# ANALYSIS OF NUTRITIONAL STATUS AND FOOD CONSUMPTION IN CHINA



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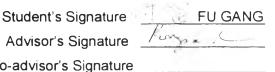
The objectives of this study are to describe the current nutrition status and nutritional evaluation of China, to analyze the relationship between nutrition status and food consumption at household level of China. Descriptive nutritional analysis and multivariable regression analysis by different regions were used in this study. There are two parts of cross-sectional data sets to be adopted in this study, growth performance of preschool children data and household information, which were collected in 1998 by Chinese Food and Nutrition Surveillance System and State of Statistics Bureau of China.

The result of descriptive nutritional analysis showed that, since unconscionable diet pattern and over consumption of high fat food, over-nutrition and obesity had been becoming primary problem in urban areas. In rural areas, under-nutrition and the change of household food consumption should be paid more attention, especially to low-income group.

Constant elasticity models were employed in this study in order to measure the relationship between nutritional status and household information by different regions. The deviation score of DDP for major foods would be dependent variables in the models estimated. The explanatory variables consist of household income, household size, education level of both household head and the spouse, and some of major food prices. This study produced consistent and important result. It showed that there were important ways in which price changed could affect the consumption of various observations groups and that price change had a differential effect to different groups of people. At the same time, some of factors, such as educational level of household head and the spouse had no statistical significance.

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Advisor's Signature Co-advisor's Signature



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### **CONTENTS**

Page
Abstract ii
Acknowledgment iii
Contents iv
List of Tables vii
List of Figuresix
Abbreviations x
CHAPTER 1 INTRODUCTION
1.1 Background and Rationale1
1.2 Basic Information of Diseases Reporting System and Diseases Surveillance
System in China5
1.3 Research Question7
1.4 Research Objectives8
1.5 Scope of Research8
CHAPTER 2 LITERATURE REVIEW
2.1 Effect of Population Nutritional Status and Food Consumption10
2.2 Economic Study on Nutrition Analysis14
2.3 Economic Theory in Consumer Behavior
CHAPTER 3 RESEARCH METHODOLOGY
3.1 Research design
3.2 Indicators and Determinations for Description of Nutritional Status
3 2 1 Indicator for Measuring Growth of Preschool Children – Z-score17

APPENDIX	88
CURRICULUM VITAE	94

### **List of Tables**

	Page
Table 3.1	Criteria for Separating Household Income Group
Table 3.2	Desirable Dietary Pattern
Table 3.3	Classification of DDP Deviation by Food Category28
Table 3.4	Expected Sign of Each Explanatory Variable
Table 4.1	Basic Description of Sample
Table 4.2	Prevalence of Malnutrition of Preschool Children
Table 4.3	Food Consumption of Urban Households by Income Groups39
Table 4.4	Main Nutrient Intake of Urban Households by Income Groups40
Table 4.5	Source of Energy of Household Diet in Urban by Income Groups 41
Table 4.6	Source of Protein of Household Diet in Urban by Income Groups 41
Table 4.7	Food Dietary Pattern of Urban Households by Income Groups 42
Table 4.8	Food Consumption of Rural Households by Income Groups43
Table 4.9	Main Nutrient Intake of Rural Households by Income Groups44
Table 4.10	Source of Energy of Household Diet in Rural by Income Groups44
Table 4.11	Source of Protein of Household Diet in Rural by Income Group 45
Table 4.12	Food Dietary Pattern of Rural Households by Income Groups46
Table 4.13	Comparison of Food Consumption between Urban and Rural47
Table 4.14	Comparison of Nutrition Status between Urban and Rural 48
Table 4.15	Comparison of Household Income between Urban and Rural50
Table 4.16	Correlation between DDP score and Z-score 52
Table 4.17	Classification of Deviation Ratio by Major Foods53
Table 4.18	Result of Regression Analysis with Urban Data by Major Foods63
Table 4.19	Result of Regression Analysis with Rural Data by Major Foods75

Table A.1	Reference Value of Weight for Age for Children	.89
Table A.2	Reference Value of Height for Age for Children	91
Table A.3	Source Data Matrix for Correlation Analysis	93

## **List of Figures**

		Page
Figure 1.1	Comparison of Mortality Rate of Diseases between 1991 an	d 1995 in
	China	4
Figure 1.2	Disease Reporting and Surveillance System in China	5
Figure 1.3	Distribution of Nutrition Surveillance Point in China	7
Figure 3.1	Conceptual Framework	23
Figure 3.2	Definition of Z-score	24
Figure 3.3	The Estimated Multivariate Regression Model	33
Figure 3.4	Formula of Chow Test	35

#### **Abbreviation**

BMI Body Mass Indicator

CAPM Chinese Academy of Preventive Medicine

CFNSS Chinese Food and Nutrition Surveillance System

DDP Desirable Dietary Pattern

DSP Disease Surveillance Point system

FAO Food and Agricultural Organization of the United Nations

MOH Ministry of Health

NCD Non-Communicable Diseases

OLS Ordinary Least Squares

RDA Recommended Dietary Allowance

SSB State of Statistics Bureau

UNICEF United Nations International Children's Emergency Fund

WHO World Health Organization

INC Household income

H\_SIZE Household size in number of persons

H\_EDU Education level for the household head in number of years

S\_EDU Education level for the spouse in number of years

P\_RIC Price of rice
P\_PORK Price of pork
P\_EGG Price of eggs

P VEG Price of vegetables

P\_OIL Price of oil