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APPENDICES

APPENDIX A
QUESTIONNAIRE

**Questionnaire on Health Seeking Behaviours among Myanmar Migrant workers
in Ranong Province, Thailand**

Subject Code

Interviewer

Date/...../.....

(A). Individual Characteristics

1. How old are you?

_____ Years

2. What is your gender?

(i). Male (ii). Female

3. What is your ethnicity?

(i). Burmese (iv). Dawei
(ii). Karen (v). Rakhine
(iii). Mon (vi). Others (please specify).....

4. What is your religion?

(i). Buddhist (iii). Islam
(ii). Christian (iv). Others (please specify).....

5. What is your marital status?

(i). Single (iv). Widowed
(ii). Married (v). Cohabit
(iii). Divorced/separated

6. What is your education status?

(i). Never go to school (iv). Attended High school
(ii). Attended Primary school (v). Higher education (University)
(iii). Attended Middle School (vi). Others (please specify).....

7. How long have you been in Ranong?

_____ Years

8. How many times have you go back to Myanmar since you arrived here?

9. What is your current occupation?

- (i). Fishing (iv). Agriculture
 (ii). Seafood Processing (v). Factory worker
 (iii). Construction worker

10. What is your average monthly household income?

.....(Baht)

11. What is your average monthly household expenditure?

.....(Baht)

12. What about your registration status?

- (i). Registered (ii). Unregistered

13. What about your Thai language skills? (May check more than one)

- (i). Cannot speak at all
 (ii). Can speak basically
 (iii). Can speak Thai language fluently but cannot read and write
 (iv). Fluent in Thai language

14. Do you smoke?

- (i). Yes (ii). No. (if no, go to question 16)

15. How many number of cigarettes/cigars do u usually smoke per day(average) ?

.....

16. Do you drink alcohol?

- (i). Yes (ii). No. (if no, go to question 18)

17. How many days do you drink a week(average) ?

.....

18. In general, who made the decision that you should seek a treatment if you have a health problem?

- (i). You (iii). Your family member
 (ii). Your spouse (iv). Other(please specify).....

19. Do you have any underlying health problems?

- (i). Yes (ii). No

If yes, please specify

20. Where do you live?

- (i). Rent apartment
 (ii). Partitioned shared room provided by the employers
 (iii). Others (please specified)

21. How many people are staying in your house?
.....
22. How many bedrooms are there in your house?
.....
23. How many doors/windows are there in your house?
.....
24. What type of toilet are you using?
 (i). Attached inside the house
 (ii). Outside of the house and sharing with others
 (iii). Others (please specify).....
25. How many hours do you work per day? Hours
26. How many days do you work per week? Days
27. How satisfied are you with sound condition in your working environment?
 (i). Strongly Satisfied (iii). Dissatisfied
 (ii). Satisfied (iv). Strongly Dissatisfied
28. How satisfied are you with lighting condition in your working environment?
 (i). Strongly Satisfied (iii). Dissatisfied
 (ii). Satisfied (iv). Strongly Dissatisfied
29. How satisfied are you with ventilation/dust condition in your working environment?
 (i). Strongly Satisfied (iii). Dissatisfied
 (ii). Satisfied (iv). Strongly Dissatisfied
30. How satisfied are you with smell condition in your working environment?
 (i). Strongly Satisfied (iii). Dissatisfied
 (ii). Satisfied (iv). Strongly Dissatisfied

(B). Accessibility to the health center

31. Do you have a health insurance?
 (i). Yes (ii). No
32. Approximately how long would it take you to get to the health center from your home?
 (i). Less than 15 minutes (iii). More than 30 minutes
 (ii). 15-30 minutes

33. Is the traveling costs for visiting the doctor expensive for you?
 (i). Yes (ii). No
34. Is the consultation fees expensive for you?
 (i). Yes (ii). No
35. Is the opening time of the health center convenient for you?
 (i). Convenient (iii). Inconvenient
36. Is the health center usually crowded?
 (i). Every time (ii). Sometime
 (ii). Often (iv). Never
37. How long do you usually have to wait to meet the physicians at health center from the time you are registered?
 (i). Less than 15 minutes (iii). More than 30 minutes
 (ii). 15-30 minutes
38. When you meet the health personnel, are you welcomed?
 (i). Yes (ii). No
39. Do you get a chance to talk about your disease?
 (i). Yes (ii). No
40. Does the consulting room at the health center provide privacy (that people outside can not see in) for patients to be examined?
 (i). Yes (ii). No
41. In General, how satisfied are you with this health center?
 (i). Strongly Satisfied (iii). Dissatisfied
 (ii). Satisfied (iv). Strongly Dissatisfied
42. When would you visit the health center in case you have health symptoms?
 (i). When I realize I have health problem
 (ii). When this health problem disturbs my daily activities
 (iii). Only when my health condition gets worse
 (iv). Others (please specify).....

