multiorgan failure, while 39 children recovered from AKI with a mean time to recovery of 8.7 days (95% CI, 6.6–10.8 days). No patient underwent renal replacement therapy.

Among 24 patients with impaired kidney function at baseline, two (8.3%) developed deteriorated kidney function within the 1st week after colistin initiation. One of these received peritoneal dialysis. However, both of them died due to underlying disease involving complex congenital heart anomalies.

Augmented renal clearance may cause falsely low SCr readings at baseline, meaning that our definition of 1.5 times SCr may cause bias towards a high rate of AKI. Therefore, we analyzed a subset of data that included only patients with a baseline eGFR of 80–150 mL/min/1.73 m² ($n = 94$). Overall AKI rates at the 1st week and 4th week after colistin initiation were 12.8% (12/94) and 21.3% (20/94), respectively. Stage 1 AKI remained the most common ($n = 13$, 65.0%). Comparisons of AKI rates between patients receiving or not receiving a colistin loading dose are shown in Figure 1C and D.

In infants and young children aged 1 month to 2 years, which formed the majority in this study and seem to be a risk group for AKI (Table 2), we analyzed the AKI rate using more sensitive criteria (pRIFLE) and found no significant difference between KDIGO and pRIFLE in AKI rate (36% vs 40%).

Associated factors of AKI

Comparative analyses between patients with or without AKI are shown in Table 2. Receiving a colistin loading dose was not associated with an increase in AKI rate. However, receiving ≥ 3

concomitant nephrotoxic drugs was associated with an increase in AKI rate.

Treatment outcomes

Of 181 patients, one (0.6%) with impaired kidney function before colistin initiation received renal replacement therapy. Twenty patients died within 30 days after colistin initiation, resulting in a 30-day mortality rate of 11.0%. Ten fatality cases (50.0%) were associated with MDR-GNB infections (ventilator-associated pneumonia, $n = 7$; bloodstream infection, $n = 1$; intra-abdominal infection, $n = 1$; surgical site infection with meningitis, $n = 1$), while ten (50.0%) were associated with the underlying diseases or other infections (congenital heart disease, $n = 4$; malignancy, $n = 2$; cirrhosis with liver failure, $n = 1$; *Pneumocystis jirovecii* pneumonia with respiratory failure, $n = 2$; invasive pulmonary aspergillosis with pulmonary hemorrhage, $n = 1$).

Discussion

Our study explored the association between administration of an intravenous colistin loading dose and AKI rate in pediatric patients. The rates of AKI within the 1st week were 16.1% and 23.2% for those who received a loading dose and a standard initial dose, respectively. Among patients with AKI, two-thirds of cases occurred within the 1st week, and two-thirds of these were stage 1 AKI, with a reversible condition. The significantly associated factor for AKI in the pediatric population was concomitant nephrotoxic drugs.

Nephrotoxicity is known to be a common adverse drug reaction caused by colistin, with a variety of associated conditions, such as cylindruria, hematuria, proteinuria, and elevated blood urea nitrogen or serum creatinine (Falagas et al., 2009b). However, nephrotoxicity reported in the literature is mostly based on SCr-associated criteria, including elevation of SCr and a decline in creatinine clearance or eGFR (Falagas et al., 2009a; Kapoor et al., 2013; Karbuz et al., 2014; Karli et al., 2013; Paksu et al., 2012;

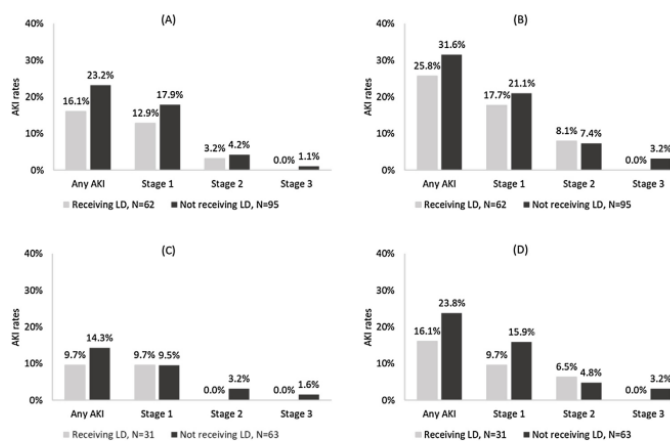


Figure 1. Comparisons of acute kidney injury (AKI) rates between patients receiving or not receiving a colistin loading dose (LD): (A) within the first week after colistin initiation; (B) within 4 weeks after colistin initiation; (C) within the first week after colistin initiation, excluding patients with augmented renal clearance; (D) within 4 weeks after colistin initiation, excluding patients with augmented renal clearance. There were no significant differences among patients receiving or not receiving LD; all p -values > 0.05 . AKI was staged according to the Kidney Disease: Improving Global Outcomes (KDIGO) serum creatinine criteria.

Table 2
Association of characteristics at baseline and during intravenous colistin treatment with acute kidney injury in pediatric patients without impaired kidney function at baseline.

	Total	With AKI n (%)	Crude OR (95% CI)	p-Value	Adjusted OR (95% CI)	p-Value
Total	157	46 (29.3)				
First dose of colistin treatment						
Loading dose	62	16 (25.8)	1		1	
Standard dose	95	30 (31.6)	1.33 (0.65–2.71)	0.44	1.30 (0.61–2.77)	0.49
Colistin treatment duration in days						
1–7	79	23 (29.1)	1			
8–14	50	13 (26.0)	0.84 (0.38–1.86)	0.67		
15–30	28	10 (35.7)	1.33 (0.53–3.31)	0.54		
Age						
>2–18 years	82	19 (23.2)	1		1	
1 month–2 years	75	27 (36.0)	1.86 (0.93–3.74)	0.08	1.83 (0.88–3.81)	0.10
Gender						
Female	77	21 (27.3)	1			
Male	80	25 (31.2)	1.21 (0.61–2.41)	0.58		
Comorbidity						
No	16	3 (18.7)	1			
Yes	141	43 (30.5)	1.90 (0.52–7.02)	0.34		
Colistin indication						
Others ^a	19	3 (15.8)	1		1	
Sepsis/CRBSI/CLABSI	82	22 (26.8)	1.96 (0.52, 7.37)	0.32	1.87 (0.45–7.73)	0.39
VAP	56	21 (37.5)	3.2 (0.83, 12.30)	0.09	3.62 (0.85–15.41)	0.08
No. of concomitant nephrotoxic drugs being prescribed within 3 days of colistin initiation						
0	15	1 (6.7)	1		1	
1–2	116	33 (28.4)	5.57 (0.70–44.04)	0.10	5.25 (0.63–43.88)	0.13
≥3	26	12 (46.2)	12.00 (1.37–105.13)	0.02	13.99 (1.49–131.63)	0.02

AKI, acute kidney injury; CI, confidence interval; CLABSI, central line-associated bloodstream infection; CRBSI, catheter-related bloodstream infection; OR, odds ratio; VAP, ventilator-associated pneumonia.

^a Others included urinary tract infection, surgical site infection, and intra-abdominal infection.

