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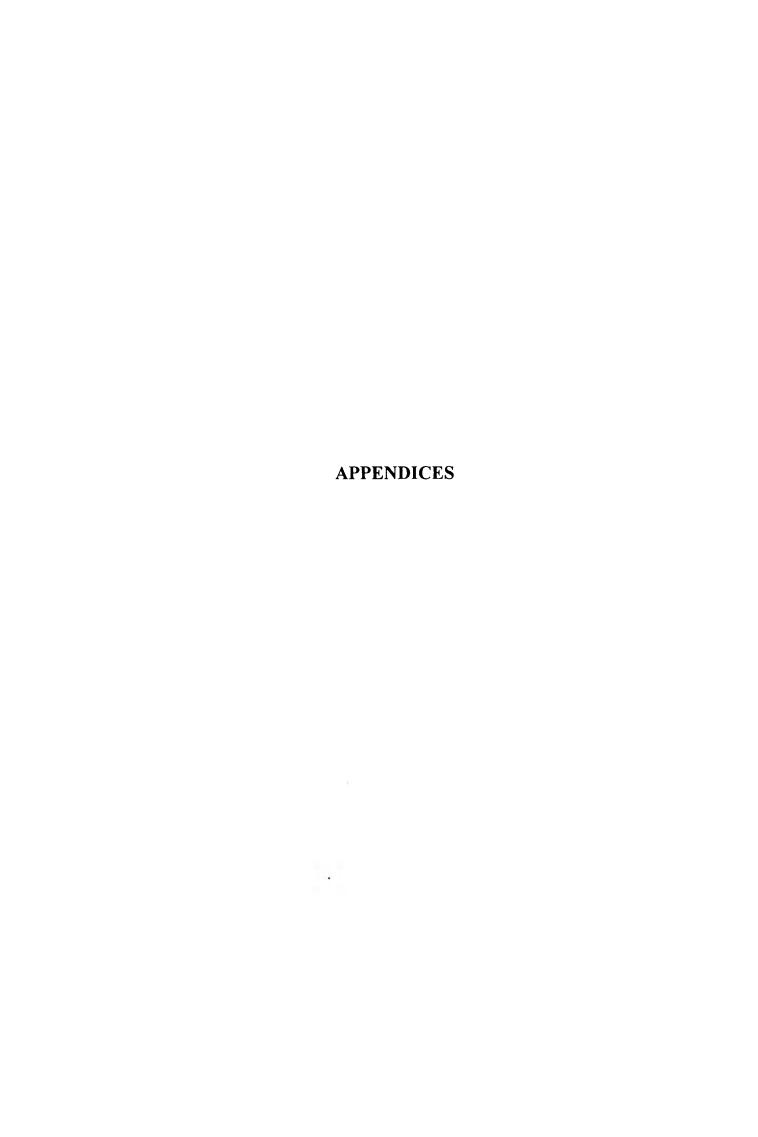
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APPENDIX A

Inform consent

I had been well explained about the objectives and purposes of the study by the interviewer and I was granted that my name will be kept anonymously as well. Moreover, the interviewer promised that the information I provide in this study will not be used in any other study under any purpose. Nor will my name can be traced back. So, I feel confident and willing to be included in the study.

Signature

APPENDIX B

Questionnaire

Questionnaires on health related quality of life of Myanmar Migrant Workers in Takuapa and Kuraburi Districts, Phangnga Province, Thailand

This questionnaire is to ask about your health related quality of life during your stay in Thailand. The answers will be kept in confidentiality and are intended to use for research purpose only. Without your consent, the answers will not be used for any other purpose. Moreover, it will only take a few minutes for you to complete all of the questions. Thank you so much for your valuable time and cooperation for filling up these questions.

