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APPENDIXCIES

APPENDIX A

RELIABILITY OF SMOKING ATTITUDE

Scale: ALL VARIABLES

Case Processing Summary

		N	%
Cases	Valid	30	100.0
	Excluded ^a	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.922	12

Item Statistics

	Mean	Std. Deviation	N
Q1	3.8000	1.03057	30
Q2	4.4333	.72793	30
Q3	4.0000	.90972	30
Q4	3.8667	.86037	30
Q5	3.8333	1.01992	30
Q6	4.1667	.79148	30
Q7	4.4000	.67466	30
Q8	4.1000	.92289	30
Q9	4.1667	.83391	30
Q10	3.8000	1.06350	30
Q11	4.2667	.98027	30
Q12	4.0333	.99943	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Q1	45.0667	52.133	.725	.913
Q2	44.4333	55.840	.700	.915
Q3	44.8667	52.878	.777	.911
Q4	45.0000	54.690	.672	.915
Q5	45.0333	52.999	.670	.916
Q6	44.7000	55.183	.695	.915
Q7	44.4667	56.120	.733	.914
Q8	44.7667	54.392	.642	.917
Q9	44.7000	54.700	.696	.915
Q10	45.0667	52.064	.703	.914
Q11	44.6000	55.421	.521	.922
Q12	44.8333	53.316	.662	.916

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
48.8667	63.982	7.99885	12

APPENDIX B

RELIABILITY OF SELF ESTEEM TO SMOKING

Scale: ALL VARIABLES

Case Processing Summary

		N	%
Cases	Valid	30	100.0
	Excluded ^a	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.800	15

Item Statistics

	Mean	Std. Deviation	N
Q1	3.5000	1.04221	30
Q2	3.8667	1.10589	30
Q3	3.6333	.88992	30
Q4	3.3000	.95231	30
Q5	3.4000	1.10172	30
Q6	3.7333	1.04826	30
Q7	3.6667	1.21296	30
Q8	3.0667	.82768	30
Q9	3.3000	.74971	30
Q10	3.7333	1.04826	30
Q11	3.6000	.85501	30
Q12	3.2333	.72793	30
Q13	3.2667	.90719	30
Q14	3.2333	.62606	30
Q15	3.1333	.73030	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Q1	48.1667	43.592	.519	.779
Q2	47.8000	45.476	.343	.795
Q3	48.0333	44.861	.517	.780
Q4	48.3667	45.482	.423	.787
Q5	48.2667	44.823	.392	.790
Q6	47.9333	45.720	.353	.793
Q7	48.0000	43.862	.403	.790
Q8	48.6000	43.903	.659	.771
Q9	48.3667	45.895	.528	.782
Q10	47.9333	43.720	.505	.780
Q11	48.0667	47.720	.285	.797
Q12	48.4333	47.564	.371	.791
Q13	48.4000	46.938	.326	.794
Q14	48.4333	48.737	.307	.795
Q15	48.5333	48.464	.277	.797

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
51.6667	51.816	7.19834	15

APPENDIX C
QUESTIONNAIRES (ENGLISH VERSION)

No.....

QUESTIONNAIRES

**Prevalence of smoking and factors influenced to smoking behaviors among
secondary and vocational school students in Phuket province**

Part I: General Questions (Personal Information)

Direction: Please tick [✓] your answer or fill in the blank space to provide your personal information

1.1 Age years..... month (s)

1.2 Gender 1 [] Male 2 [] Female

1.3 Educational Level

1 [] Grade 7 4 [] Grade 10 7 [] Vocational Student, Year 1

2 [] Grade 8 5 [] Grade 11 8 [] Vocational Student, Year 2

3 [] Grade 9 6 [] Grade 12 9 [] Vocational Student, Year 3

And 10 [] Extra Money Earning [] Day Time [] Night Time

[Type of Work, please specify].....

1.4 Type of education institute

1 [] Government School 2 [] Private School

1.5 Type of Education

1 [] Academic Program 2 [] Vocational Program

1.6 **Grade Point Average (GPA) of the Latest Academic Term:**

Part II: Socio-economic Questions

2.1 Pocket Money 1 [] Baht per day from

2 [] Baht per week from

3 [] Baht per month from

2.2 Whom do you stay with?

1 [] Parents 3 [] cousins 5 [] Others (Please Specify).....

