FACTORS ASSOCIATED WITH UNSUCCESSFUL TB TREATMENT OUTCOME ON HIV-INFECTED TB PATIENTS IN AN GIANG PROVINCE, VIETNAM, 2001-2004

TRINH THI THANH THUY, M.D.

A Thesis Submitted in Partial Fulfillment of the Requirements

for the Degree of Master of Public Health Program in Health Systems Development

College of Public Health

Chulalongkorn University

Academic year 2006

ISBN 974-9600-02-9

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Thesis Title

Factors Associated with Unsuccessful TB Treatment Outcome

on HIV-Infected TB Patients in An Giang Province, Vietnam,

2001-2004

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: MAJOR HEALTH SYSTEMS DEVELOPMENT PROGRAM PH062454 KEY WORDS: TB, HIV/AIDS, VIETNAM, CO-TRIMOXAZOLE, TB TREATMENT OUTCOMES

TRINH THI THANH THUY: FACTORS ASSOCIATED WITH UNSUCCESSFUL TB TREATMENT OUTCOME ON HIV-INFECTED TB PATIENTS IN AN GIANG PROVINCE, VIETNAM, 2001-2004. THESIS ADVISOR: VIPAT KURUCHITTHAM, PH.D., 65 pp. ISBN 974-9600-02-9

Background

HIV has led to rising rates of tuberculosis (TB) around the world, even in countries with strong TB control programs such as Vietnam. Mortality is high especially in HIV-infected TB patients, but few studies from Southeast Asia have previously documented the benefits of interventions, such as co-trimoxazole prophylaxis treatment (CPT) for HIV patients, in reducing mortality during TB treatment. I examined characteristics of HIV-infected TB patients from one province in Vietnam and factors associated with unsuccessful treatment outcome, including the impact of CPT use.

Methods

I retrospectively abstracted data from public health and clinical records of a cohort of all HIV-infected TB patients diagnosed with TB from 2001-2004 in An Giang, a province in southern Vietnam, in which all TB patients received HIV counseling and testing. Standard WHO definitions were used to classify TB treatment outcomes. Multivariable analyses were performed to identify risk factors associated with the composite outcome of death, default, or treatment failure during TB treatment.

Results

From 2001-2004, Preventive Medicine Center in An Giang identified 637 HIV-infected TB patients, of whom 502 (79%) were male and 320 (50%) were aged 25-34 years. The most common self-reported HIV risk factor was having sex with a commercial sex worker in 221 (35%) patients. TB was classified as smear-positive in 530 (83%), smear-negative in 30 (5%), and extra-pulmonary in 77 (12%) patients. During TB treatment, 166 (26%) patients died, 9 (1%) defaulted, and 6 (1%) failed. Of 453 patients who took CPT, 116 (26%) had a unsuccessful outcome compared with 33 (72%) of 46 patients who did not take CPT (relative risk, 0.4; 95% CI, 0.3-0.5). Even after adjusting for gender, rural residence, TB smear status and disease location, and the occurrence of adverse events during TB treatment, age and year of treatment the benefit of CTX persisted (adjusted odds ratio for unsuccessful outcome 0.15; 95% CI, 0.08-0.29).

Conclusions

In Vietnam, HIV/TB co-infection is associated with poor TB treatment outcome, but the effect was mitigated by CTX, supporting WHO recommendations to prescribe CTX to HIV-infected TB patients.

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Academic year: 2006

ACKNOWLEDGEMENTS

I grateful acknowledge my advisors, Dr. Vipat, Dr. Chapman and Dr. Kerada, for helping me to review my early drafts of the thesis to the final one with care. Their comments, suggestions and guidance have been especially helpful.

I would like to thank Field Epidemiology Training Program (FETP), Ministry of Public Health of Thailand; National TB Program of Vietnam; An Giang Preventive Medicine Center for helping me to initiate this study. I am also grateful for great support from the US Centers for Disease Control and Preventions (CDC).

Finally, my intensive study cannot be completed successfully without outstanding effort of academic and administrative staff of the College of Public Health, Chulalongkorn University.

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ABBREVIATIONS

AIDS Acquired Immunodeficiency Syndromes

CPT Co-trimoxazole Prophylaxis Therapy

CSW Commercial Sex Worker

CXR Chest X-ray

DOTS Direct Observation Therapy Sort course

FETP Field Epidemiology Training Program

IDU Injecting Drug Use

KNCV Royal Foundation of TB Elimination

NTP National TB Program

OI Opportunistic Infection

PHA People living with HIV and AIDS

TB Tuberculosis

TB/HIV Tuberculosis and HIV

UNAIDS United Nation of AIDS

UNDP United Nation of Development Program

WHO World Health Organization