Sahbudak Bal et al., 2018; Tamma et al., 2013; Wacharachaisurapol et al., 2020). In this study, we reported nephrotoxicity as AKI defined according to the KDIGO SCr criteria. The overall AKI rate that occurred within the 1st week after colistin initiation was 20.4%. Recently, Kaddourah et al. (2017) conducted a large ($n = 4683$) prospective, multinational study of the epidemiology of AKI in pediatric and young adult ICU patients with a median age of 66.0 months (IQR, 18.8–151.1 months). The AKI definitions of

KDIGO were used. The AKI rate within the 1st week after ICU admission was as high as 26.9%. Among those with AKI, more than half (56.9%) were stage 1. In our study, almost all of the patients (85.6%) were admitted to ICU. Thus, our patients' status was similar to that of the patients in the Kaddourah et al. study. The AKI rates and stage 1 AKI were comparable (20.4% vs 26.9%, $p = 0.07$ and 15.9% vs 15.3%, $p = 0.84$). However, severe (stage 2 and stage 3) AKI was less common in our study (4.5% vs 11.6%, $p = 0.005$).

Table 3
Comparison of characteristics and reported nephrotoxicity rates among studies of critically ill pediatric patients receiving intravenous colistin.

Study	No. of patients	Age ^a (years)	Colistin dose ^a (mg of CBA/kg/day)	Duration of colistin ^a (days)	Nephrotoxicity % (no. of cases)	Nephrotoxicity definition
Nephrotoxicity defined as an increase of SCr to >1.5–2 times baseline						
Falagas et al. (2009a)	7	11 (1.2–13)	Fixed dose, 2.1	10 (min–max, 2–23)	0	SCr > 1.5 times or > 1.3 mg/dL
Karbusz et al. (2014)	29 (38 courses)	1.4 (0.3–18)	2.5 (1.7–2.7) or 5.0 (2.3–5.6)	12 (2–37)	2.6 (1/38)	SCr > 2 times or SCr > normal value
Ozsurekci et al. (2016)	64 (73 courses)	2.5 (0.7–10.5)	N/A	17.0 (12.0–30.0)	4.1 (3/73)	SCr > 2 times
Sahbudak Bal et al. (2018)	94 (104 courses)	Median, 4.7	5.0 ^b	12.5 ± 6.4	10.5 (11/104)	SCr > 1.5 times
Present study, 2021						
Patients with baseline eGFR ≥ 80 mL/min/1.73 m ²	157	2.2 (0.8–8.0)	5.2 ± 0.7	9.1 ± 5.9	20.4 ^c (32/157)	SCr > 1.5 times
Excluded patients with ARC	94	1.6 (0.7–6.8)	5.2 ± 0.9	8.9 ± 5.3	12.8 ^c (12/94)	SCr > 1.5 times
Nephrotoxicity defined as a decrease in Cl _{cr} or an increase in SCr						
Karli et al. (2013)	31 (41 courses)	3 (min–max, 0.3–17.0)	4.9 ± 0.5 ^b	19.8 ± 10.3	7.3 (3/41)	Decreased Cl _{cr} > 50% or SCr > 1.1 mg/dL
Kapoor et al. (2013)	50	3.0 (0.1–12)	1.7–2.5	Mean, 14.3 (range, 7–21)	10.0 (5/50)	Decreased Cl _{cr} > 30% or SCr > 2 times
Paksu et al. (2012)	79 (87 courses)	2.5 (0.3–18.0)	2.25 ± 0.25	17.2 ± 8.4	2.3 (2/87)	Decreased Cl _{cr} > 50% or SCr > 1.1 mg/dL
Tamma et al. (2013)	92	16 (11–17.5)	5 ^b (non-cystic fibrosis) or 7.5 (cystic fibrosis)	N/A	22.8 (21/92)	Cl _{cr} ≤ 60 mL/min or decrease in category of clearance

ARC, augmented renal clearance (eGFR > 150 mL/min/1.73 m²); CBA, colistin base activity; Cl_{cr}, creatinine clearance; N/A, not available; SCr, serum creatinine.

^a Data are shown as mean ± standard deviation or median (range), or described otherwise.

^b No available data on whether it was mg of CBA or colistin methanesulfonate.

^c Nephrotoxicity rate within the first week after intravenous colistin initiation.

The AKI rates reported among pediatric studies evaluating colistin efficacy and safety ranged from 0 to 22.8% (Falagas et al., 2009a; İsgüder et al., 2016; Kapoor et al., 2013; Karbuz et al., 2014; Karli et al., 2013; Paksu et al., 2012; Sahbudak Bal et al., 2018; Tamma et al., 2013), while the rate was found to be as high as 51% in an adult study (Miano et al., 2018). Among pediatric studies, the differing AKI rates were probably caused by many factors, such as patient characteristics, number of patients studied, AKI definition, and colistin dosing. Comparisons of characteristics and reported nephrotoxicity among studies of pediatric patients receiving intravenous colistin are shown in Table 3. The overall AKI rates found in our study appear to be higher than those in previous studies owing to the stricter AKI definition and the longer AKI follow-up of up to 4 weeks, during which other causes of AKI could be significant confounders. None of the previous pediatric studies reported the association between giving an intravenous colistin loading dose and AKI rate. However, a review from Vardakas et al. (2016) reported a range of AKI rates of 15.6–53% among adult patients receiving a colistin loading dose. In our study, it was found that giving a colistin loading dose did not increase AKI risk. This is consistent with some adult studies showing similar findings (Hassan et al., 2018; Omrani et al., 2015).

For our study, a control group (non-colistin antibiotics) was not available. However, Ozsurekci et al. (2016) reported the nephrotoxicity rates among pediatric patients with MDR or XDR Gram-negative infection who were treated with colistin and non-colistin antibiotics. It was found that there was no significant difference between the two groups. This implied that using colistin did not increase the AKI risk, which was different from an adult study showing an AKI rate of 51% in the colistin group versus 22% in the control group (Miano et al., 2018). The risk factors for nephrotoxicity in patients receiving colistin include concomitant nephrotoxic drugs (e.g., vancomycin, aminoglycosides), liver disease, and low hemoglobin level (Miano et al., 2018; Rattanaumpawan et al., 2011). In our study, a number of concomitant nephrotoxic drugs ≥ 3 was found to be the significantly associated factor for AKI. AKI developed mostly within the 1st week after colistin initiation (69.6% in our study), which was also the case in previous pediatric studies (90.9–100%) (Sahbudak Bal et al., 2018; Tamma et al., 2013). The majority of cases were stage 1 AKI, which recovered with supportive treatment. Tamma et al. reported only 4.8% of AKI patients needed dialysis (Tamma et al., 2013). No AKI patient in our study required renal replacement therapy. However, one patient with impaired kidney function at baseline required peritoneal dialysis after colistin initiation.