2 [] Friend (s) at dormitory 4 [] Alone staying at dormitory

2.3 Marital Status of Parents

1 [] Parents living together 3 [] Father was died 5 [] Parents were died

2 [] Separated 4 [] Mother was died 5 [] Others (Please Specify).....

Part III: Questions related to other Environmental Factors**3.1 Questions related to smoking behavior of students and close persons**

1. Close persons smoking cigarettes (Several answers are available)

1 [] Father 4 [] Teacher (s)

2 [] Mother 5 [] Brother (s) or sister (s)

3 [] Close friend (s) 6 [] Others (Please Specify).....

2. Do you smoke? How is your current smoking behavior?

1 [] No (Please answer Question No. 3.2)

2 [] Yes, but I quit smoking now. I tried smoking when I was years old and

have quitted smoking for year (s)..... month (s)

Reasons to quit smoking

- 1 [] Parents 3 [] Brother (s) and sister (s) 5 [] Difficulty of cigarettes buying
2 [] Cigarettes are expensive 4 [] Warning pictures on cigarette packages
6 [] Others (Please Specify).....
7 [] Yes. I tried smoking when I was years old and have smoked cigarettes
for year (s)..... month (s)

3. Reasons to try out smoking

- 1 [] Persuasion of friends 4 [] Imitation to parents
2 [] Just feel to try out smoking 5 [] Stress
3 [] Imitation to friend (s) 6 [] Family problems
7 [] Others (Please Specify).....

4. Smoking Frequency

- 1 [] Daily smoking, cigarette (s) per day
2 [] 1-3 days per week, cigarette (s) per day
3 [] 4-6 days per week, cigarette (s) per day

5. At which time do you smoke cigarettes most?

- 1 [] When waking up 4 [] When staying/being alone
2 [] After meals 5 [] When staying with close friend (s)
3 [] When going toilet/restroom 6 [] When being stressed
7 [] Others (Please Specify).....

6. Why don't you quit smoking?

- 1 [] Habitual smoking 3 [] Loneliness 5 [] Social Necessity
2 [] Persuasion of friend (s) 4 [] Addiction feeling
6 [] Others (Please Specify).....

3.2 Questions related to the influence of smoking advertisement/media

1. Have you ever seen the smoking behavior from any media?

1 No 2 Yes (Please answer Question No. 2 on the next page)

2. From which media have you seen the smoking behaviors? (Several answers are available)

1 Thai movies 5 Thai VDOs
 2 Foreign movies 6 Foreign VDOs
 3 Thai dramas TV 7 Thai magazines
 4 Cable TV 8 Others (Please Specify)

3.3 Questions related to accessibility of cigarette buying

1. In your opinion, is it easy or difficult to buy cigarettes?

1 Easy because The cigarettes can be bought
 from.....

2 It depends on the situation because

3 Difficult because

2. Is there any shop selling cigarettes near your school?

1 No.

2 Yes, shop (s)

3.4 Questions related to the price of cigarettes

1. How do you think about the current price of cigarettes (price per package or each cigarette)?

1 [] The current price of cigarettes is too expensive.

2 [] The current price of cigarettes is suitable.

3 [] The current price of cigarettes is cheap.

3.5 Questions related to the smoking/cigarettes laws

1. Do you know about the laws on the smoking control and prevention?

1 [] No

2 [] Yes. I know that:

1.

2.

3.

4.

5.

Part IV: Questions related to Smoking Attitudes

Direction: Please tick [✓] your answer

Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1. Smoking can help me reduce stress and anxiety.					
2. Smoking makes me fresh; therefore, it is worth to spend money for cigarettes.					
3. Smoking makes me confident.					
4. Smoking makes me have fun.					
5. Smoking makes me alert all the times.					
6. Smoking can encourage the creativity.					
7. Smoking helps me read longer.					
8. Smoking represents the adulthood.					
9. Smoking makes people mysterious and interesting.					
10. Smoking helps people lose weight.					
11. Smoking makes people have interesting personality.					
12. Smoking helps people get involved with friends and society.					