(C). Health seeking behaviours

43. Did you have any minor health problems (you considered not serious) in the past 12 months?
 (i). Yes (ii). No
 If yes, please specify

44. What did you usually do and how often do you do these activities when you have a minor health (you considered not serious) problem?

	Behavior	Every time	Often	Sometimes	Never
1.	Take a rest				
2.	Exercise				
3.	Take herbs				
4.	Consult monk				
5.	Consult traditional healer				
6.	Buy a drug/drugs from drugstore				
7.	Go to Gov: health service (Gov: hospital/ health center)				
8.	Go to Private service				
9.	Go to NGO service				
10.	Other (please specify)				

45. Did you have any major health problems (you considered serious) in the past 12 months?

(i). Yes

(ii). No

If yes, please specify

46. What did you usually do and how often do you do these activities when you have a major health (you considered serious) problem?

	Behavior	Every time	Often	Sometimes	Never
1.	Take a rest				
2.	Exercise				
3.	Take herbs				
4.	Consult monk				
5.	Consult traditional healer				
6.	Buy a drug/drugs from drugstore				
7.	Go to Gov: health service (Gov: hospital/ health center)				
8.	Go to Private service				
9.	Go to NGO service				
10.	Other (please specify)				

47. Is there anything you want to say regarding the health seeking behaviors and utilization of health services among Myanmar migrants?

.....

APPENDIX B

Schedule of Activities

	Planned Activities	2008												2009													
		Oct		Nov				Dec				Jan				Feb				Mar				Apr			
		3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
1	Writing proposal	■	■	■																							
2	Submitting the first draft				■																						
3	Revising first draft					■																					
4	Submitting for proposal exam					■	■																				
5	Thesis Proposal exam							■																			
6	Revising the proposal								■	■																	
7	Application for Ethical review									■	■	■															
8	Pre-testing the questionnaire											■															
9	Collecting the Data												■	■	■	■											
10	Data management & analysis														■	■											
11	Thesis and article writing															■	■	■									
12	Submitting for final defense																■	■									
13	Thesis defense exam																	■									
14	Revising thesis report																		■	■							
15	Submitting the final product																								■		

Appendix C
Estimated Budget

No.	Activities	Unit	Number	Unit cost	Total cost
1	Pre-testing				
	Questionnaires photocopy	Number	30	3	90
	Transportation	Time	2	200	400
	Meals	Time	9	30	270
	Souvenirs for participants	Number	30	10	300
	Local persons	Person x day	2	400	800
	Miscellaneous			300	300
					2160
2	Data collection				
	Questionnaires photocopy	Number	400	3	1200
	Transportation	Time	1	1,200	1200
	Accommodation	Month	1	4,500	4500
	Meals	Time	42	30	1260
	Interviewers	Person x day	5	200	10000
	Souvenirs for participants	Number	400	10	4000
	Transportation fees for data collection	Day	10	300	3000
	Miscellaneous			2,000	2000
					27160
3	Thesis document process				
	Photocopy, binding, stationeries			5,000	5,000
			Grand total		34,320

APPENDIX D MAP OF RANONG



CURRICULUM VITAE

Name : Mr. Thet Aung

Date of Birth : 25th May, 1984

Place of Birth : Yangon, Myanmar

Education : M.B.,B.S (2007)
University of Medicine (1), Yangon, Myanmar

Work Experience : 2007-2008
Liaison Officer,
Myanmar AIDS Net (MAN)

2007-2008
Volunteer Medical Doctor,
Development Center for Vulnerable Children
(DCVC) clinic, National YWCA of Myanmar

2006-2008
Volunteer Medical Doctor,
Mobile clinic program, Yangon YWCA