In critically ill patients (e.g., patients with sepsis or burn injuries), ARC commonly occurs, especially in the first few days of illness (Blot et al., 2014). ARC can be as high as 10–67% in critically ill pediatric patients (Huttner et al., 2015; van den Anker et al., 2017; Van Der Heggen et al., 2019). The effects of ARC could be a cause of falsely high AKI rates and low plasma antibiotic concentrations (Huttner et al., 2015; van den Anker et al., 2017; Van Der Heggen et al., 2019; Wacharachaisurapol et al., 2020), as well as ARC-enhanced excretion of serum creatinine and drugs as compared with the baseline owing to glomerular hyperfiltration. The definition of AKI according to the KDIGO SCr criteria is based on a comparison of follow-up vs baseline SCr. The baseline SCr is probably falsely low owing to ARC. This could lead to a falsely high AKI rate. In our study, the baseline SCr used might not have been the true baseline for the patients because it was measured at the start of the illness. In consideration of this issue, a subgroup analysis was performed by excluding patients with probable ARC (eGFR > 150 mL/min/m²). The overall AKI rate within the 1st week after colistin initiation fell from 20.4% to 12.8%. Concerning the ARC effect on antibiotic levels, the colistin dose recommended by the manufacturer (no loading dose recommended) (US FDA, 2017) for

pediatric patients may not be adequate, especially in a setting with a high prevalence of MDR-GNB with increased colistin MIC (Ooi et al., 2019; Wacharachaisurapol et al., 2020), as in our setting. Even though the MIC distribution in our study showed that all 24 isolates with colistin MIC results were colistin-susceptible, based on a susceptibility breakpoint of ≤ 2 mg/L, as recommended by the European Committee on Antimicrobial Susceptibility Testing (EUCAST) (Tsuji et al., 2019), 37.5% were on the cut-off. Moreover, the colistin Etest can produce very major errors (false susceptibility results) of up to 12% for Enterobacteriaceae and 33% for *P. aeruginosa* and *A. baumannii*. Broth microdilution, which is the reference method, should be used for evaluating colistin MIC (Chew et al., 2017; Matuschek et al., 2018).

The current treatment guidelines on using polymyxins endorsed by the American College of Clinical Pharmacy (ACCP), Infectious Diseases Society of America (IDSA), International Society of Anti-Infective Pharmacology (ISAP), Society for Critical Care Medicine (SCCM), and Society of Infectious Diseases Pharmacists (SIDP) recommends administering an intravenous colistin loading dose in adult patients to improve drug exposure (Tsuji et al., 2019). Without a loading dose, colistin may take many hours or even days to achieve a steady-state level, especially in critically ill patients (Plachouras et al., 2009). Karageorgos et al. conducted a systematic review on intravenous colistin use for infections due to MDR-GNB in critically ill pediatric patients, and suggested that the absence of a loading dose may have an association with mortality (Karageorgos et al., 2019). From our previous pharmacokinetic study of intravenous colistin, the median C_{average} after giving a loading dose reached the desired level of ≥ 2 mg/L, which improved drug exposure (Wacharachaisurapol et al., 2020).

Our study has several strengths. It is the first to describe and compare AKI rates in pediatric patients who were prescribed or were not prescribed a colistin loading dose. The time for AKI follow-up was up to 4 weeks. The overall AKI rate was similar to the rate reported in a large study conducted in pediatric ICU patients. Giving a colistin loading dose did not increase the AKI risk. The associated factors for AKI were also identified.

This study also has some limitations. First, the findings cannot be generalized to the age groups outside the study population, for example in infants < 1 month of age. Second, there was no control group of patients who were not prescribed colistin. Thus, the exact AKI rate caused by colistin could not be identified.

In conclusion, the results of this study showed that giving a colistin loading dose of 4–5 mg of CBA/kg/dose did not increase AKI risk. The significant associated factor for developing AKI was receiving ≥ 3 concomitant nephrotoxic drugs. AKI monitoring using serum creatinine is suggested especially for the first week after colistin initiation, since most AKI cases developed within this period.

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Ethical approval

This study was approved by the Institutional Review Board of the Faculty of Medicine, Chulalongkorn University (IRB no. 177/63).

Conflicts of interest

All authors declare no conflicts of interest for this manuscript.

Author contributions

Noppadol Wacharachaisurapol: conception and design of the study (lead), acquisition of data (lead), analysis and interpretation of the data (support), drafting the article (lead), revising the article (lead), final approval of the version to be submitted (support).

Surinda Kawichai: analysis and interpretation of the data (lead), drafting the article (support), revising the article (support), final approval of the version to be submitted (support).

Ankanee Chanakul: conception and design of the study (support), analysis and interpretation of the data (support), revising the article (support), final approval of the version to be submitted (support).

Thanyawee Puthanakit: conception and design of the study (lead), analysis and interpretation of the data (support), revising the article (lead), final approval of the version to be submitted (lead).

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Appendix H: Accepted manuscript entitled “Dose recommendations for intravenous colistin in pediatric patients from a prospective, multicenter, population pharmacokinetic study”

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To: Thanyawee Puthanakit
Subject: Manuscript Decision THEIJID-D-21-01642R1

Manuscript Number: THEIJID-D-21-01642R1
Article Title: Dose recommendations for intravenous colistin in pediatric patients from a prospective, multicenter, population pharmacokinetic study.

Corresponding Author: Dr. Thanyawee Puthanakit
International Journal of Infectious Diseases

23 Jun 2021

Dear Dr. Puthanakit,

I am pleased to tell you that your work has now been accepted for publication in the International Journal of Infectious Diseases, and will be forwarded to the Production department for typesetting. Proofs for approval will be sent to the corresponding author within the next 3 weeks.

We appreciate and value your contribution to International Journal of Infectious Diseases. We regularly invite authors of recently published manuscript to participate in the peer review process. If you were not already part of the journal's reviewer pool, you have now been added to it. We look forward to your continued participation in our journal, and we hope you will consider us again for future submissions.

Thank you for submitting your work to the journal.

Kind regards,

Eskild Petersen, MD, DMSc, MBA
Editor-in-Chief
International Journal of Infectious Diseases

In compliance with data protection regulations, you may request that we remove your personal registration details at any time. (Use the following URL: <https://www.editorialmanager.com/theijid/login.asp?a=r>). Please contact the publication office if you have any questions.

1 **Title:** Dose recommendations for intravenous colistin in pediatric patients from a prospective,
2 multicenter, population pharmacokinetic study.

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32 **Abstract**

33 **Objectives:** We aimed to describe population pharmacokinetics of intravenous colistin use in
34 children and propose optimal dosage regimens.

35 **Methods:** A prospective, multicenter, population pharmacokinetic (PPK) study was conducted.
36 Phoenix™ 64 version 8.3 was used for PPK analysis. Simulations were performed to estimate the
37 probability of target attainment of patients achieving target plasma colistin average steady-state
38 concentrations ($C_{ss,avg}$).

39 **Results:** A total of 334 plasma colistin concentrations were obtained from 79 pediatric patients
40 with a median age (interquartile range) of 2.6 years (0.8–6.8 years); 73 (92.4%) were admitted to
41 intensive care units. Colistin pharmacokinetics were adequately described by a one-compartment
42 model with first-order elimination along with serum creatinine (SCr) as a significant covariate on
43 colistin clearance. The simulation demonstrated that the recommended dose of 5 mg of colistin
44 base activity (CBA)/kg/day resulted in 18.2–63.0% probability to achieve a target $C_{ss,avg}$ of 2 mg/L.
45 With a lower targeted $C_{ss,avg}$ of 1 mg/L, colistin dosing with 7.5 and 5 mg of CBA/kg/day were
46 adequate for children with SCr levels of 0.1–0.3 and >0.3 mg/dL, respectively.

47 **Conclusions:** SCr is a significant covariate on colistin clearance in children. Colistin dosing
48 should be selected regarding the patient's SCr level and the desired target $C_{ss,avg}$.