Part V: Questions related to Self-esteem on Smoking**Direction:** Please tick [✓] your answer

Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1. My parents are proud of me.					
2. Frequently, I wish I were born in other family.					
3. While being in school, I feel discouraged.					
4. I cannot do things well like my friends.					
5. My friends are satisfied with me.					
6. No one in my family pays attention to me.					
7. My parents believe that my life will be successful.					
8. My teachers are fond of me.					
9. I am the liable person in my friends' opinion.					
10. My parents can rely on me.					
11. When staying with friends, I feel that I am useless.					
12. My teachers do not pay attention to me.					
13. My friends frequently do not want me to join the group.					
14. My friends think that I am good and have the ability to do many things.					
15. I am one of the important students of the class.					

☺☺☺ Thank you for you kind cooperation ☺☺☺

6. มีเหตุผลใดที่ท่านยังไม่เลิกบุหรี่หรือเลิกบุหรี่ไม่ได้มากที่สุด เพราะ

- 1[] เคยชิน 3[] เหงา 5[] เข้าสังคม
2[] เพื่อนชวน 4[] รู้สึกเสียดใจ 6[] อื่น ๆ ระบุ.....

3.2 คำถามส่วนย่อยเกี่ยวกับอิทธิพลสื่อโฆษณาบุหรี่

1. ท่านเคยเห็นพฤติกรรมการสูบบุหรี่จากสื่อต่าง ๆ หรือไม่

- 1[] ไม่เคยเห็น 2[] เคยเห็น (ตอบข้อ 2 หน้าถัดไป)

2. ท่านเคยเห็นจากสื่อใดบ้าง (ตอบได้มากกว่า 1)

- 1[] ภาพยนตร์ไทย 5[] VDO หนังสือไทย
2[] ภาพยนตร์ต่างประเทศ 6[] VDO หนังสือต่างประเทศ
3[] ละครโทรทัศน์ 7[] นิตยสารของไทย
4[] โทรทัศน์ช่องสัญญาณต่างประเทศ 8[] อื่น ๆ ระบุ.....

3.3 คำถามส่วนย่อยเกี่ยวกับความยากง่ายในการเข้าถึงแหล่งซื้อ

1. ท่านคิดว่าบุหรี่หาซื้อได้ยากง่ายอย่างไร

- 1[] ซื้อได้ง่าย เนื่องจาก.....
โดยซื้อจากสถานที่ต่อไปนี้ คือ.....
2[] ซื้อได้บ้าง ไม่ได้บ้าง เนื่องจาก.....
3[] ซื้อได้ยาก เนื่องจาก.....

2. ใกล้โรงเรียนของท่านมีสถานที่จำหน่ายบุหรี่หรือไม่ อย่างไร

- 1[] ไม่มี
2[] มี จำนวน.....ร้าน

3.4 คำถามส่วนย่อยเกี่ยวกับราคานูหรี

1. ท่านคิดว่าราคานูหรีต่อซองหรือม้วน ในปัจจุบันเป็นอย่างไร

- 1[] แพงไป
2[] เหมาะสมดี
3[] ถูก

3.5 คำถามส่วนย่อยเกี่ยวกับกฎหมายของบาหลี

1. ท่านทราบเรื่องของกฎหมายที่เกี่ยวข้องกับการควบคุมและป้องกันการสูบบุหรี่อะไรบ้าง

1 [] ไม่ทราบ

2 [] ทราบ ได้แก่ 1.....

2.....

3.....

4.....

5.....

.....

.....

.....