Number of questionn Village	aire
Explanation: Please mark (X) in the proper space or fill in the information as required.	correct
1. Social demography	For researcher
1. Gender (1) Male (2) Female	Gender
2. Age years (complete years)	Age
3. Ethnicity (1) Mon (2) Karen (3) Rakhine (4) Dawei (5) Myanmar (6) Other (Please specify)	Ethnicity
4. Marital status (1) single (2) married (3) widowed (4) divorced/separated	Marital status

	For researcher
5. Current migrant's status in Thailand	
(1) Registered (2) Non-registered	Status
6. Educational achievement	Education
(1) No education	
(2) Basic education (grade 1-4)	
(3) Middle education (grade 5-8)	
(4) Higher education (Grade 9 or up to diploma or University bachelor degree)	
8. Length of staying in this community Months	Staying
9. Type of Occupation	
(1) Construction (2) Rubber plantation	Occupation
(3) Fishing boats (4) Fishery processing	
(5) Rice mill (6) Brick factory	
(7) Private household (8) Restaurant	
(9) Ice factory (10) Dependent	
(11) Other (please specify)	

		For researcher
10. Monthly Income		Income
(1) Less than 2,000 Baht	(2) 2,001-4,000 Baht	
(3) 4,001-6,000 Baht	(4) 6,001 – 8,000 Baht	
(5) More than 8,000 Baht		
11. Working Days per week	day/s	Working days
12. Working hours per day	hours	Working hours
13. Days-off in a week?	day/s	Days-off
14. Number of your family men	nbers in this community	Family
(1) 1-2 members	(2) 3-4 members	i members
(3) More than 4 member	ers	
15. Number of your children in	this community	Children
(1) No single one	(2) 1-2 children	
(3) 3-4 children	(4) More than 4	
16. Number of your dependents	s in this community	Dependents
(1) No single one	(2) 1 dependent	
(3) 2 dependents	(4) More than 2	

	For researcher
17. Thai Language skills	Language
(1) Cannot communicate at all	
(2) Can communicate basically	
(3) Can speak fluently but cannot read /write	
(4) Fluently in Thai	
2. Your Social Relationship with people	
18. How often do you go out and talk to other people outside your home?	Talk
(1) Daily (2) Once a week	
(3) Several times per week (4) Once a month	
19. If you are feeling sad or depressed, to whom do you consult with?	Consultation
(1) Friends (2) Spouse	
(3) Relatives (4) Neighbors	
(5) Other (Please specify)	
20. What do you do in your leisure time?	Leisure time activities
(1) Staying at home (2) Going to the temple	
(3) Visiting friends (4) Visiting relatives	
(5) Playing games (football, takraw)	
(6) Others (please specify)	

	For researcher
21. Do you think people in this community are friendly, in common sense?	Friendliness
(1) Yes (2) No	
(3) Not sure	
3. Your Sense of security in this community	
22. Do you think you are safe at home from police's arrest?	Safety
(1)Yes (2) No	
(3) Not sure	
23. Do you think your personal security is good in this community?	Security
(1) Yes (2) No	
(3) Not sure	
24. What is your three most concerns in this community?	Concern
(1) Finance (2) Children's education	
(3) Health (4) Job	
(5) Police's arrest Personal relationship	
(7) Other (Please specify)	
	i

	For researcher
4). Workplace Situation	
25. How would you define your relationship with your employer/supervisor?	Polationship
(1) Good (2) Normal	Relationship
(2) Bad	
26. Are you satisfied with your present job?	Job
(1) Yes (2) No	tisfaction

The Short Form -12 Health Survey, Version 2

Your Health and Wellbeing

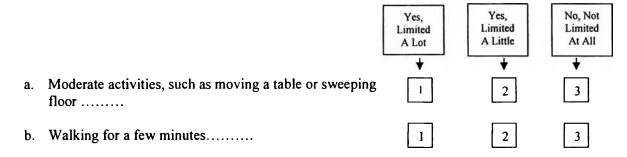
This survey asks for your views abut your health. This information will help keep track of how you feel and how well you are able to do your usual activities. Thank you for completing this survey!

For each of the following questions, please mark an (X) in the one box that best describe your name.