49 **Keywords:** Colistin; Pharmacokinetics; Pediatrics; Multidrug-resistant bacteria

50 Introduction

51 The global burden of multidrug-resistant Gram-negative bacteria (MDR-GNB) is
52 increasing rapidly (World Health Organization, 2017). In Thailand, the rates of carbapenem-
53 resistant Gram-negative bacteria are as high as 60% of *Acinetobacter baumannii*, 30% of
54 *Pseudomonas aeruginosa*, and 10% of *Klebsiella pneumoniae* (National Antimicrobial Resistance
55 Surveillance Center of Thailand (NARST), 2021). The treatment of carbapenem-resistant Gram-
56 negative bacteria requires use of a combination of antibiotics, including colistin. Currently, colistin
57 is available in a prodrug formulation, colistimethate sodium, also known as colistin
58 methanesulfonate (CMS) (Falagas and Kasiakou, 2006). CMS dosage is currently recommended
59 at 2.5–5 mg of colistin base activity (CBA)/kg/day (European Medicines Agency, 2014, US FDA,
60 2017) and is weight-based derived from adult studies (Ooi et al., 2019, US FDA, 2017) due to the
61 paucity of pharmacokinetic (PK) data in children at the time. Recently, studies of colistin
62 pharmacokinetics in both neonates (Nakwan et al., 2016), infants and older children
63 (Antachopoulos et al., 2010, Ooi et al., 2019, Wacharachaisurapol et al., 2020) were published.
64 The main limitation of these studies was the relatively small study participant sizes. Some studies
65 used non-compartmental analyses, thus it was not possible to identify covariates influencing PK
66 parameters (Nakwan et al., 2016, Wacharachaisurapol et al., 2020). High interindividual variability
67 of PK parameters have also been observed from a population pharmacokinetic study of 5 pediatric
68 patients (Ooi et al., 2019). However, all studies highlighted that the currently recommended dose
69 of colistin results in subtherapeutic plasma colistin concentrations when the target plasma colistin
70 average steady-state concentration ($C_{ss,avg}$) is 2 mg/L. This target $C_{ss,avg}$ has been proposed for the
71 treatment of MDR-GNB with a colistin MIC of ≤ 2 mg/L in both adults and pediatric patients
72 (Nation et al., 2017, Ooi et al., 2019). The objectives of this study were to develop a population
73 PK (PPK) model of intravenous colistin use in pediatric patients, identify covariates influencing
74 PK parameters, and generate an optimized colistin dose recommendation taking into account
75 significant covariates.

76

77 **Materials and methods**

78 *Study design*

79 This study was a prospective, multicenter, population pharmacokinetic study. Patients were
80 recruited from two tertiary care hospitals in Bangkok, Thailand, King Chulalongkorn Memorial
81 Hospital (KCMH), Chulalongkorn University, and the Queen Sirikit National Institute of Child
82 Health (QSNICH), Department of Medical Services, Ministry of Public Health. Eligibility criteria
83 for enrollment included (i) age 1 month to 12 years and (ii) suspected or proven MDR-GNB
84 infection requiring colistin administration. Patients with a body weight of <3 kg, those receiving
85 renal replacement therapy (RRT) or extracorporeal membrane oxygenation (ECMO) were
86 excluded. Ethical approval to conduct the study was obtained from the Institutional Review Board
87 of both clinical research sites. Written informed consent was obtained from parents of all patients.
88 Written informed assent was obtained from patients aged ≥ 7 years if appropriate. This study was
89 registered at the Thai Clinical Trials Registry, registration number TCTR20180526001
90 (<http://www.clinicaltrials.in.th>).

91 *Colistin administration*

92 Formulation of colistin injections used in this study were CMS including Mellistin™
93 injection (equivalent to 150 mg of CBA/vial), Siam Pharmaceutical Co. Ltd., Bangkok, Thailand
94 (KCMH), and Colistin-150™ injection (equivalent to 150 mg of CBA/vial), Universal Medical
95 Industry Co. Ltd., Bangkok, Thailand (QSNICH). Colistin in the form of CMS was prescribed
96 using mg of CBA. A colistin loading dose of 4 mg of CBA/kg and a maintenance dose of 5 mg of
97 CBA/kg/day divided into 12-h intervals with 30-min intravenous infusion per dose were suggested.
98 However, colistin prescription decisions were ultimately decided by the attending physician.

99 *Blood sampling*

100 For patients between ages 1 month to 2 years, 2 (body weight <5 kg) or 3 blood samples
101 were collected after the first dose or at steady state. For patients aged >2 years, 3 blood samples
102 were collected after the first dose and/or at steady state. Timing for blood sample collection was
103 0.5–1 h, 2–4 h, 6–12 h post-dose.

104 *Determination of colistin concentrations in plasma*

105 Formed colistin (colistin A + colistin B) in plasma was measured at the Clinical
106 Pharmacokinetics and Pharmacogenomics Research Unit, Department of Pharmacology, Faculty
107 of Medicine, Chulalongkorn University by using a validated liquid chromatography-tandem mass
108 spectrometry (LC-MS/MS) method as described previously (Wacharachaisurapol et al., 2020).
109 The validated assay range of formed colistin was 0.1–6.4 mg/L. Plasma samples that exceeded
110 colistin from the validated range were further diluted, followed by repeat determination.

111 *Data analysis*

112 Demographic, clinical, and microbiological data were summarized as frequencies and
113 percentages for categorical data, and medians with interquartile ranges (IQR) for continuous data.

114 *Population pharmacokinetic analyses and simulation*

115 Plasma colistin concentration data were pooled from the current study and a previous study
116 (20 patients, 7–8 plasma colistin concentrations per patient, the sampling time points: 1, 2, 4, 8, 12

117 (only for patients who were prescribed colistin every 12 h), 24, 48, and 72 h after initial dose)
 118 (Wacharachaisurapol et al., 2020) to form a data set for population pharmacokinetic analysis.

119

120 *Software*

121 PPK analyses and simulation were performed using Phoenix™ version 8.3. A nonlinear
 122 mixed-effects model was developed using the first-order conditional estimation-extended least-
 123 squares (FOCE ELS) method.

124 *Base model*

125 The population base model was parameterized in terms of clearance (CL) and volume of
 126 distribution (V). One- and two-compartment models with first-order elimination were tested in the
 127 structural model screening. The interindividual variability (IIV) was described using an
 128 exponential error model. To calculate residual variability (RV) of the parameters, the additive,
 129 proportional, and additive with proportional residual error models were tested.

130 *Covariate model*

131 Potential covariates were considered including age, sex, serum creatinine (SCr), estimated
 132 glomerular filtration rate (eGFR) calculated using the modified Schwartz formula (Schwartz et al.,
 133 2009), and serum albumin. Covariates were screened using a stepwise approach. During the
 134 forward addition step, covariates were added to the model. Significant covariates in this step were
 135 defined by a reduction of twice the negative log likelihood (-2LL) > 6.635 ($P < 0.01$). All covariates
 136 that met the criteria were included in the full model. A backward elimination step was then done
 137 in which each covariate was sequentially removed from the full model. The covariates were
 138 retained in the final model when there was an increase of -2LL > 10.828 ($P < 0.001$) during
 139 backward elimination.

140 *Model evaluation*

141 Goodness-of-fit plots were performed to qualify the final model. The stability of the final
 142 model was evaluated using the non-parametric bootstrap method (1000 replicates). Median values
 143 of estimated parameters with 95% confidence interval (CI) from the bootstrap method were
 144 compared with those estimated from the original dataset. A prediction-corrected visual predictive
 145 check (pcVPC) was used for internal model validation. One thousand simulation replicates of the
 146 original data set were performed with the final model. The 5th, 50th, and 95th percentiles with a
 147 90% CI of them were calculated. The observed concentrations were then plotted against time after
 148 dose (TAD) and the observed concentrations were compared with the distribution of simulated
 149 data.