ส่วนที่ 4 คำถามเกี่ยวกับทัศนคติเกี่ยวกับการสูบบุหรี่

คำชี้แจง ให้ท่านขีดเครื่องหมาย ✓ ในช่องที่ตรงกับความคิดเห็นของท่านมากที่สุด

ข้อคำถาม	เห็นด้วย อย่างยิ่ง	เห็นด้วย	ไม่แน่ใจ	ไม่ เห็นด้วย	ไม่เห็น ด้วย อย่างยิ่ง
1. ท่านคิดว่าการสูบบุหรี่จะช่วยให้คลายเครียดและลดวิตกกังวลได้					
2. ท่านคิดว่าการสูบบุหรี่จะทำให้สดชื่นสบายได้คุ้มค่างบเงินที่เสียไป					
3. ท่านคิดว่าการสูบบุหรี่ช่วยให้สร้างความมั่นใจในตนเองได้					
4. ท่านคิดว่าการสูบบุหรี่ทำให้รู้สึกมีอารมณ์สนุก					
5. ท่านคิดว่าการสูบบุหรี่ทำให้ไม่ง่วง					
6. ท่านคิดว่าการสูบบุหรี่สามารถกระตุ้นให้เกิดความคิดสร้างสรรค์					
7. ท่านคิดว่าการสูบบุหรี่ทำให้อ่านหนังสือได้นาน					
8. ท่านคิดว่าการสูบบุหรี่ทำให้รู้สึกว่าคุณเองเป็นผู้ใหญ่					
9. ท่านคิดว่าการสูบบุหรี่ทำให้คุณเป็นคนที่เข้าใจได้ยากและชวนให้น่าสนใจ					
10. ท่านคิดว่าการสูบบุหรี่ช่วยทำให้ลดน้ำหนักได้					
11. ท่านคิดว่าการสูบบุหรี่ให้เสริมบุคลิกคุณแก่ ชวนให้น่าสนใจ					
12. ท่านคิดว่าการสูบบุหรี่ทำให้เข้าสมาคมกับเพื่อนฝูงได้เป็นอย่างดี					

ส่วนที่ 5 คำถามด้านความตระหนักในคุณค่าของตนเองต่อการสูบบุหรี่

คำชี้แจง ให้ท่านขีดเครื่องหมาย ✓ ในช่องที่ตรงกับความเป็นจริงของท่านมากที่สุด

ข้อคำถาม	เห็นด้วย อย่างยิ่ง	เห็นด้วย	ไม่แน่ใจ	ไม่ เห็นด้วย	ไม่เห็น ด้วย อย่างยิ่ง
1. ท่านเป็นที่ภาคภูมิใจของพ่อแม่					
2. บ่อยครั้งที่ท่านอยากเกิดในครอบครัวอื่น					
3. ท่านรู้สึกเป็นคนไม่มีคุณค่า ขณะอยู่ในโรงเรียน					
4. ท่านทำสิ่งต่างๆ ได้ไม่ดีเท่าเทียมกับเพื่อนๆ					
5. เพื่อน ๆ พึงพอใจที่มีท่านเป็นเพื่อนคนหนึ่ง					
6. คนในบ้านของท่านไม่มีใครสนใจท่านเลย					
7. พ่อแม่เชื่อว่าท่านจะประสบผลสำเร็จในชีวิต					
8. ท่านเป็นที่รักใคร่ชื่นชมของอาจารย์					
9. ท่านเป็นบุคคลที่น่าเชื่อถือในสายตาของเพื่อน ๆ					
10. ท่านสามารถเป็นที่พึ่งพาของพ่อแม่ได้					
11. เวลาอยู่ในกลุ่มเพื่อน ท่านรู้สึกว่าเป็นคนไม่มีประโยชน์					
12. อาจารย์ไม่ค่อยสนใจในตัวท่าน					
13. บ่อยครั้งที่ท่านไม่เป็นที่ต้องการของกลุ่ม					
14. เพื่อน ๆ เห็นว่าท่านเป็นคนมีความสามารถ					
15. ท่านเป็นคนสำคัญคนหนึ่งในห้องเรียน					

☺☺☺ ขอขอบคุณทุกท่านที่ให้ความร่วมมือด้วยดี ☺☺☺

CURICULUM VITAE

Name Miss Supattra Dumluck

Birth Date May 31, 1968

Birth Place Phuket Province

Educational

1991 Equivalent to the degree of Bachelor of Science
(Nursing and Midwifery Certificate) at Buromrajchonnee
College of Nursing, Bangkok

Work Place Thepkasattree Primary Care Unit,
Thalang Hospital, Phuket Province

Position Registered Nurse Level 7

