

CHAPTER 5

RECOMMENDATION

It was revealed from this study that weekly iron tablet supplementation and IEC yielded positive result. The researcher would like to recommend useful aspects of this study as follows:

1. Advocacy among high level persons in factories and other concerned organizations on the consequences of IDA and the benefits of a control and prevention programme.
2. IEC materials should be developed from a woman's perspective and designed by professional developers.
3. Establish "Network of Change Agent Society" and empower them.
4. Integrating intervention for multi-causal anemia.
5. Last but not least, iron tablets should be available and accessible for both the women and the factories' medical suppliers.