150 *Simulation of target attainment across doses*

151 Regarding parameter estimates from the final PPK model, a set of CL (10,000 replicates in
 152 each clinical scenario) was simulated. The IIV and RV were included in this simulation. The
 153 dosing schemes were set at 5, 7.5, 10, and 12.5 mg of CBA/kg/day divided into 12-h intervals.
 154 Each colistin dose was set as a 30-min intravenous infusion. The $C_{ss,avg}$ was calculated using
 155 simulated CL as follows,

156 $C_{ss,avg}$ (mg/L) = 24-h area under the curve (AUC_{24h}) (mg/L*h)/24 (h), when AUC_{24h} = dose
 157 per day (mg/kg)/CL (L/kg*h)

158 The probability of target attainment (PTA) was predicted across the target $C_{ss,avg}$ of 0.25, 0.5, 1.0,
159 2.0, and 4.0 mg/L.

160 **Results**

161 *Patient demographics*

162 From March 2018 to February 2021, 59 patients were enrolled (19 from KCMH, 40 from
 163 QSNICH). Data were pooled with 20 patients from a previous study (Wacharachaisurapol et al.,
 164 2020), a total of 79 patients were eligible for PPK analysis. Of these patients, 39 (49.4%) were
 165 male, median age was 2.6 years (IQR, 0.8–6.8 years); 61 (77.2%) had comorbidities; 73 (92.4%)
 166 were admitted in intensive care units (ICU). Colistin was prescribed for the treatment of ventilator-
 167 associated pneumonia (VAP) in 53 (67.1%) patients; sepsis or bloodstream infections in 24
 168 (30.4%); and others in 8 (10.1%). Gram-negative bacteria of interest were isolated from 34 (64.2%)
 169 patients with VAP (*A. baumannii* = 27, 79.4%; Enterobacteriaceae = 5, 14.7%; *P. aeruginosa* = 2;
 170 5.9%); 8 (33.3%) patients with sepsis or bloodstream infections (*A. baumannii* = 5;
 171 Enterobacteriaceae = 3); and 5 (62.5%) patients with other diagnoses (*A. baumannii* = 2;
 172 Enterobacteriaceae = 2; *P. aeruginosa* = 1). Carbapenem-resistant strains were 85.3%, 40%, and
 173 1/3 of *A. baumannii*, Enterobacteriaceae (*Escherichia coli*, *K. pneumoniae*, and *Enterobacter*
 174 spp.), and *P. aeruginosa*, respectively. Patient demographics are summarized in Table 1.

175 *Development of the population pharmacokinetics model*

176 A total of 334 plasma colistin concentrations (187 from the current study; 147 from a
 177 previous study) were obtained for PPK modeling. The PK characteristics of colistin were
 178 adequately described by the one-compartment model with first-order elimination. The IIV and RV
 179 were well described by the exponential model and the proportional residual error model,
 180 respectively. For the covariate model, adding SCr and eGFR on CL significantly reduced -2LL for
 181 >6.635 in the forward addition step. However, SCr on CL (CL-SCr) resulted in the most reduction
 182 of -2LL (32.147 versus 17.805). CL-SCr was used for further addition steps. No further addition
 183 was found to reduce -2LL for >6.635. In the backward elimination step, SCr was removed from
 184 the model. It was found that -2LL increased by 32.147 (>10.828). SCr effect on CL was retained
 185 in the final model. The final PPK model was as follows:

$$186 \quad V \text{ (L/kg)} = \theta_V \times \exp(\eta_V)$$

$$187 \quad CL \text{ (L/kg*h)} = \theta_{CL} \times SCr^{0.1} \times \exp(\eta_{CL})$$

188 θ_V and θ_{CL} are the typical values of V and CL, respectively. θ_1 is the correction factor of
 189 SCr. η_V and η_{CL} are the IIV of V and CL, respectively. The details of θ_V , θ_{CL} , and θ_1 are
 190 summarized in Table 2.

191 *Model evaluation*

192 The goodness-of-fit plots performed for the base and final PPK model are shown in Figure
 193 1 and 2. Compared with the base model, the final model showed no obvious bias or significant
 194 trends within the plots of individual-predicted concentrations (IPRED) (Figure 1 C) and
 195 population-predicted concentrations (PRED) (Figure 1 D) versus observed concentrations (DV),
 196 and data fitting was considerably improved. In the plots of conditional weighted residuals
 197 (CWRES) versus PRED (Figure 2 C) and TAD (Figure 2 D), the majority of concentration data
 198 were distributed around 0 and within an acceptable range of -2 to +2, which indicated no significant
 199 systematic deviations in the model fitting.

200 A 1000-run times bootstrap analysis was performed with no failure and demonstrated
 201 robustness of the final PPK model. The parameter estimates from the original data set were similar

202 to median values and within the 95% CI range of bootstrap results. A summary of the bootstrap
203 details is shown in Table 2.

204 A prediction-corrected visual predictive check of plasma colistin concentrations versus
205 TAD is shown in Figure 3. Most of the observed 5th, 50th, and 95th quantiles distributed within the
206 90% CI of the predicted corresponding quantiles, indicating the precision of the final model.

207 *Simulation of target attainment across doses*

208 All subsequent simulations were based on the validated final model. PPK parameter
209 estimates and variabilities were included in the simulation to create 10,000 replicates of virtual
210 patients for each dosage regimen and SCr levels. The PTA was predicted across target $C_{ss,avg}$ of
211 0.25, 0.5, 1.0, 2.0, and 4.0 mg/L at the dosing schemes of 5, 7.5, 10, and 12.5 mg of CBA/kg/day
212 divided into 12-h intervals with 30-min intravenous infusions and 5 different SCr levels. The
213 results of PTAs are summarized in Table 3. It was demonstrated that the dose of 5 mg of
214 CBA/kg/day recommended by the European Medicines Agency (EMA) and United States Food
215 and Drug Administration (US FDA) would lead to unacceptable PTAs of less than 80% across
216 all SCr ranges in this study when the target $C_{ss,avg}$ was 2 mg/L. Patients with lower SCr require a
217 higher dose compared with those with higher SCr. However, with a lower target $C_{ss,avg}$ of ≤ 1 mg/L,
218 colistin dose of 7.5 and 5 mg of CBA/kg/day were adequate for the patients with SCr levels of
219 0.1–0.3 and >0.3 mg/dL, respectively.

220 Discussion

221 This study aimed to describe population pharmacokinetic parameters of formed colistin in
222 pediatric patients and to investigate the probability of target attainment of various intravenous
223 colistin doses to suggest the most appropriate regimen regarding significant covariates. To the best
224 of our knowledge, this is the largest study on this issue to date. Seventy-nine patients were enrolled
225 in the analysis. Almost all were critically ill and admitted to ICUs. Two-thirds of them were treated
226 with colistin for ventilator-associated pneumonia and one-third for bloodstream infections. The
227 currently recommended dose of colistin is insufficient to reach a target $C_{ss,avg}$ of 2 mg/L. Serum
228 creatinine is a significant covariate of colistin apparent clearance. Thus, colistin in the form of
229 CMS should be prescribed in accordance with SCr levels.