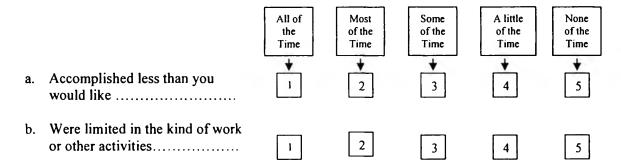
1. In general, would you say your health is:

Excellent Very Good Good Fair Poor

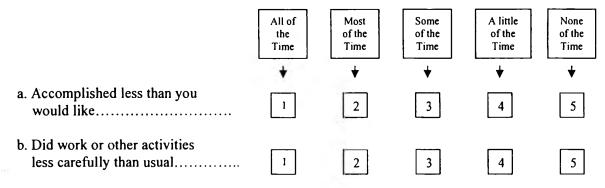
2. The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much:



3. During last week, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?



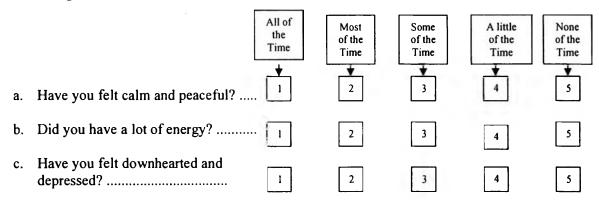
4. During last week, how much of the time have you had any of the following problems with your work or other regular daily activities as a result o any emotional problems (such as feeling depressed or anxious)?



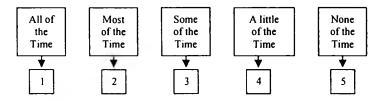
5. During last week, how much did pain interfere with your normal work (including both work outside the home and housework)?

Not at all	A little bit	Moderately	Quite a bit	Extremely
+	\	+	+	\
1	2	3	4	5

6. These questions are about how you feel and how things have been with you during last week. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the last week...



7. During the last week, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc)?



APPENDIX C

Time schedule

		News	ingibic):	ીદાલ	Vanier	a r		Fin	i stov		(alb)	wa _l	7		Mia	16615			/A\	01111			IV)	av.	
No	Activities			2		4	j	2	3	i	2	31	4	1	2	3	4	1	22	3	4		2	3	4
1	Writing proposal																								
2	Submit first draft																								
3	Revise first draft																								
4	Submit for proposal exam																								
5	Proposal exam																								
6	Revise proposal																								
7	Pretest questionnaire																								
8	Revise questionnaire																								
9	Conduct structure interview																								
10	Data management																								
11	Data analysis																								
12	Report writing																								
13	Submit for final defense																								
14	Thesis exam																								
15	Revision																								
16	Submit final product																					May 3			

APPENDIX D

Administration cost

No	Activities	Unit	Price (baht)	Unit (number)	Total Budget (Baht)
1.	Pre-testing				
	- Photocopy	Quest.	7	30	210
	- Stationery	Set	200/set	1	200
2	Data Collection				
	- Photocopy Quest.	Quest.	0.5/page	7 x 350	1,225
	- Souvenir for respondent	Set	350/set	10	3,500
	- Interviewers per diem	Person	300/day	2 prs x 14days	8,400
	- Transportation cost	Trip/day	300/day	2 prs x 14days	8,400
	- Data Processing	Person	200/day	2 prs x 14days	5,600
	DATA COLLECTING	PROCESS	1	SUBTOTAL	27,535
3	Document Printing				
	- Paper + Printing	Page	5/page	800 pages	4,000
	- Photocopy (exam +final submit)	Page	0.5/page	12 x 400	2,400
	- Stationery	Set	200/set	1 set	200
	- Binding Paper (exam)	Set	150/set	6 sets	900
	- Binding Paper (submit)	Set	200/set	6 sets	1,200
	THESIS DOCUMENT	SUBTOTAL	8,700		
	G R A N D	ТО	T A L	1	36,235

CURRICULUM VITAE

Name : (Mr) Sai Ti

Date of Birth : 25 April 1978

Place of Birth : Kyaing Tong (Shan State, the Union of Myanmar)

Educational Achievement : B.A. (English)

Work Experiences :

Nov 2006 – May 2007 : Thai Youth Action Program Foundation (TYAP)

Chiang Mai, Thailand.

May 2005-Oct 2006 : Aide Medicale Internationale (AMI)

Yangon, Myanmar.

Oct 2003-April 2005 : Myanmar Business Coalition of AIDS (MBCA)

Yangon, Myanmar.