230 The one-compartment model with first-order elimination best describes the PK behavior of
231 intravenous colistin in this study, which is consistent with previous PPK studies in adults
232 (Garonzik et al., 2011, Gregoire et al., 2014, Karaikos et al., 2015, Kristoffersson et al., 2020,
233 Mohamed et al., 2012, Nation et al., 2017, Plachouras et al., 2009) and pediatrics (Antachopoulos
234 et al., 2021, Ooi et al., 2019). PK parameters were estimated from the final model with good
235 shrinkage; significant covariate was identified to lessen IIV. Many PPK studies in adults have
236 reported that creatinine clearance (CrCl) affects the apparent CL of formed colistin (Falagas et al.,
237 2009, Garonzik et al., 2011, Karaikos et al., 2015, Kristoffersson et al., 2020, Nation et al., 2017)
238 even though it is mainly eliminated by non-renal pathways. This has also been observed in a PPK
239 study in pediatric patients (Ooi et al., 2019). This occurs due to the fact that CMS is mainly
240 eliminated renally, and therefore accumulates in patients with decreased CrCl. The excess CMS is
241 converted to colistin (Li et al., 2006). Blood urea nitrogen, a kidney biomarker, has also been
242 identified as a covariate of colistin CL in one adult study (Gregoire et al., 2014). It is not surprising
243 that SCr was identified as a significant covariate on colistin CL in this study. Although both SCr
244 and eGFR affected colistin CL in the covariate searching process, SCr was selected and retained
245 in the final model for statistical criteria due to it being a directly measured rather than calculated
246 variable thus being less likely to be interfered by other factors. Unlike SCr which is measured
247 directly in a blood sample, eGFR needs to be calculated using SCr and height or length. Measuring
248 the height or length in critically ill pediatric patients in bed or infants and young children <2 years
249 of age in a lying position could cause inaccurate results (Carsley et al., 2019, Rasouli et al., 2018).
250 SCr level is correlated with body weight, and gestational age in young infants (Muhari-Stark and
251 Burckart, 2018). Without kidney impairment, lower SCr levels may tie with younger children who
252 have a higher volume of distribution. Although the association of age and volume of distribution
253 could not be demonstrated in this study, it is known that younger children with a higher volume of
254 distribution had lower plasma colistin levels (Wacharachaisurapol et al., 2020). Low SCr level
255 may occur during pathophysiologic changes such as augmented renal clearance (ARC). ARC is
256 found in up to 10–67% of critically ill pediatric patients (Huttner et al., 2015, van den Anker et al.,
257 2017, Van Der Heggen et al., 2019). ARC could cause enhanced excretion of serum creatinine and
258 drugs owing to glomerular hyperfiltration. Pediatric PPK studies report that the volume of
259 distribution of formed colistin is related to body weight (Antachopoulos et al., 2021, Ooi et al.,
260 2019), however, this was not observed in the current study. A possible explanation is that we used
261 colistin dosing which was normalized by body weight in the modeling process. The plausibility of
262 body weight on PK parameters was eliminated and made our final model simpler.

263 $C_{ss,avg}$ of 2 mg/L has been proposed as an initial target concentration for the bloodstream and
264 some other infections when the colistin MIC is ≤ 2 mg/L (Nation et al., 2017). This target also

265 seems appropriate for pediatric patients (Ooi et al., 2019). The EMA and US FDA recommend a
266 colistin dose of 2.5–5 mg of CBA/kg/day in children (European Medicines Agency, 2014, US
267 FDA, 2017). From the simulation, 18.2–63.0% of simulated patients with a colistin dose of 5 mg
268 of CBA/kg/day achieved the target $C_{ss,avg}$ of 2 mg/L. Ooi et al. (Ooi et al., 2019) conducted a PPK
269 study in 5 pediatric patients with a median age of 1.75 years (range 1.25 months to 6.25 years)
270 receiving a colistin dose of 6.6 mg of CBA/kg/day. The median $C_{ss,avg}$ was only 0.88 mg/L, with
271 wide interindividual variability. More recently, Antachopoulos et al. (Antachopoulos et al., 2021)
272 published a PPK study of 17 critically ill pediatric patients with a median age of 3.3 years (range
273 3 months to 13.75 years). The colistin doses used were 6.6 mg of CBA/kg/day in 6 patients, 9.9
274 mg of CBA/kg/day in 10, and 11.6 mg of CBA/kg/day in one. A wide range of the $C_{ss,avg}$ of
275 1.11–8.47 mg/L (median 2.92 mg/L) was observed. Only ten (58.8%) patients achieved $C_{ss,avg}$ of
276 ≥ 2 mg/L. Data from the current study, together with the data from Ooi et al. and Antachopoulos et
277 al., are evidence that the current colistin dose recommendation of 2.5–5 mg of CBA/kg/day for
278 pediatric patients is subtherapeutic. However, almost all recommendations suggest colistin is
279 prescribed in combination with other antibiotics (Hsu and Tamma, 2014, Nation et al., 2017). This
280 approach might improve clinical outcomes even if the colistin level is below the desired level. *In*
281 *vitro* studies demonstrated synergistic effects of carbapenems and colistin against carbapenem-
282 resistant *A. baumannii* (meropenem + colistin) and carbapenem-resistant *K. pneumoniae*
283 (doripenem + colistin) (Deris et al., 2012, Liu et al., 2016). A combination of doripenem and
284 colistin at high dosage regimens also suppressed colistin-resistant and colistin-heteroresistant
285 strains of *K. pneumoniae*. However, other antibiotics such as amikacin (if sensitive), or newer
286 antibiotics such as ceftiderocol may be preferable options when treating MDR-GNB with a colistin
287 MIC of >2 mg/L.

288 A $C_{ss,avg}$ of <2 mg/L may be appropriate when the MIC of a target pathogen is <2 mg/L in
289 bloodstream infection or <1 mg/L in lung infection. Local epidemiology and colistin MIC
290 distribution of common MDR-GNB are crucial in guiding appropriate targets for individual
291 institutions. Actual MIC by a proper method (such as broth microdilution) should be obtained. A
292 dose adjustment could be considered following recommendations from this study. For example,
293 during 2019–2020, 45 clinical isolates of *A. baumannii* from KCMH pediatric patients were
294 obtained for colistin MIC (unpublished data). The MIC distribution was: <0.5 mg/L, 26.6%; 0.5
295 mg/L, 33.3%; 1 mg/L, 22.2%; 2 mg/L, 13.3%; >2 mg/L, 4.4%. An initial target $C_{ss,avg}$ of 1 mg/L
296 would be appropriate. At this target $C_{ss,avg}$, an initial dose of 7.5 mg of CBA/kg/day may be
297 adequate for patients with a SCr of 0.1–0.3 mg/dL while 5 mg of CBA/kg/day may be adequate
298 for patients with higher SCr values.

299 Although a concern with use of higher doses of colistin is potential nephrotoxicity, in
300 practice this is less frequently observed in pediatric patients compared to adults. Some pediatric
301 studies report using a colistin dose of >5 mg of CBA/kg/day. Iosifidis et al. (Iosifidis et al., 2010)
302 conducted a retrospective study of 13 pediatric patients using 19 colistin courses. High dose
303 colistin (6.6–7.5 mg of CBA/kg/day) was prescribed in 5 courses without nephrotoxicity
304 (nephrotoxicity definition: elevation of SCr values beyond the estimated normal range for the
305 patient's age group). None experienced acute kidney injury in Ooi et al. (Ooi et al., 2019). One out
306 of 17 patients in Antachopoulos et al. (Antachopoulos et al., 2021) who was administered with
307 colistin 9.9 mg of CBA/kg/day had an elevated SCr level. However, the author concluded that
308 kidney impairment in this patient may have occurred due to the patient's comorbidity of rapidly

309 progressing Burkitt lymphoma. This patient also received concomitant nephrotoxic agents
310 (gentamicin and teicoplanin).

311 Our study has several strengths. It is, to our knowledge, the largest population
312 pharmacokinetic study of intravenous colistin in pediatric patients to date. A wide range of ages
313 of patients including infants were enrolled in the study. It has provided the first available pediatric
314 dose suggestions of colistin regarding a significant covariate. This study also had some limitations.
315 Firstly, because it did not include eGFR as a covariate in its model, its use in recommending dose
316 adjustments in accordance with this parameter is limited. Secondly, the findings cannot be
317 generalized to age groups outside the study population, especially for infants <1 month of age
318 whom have different pharmacokinetic patterns. Thirdly, patients with severe kidney impairment
319 or those undergoing RRT or ECMO were not included in this study, the appropriate dose for
320 such conditions cannot be recommended based on our study findings. Finally, the results from
321 simulation and the relationship between pharmacokinetics and pharmacodynamics (efficacy and
322 safety) were not explored.

323 The remaining research gaps that are needed for further study include (i) the efficacy and
324 safety of higher recommended doses from simulations in children (ii) the appropriate dose of
325 colistin for special populations such as neonates, pediatric patients with impaired kidney function,
326 or those undergoing organ support machines (RRT, ECMO), (iii) the role of colistin therapeutic
327 drug monitoring.

328 In conclusion, we successfully developed a population pharmacokinetic model of
329 intravenous colistin in pediatric patients. Serum creatinine level is a significant covariate on
330 colistin clearance. Simulations based on the final model revealed that the currently recommended
331 dose of 5 mg of CBA/kg/day is subtherapeutic when the target $C_{ss,avg}$ is ≥ 2 mg/L. For a target $C_{ss,avg}$
332 of ≤ 1 mg/L, this dose may be adequate only for patients with SCr level of >0.3 mg/dL, and a higher
333 dose of 7.5 mg of CBA/kg/day may be required for the patients with lower SCr levels.

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358 **Author contributions**

359 NW: conception and design of the study (led), acquisition of data (KCMH) (led), analyses and
 360 interpretation of the data (led), population pharmacokinetic analyses and simulation (led), drafting
 361 of the article (led), revision of the article (led).

362 WS: Plasma colistin determination (led)

363 OA: study coordination, acquisition of data (KCMH) (supported).

364 PS: acquisition of data (QSNICH) (supported), revision of the article (supported).

365 SS: Study coordination, acquisition of data (QSNICH) (led).

366 PC: population pharmacokinetic analyses and simulation (supported).

367 WPV: acquisition of data (QSNICH) (supported), revision of the article (supported).

368 TW: conception and design of study (supported), population pharmacokinetic analyses and
 369 simulation (led), drafting of article (supported), revision of the article (supported).

370 TP: conception and design of the study (led), analysis and interpretation of data (supported),
 371 drafting of article (led), revision of the article (led).

372 All authors approved the final version for submission.

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- 460
- 461

462 **Table 1**

463 Patient demographics.

Characteristics, N = 79	Results ^a
Age, years	2.6 (0.8–6.8)
Male sex	39 (49.4)
Weight, kg	12.0 (7.4–20.0)
Height or length, cm	90.0 (68.0–113.0)
Baseline eGFR, mL/min/1.73 m ²	147.8 (102.5–186.9)
Baseline serum creatinine, mg/dL	0.25 (0.19–0.32)
0.10–0.20	27 (34.2)
0.21–0.30	32 (40.5)
0.31–0.40	9 (11.4)
0.41–0.50	5 (6.3)
0.51–0.75	6 (7.6)
Serum albumin, g/dL	3.3 (3.1–3.6)
Comorbidities	61 (77.2)
Malignancy	23 (29.1)
Neurologic disease	14 (17.7)
Chronic cardiac disease	10 (12.7)
Chronic pulmonary disease	9 (11.4)
Receiving immunosuppressive agent(s)	7 (8.9)
Others	4 (5.1)
Intensive care unit admission	73 (92.4)
Colistin loading dose received ^b	38 (48.1)
Colistin maintenance dose, mg of CBA/kg/day	5.0 (4.9–5.0)
Colistin indication ^c	
Ventilator-associated pneumonia	53 (67.1)
Sepsis/CLABSI/CRBSI	24 (30.4)
Urinary tract infection	4 (5.1)
Skin and soft tissue/surgical site infection	3 (3.8)
Intraabdominal infection	1 (1.3)

CBA, colistin base activity; CLABSI, central line-associated bloodstream infection; CRBSI, catheter-related bloodstream infection; eGFR, estimated glomerular filtration rate.

^a Data are shown as count (%) or median (interquartile range).

^b Colistin methanesulfonate 4–5 mg of CBA/kg/dose.

^c Some patients were diagnosed with >1 clinical syndromes.

464

465 **Table 2**466 Population pharmacokinetic parameter estimates of intravenous colistin in pediatric patients and
467 bootstrap evaluation.

Parameters	Base model parameters		Final model parameters		Bootstrap (N = 1000)		
	Estimate	%RSE	Estimate	%RSE	Median	2.5 th percentile	97.5 th percentile
θ_{CL} , L/kg*h	0.137	7.99	0.069	18.40	0.069	0.048	0.097
θ_V , L/kg	0.699	7.68	0.658	6.84	0.657	0.579	0.752
θ_1	NA	NA	-0.530	-20.75	-0.533	-0.753	-0.318
Interindividual variability							
ω^2_{CL} (shrinkage)	0.449 (6.33%)	19.60	0.337 (4.81%)	20.42	0.330		
ω^2_V (shrinkage)	0.233 (22.9%)	29.16	0.301 (10.44%)	21.92	0.295		
Residual variability							
σ_{prop}	0.319	7.71	0.306	6.72	0.304	0.265	0.341

CL, clearance; RSE, relative standard error; V, volume of distribution, θ_V , typical value of V; θ_{CL} , typical value of CL; θ_1 , the correction factor of serum creatinine; ω^2_V , variance of interindividual variability for V; ω^2_{CL} , variance of interindividual variability for CL; σ_{prop} , residual error for the final model.

468

469

470 **Table 3**

471 Probability of target attainment of intravenous colistin using various doses and serum creatinine
 472 levels (N = 10,000 replicates per clinical scenario).

Serum creatinine (mg/dL)	Colistin dose (mg CBA/kg/day) ^a	Probability of target attainment (%)				
		Target C _{ss,avg} (mg/L)				
		0.25	0.5	1.0	2.0	4.0
0.1-0.20	5	99.6	93.1	61.1	18.2	1.7
	7.5	100	98.4	83.0	42.4	8.2
	10	100	99.7	93.3	61.3	18.8
	12.5	100	99.9	97.2	75.2	30.6
0.21-0.30	5	99.9	97.1	75.0	30.1	4.0
	7.5	100	99.5	90.8	57.0	16.2
	10	100	99.9	97.0	74.9	30.7
	12.5	100	100	98.9	86.1	45.0
0.31-0.40	5	99.9	98.5	82.6	40.2	7.1
	7.5	100	99.8	94.5	66.6	23.6
	10	100	100	98.2	82.7	40.2
	12.5	100	100	99.4	91.4	56.3
0.41-0.50	5	100	99.1	88.2	49.2	10.7
	7.5	100	99.9	96.7	74.3	31.1
	10	100	100	99.0	88.3	49.1
	12.5	100	100	99.7	94.4	64.6
0.51-0.75	5	100	99.6	93.6	63.0	19.4
	7.5	100	100	98.6	84.1	44.0
	10	100	100	99.7	93.7	62.9
	12.5	100	100	99.9	97.5	76.6

CBA, colistin base activity; C_{ss,avg}, average plasma colistin concentration at the steady-state.

^a Divided into 12-h intervals and 30-min intravenous infusion per dose.

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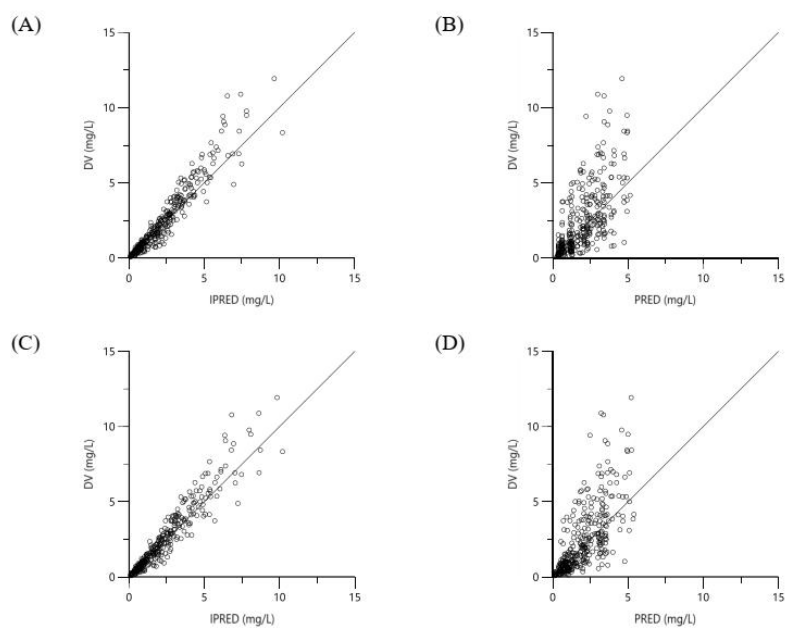


Figure 1. Goodness-of-fit plots for the base model (A and B) and the final model (C and D). (A and C) Observed concentrations (DV) versus individual-predicted concentrations (IPRED); (B and D) DV versus population-predicted concentrations (PRED).

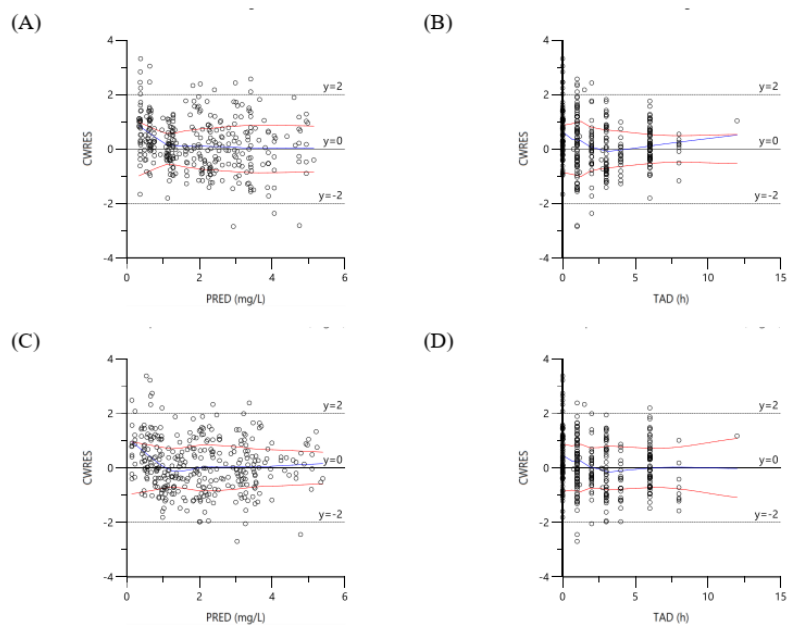


Figure 2. Goodness-of-fit plots for the base model (A and B) and the final model (C and D). (A and C) Conditional weighted residuals (CWRES) versus population-predicted concentrations (PRED); (B and D) CWRES versus time after dose (TAD). The blue line is the trend line, and the red lines are the trend lines of absolute CWRES.

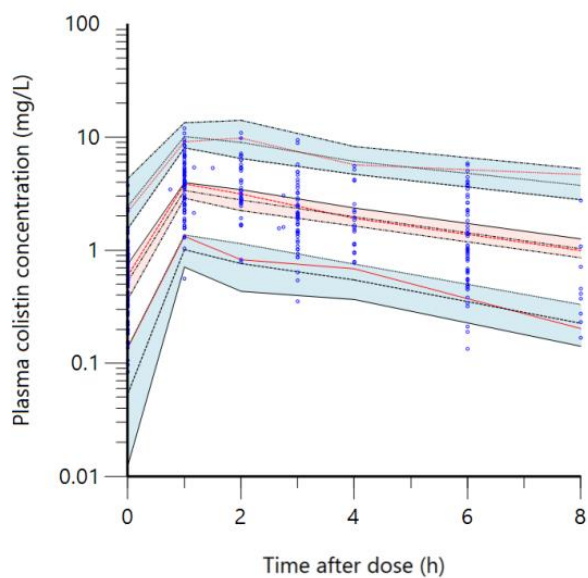


Figure 3. Prediction corrected-visual predictive check of the final model. The observed colistin concentrations are shown as blue circles. The red solid line, dashed line, and dotted line represent the 5th, 50th, and 95th percentiles of the observed concentrations; the 3 shaded areas represent the 90% confidence intervals for corresponding percentiles.

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1. Wiriyakosol S, Kongdan Y, Euanorasetr C, Wacharachaisurapol N, Lertsithichai P. Randomized controlled trial of bisacodyl suppository versus placebo for postoperative ileus after elective colectomy for colon cancer. *Asian J Surg*. 2007 Jul;30(3):167-72. doi: 10.1016/S1015-9584(08)60017-2. PMID: 17638634.
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AWARD RECEIVED

- The winner prize PIDST Poster Presentation Award of the 23rd Annual Meeting of Pediatric Infectious Disease Society of Thailand
- The 2nd prize PIDST Oral Presentation Award of the 22nd Annual Meeting of Pediatric Infectious Disease Society of Thailand
- The winner award for resident research contest for the 81st Thai Congress of Pediatrics of the Royal College of Pediatricians of Thailand and Pediatric Society of Thailand
- Pediatric International Scholarship Award of the Department of Pediatrics, Faculty of Medicine, Chulalongkorn University, Thailand
- Health System Research Institute
- Ratchadaphiseksomphot Fund, Faculty of Medicine, Chulalongkorn University
- Chulalongkorn University Government Budget “The 100th Anniversary Chulalongkorn University Fund for Doctoral Scholarship” and “The 90th Anniversary Chulalongkorn University Fund (Ratchadaphiseksomphot Endowment Fund)”